



ATLANTIC COAST CONFERENCE 2000 CROSS COUNTRY CHAMPIONSHIPS

Women's race 5,000 M 10:00 a.m.
Men's race 8,000 M 10:45 a.m.

The awards ceremony will begin upon completion of the men's race. Both championship teams will be honored, as well as All-ACC finishers (top ten runners in each race) and the Freshmen of the Year (the top true freshman in each race).

- Jason Corriher of the NC State Media Relations office will serve as the media coordinator for the championships. He can be reached at (919) 515-1179 or via email at jason_corriher@hotmail.com.
- Amy Yakola will be the ACC Media Relations representative at the championships.
- No formal credential is necessary. However, any members of the media or photographers who plan to attend should provide advance notice to Jason Corriher.
- Championship results will be faxed to each ACC school. Any special requests should be discussed with Jason Corriher as early as possible.

1. NC State	16	6. Ga. Tech	162	1. N. Carolina	44	6. Clemson	163
2. Duke	70	7. N. Carolina	179	2. NC State	56	7. Ga. Tech	167
3. Wake Forest	99	8. Fla. State	218	3. Virginia	77	8. Fla. State	214
4. Virginia	106	9. Maryland	249	4. Wake Forest	96	9. Maryland	259
5. Clemson	126			5. Duke	104		

1. Chan Pons	NC State	24:19.4	1. Christy Nichols	NC State	17:11.8
2. Corby Pons	NC State	24:30.7	2. Trish Nervo	N. Carolina	17:15.4
3. Abdul Alzindani	NC State	24:44.3	3. Heather Tanner	N. Carolina	17:27.4
4. Chris Dugan	NC State	24:44.6	4. Jennifer Owens	Virginia	17:30.5
5. Bob Thiele	Virginia	25:03.2	5. Megan Sullivan	Duke	17:46.4
6. Aaron Saft	NC State	25:08.0	6. Sheela Agrawal	Duke	17:47.2
7. Terry Brennan	Duke	25:09.7	7. Sara Folse	Virginia	17:50.2
8. Chris Bowker	NC State	25:10.0	8. Katie Sabino	NC State	17:54.7
9. Jason Meany	Clemson	25:12.1	9. Amy Beykirch	NC State	17:58.0
10. Michale Fitzula	NC State	25:13.8	10. Karen Everitt	N. Carolina	17:58.4

Freshman of the Year:
19. David Stroupe N. Carolina 25:46.0

Coach of the Year:
Rollie Geiger, NC State

Freshman of the Year:
6. Sheela Agrawal Duke 17:47.2

Coach of the Year:
Michael Whittlesey, North Carolina