



ACC CROSS COUNTRY 2000

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THE ACC.COM

The Atlantic Coast Conference official web site can be found at www.theACC.com.

ACC information is updated with new material daily. Links to each ACC school's athletic department home page are also located on this site.

TheACC.com will have an updated cross country release each Tuesday afternoon. The ACC Performers of the Week will be posted on Monday afternoons.



RELEASE 5

OCTOBER 3, 2000

LAST WEEK IN ACC CROSS COUNTRY

Saturday, September 30

- UNC Challenge Chapel Hill, N.C.
M -- North Carolina, 1st of 3 teams; 38 points (8K)
W -- North Carolina, 1st of 3 teams; 20 points (5K)
INDIVIDUAL CHAMPION: Shalane Flanagan, UNC (17:41)
- Greensboro Invitational Greensboro, N.C.
M -- Wake Forest, 4th of 15 teams; 322 points (8K)
W -- Clemson, 3rd of 33 teams; 78 points (5K)
- Iona Meet of Champions Bronx, N.Y.
W -- Wake Forest, 4th of 20 teams; 119 points (5K)
- George Washington University Invitational Centreville, Va.
M -- Virginia, 2nd of 19 teams; 46 points (8K)
INDIVIDUAL CHAMPION: Bobby Thiele, UVa (24:44.4)
W -- Virginia, 1st of 15 teams; 15 points (5K)
INDIVIDUAL CHAMPION: Sarah Folse, UVa (17:44.9)

THIS WEEK IN ACC CROSS COUNTRY

Friday, October 6

- Duke (M,W), Florida State (M,W) NC State (M,W) in Notre Dame Invitational, Notre Dame, Ind.

Saturday, October 7

- Clemson (M,W) in Citadel Invitational, Charleston, S.C.
- Duke (M,W) in Greensboro Invitational, Greensboro, N.C.
- Georgia Tech (M,W) in Georgia Intercollegiate, Atlanta, Ga.
- Georgia Tech (M,W) in Auburn Invitational, Auburn, Ala.
- Maryland (M,W), in Paul Short Invitational, Lehigh Univ, Bethlehem, Pa.
- Virginia (M,W) in Radford CC Highlander Invitational, Radford, Va.

NORTH CAROLINA'S SHALENE FLANAGAN, VIRGINIA'S BOBBY THIELE RECOGNIZED AS ACC PERFORMERS OF THE WEEK

North Carolina freshman Shalane Flanagan and Virginia senior Bobby Thiele have earned the ACC Cross Country Performer of the Week honors after posting wins in the UNC Challenge and the George Washington University Invitational over the weekend.

Flanagan, a native of Marblehead, Mass., ran the 5K course at Finley Field in a time of 17:41 to lead the field. Finishing 26 seconds ahead of the next runner, Flanagan posted her third first-place finish of the season as she led the North Carolina women's team to a first-place finish out of three competing teams. This is Flanagan's second Performer of the Week honor.

Thiele won the individual championship of the George Washington University Invitational, running the 8K course in a time of 24:44.4. He led the Virginia men's team to a second-place finish out of 19 competing teams.

2000 ACC CROSS COUNTRY SCHEDULE & RESULTS

Friday, September 1

- Appalachian State Mountaineer Invitational Boone, N.C.
M -- Florida State, 3rd of 7 teams; ; 66 points (8,000 M)
W -- Wake Forest, 2nd of 10 teams; 72 points (5,000 M)
Florida State, 4th of 10 teams; 81 points
INDIVIDUAL CHAMPION: Amy Pleckaitis, Florida State (18:10.3)

Saturday, September 2

- Papa's Pizza Invitational Cullowhee, N.C.
M -- Clemson, 3rd of 6 teams; 70 points (5 miles)
INDIVIDUAL CHAMPION: David Adams, Clemson (25:57)
W -- Clemson, 2nd of 7 teams; 52 points (5K)

Saturday, September 9

- Fordham Invitational Bronx, N.Y.
M -- Duke, 1st of 14 teams; 20 points (5 miles)
INDIVIDUAL CHAMPION: Sean Kelly, Duke (25:46.9)
W -- Duke, 1st of 15 teams; 22 points (5K)
INDIVIDUAL CHAMPION: Katie Atlas, Duke (18:58.8)
- Mitchell Invitational Athens, Ga.
M -- Georgia Tech, 1st of 7 teams; 39 points (5K)
INDIVIDUAL CHAMPION: Joe Stegall, GaTech (15:35.02)
W -- Georgia Tech, 3rd of 7 teams; 73 points (2 miles)
- Navy Invitational Annapolis, Md.
M -- Maryland, 5th of 6 teams; 126 points (5 miles)
W -- Maryland, 2nd of 5 teams; 61 points (5.3K)
- Lou Onesty Invitational Charlottesville, Va.
M -- Virginia, 1st of 11 teams; 38 points (8K)
W -- Virginia, 3rd of 9 teams; 83 points (5K)
- Wake Forest Invitational Winston-Salem, N.C.
M -- Wake Forest, 1st of 2 teams; 17 points (8,000 M)
North Carolina, 2nd; 47 points
INDIVIDUAL CHAMPION: Garick Hill, WFU (25:36)
W -- Wake Forest, 1st of 2 teams; 27 points (5,000 M)
North Carolina, 2nd; 28 points
INDIVIDUAL CHAMPION: Shalene Flanagan, UNC (17:13)

Saturday, September 16

- Winthrop Invitational Rock Hill, S.C.
M -- Clemson, 2nd of 9 teams; 70 points (8K)
W -- Clemson, 2nd of 9 teams; 54 points (5K)
- Crimson Classic Tuscaloosa, Ala.
M -- Florida State, 6th of 23 teams; 168 points (8K)
W -- Florida State, 2nd of 16 teams; 58 points (5K)
- Wolfpack Invitational Raleigh, N.C.
M -- NC State, 1st of 11 teams; 22 points (7,400 M)
Virginia, 2nd; 43 points
Georgia Tech, 3rd; 68 points
Maryland, 6th; 195 points
INDIVIDUAL CHAMPION: David Patterson, NC State (23:38)
W -- NC State, 1st of 14 teams; 37 points (5,224 M)
Virginia, 2nd; 40 points
Georgia Tech, 3rd; 85 points
Wake Forest (B Team), 4th; 107 points
Maryland, 7th; 186 points
INDIVIDUAL CHAMPION: Beth Fonner, NC State (18:40)

Friday, September 22

- Great American Cross Country Festival Charlotte, N.C.
M -- NC State, 2nd of 21 teams; 48 points (8K)
Duke, 4th; 72 points
W -- NC State, 2nd of 22 teams; 57 points (5K)
Duke, 5th; 119 points

Saturday, September 23

- Georgia State Invitational Atlanta, Ga.
M -- Georgia Tech, 4th of 6 teams; 91 points (8K)
W -- Georgia Tech, 1st of 5 teams; 28 points (5K)

- Maryland Invitational College Park, Md.
M -- Maryland, 4th of 5 teams, 92 points (8K)
W -- Maryland, 1st of 5 teams, 23 points (5K)
- William & Mary Invitational Williamsburg, Va.
M -- North Carolina, 3rd of 10 teams, 64 points (8K)
Virginia, 5th; 114 points
W -- North Carolina, 2nd of 10 teams, 91 points (5K)
Virginia, 10th; 288 points
INDIVIDUAL CHAMPION: Shalene Flanagan, UNC (17:18.7)
- Roy Griak Invitational, University of Minnesota St. Paul, Minn.
M -- Wake Forest, 10th of 31 teams; 322 points (8K)
W -- Wake Forest, 10th of 29 teams; 261 points (6K)

Saturday, September 30

- UNC Challenge Chapel Hill, N.C.
M -- North Carolina, 1st of 3 teams; 38 points (8K)
W -- North Carolina, 1st of 3 teams; 20 points (5K)
INDIVIDUAL CHAMPION: Shalene Flanagan, UNC (17:41)
- Greensboro Invitational Greensboro, N.C.
M -- Wake Forest, 4th of 15 teams; 322 points (8K)
W -- Clemson, 3rd of 33 teams; 78 points (5K)
- Iona Meet of Champions Bronx, N.Y.
W -- Wake Forest, 4th of 20 teams; 119 points (5K)
- George Washington University Invitational Centreville, Va.
M -- Virginia, 2nd of 19 teams; 46 points (8K)
INDIVIDUAL CHAMPION: Bobby Thiele, UVa (24:44.4)
W -- Virginia, 1st of 15 teams; 15 points (5K)
INDIVIDUAL CHAMPION: Sarah Folsie, UVa (17:44.9)

Friday, October 6

- Duke (M,W), Florida State (M,W) NC State (M,W) in Notre Dame Invitational, Notre Dame, Ind.

Saturday, October 7

- Clemson (M,W) in Citadel Invitational, Charleston, S.C.
- Duke (M,W) in Greensboro Invitational, Greensboro, N.C.
- Georgia Tech (M,W) in Georgia Intercollegiate, Atlanta, Ga.
- Georgia Tech (M,W) in Auburn Invitational, Auburn, Ala.
- Maryland (M,W), in Paul Short Invitational, Lehigh Univ, Bethlehem, Pa.
- Virginia (M,W) in Radford CC Highlander Invitational, Radford, Va.

Friday, October 13

- Florida State (M,W) in Florida Intercollegiate Championships, Tampa, Fla.
- Virginia (M,W) in ICAA/ECAC Championships, New York, N.Y.

Saturday, October 14

- Clemson (M), Wake Forest (W) in Furman Invitational, Greenville, S.C.
- Duke, (M,W), Georgia Tech (M,W), North Carolina (M,W), Virginia (M,W), Wake Forest (M) in NCAA Pre-National Meet, Ames, Iowa
- Duke (M,W), North Carolina (M,W), NC State (M,W) in N.C. Intercollegiate Cross Country Championship, Cullowhee, N.C.
- Maryland (M,W) in Virginia Tech Invitational, Blacksburg, Va.

Saturday, October 28

- ACC Championship, NC State University, Raleigh, N.C.

2000 ACC PERFORMERS OF THE WEEK

- S.4** David Adams, Fr., Clem Erika van Reenen, Sr., Clem
S. 11 ... Sean Kelly, Jr., Duke Shalene Flanagan, Fr., UNC
S. 18 ... David Patterson, So., NCSU Beth Fonner, Jr., NCSU
S. 25 ... David Patterson, So., NCSU Sheela Agrawal, So., Duke
O. 2 Bobby Thiele, Sr., UVa Shalene Flanagan, Fr. UNC