



HEAD TRACK & FIELD COACHES

East Carolina (B)	_____	Curt Kraft
Houston (B)	_____	Leroy Burrell
Marshall (W*)	_____	Jeff Small
Memphis (B)	_____	Kevin Robinson
Rice (M)	_____	Jon Warren
Rice (W)	_____	Jim Bevan
SMU (W*)	_____	Dave Wollman
Southern Miss (B)	_____	Kevin Stephen
Tulane (B)	_____	Heather Van Norman
Tulsa (B)	_____	Steve Gulley
UAB (W*)	_____	Ray Stanfield
UCF (W*)	_____	Caryl Smith Gilbert
UTEP (B)	_____	Bob Kitchens

(M) - men's coach, (W) - women's coach; (B) - coaches both squads; (W*) - women's programs only

**2009 C-USA
Outdoor Track & Field Results
and Top Times can be found
throughout the season at:
[http://www.flashresults.com/
flashtexas/cusa.htm](http://www.flashresults.com/flashtexas/cusa.htm)**

2009 OUTDOOR ATHLETES OF THE WEEK

MARCH 24

Male – Ugo Nduaguba, Rice &
Ivan Diggs, Houston
Female – Lizzie Harris, UCF

MARCH 31

Male - Dimitrios Fylladitakis, UTEP
Female - Kelsey Poljansek, UCF &
Silje Fjortoft, SMU

APRIL 7

Male - Jason Colwick, Rice
Female - Blessing Okagbare, UTEP

APRIL 14

Male - Ivan Diggs, Houston &
Anderson Mutegi, UTEP
Female - Kalyn Floyd, Houston &
Blessing Okagbare, UTEP

APRIL 21

Male - Ivan Diggs, Houston &
Jason Colwick, Rice
Female - Lennie Waite, Rice

APRIL 28

Male - Chris Carter, Houston
Female - Seun Adigun, Houston

MAY 4

Male - Jason Colwick, Rice
Female - Simone du Toit, SMU

C-USA CAPTURES A NATIONAL TITLE AT OUTDOOR CHAMPIONSHIPS

Conference USA concluded the 2009 NCAA Men's and Women's Outdoor Track and Field Championships with one national title, three medalist and 12 All-Americans over the four-day event in Fayetteville, Ark.

Headlining the list was Rice's **Jason Colwick** who won his second NCAA pole vault title. The junior also captured the 2009 NCAA Indoor crown (5.60m/18-4.5). The two-time All-America cleared 5.70m (18-08.25) to win the gold at Arkansas' John McDonnell Field. After clearing 5.70m, he moved the bar to 5.83m (19-01.5), which would've been a new NCAA meet record, but he missed on all three attempts.

Highlighting the women's side was UTEP's **Blessing Okagbare**. The junior qualified for the finals in three events - long and triple jumps as well as the 100-meter dash. Okagbare earned two All-America honors with a fifth-place finish in the triple jump (13.60m/44-07.5) and an eighth place showing in the long jump (6.18m/20-03.5). The junior also finished with the ninth-best time in the 100m (11.44).

Also earning two All-America honors was Tulsa's **Alex Becker**. She finished fifth in the 10,000m (34:00.82) and sixth in the 5,000m (16:34.63) distance runs.

UTEP's **Anna Wessman** captured one of two bronze medals for the women. The freshman from Vaxjo, Sweden, was the highest standing underclassman sharing medal stand honors with two seniors after a season-best javelin throw of 54.43m (178-07).

Houston senior **Seun Adigun** also took home bronze in the 100m hurdles. The 2009 Conference USA Female Track Athlete of the Year turned in a time of 13.20. The Chicago, Ill., native closed out her career earning USTFCCA All-America honors and ranking among the program's all-time top hurdlers.

UTEP's **Alex van der Merwe** and **Dimitrios Fylladitakis** rounds out the men's All-Americans. Van der Merwe, a two-time All-American, placed seventh in the javelin 70.52m (231-04), while Fylladitakis was fifth in the hammer 68.04m (223-03).

Conference USA had 14 athletes advance to the finals in 17 events.

2009 C-USA USTFCCA TRACK AND FIELD OUTDOOR ALL-AMERICANS

Men

Jason Colwick, Rice (pole vault)
Dimitrios Fylladitakis, UTEP (hammer)
Alex van der Merwe, UTEP (javelin)

Women

Seun Adigun, Houston (100m hurdles)
Alex Becker, Tulsa (5,000m, 10,000m)
Grecia Bolton, Houston (200m)
Christine Mueller, SMU (discus)
Blessing Okagbare, UTEP (long & triple jumps)
Becky Wade, Rice (10,000m)
Lennie Waite, Rice (3,000m steeplechase)
Anna Wessman, UTEP (javelin)



**May 14-16, 2009
Tulsa, Okla.
Hurricane Track Stadium
Host: University of Tulsa
Tickets: 918/631-4688
Website: www.tulсахurricane.com**



June 10-13, 2009
Fayetteville, Arkansas
John McDonnell Field
Host: University of Arkansas
Tickets: 800/982-4647
Web site: www.arkansasrazorbacks.com



2009 C-USA MEN'S NCAA OUTDOOR CHAMPIONSHIP RESULTS

TEAM	
t25. Rice (10 points)	
t40. UTEP (6 points)	

INDIVIDUAL

Finals

Pole Vault

1. Jason Colwick, Rice	5.60m (18-4.5)
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Hammer

5. Dimitrios Fylladitakis, UTEP	68.04m (223-03)
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Javelin

7. Alex van der Merwe, UTEP	71.71m (231-04)
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Triple Jump

10. Chris Carter, Houston	15.95m (52-04.00)
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SEMIFINALS

200m

13. Anderson Mutegi, UTEP	20.87
18. Tyron Carrier, Houston	21.75

800m

12. Dominic Tanui, UTEP	1:47.91
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1500m

17. Justin Duncan, Tulsa	3:45.91
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10,000m

10. John Beattie, Tulsa	29:19.97
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Triple Jump

4. Chris Carter, Houston	16.29m (53-05.5)
25. Aaron Whetstone, Memphis	14.64m (48-00.5)

Decathlon

14. Philip Adam, Rice	7,358
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Pole Vault

1. Jason Colwick, Rice	5.35m (17-6.5)
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Javelin

2. Alex van der Merwe, UTEP	68.33m (224-02)
7. Kyle Smith, Southern Miss	66-38m (217-09)

Hammer

4. Dimitrios Fylladitakis, UTEP	67.57m (221-08)
9. Han Eriksson, UTEP	60.81m (199-06)

Quarterfinals

200m

11. Anderson Mutegi, UTEP	20.79
16. Tyron Carrier, Houston	20.97

800m

10. Dominic Tanui, UTEP	1:48.01
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2009 C-USA WOMEN'S NCAA OUTDOOR CHAMPIONSHIP RESULTS

TEAM

t25. UTEP (11 points)	
t40. Tulsa (7 points)	
t43. Houston (6)	
t52. Rice (4 points)	
t52. SMU (4 points)	

INDIVIDUAL

FINALS

100m

9. Blessing Okagbare, UTEP	11.44
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100m Hurdles

3. Seun Adigun, Houston	13.20
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3000m Steeplechase

5. Lennie Waite, Rice	10:01.40
--. Silje Fjortoft, SMU	DNF

5,000m

6. Alex Becker, Tulsa	16:34.63
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10,000m

5. Alex Becker, Tulsa	34:00.82
11. Becky Wade, Rice	34:38.39

High Jump

15. Lizzie Harris, UCF	1.74m (5-08.5)
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Triple Jump

5. Blessing Okagbare, UTEP	13.60m (44-07.5)
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Long Jump

8. Blessing Okagbare, UTEP	6.18m (20-03.5)
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Discus

5. Christine Mueller, SMU	50.84m (166-09)
10. Simone du Toit, SMU	47-64m (156-03)

Javelin

3. Anna Wessman, UTEP	54.43m (178-07)
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SEMIFINALS

100m

4. Blessing Okagbare, UTEP	11.58
13. Olivia Kizzee, Tulane	11.70

200m

12. Grecia Bolton, Houston	23.34
16. Olivia Kizzee, Tulane	23.45

400m

9. Endurance Abinuwa, UTEP	53.00
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800m

22. Ilyssa Pettigrew, SMU	2:08.79
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3000m Steeplechase

3. Lennie Waite, Rice	9:50.48
6. Silje Fjortoft, SMU	10:05.70

5,000m

13. Alex Becker, Tulsa	16:23.38
21. Callie Wells, Rice	16:47.85
24. Allison Pye, Rice	16:53.60

100m Hurdles

1. Seun Adigun, Houston	12.91
12. Tiki James, UCF	13.45

400m Hurdles

24. April Montgomery, Tulsa	59.58
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High Jump

1. Lizzie Harris, UCF	1.77m (5-09.75)
16. Viktoria Leks, SMU	1.74m (5-08.5)

Long Jump

3. Blessing Okagbare, UTEP	6.40m (21-00.00)
11. Tori Bowie, Southern Miss	5.53m (18-1.75)

Triple Jump

3. Blessing Okagbare, UTEP	13.58m (44-06.75)
24. Dione Thomas, UCF	12.53m (41-01.5)

Shot Put

16. Simone du Toit, SMU	15.62m (51-03.0)
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Discus

4. Simone du Toit, SMU	53.07m (174-01)
9. Christine Mueller, SMU	51.18m (167-11)
19. Kelsey Poljansek, UCF	47.70m (156-06)
27. LaKendra Thames, UCF	44.11m (144-09)

Hammer

26. Lauren Kuhner, SMU	50.95m (167-02)
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Javelin

1. Anna Wessman, UTEP	55.30m (181-05)
5. Brittani Williams, Houston	48.04m (157-07)

QUARTERFINALS

100m

10. Blessing Okagbare, UTEP	11.22
11. Olivia Kizzee, Tulane	11.43

200m

13. Olivia Kizzee, Tulane	23.80
16. Grecia Bolton, Houston	23.51

400m

7. Endurance Abinuwa, UTEP	53.05
21. Jennifer Mace, Tulsa	54.26

100m Hurdles

4. Seun Adigun, Houston	13.29
6. Tiki James, UCF	13.31



TRACK & FIELD

Contact: Debbie Davis :: ddavis@c-usa.org :: 214-774-1353 (o) :: 214-496-0055 (f)



2009 C-USA OUTDOOR INDIVIDUAL AWARD WINNERS

MEN

Track Athlete of the Year
John Beattie, Tulsa

Field Athlete of the Year
Dimitrios Fylladitakis, UTEP

Coach of the Year:
Leroy Burrell, Houston

Freshman of the Year:
D'Korian Ford, Houston

High Point Scorer:
Nicodemus Ng'etich, UTEP

Performance of the Meet:
Chris Carter, Houston

WOMEN

Track Athlete of the Year
Seun Adigun, Houston

Field Athlete of the Year
Simone du Toit, SMU

Coach of the Year:
Jim Bevan, Rice

Freshman of the Year:
Semione du Toit, SMU

High Point Scorer:
Blessing Okagbare, UTEP

Performance of the Meet:
Blessing Okagbare, UTEP

2009 USTFCCCA OUTDOOR REGIONAL AWARD WINNERS

MEN

South Central Region
Field Athlete of the Year
Jason Colwick, Rice

Midwest Region
Field Athlete of the Year
Dimitrios Fylladitakis, UTEP

WOMEN

Midwest Region
Field Athlete of the Year
Blessing Okagbare, UTEP

South Central Region
Coach of the Year
Jim Bevan, Rice

South Region
Coach of the Year
Caryl Smith Gilbert, UCF

USTFCCCA TRACK AND FIELD OUTDOOR ALL-AMERICANS

MEN

Jason Colwick, Rice (pole vault)
Dimitrios Fylladitakis, UTEP (hammer)
Alex van der Merwe, UTEP (javelin)

WOMEN

Seun Adigun, Houston (100m hurdles)
Alex Becker, Tulsa (5,000m, 10,000m)
Grecia Bolton, Houston (200m)
Christine Mueller, SMU (discus)
Blessing Okagbare, UTEP (long & triple jumps)
Becky Wade, Rice (10,000m)
Lennie Waite, Rice (3,000m steeplechase)
Anna Wessman, UTEP (javelin)

USTFCCCA TRACK & FIELD OUTDOOR ALL-REGION ALL-AMERICAN TEAMS

MEN

Midwest

Isiah Sweeney, Houston (100m)
Tyron Carrier, Houston (200m)
Ivan Diggs, Houston (high jump)
Alex Bentley, Houston (pole vault)
Christopher Carter, Houston (triple jump)
Jason Colwick, Rice (pole vault)
Kyle Smith, Southern Miss (javelin)
Justin Duncan, Tulsa (1500m)
Anderson Mutege, UTEP (200m, 4x400m)
Dominic Tanui, UTEP (800m, 4x400m)
Dimitrios Fylladitakis, UTEP (hammer)
Hans Eriksson, UTEP (hammer)
Alex VanderMerwe, UTEP (javelin)
Suji Adeniyana, UTEP (4x400m)
Curtis Kock, UTEP (4x400m)

Midwest

Richard Lowe, Memphis (400m hurdles)
Aaron Whetstone, Memphis (triple jump)

WOMEN

Midwest

Lennie Waite, Rice (3000m steeplechase)
Becky Wade, Rice (3000m steeplechase)
Nicole Mericle, Rice (3000m steeplechase)
Callie Wells, Rice (5000m)
Britany Williams, Rice (5000m)
Allison Pye, Rice (5000m)
Simone DuToit, SMU (discus, shot put)
Christina Mueller, SMU (discus)
Silje Fjortoft, SMU (3000m steeplechase)
Ilyssa Pettigrew, SMU (800m, 4x400m)
Lauren Kuhner, SMU (hammer)
Viktoria Leks, SMU (high jump)
Amber Evans, SMU (4x400m)
Alexandria Smith, SMU (4x400m)
Gayla Cloud, SMU (4x400m)
Jennifer Mace, Tulsa (400m)
April Montgomery, Tulsa (400m hurdles)
Alex Becker, Tulsa (5000m)
Endurance Abinuwa, UTEP (400m)
Anna Wessman, UTEP (javelin)
Laura Macauley, UTEP (javelin)
Blessing Okagbare, UTEP (100m, long jump & triple jump)

East

Maegan Lewis, East Carolina (hammer)
Lakendra Thames, UCF (discus)
Tiki James, UCF (100m hurdles)
Kelsey Poljansek, UCF (discus)
Lizzie Harris, UCF (high jump)
Dione Thomas, UCF (triple jump)

Midwest

Tori Bowie, Southern Miss (long jump)
Ashley May, Southern Miss (triple jump)
Olivia Kizsee, Tulane (100m, 200m)



USTFCCCA FINAL POLLS

MEN

Rk.	Team
1	Texas A&M
2	Oregon
3	Florida
4	Arkansas
5	LSU
6	South Carolina
7	Southern Cal
8	Stanford
9	Nebraska
10	Arizona State
11	Kentucky
12	Florida State
13	Mississippi State
14	Texas
15	Auburn
16	Minnesota
17	Kansas State
18	Texas Tech
19	Baylor
20	Georgia
21	Washington
22	Arizona
23	California
24	Boise State
25	Washington State

WOMEN

Rk.	Team
1	Texas A&M
2	Oregon
3	LSU
4	Arizona State
5	Tennessee
6	Florida State
7	Southern Cal
8	Penn State
9	Baylor
10	Texas
11	Michigan
12	UCLA
13	Miami (Fla.)
14	Florida
15	Washington
16	UTEP
17	Oklahoma
18	Arkansas
19	Nebraska
20	Auburn
21	Illinois
22	Virginia Tech
23	Indiana
24	BYU
25	Stanford

2009 CONFERENCE USA MEN'S TRACK AND FIELD ALL-ACADEMIC TEAM

Name	School	Class	GPA	Major
Morgan Floyd	Houston	Senior	3.23	Psychology
Emmanuel Osadebey	Houston	Junior	3.78	Kinesiology
Darius Anderson	Memphis	Sophomore	3.46	Physics
*Phillip Adam	Rice	Junior	3.94	Economics
John Berens	Rice	Junior	4.00	Biochemistry/Cell Biology
Connor Hayes	Rice	Sophomore	3.57	Philosophy
William Meyers	Rice	Sophomore	3.95	Mathematical Economic Analysis Minor: Business
Brad Morris	Rice	Junior	3.62	Chemistry
*Brett Olson	Rice	Senior	3.93	Civil Engineering
Aaron Robson	Rice	Senior	3.66	Civil Engineering
John Beattie	Tulsa	Junior	3.37	Master's of Business Administration
Mark Davidsson	Tulsa	RS-Sophomore	3.44	Exercise Sports Science
Hans Eriksson	UTEP	Junior	3.78	Undergraduate Studies

2009 CONFERENCE USA WOMEN'S TRACK AND FIELD ALL-ACADEMIC TEAM

Name	School	Class	GPA	Major
*Sivan Aballi	Memphis	Senior	3.71	Communications
Katie Dollinger	Rice	Junior	3.80	Mathematical Economic Analysis
Allison Pye	Rice	Sophomore	3.91	Kinesiology/Pre-Med
Becky Wade	Rice	Sophomore	3.94	History/Psychology
Lennie Waite	Rice	Grad Student	3.96	Economics/Psychology/ Managerial Studies
Silje Fjortoft	SMU	Sophomore	3.88	German
Cheris Fletcher	Southern Miss	Senior	3.85	Architectural Engineering Technology
Caitlin Clancy	Tulsa	Junior	4.00	Mechanical Engineering
April Montgomery	Tulsa	Senior	3.96	Psychology
Dawn Nagazina	Tulsa	Senior	3.87	Chemical Engineering
Stephanie Gammon	UAB	Sophomore	3.89	Exercise Science
Nora Mehl	UAB	RS-Sophomore	3.86	Psychology

*Repeat Selections



TRACK & FIELD

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2009 C-USA Outdoor Championship Results

Hurricane Soccer and Track Stadium

Tulsa, Okla.

May 14-16

WOMEN'S TEAM STANDINGS

Place	School	Score
1.	Rice	131
2.	UCF	111
3.	SMU	96
4.	Houston	86.5
5.	UTEP	79
6.	Memphis	68.5
7.	Tulsa	62
8.	UAB	49
9.	Southern Miss	44.5
10.	East Carolina	42.5
11.	Tulane	40
12.	Marshall	7

EVENT CHAMPION

Event	Champion	Time/Distance
100M	Blessing Okagbare, UTEP	11.21
200M	Grecia Bolton, Houston	23.48
400M	Jennifer Mace, Tulsa	53.71
800M	Ilyssa Pettigrew, SMU	2:08.85
1500M	Lennie Waite, Rice	4:30.15
3000M		
Steeplechase	Lennie Waite, Rice	10:13.92
5000M	Silje Fjortoft, SMU	16:18.88
10,000M	Becky Wade, Rice	34:41.14
100M Hurdles	Seun Adigun, Houston	13.11
400M Hurdles	Jackie Coward, UCF	59.27
4x100M Relay	UTEP	45.04
	Gladys Nwaubani, Endurance Abinuwa, Siobhian Crain, Blessing Okagbare	
4x400M Relay	SMU	3:41.50
	Ilyssa Pettigrew, Alexandria Smith, Amber Evans, Gayla Cloud	
High Jump	Lizzie Harris, UCF	1.81m (5-11.25")
Long Jump	Blessing Okagbare, UTEP	6.90m (22-07.75")
Triple Jump	Blessing Okagbare, UTEP	13.73m (45-00.55")
Shot Put	Simone du Toit, SMU	15.91m (52-02.50")
Discus	Simone du Toit, SMU	53.94m (177-00")
Hammer	Megan Lewis, East Carolina	56.46m (185-03")
Javelin	Anna Wessman, UTEP	54.23m (177-11")
Pole Vault	Ariana Ince, Rice	3.65m (11-11.75")
Heptathlon	Nora Mehl, UAB	4,811 points

2009 C-USA Outdoor Championship Results

Hurricane Soccer & Track Stadium

Tulsa, Okla.

May 14-16

MEN'S TEAM STANDINGS

Place	School	Score
1.	Houston	198
2.	UTEP	149
3.	Rice	112
4.	East Carolina	98
5.	Tulsa	97
6.	Southern Miss	73
7.	Memphis	69
8.	Tulane	4

EVENT CHAMPION

Event	Champion	Time/Distance
100M	Ed Turner, Houston	10.40
200M	Kevin Thompson, East Carolina	21.03
400M	Anderson Mutegi, UTEP	46.38
800M	Dominic Tanui, UTEP	1:51.64
1500M	Justin Duncan, Tulsa	3:52.48
5000M	Nicodemus Ng'etich, UTEP	14:19.71
10,000M	John Beattie, Tulsa	30:37.28
110M Hurdles	Kris Bell, East Carolina	14.22
400M Hurdles	Jason Perez, Houston	51.54
3000M		
Steeplechase	Nicodemus Ng'etich, UTEP	9:06.59
4x100M Relay	UTEP	40.38
	Adesuji Adeniyani, Anderson Mutegi, Curtis Kock, Ronald Arajis	
4x400M Relay	UTEP	3:10.45
	Adesuji Adeniyani, Curtis Kock, Dominic Tanui, Anderson Mutegi	
High Jump	Ivan Diggs, Houston	2.15m (7-00.5")
Pole Vault	Bryan Brown, Houston	5.05m (16-06.75")
Long Jump	Aaron Whetstone, Memphis	7.75m (25-05.25")
Triple Jump	Chris Carter, Houston	16.30m (53-05.75")
Shot Put	Aaron Ammons, Southern Miss	16.55m (54-03.75")
Discus	Tim Nedow, Tulsa	49.79m (163-04")
Hammer	Dimitrios Fylladitakis, UTEP	66.63m (218-07")
Javelin	Alex van der Merwe, UTEP	70.86m (232-06")
Decathlon	Phillip Adam, Rice	7,331 points



2009 C-USA TRACK & FIELD OUTDOOR SCHEDULES

EAST CAROLINA

Men & Women Schedules

Date	Event	Location
March 20-21	at Wake Forest	Winston-Salem, N.C.
March 27-28	Raleigh Relays	Raleigh, N.C.
April 4	UNC Wilmington, Western Carolina, Appalachian State	Cullowhee, N.C.
April 23-25	Penn Relays	Philadelphia, Penn.
May 3	Duke Twilight	Durham, N.C.
May 14-16	C-USA Outdoor Championships	Tulsa, Okla.
May 29-30	NCAA East Regional	Greensboro, N.C.

HOUSTON

Men & Women Schedules

Date	Event	Location
March 20-21	TSU Relays	Houston, Texas
April 2-4	Texas Relays	Austin, Texas
April 11	Arizona State Sun Angel Classic	Tempe, Ariz.
April 18	LSU Alumni Gold	Baton Rouge, La.
April 23-25	Penn Relays	Philadelphia, Pa.
April 23-25	Brutus Hamilton Invitational	Berkley, Calif.
April 29	J. Fred Duckett Rice Twilight	Houston, Texas
May 14-16	C-USA Outdoor Championships	Tulsa, Okla.
May 29-30	NCAA Midwest Regional	Norman, Okla.

MARSHALL

Women Schedule

Date	Event	Location
March 20-21	Hurricane Invitational	Miami, Fla.
March 27-28	UCF Invitational	Orlando, Fla.
April 3-4	Duke Invitational	Durham, N.C.
April 9-11	Sea Ray Relays	Knoxville, Tenn.
April 17	EKU Open	Richmond, Ky.
April 22-24	Penn Relays	Philadelphia, Pa.
May 1-2	Ohio State Invitational	Columbus, Ohio
May 14-16	C-USA Outdoor Championships	Tulsa, Okla.

MEMPHIS

Men & Women Schedules

Date	Event	Location
March 21	Rhodes Open	Memphis, Tenn.
March 27-28	LSU Relays	Baton Rouge, La.
April 3-4	Gatorade Classic	Cape Girardeau, Mo.
April 11	Ole Miss Invitational	Oxford, Miss.
April 18	Memphis Tiger Invitational	Memphis, Tenn.
May 2	Mississippi Open	Oxford, Miss.
May 14-16	C-USA Outdoor Championships	Tulsa, Okla.
May 29-30	NCAA Mideast Regional	Louisville, Ky.

RICE

Men & Women Schedules

Date	Event	Location
March 20-21	Hurricane Invitational (decathletes)	Miami, Fla.
March 20-21	Texas Southern Relays	Houston, Texas
March 27-28	Victor Lopez Bayou Classic	Rice Track Stadium
April 1-4	Texas Relays	Austin, Texas
April 10-11	UCLA-Rafer Johnson/JJK Invitational (men only)	Los Angeles, Calif.
April 11	New Mexico Invitational (women only)	Albuquerque, N.M.
April 17	Mt. SAC Relays (women only)	Walnut, Calif.
April 18	Texas Invitational	Austin, Texas
April 29	J. Fred Duckett Twilight	Rice Track Stadium
May 2	Texas Twilight	Austin, Texas
May 14-16	C-USA Outdoor Championships	Tulsa, Okla.
May 29-30	NCAA Midwest Regional	Norman, Okla.

SMU

Women Schedule

Date	Event	Location
March 21	USC Invitational	Los Angeles, Calif.
March 27-28	Stanford Invitational	Palo Alto, Calif.
March 28	UTA Invitational	Arlington, Texas
April 2-4	Texas Relays	Austin, Texas
April 16-18	Mt. Sac Relays	Walnut, Calif.
April 18	Michael Johnson	Relays Waco, Texas
April 24	Drake Relays	Des Moines, Iowa
April 25	Sooner Invitational	Norman, Okla.
May 14-16	C-USA Outdoor Championships	Tulsa, Okla.
May 29-30	NCAA Midwest Regional	Norman, Okla.

SOUTHERN MISS

Women Schedule

Date	Event	Location
March 14	Southern Miss Invitational	Hattiesburg, Miss.
March 28	Alabama Relays	Tuscaloosa, Ala.
April 2-4	Texas Relays	Austin, Texas
April 11	South Alabama Meet	Mobile, Ala.
April 17	LSU Outdoor	Baton Rouge, La.
April 25	Golden Eagle Classic	Hattiesburg, Miss.
May 2	Ole Miss Invite	Oxford, Miss.
May 14-16	C-USA Outdoor Championships	Tulsa, Okla.
May 29-30	NCAA Mideast Regional	Louisville, Ky.

TULANE

Men & Women Schedules

Date	Event	Location
March 14	Southern Miss Invitational	Hattiesburg, Miss.
March 27-28	LSU Tiger Relays	Baton Rouge, La.
April 2-4	Florida Relays	Gainesville, Fla.
April 2-4	Texas Relays	Austin, Texas
April 11	Ole Miss Invitational	Oxford, Miss.
April 16-17	LSU Outdoor	Baton Rouge, La.
April 18	Alumni Gold	Baton Rouge, La.
April 23-25	Penn Relays	Philadelphia, Pa.
May 2	Ole Miss Invitational	Oxford, Miss.
May 14-16	C-USA Outdoor Championships	Tulsa, Okla.
May 29-30	NCAA Mideast Regional	Louisville, Ky.



TULSA

Men & Women Schedules

Date	Event	Location
March 21	Tulsa Invitational	Tulsa, Okla.
March 27-28	Arlington Invitational	Arlington, Texas
April 10-11	Tom Botts Invitational	Columbia, Mo.
April 17-18	Arkansas Invitational	Fayetteville, Ark.
April 19	Mt. SAC Relays	Los Angeles, Calif.
April 23-25	Drake Relays	Des Moines, Iowa
May 2	Arkansas Twilight	Fayetteville, Ark.
May 14-16	C-USA Outdoor Championships	Tulsa, Okla.
May 29-30	NCAA Midwest Regional	Norman, Okla.

UAB

Women Schedule

Date	Event	Location
March 14	Birmingham Southern Opener	Birmingham, Ala.
March 26-28	Alabama Relays	Tuscaloosa, Ala.
April 8-11	Sea Ray Relays	Knoxville, Tenn.
April 18	War Eagle Invitational	Auburn, Ala.
April 2	Mississippi Open	Oxford, Miss.
May 14-16	C-USA Outdoor Championships	Tulsa, Okla.
May 29-30	NCAA Mideast Regional	Louisville, Ky.

UCF

Men & Women Schedules

Date	Event	Location
March 21	Black & Gold Challenge	Orlando, Fla.
March 27-28	UCF Invitational	Orlando, Fla.
April 3-4	Pepsi Florida Relays	Gainesville, Fla.
April 11	Miami Elite Invitational	Miami, Fla.
April 23-25	Penn Relays Carnival	Philadelphia, Pa.
April 23-25	UCSD/USOC Invitational	San Diego/Chula Vista, Calif.
May 10	UCF Twilight	Orlando, Fla.
May 14-16	C-USA Outdoor Championships	Tulsa, Okla.
May 29-30	NCAA East Regionals	Greensboro, N.C.

UTEP

Men & Women Schedules

Date	Opponent	Location
March 28	UTEP Springtime	El Paso, Texas
April 2-4	Texas Relays	Austin, Texas
April 11	UTEP Invitational	El Paso, Texas
April 23-25	Drake Relays	Des Moines, Iowa
May 1-2	Don Kirby Memorial Invitational	Albuquerque, N.M.
May 14-16	C-USA Outdoor Championships	Tulsa, Okla.
May 29-30	NCAA Midwest Regional	Norman, Okla.



Home	Schedule	Results	Staff	Services	Contact
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Conference USA Outdoor Track & Field
 2009 Performance Lists - Men
 Compiled by Flash Results Texas

Final List
Top 20 marks through NCAA Championships

[Links to meet results](#)

NCAA Regional Qualifiers in Italics

NCAA Regional Entrants in grey

NCAA National Qualifiers in yellow

p - denotes NCAA Provisional qualifier (10k & decathlon only)

A - denotes altitude adjustment applied

Men 100m Dash

1	10.31	A	Ronald Arajs	UTEP	5/2	Don Kirby Inv.
2	10.35		Isaiah Sweeney	Houston	5/30	NCAA Mid-West Reg.
3	10.40		Ed Turner	Houston	5/16	C-USA Championships
3	10.40		Tyron Carrier	Houston	5/30	NCAA Mid-West Reg.
5	10.42		Kevin Thompson	East Carolina	4/4	Western Carolina
6	10.48		Mario Spann	Southern Miss	5/16	C-USA Championships
7	10.49		Adian Sanderson	East Carolina	5/16	C-USA Championships
8	10.60		Adesuji Adeniyani	UTEP	5/16	C-USA Championships
9	10.70		John Welch	Rice	5/16	C-USA Championships
9	10.70		Sam McGuffie	Rice	5/16	C-USA Championships
11	10.72		Jared Firestone	Tulane	5/16	C-USA Championships
12	10.74		Omololu Ogunlana	UTEP	5/16	C-USA Championships
12	10.74		Kevin Hobson	Houston	4/4	Texas Relays
14	10.76		Jerek Hewett	East Carolina	4/4	Western Carolina
15	10.80		Anthony Green	East Carolina	3/21	Wake Forest Open
16	10.88		Devan House	Southern Miss	5/16	C-USA Championships
17	10.93		Phillip Adam	Rice	5/16	C-USA Championships
17	10.93		Jacques Ray	East Carolina	5/16	C-USA Championships
19	10.94		Chris Douglas	Rice	5/2	Texas Inv.
20	10.95		Eric July	Memphis	5/16	C-USA Championships

Men 200m Dash

1	20.65	A	Anderson Mutegi	UTEP	5/2	Don Kirby Inv.
3	20.74		Tyron Carrier	Houston	5/30	NCAA Mid-West Reg.
2	20.91		Kevin Thompson	East Carolina	4/4	Western Carolina
4	21.13	A	Curtis Kock	UTEP	5/2	Don Kirby Inv.
5	21.18		Ronald Arajs	UTEP	5/16	C-USA Championships
6	21.32		Ed Turner	Houston	5/16	C-USA Championships
7	21.43		Isaiah Sweeney	Houston	5/2	Texas Inv.

7	21.43		Adian Sanderson	East Carolina	5/16	C-USA Championships
9	21.46	A	Adesuji Adeniyani	UTEP	4/11	UTEP Inv.
10	21.80		Lazarus Crumedy	Houston	5/16	C-USA Championships
11	21.97		John Welch	Rice	5/2	Texas Inv.
11	21.97		Stephen Jones	Houston	4/11	Sun Angel Classic
13	22.01		Joseph Irabor	Houston	4/29	Rice Twilight
14	22.09		Gary Ellis	Southern Miss	4/25	Golden Eagle Cl.
15	22.13		Christopher Richardson	East Carolina	3/21	Wake Forest Open
16	22.18		Jacques Ray	East Carolina	5/3	Duke Twilight
17	22.20		Mario Spann	Southern Miss	3/14	Southern Miss Inv.
18	22.26		Jerek Hewett	East Carolina	4/4	Western Carolina
19	22.27		Ron Wright	East Carolina	3/21	Wake Forest Open
20	22.30		Tony Bunn	East Carolina	4/18	Friendship/Freedom

Men 400m Dash

1	46.08	A	Anderson Mutegi	UTEP	5/2	Don Kirby Inv.
2	46.63		Christopher Richardson	East Carolina	5/16	C-USA Championships
3	46.90	A	Curtis Kock	UTEP	5/2	Don Kirby Inv.
4	47.80		Ron Wright	East Carolina	5/16	C-USA Championships
5	47.83		Richard Lowe	Memphis	5/2	Ole Miss Inv.
6	48.14		Doug Kelley	Houston	5/16	C-USA Championships
7	48.24		Joseph Irabor	Houston	5/2	Texas Inv.
8	48.58		Cordell Kinn	Southern Miss	5/16	C-USA Championships
9	48.72		Aaron Evans	Memphis	4/4	Joey Haines Inv
10	48.85		Justin Smith	Tulsa	5/16	C-USA Championships
11	49.13		Alex Sweet	Memphis	5/2	Ole Miss Inv.
12	49.42		Phillip Adam	Rice	5/16	C-USA Championships
13	49.43		Lazarus Crumedy	Houston	5/2	Texas Inv.
14	49.44		Gary Ellis	Southern Miss	5/16	C-USA Championships
15	49.48		Ryan Gard	Rice	4/29	Rice Twilight
16	49.52		Avery Fulp	Southern Miss	5/2	Ole Miss Inv.
17	49.54		Connor Hayes	Rice	4/11	Johnson/Kersee Inv.
18	50.04		Tony Bunn	East Carolina	4/18	Friendship/Freedom
19	50.11		David Fitter	Tulsa	4/25	Sooner Inv.
20	50.14		Michael Harris	East Carolina	4/4	Western Carolina

Men 800m Run

1	1:47.91		Dominic Tanui	UTEP	6/13	NCAA Championships
2	1:49.35		Aaron Evans	Memphis	5/2	Ole Miss Inv.
3	1:49.93		Matthew Dennish	East Carolina	5/2	High Point Inv.
4	1:50.00		Jarrett Newby	East Carolina	5/2	High Point Inv.
5	1:50.75		Justin Duncan	Tulsa	5/16	C-USA Championships
6	1:51.23		Aggrey Chirchir	UTEP	5/16	C-USA Championships
7	1:51.38		Mark Davidson	Tulsa	4/11	Tom Botts Inv.
8	1:53.56		Guy Hudson	Memphis	4/18	Memphis Inv.
9	1:53.63		Simon Bucknell	Rice	5/7	Rice All-Comers
10	1:53.66		Dan Sloat	Rice	4/18	Texas Twilight
11	1:54.05		Jacob Owolabi	Rice	5/7	Rice All-Comers
12	1:54.34		Jesse Rodriguez	Houston	4/25	Brutus Hamilton Inv.
13	1:54.64		Jordan Hmaidan	Rice	4/29	Rice Twilight
14	1:55.19		Edwin Kipkorir	Memphis	4/11	Ole Miss Inv.
15	1:55.31		Sammie Ivory	Houston	4/18	LSU Alumni Gold
16	1:55.42		Edrian Murray	East Carolina	5/16	C-USA Championships
17	1:57.58		Zachary Montijo	East Carolina	3/21	Wake Forest Open
18	1:58.11		Brett Olson	Rice	4/18	Texas Twilight
19	1:58.24		Bill Martin	Tulsa	3/21	Tulsa Inv.

20	1:58.71		Jordon Holtzman	Tulane	5/16	C-USA Championships
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Men 1500m Run

1	3:44.62		Mark Davidson	Tulsa	5/2	Payton Jordan Inv.
2	3:44.95	A	Nicodemus Ng'etich	UTEP	3/28	UTEP Springtime
3	3:45.91		Justin Duncan	Tulsa	6/13	NCAA Championships
4	3:47.47		Simon Bucknell	Rice	4/18	Texas Twilight
5	3:50.39		Kyle Dekker	Tulsa	4/11	Tom Botts Inv.
6	3:50.63		Lewis Timmins	Tulsa	4/11	Tom Botts Inv.
7	3:53.49		Dominic Tanui	UTEP	5/16	C-USA Championships
8	3:53.84		Zachary Montijo	East Carolina	3/28	Raleigh Relays
9	3:54.18		Matthew Dennish	East Carolina	4/4	Western Carolina
10	3:54.48		Vincent Tanui	Southern Miss	4/25	Golden Eagle Cl.
11	3:54.49		John Beattie	Tulsa	3/21	Tulsa Inv.
12	3:55.08	A	Justice Chirchir	UTEP	3/28	UTEP Springtime
13	3:55.74		Edwin Kipkorir	Memphis	4/11	Ole Miss Inv.
14	3:56.08		Sam Masters	Tulsa	3/21	Tulsa Inv.
15	3:57.15		Aaron Robson	Rice	5/16	C-USA Championships
16	3:57.92		Jesse Rodriguez	Houston	5/2	Texas Inv.
17	3:58.66		Bill Martin	Tulsa	4/18	John McDonnell Inv.
18	3:59.77		Michael Trejo	Rice	4/18	Texas Twilight
19	4:00.09		Brett Olson	Rice	4/18	Texas Twilight
20	4:01.21		Eric Harris	Tulsa	3/21	Tulsa Inv.

Men 3000m Steeplechase

1	9:06.59		Nicodemus Ng'etich	UTEP	5/16	C-USA Championships
2	9:17.78		Brett Olson	Rice	4/11	Johnson/Kersee Inv.
3	9:18.44		Edwin Kipkorir	Memphis	5/2	Ole Miss Inv.
4	9:24.14		Carl Stones	Tulsa	5/16	C-USA Championships
5	9:28.78		Michael Trejo	Rice	4/29	Rice Twilight
6	9:28.82		James Llamas	Rice	4/29	Rice Twilight
7	9:32.28		Justin Maxwell	Rice	5/16	C-USA Championships
8	9:36.21		Nate Pineda	Houston	5/16	C-USA Championships
9	9:49.47		Jorgen Ekdahl	Memphis	5/2	Ole Miss Inv.
10	9:52.77		Brad Harris	Tulsa	5/16	C-USA Championships
11	9:55.42		Andres Santaolalla	Houston	4/29	Rice Twilight
12	9:58.17		Andrew Nastasiak	East Carolina	4/4	Western Carolina
13	10:07.45		Charles Hampton	Rice	5/16	C-USA Championships
14	10:10.59		Anthony Jordan	Houston	4/4	Texas Relays
15	10:11.56		Josh Butts	Tulsa	5/16	C-USA Championships
16	10:44.00		Harvinder Singh	East Carolina	3/28	Raleigh Relays

Men 5000m Run

1	13:57.63		John Beattie	Tulsa	4/18	Mt. SAC Relays
2	14:03.33		Lewis Timmins	Tulsa	4/18	Mt. SAC Relays
3	14:08.38		Nicodemus Ng'etich	UTEP	5/2	Payton Jordan Inv.
4	14:20.43		Kyle Dekker	Tulsa	4/25	Drake Relays
5	14:22.68		Vincent Tanui	Southern Miss	5/2	Ole Miss Inv.
6	14:46.42		Sam Masters	Tulsa	4/18	John McDonnell Inv.
7	14:53.27		Eric Harris	Tulsa	3/28	Bobby Lane Inv
8	14:53.83		Justice Chirchir	UTEP	5/16	C-USA Championships
9	14:56.55		Aaron Robson	Rice	5/16	C-USA Championships
10	15:04.39		Brett Koehn	Tulsa	3/28	Bobby Lane Inv
11	15:16.42		Zachary Montijo	East Carolina	5/16	C-USA Championships
12	15:16.64		Brad Morris	Rice	4/29	Rice Twilight
13	15:17.64		Mitch Johnson	Tulsa	4/18	John McDonnell Inv.

14	15:24.88	Carl Stones	Tulsa	5/16	C-USA Championships
15	15:25.93	Michael Trejo	Rice	5/16	C-USA Championships
16	15:34.38	Nate Pineda	Houston	4/25	Brutus Hamilton Inv.
17	15:39.85	Cole Bessner	Houston	4/18	LSU Alumni Gold
18	15:42.89	Andrew Nastasiak	East Carolina	3/28	Raleigh Relays
19	15:52.81	James Llamas	Rice	5/16	C-USA Championships
20	15:56.45	Brandon Broden	Houston	4/18	LSU Alumni Gold

Men 10,000m Run

1	28:46.27	John Beattie	Tulsa	5/2	Payton Jordan Inv.
2	29:38.86	Vincent Tanui	Southern Miss	4/11	Sea-Ray Relays
3	31:00.22	Kyle Dekker	Tulsa	5/16	C-USA Championships
4	31:18.69	Justice Chirchir	UTEP	5/16	C-USA Championships
5	31:42.64	Brad Morris	Rice	5/16	C-USA Championships
6	32:04.83	Lewis Timmins	Tulsa	5/16	C-USA Championships
7	32:05.09	Mitch Johnson	Tulsa	5/16	C-USA Championships
8	32:05.15	Eric Harris	Tulsa	5/16	C-USA Championships
9	32:34.92	Jacob Chapman	Memphis	3/21	Rhodes Open
10	32:37.25	Brett Koehn	Tulsa	4/25	Drake Relays
11	33:50.61	Matt Carey	Rice	5/16	C-USA Championships
12	34:28.75	Cole Bessner	Houston	5/16	C-USA Championships
13	34:30.33	Patrick McConnell	Tulsa	5/16	C-USA Championships

Men 110m Hurdles

1	14.22	Kris Bell	East Carolina	5/16	C-USA Championships
2	14.36	Robert Jackson	Memphis	4/18	Memphis Inv.
3	14.46	Darius Anderson	Memphis	5/16	C-USA Championships
4	14.49	Clayton Chaney	Rice	5/2	Texas Inv.
4	14.49	Stephen Jones	Houston	3/21	TSU Relays
6	14.58	Mario Briscoe	East Carolina	5/16	C-USA Championships
7	14.61	D'Korian Ford	Houston	5/16	C-USA Championships
8	14.68	Preston Williams	Memphis	4/11	Ole Miss Inv.
9	14.87	Connor Hayes	Rice	5/2	Texas Inv.
10	14.99	Darryl Cloud	Houston	3/21	TSU Relays
11	15.08	Leonard McLeggon	Southern Miss	3/14	Southern Miss Inv.
12	15.09	Collin Shurbet	Rice	4/11	Johnson/Kersee Inv.
13	15.31	A William Dodd	UTEP	3/28	UTEP Springtime
14	15.37	Phillip Adam	Rice	4/18	LSU Alumni Gold
15	15.53	Morgan Floyd	Houston	5/16	C-USA Championships
16	15.63	AJ Malicdem	East Carolina	4/4	Western Carolina
17	16.34	Jacques Ray	East Carolina	4/11	Joe Hilton Inv.
18	17.18	Sebastian Biau	East Carolina	5/16	C-USA Championships
19	17.89	Pete Navarra	Rice	5/16	C-USA Championships

Men 400m Hurdles

1	51.54	Jason Perez	Houston	5/16	C-USA Championships
2	51.55	Richard Lowe	Memphis	4/18	Memphis Inv.
3	52.12	D'Korian Ford	Houston	5/16	C-USA Championships
4	52.52	Darryl Cloud	Houston	5/16	C-USA Championships
5	52.63	Collin Shurbet	Rice	5/16	C-USA Championships
6	53.46	Mario Briscoe	East Carolina	5/3	Duke Twilight
7	53.47	Alexandru Mitan	Southern Miss	5/16	C-USA Championships
8	53.53	Connor Hayes	Rice	5/16	C-USA Championships
9	53.61	Alex Sweet	Memphis	5/16	C-USA Championships
10	53.74	David Fitter	Tulsa	5/16	C-USA Championships
11	53.98	Emmanuel Osadeby	Houston	5/16	C-USA Championships

12	55.49		Darius Anderson	Memphis	4/18	Memphis Inv.
13	56.17		Robert Jackson	Memphis	4/18	Memphis Inv.
14	56.53		Sean Bowen	East Carolina	5/2	High Point Inv.
15	56.72		Kris Bell	East Carolina	4/4	Western Carolina
16	56.96		Darrell Lewis	Memphis	5/16	C-USA Championships
17	57.23		Clayton Chaney	Rice	3/28	Rice Bayou Classic
18	58.57	A	William Dodd	UTEP	3/28	UTEP Springtime
19	59.81		Sebastian Biau	East Carolina	5/3	Duke Twilight
20	1:00.38		AJ Malicdem	East Carolina	3/21	Wake Forest Open

Men 4x100m Relay

1	40.30			Houston	5/30	NCAA Mid-West Reg.
2	40.36	A		UTEP	3/28	UTEP Springtime
3	40.55			East Carolina	5/16	C-USA Championships
4	41.42			Rice	5/2	Texas Inv.
5	41.56			Southern Miss	5/16	C-USA Championships
6	42.33			Memphis	5/2	Ole Miss Inv.
7	44.73			Tulane	5/16	C-USA Championships

Men 4x400m Relay

1	3:06.39			UTEP	5/30	NCAA Mid-West Reg.
2	3:12.03			East Carolina	3/28	Raleigh Relays
3	3:13.83			Memphis	5/2	Ole Miss Inv.
4	3:14.01			Houston	4/4	Texas Relays
5	3:15.84			Rice	4/29	Rice Twilight
6	3:17.00			Southern Miss	5/16	C-USA Championships
7	3:21.47			Tulsa	5/16	C-USA Championships
8	3:29.01			Tulane	5/16	C-USA Championships

Men High Jump

1	2.23m	7-03.75	Ivan Diggs	Houston	4/4	Texas Relays
2	2.05m	6-08.75	Marcus Norwood	Southern Miss	5/16	C-USA Championships
3	2.00m	6-06.75	Jack Spinks	Rice	4/11	Johnson/Kersee Inv.
3	2.00m	6-06.75	D'Korian Ford	Houston	5/16	C-USA Championships
5	1.98m	6-06.00	Leonard McLeggon	Southern Miss	4/25	Golden Eagle Cl.
5	1.98m	6-06.00	Jerome Leslie	Memphis	4/4	Joey Haines Inv
7	1.95m	6-04.75	Myreon Sartin	Southern Miss	4/18	LSU Alumni Gold
7	1.95m	6-04.75	Selleck Keene	Houston	3/28	Rice Bayou Classic
9	1.93m	6-04.00	Phillip Adam	Rice	5/16	C-USA Championships
10	1.90m	6-02.75	Clayton Chaney	Rice	5/2	Texas Inv.
10	1.90m	6-02.75	Morgan Floyd	Houston	5/16	C-USA Championships
10	1.90m	6-02.75	Thomas Stoltz	Tulsa	5/16	C-USA Championships
13	1.85m	6-00.75	Lamar Delaney	Houston	5/16	C-USA Championships
13	1.85m	6-00.75	Jeremy Kelley	Houston	5/16	C-USA Championships
15	1.80m	5-10.75	Bayani Jones	East Carolina	4/4	Western Carolina
15	1.80m	5-10.75	Jason Morgan	Memphis	4/18	Memphis Inv.
17	1.79m	5-10.50	Connor Hayes	Rice	3/21	Hurricane Inv
18	1.78m	5-10.00	Sebastian Biau	East Carolina	5/16	C-USA Championships
19	1.69m	5-06.50	Pete Navarra	Rice	5/16	C-USA Championships

Men Pole Vault

1	5.72m	18-09.25	Jason Colwick	Rice	4/4	Texas Relays
2	5.20m	17-00.75	Alex Bentley	Houston	3/21	TSU Relays
3	5.05m	16-06.75	Bryan Brown	Houston	5/16	C-USA Championships
4	4.90m	16-00.75	Blaine Bassler	Rice	3/21	TSU Relays
4	4.90m	16-00.75	Chris Kato	Rice	4/4	Texas Relays

6	4.75m	15-07.00	Garrett Stafford	Rice	5/16	C-USA Championships
6	4.75m	15-07.00	Derek Schutz	Houston	5/16	C-USA Championships
8	4.55m	14-11.00	Phillip Adam	Rice	5/16	C-USA Championships
9	4.35m	14-03.25	Sebastian Biau	East Carolina	5/3	Duke Twilight
9	4.35m	14-03.25	Morgan Floyd	Houston	5/16	C-USA Championships
11	4.26m	13-11.75	Ian Batherson	Tulane	3/14	Southern Miss Inv.
12	4.15m	13-07.25	Addison Johnson	East Carolina	4/4	Western Carolina
13	3.85m	12-07.50	Clayton Chaney	Rice	5/7	Rice All-Comers
14	3.25m	10-08.00	Connor Hayes	Rice	3/21	Hurricane Inv
15	3.15m	10-04.00	Jacques Ray	East Carolina	5/16	C-USA Championships
16	3.00m	9-10.00	Pete Navarra	Rice	5/7	Rice All-Comers
17	1.90m	6-02.75	Jason Morgan	Memphis	5/2	Ole Miss Inv.

Men Long Jump

1	7.75m	25-05.25	Aaron Whetstone	Memphis	5/16	C-USA Championships
2	7.52m	24-08.25	Sam McGuffie	Rice	5/16	C-USA Championships
	(7.47m)	24-06.25	McGuffie	Rice	5/16	C-USA Championships)
3	7.49m	24-07.00	Chris Carter	Houston	4/18	LSU Alumni Gold
4	7.46m	24-05.75	Ed Turner	Houston	5/16	C-USA Championships
5	7.26m	23-10.00	Lamar Delaney	Houston	5/16	C-USA Championships
6	7.25m	23-09.50	Isaiah Sweeney	Houston	5/16	C-USA Championships
7	7.16m	23-06.00	Clayton Chaney	Rice	4/29	Rice Twilight
8	7.12m	23-04.50	Bayani Jones	East Carolina	5/16	C-USA Championships
9	7.07m	23-02.50	Morgan Floyd	Houston	5/16	C-USA Championships
10	6.97m	22-10.50	Akintunde Abisogun	East Carolina	4/25	Penn Relays
11	6.94m	22-09.25	Grant Hightower	Houston	4/11	Sun Angel Classic
11	6.94m	22-09.25	Phillip Adam	Rice	3/28	Rice Bayou Classic
13	6.86m	22-06.25	Jerome Leslie	Memphis	4/4	Joey Haines Inv
14	6.75m	22-01.75	Ugo Nduaguba	Rice	3/28	Rice Bayou Classic
15	6.69m	21-11.50	Leonard McLeggon	Southern Miss	3/29	Alabama Relays
16	6.64m	21-09.50	Gary Ellis	Southern Miss	4/25	Golden Eagle Cl.
17	6.63m	21-09.00	Richard Swaby	Memphis	5/16	C-USA Championships
18	6.54m	21-05.50	Garrett Myer	Tulane	5/16	C-USA Championships
19	6.51m	21-04.25	Percy Hinnant	East Carolina	3/28	Raleigh Relays
20	6.49m	21-03.50	Michael Izuchukwu	Rice	3/28	Rice Bayou Classic

Men Triple Jump

1	16.34m	53-07.50	Chris Carter	Houston	4/4	Texas Relays
2	15.90m	52-02.00	Aaron Whetstone	Memphis	5/16	C-USA Championships
3	15.68m	51-05.50	Ugo Nduaguba	Rice	5/16	C-USA Championships
4	15.45m	50-08.25	Lamar Delaney	Houston	5/30	NCAA Mid-West Reg.
5	15.42m	50-07.25	Jeremy Kelley	Houston	5/30	NCAA Mid-West Reg.
6	14.82m	48-07.50	Jerome Leslie	Memphis	4/4	Joey Haines Inv
7	14.73m	48-04.00	Ken Watson	Southern Miss	4/25	Golden Eagle Cl.
8	14.50m	47-07.00	Gary Ellis	Southern Miss	4/25	Golden Eagle Cl.
9	14.44m	47-04.50	John Berens	Rice	3/21	TSU Relays
10	14.30m	46-11.00	Michael Izuchukwu	Rice	4/29	Rice Twilight
11	13.15m	43-01.75	Jamal Porter	Southern Miss	4/11	USA Inv.
12	12.47m	40-11.00	Michael McGilvary	East Carolina	4/4	Western Carolina
13	12.27m	40-03.25	Garrett Myer	Tulane	3/21	Louisiana Classics
14	12.12m	39-09.25	Richard Swaby	Memphis	3/21	Rhodes Open
15	11.87m	38-11.50	Bayani Jones	East Carolina	4/4	Western Carolina

Men Shot Put

1	16.68m	54-08.75	Will Meyers	Rice	4/11	Ty Terrell Relays
2	16.55m	54-03.75	Aaron Ammons	Southern Miss	5/16	C-USA Championships

3	15.84m	51-11.75	Greg Norrid	Memphis	4/18	Memphis Inv.
4	15.74m	51-07.75	Tim Nedow	Tulsa	5/16	C-USA Championships
5	15.73m	51-07.25	Clay Baker	Rice	3/21	TSU Relays
6	15.57m	51-01.00	Justin Kepple	UTEP	5/16	C-USA Championships
7	15.16m	49-09.00	Sidney Flores	Houston	4/18	LSU Alumni Gold
8	15.08m	49-05.75	Michael Sanchez	Houston	5/16	C-USA Championships
9	15.07m	49-05.50	Adrian Edmonds	Houston	5/16	C-USA Championships
10	14.95m	49-00.75	Harding Zills	Memphis	4/18	Memphis Inv.
11	14.48m	47-06.25	Phillip Adam	Rice	5/7	Rice All-Comers
12	14.24m	46-08.75	Matt Dudley	Houston	5/16	C-USA Championships
13	14.20m	46-07.25	Brandon Hubbard	Houston	4/25	Brutus Hamilton Inv.
14	14.07m	46-02.00	Napoleon Benoit	Southern Miss	4/11	USA Inv.
15	12.97m	42-06.75	Jacques Ray	East Carolina	5/16	C-USA Championships
16	12.41m	40-08.75	Leonard McLeggon	Southern Miss	3/29	Alabama Relays
17	12.29m	40-04.00	Morgan Floyd	Houston	5/16	C-USA Championships
18	11.51m	37-09.25	Clayton Chaney	Rice	4/11	Johnson/Kersee Inv.
19	10.48m	34-04.75	Sebastian Biau	East Carolina	5/16	C-USA Championships
20	10.30m	33-09.50	Connor Hayes	Rice	3/21	Hurricane Inv

Men Discus

1	51.95m	170-05	Brandon Hubbard	Houston	3/28	Rice Bayou Classic
2	50.74m	166-06	Clay Baker	Rice	4/11	Johnson/Kersee Inv.
3	49.79m	163-04	Tim Nedow	Tulsa	5/16	C-USA Championships
4	48.95m	160-07	Matt Dudley	Houston	5/16	C-USA Championships
5	46.77m	153-05	Sidney Flores	Houston	4/10	Mesa CC Inv.
6	46.63m	153-00	Andy Tackett	Houston	5/16	C-USA Championships
7	46.42m	152-03	Michael Sanchez	Houston	4/29	Rice Twilight
8	45.44m	149-01	Aaron Ammons	Southern Miss	5/16	C-USA Championships
9	42.26m	138-08	Harding Zills	Memphis	5/16	C-USA Championships
10	41.85m	137-04	Greg Norrid	Memphis	4/18	Memphis Inv.
11	41.81m	137-02	Will Meyers	Rice	5/16	C-USA Championships
12	41.03m	134-07	Max Weber	Tulane	5/16	C-USA Championships
13	40.72m	133-07	Daniel Varela	East Carolina	5/16	C-USA Championships
14	39.85m	130-09	Leonard McLeggon	Southern Miss	4/11	USA Inv.
15	39.50m	129-07	Phillip Adam	Rice	5/7	Rice All-Comers
16	39.45m	129-05	Morgan Floyd	Houston	5/16	C-USA Championships
17	38.82m	127-04	Adrian Edmonds	Houston	5/16	C-USA Championships
18	38.49m	126-03	Sam Barnhardt	East Carolina	5/16	C-USA Championships
19	37.40m	122-08	Clayton Chaney	Rice	5/7	Rice All-Comers
20	34.29m	112-06	Sebastian Biau	East Carolina	5/16	C-USA Championships

Men Hammer

1	68.66m	225-03	Dimitrios Fylladitakis	UTEP	5/2	Don Kirby Inv.
2	64.56m	211-10	Hans Eriksson	UTEP	4/25	Drake Relays
3	52.19m	171-03	Brandon Hubbard	Houston	5/16	C-USA Championships
4	51.62m	169-04	Daniel Varela	East Carolina	3/21	CC Shamrock Inv.
5	49.77m	163-03	Harding Zills	Memphis	3/28	LSU Relays
6	48.54m	159-03	Clay Baker	Rice	5/16	C-USA Championships
7	48.37m	158-08	Aaron Ammons	Southern Miss	5/16	C-USA Championships
8	47.43m	155-07	Will Meyers	Rice	5/2	Texas Inv.
9	41.43m	135-11	Napoleon Benoit	Southern Miss	4/18	LSU Alumni Gold
10	38.88m	127-07	Taurian Houston	East Carolina	3/21	CC Shamrock Inv.
11	38.60m	126-08	Siraj Al-Mahdi	East Carolina	3/21	CC Shamrock Inv.
12	35.73m	117-03	Andy Tackett	Houston	5/16	C-USA Championships
13	32.90m	107-11	Adrian Edmonds	Houston	5/16	C-USA Championships

Men Javelin

1	70.86m	232-06	Alex van der Merwe	UTEP	5/16	C-USA Championships
2	68.20m	223-09	Kyle Smith	Southern Miss	4/4	Texas Relays
3	63.75m	209-02	Thomas Stoltz	Tulsa	5/16	C-USA Championships
4	63.55m	208-06	Christian McDonald	Memphis	5/16	C-USA Championships
5	61.78m	202-08	Morgan Floyd	Houston	4/10	Mesa CC Inv.
6	60.77m	199-04	Arlon Morrison	Southern Miss	4/4	SW Mississippi CC
7	60.58m	198-09	Noah Slater	Southern Miss	4/4	Texas Relays
8	59.13m	194-00	Ashton Williams	Southern Miss	5/16	C-USA Championships
9	57.28m	187-11	Andy Tackett	Houston	5/2	Texas Inv.
10	54.21m	177-10	Sebastian Biau	East Carolina	5/16	C-USA Championships
11	53.34m	175-00	Sam Barnhardt	East Carolina	4/11	Joe Hilton Inv.
12	53.05m	174-00	Casey Fanning	Tulsa	5/16	C-USA Championships
13	52.76m	173-01	Clayton Chaney	Rice	3/28	Rice Bayou Classic
14	51.39m	168-07	Jason Morgan	Memphis	4/4	Joey Haines Inv
15	50.99m	167-03	Justin Kepple	UTEP	4/11	UTEP Inv.
16	50.94m	167-01	Jonathan Kirby	Tulane	4/11	Ole Miss Inv.
17	50.15m	164-06	Michael McGilvary	East Carolina	5/3	Duke Twilight
18	49.97m	163-11	Craig Kolwicz	Tulane	4/30	Cole-Lancon Twilight
19	48.16m	158-00	Nick Riggall	Rice	4/11	Ty Terrell Relays
20	47.52m	155-11	Leonard McLeggon	Southern Miss	4/4	SW Mississippi CC

Men Decathlon

1	7358		Phillip Adam	Rice	6/13	NCAA Championships
2	7135	p	Morgan Floyd	Houston	5/16	C-USA Championships
3	6696		Leonard McLeggon	Southern Miss	4/18	LSU Alumni Gold
4	6539		Clayton Chaney	Rice	4/11	Johnson/Kersee Inv.
5	6174		Sebastian Biau	East Carolina	5/16	C-USA Championships
6	5991		Connor Hayes	Rice	3/21	Hurricane Inv
7	5592		Jacques Ray	East Carolina	4/25	Penn Relays
8	4964		Pete Navarra	Rice	5/16	C-USA Championships

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Conference USA Outdoor Track & Field
2009 Performance Lists - Women
Compiled by Flash Results Texas

Final List

Top 20 marks through NCAA Championships

[Links to meet results](#)

NCAA Regional Qualifiers in Italics

NCAA Regional Entrants in grey

NCAA National Qualifiers in yellow

A - denotes altitude adjustment applied

Women 100m Dash

1	11.21	<i>Blessing Okagbare</i>	<i>UTEP</i>	5/16	<i>C-USA Championships</i>
2	11.43	<i>Olivia Kizzee</i>	<i>Tulane</i>	6/13	<i>NCAA Championships</i>
3	11.50	<i>Grecia Bolton</i>	<i>Houston</i>	5/30	<i>NCAA Mid-West Reg.</i>
4	11.51	<i>Sheila Paul</i>	<i>UCF</i>	5/16	<i>C-USA Championships</i>
5	11.52	<i>Christie Jones</i>	<i>Houston</i>	5/2	<i>Texas Inv.</i>
6	11.53	<i>Shakera Reece</i>	<i>Rice</i>	5/2	<i>Texas Inv.</i>
7	11.62	<i>Chastity Riggien</i>	<i>Southern Miss</i>	5/16	<i>C-USA Championships</i>
8	11.67	<i>Seun Adigun</i>	<i>Houston</i>	5/2	<i>Texas Inv.</i>
8	11.67	<i>Gladys Nwaubani</i>	<i>UTEP</i>	5/16	<i>C-USA Championships</i>
10	11.74	<i>Amber Evans</i>	<i>SMU</i>	4/30	<i>Mean Green Twilight</i>
11	11.85	<i>LaShundra Kershaw</i>	<i>Memphis</i>	5/16	<i>C-USA Championships</i>
11	11.85	<i>Dione Thomas</i>	<i>UCF</i>	3/28	<i>UCF Inv.</i>
13	11.90	<i>LaBritney Horton</i>	<i>Memphis</i>	4/18	<i>Memphis Inv.</i>
14	11.93	<i>Kasey Rodgers</i>	<i>Tulane</i>	5/16	<i>C-USA Championships</i>
15	11.96	<i>Tandra Patterson</i>	<i>Southern Miss</i>	4/25	<i>Golden Eagle Cl.</i>
16	11.98	<i>Karla Thurmond</i>	<i>Southern Miss</i>	5/16	<i>C-USA Championships</i>
17	12.01	<i>Tori Bowie</i>	<i>Southern Miss</i>	4/4	<i>Texas Relays</i>
18	12.06	<i>Alexandria Smith</i>	<i>SMU</i>	4/11	<i>John Jacobs Inv.</i>
18	12.06	<i>Ashley May</i>	<i>Southern Miss</i>	4/25	<i>Golden Eagle Cl.</i>
20	12.15	<i>Tai'shea Reese</i>	<i>Houston</i>	5/2	<i>Texas Inv.</i>
20	12.15	<i>Whitney Harris</i>	<i>Houston</i>	4/11	<i>Sun Angel Classic</i>

Women 200m Dash

1	23.31	<i>Christie Jones</i>	<i>Houston</i>	5/2	<i>Texas Inv.</i>
2	23.34	<i>Grecia Bolton</i>	<i>Houston</i>	6/13	<i>NCAA Championships</i>
3	23.45	<i>Olivia Kizzee</i>	<i>Tulane</i>	6/13	<i>NCAA Championships</i>
4	23.60	<i>Amber Evans</i>	<i>SMU</i>	4/30	<i>Mean Green Twilight</i>
5	23.72	<i>Whitney Harris</i>	<i>Houston</i>	4/29	<i>Rice Twilight</i>
6	23.74	<i>Shakera Reece</i>	<i>Rice</i>	5/2	<i>Texas Inv.</i>

7	23.85		Seun Adigun	Houston	4/29	Rice Twilight
8	23.88		Shaunda McPherson	Houston	5/2	Texas Inv.
9	23.95		Sheila Paul	UCF	3/28	UCF Inv.
9	23.95		Kayln Floyd	Houston	4/18	LSU Alumni Gold
11	23.99		Tori Bowie	Southern Miss	4/18	LSU Alumni Gold
12	24.12		Jennifer Mace	Tulsa	4/18	John McDonnell Inv.
13	24.18		Alexandria Smith	SMU	4/11	John Jacobs Inv.
14	24.46		Ashley Wills	Tulsa	4/11	Tom Botts Inv.
15	24.56	A	Endurance Abinuwa	UTEP	3/28	UTEP Springtime
16	24.74	A	Gladys Nwaubani	UTEP	4/11	UTEP Inv.
17	24.75		LaShundra Kershaw	Memphis	5/16	C-USA Championships
18	24.79		Chastity Riggien	Southern Miss	3/14	Southern Miss Inv.
19	24.91		Micaela Wimberly	UCF	3/28	UCF Inv.
19	24.91		Karla Thurmond	Southern Miss	5/2	Ole Miss Inv.
19	24.91		Deneen Kirk	Memphis	4/18	Memphis Inv.

Women 400m Dash

1	52.72		Endurance Abinuwa	UTEP	5/30	NCAA Mid-West Reg.
2	53.03		Kayln Floyd	Houston	4/11	Sun Angel Classic
3	53.46		Jennifer Mace	Tulsa	5/30	NCAA Mid-West Reg.
4	53.83		Whitney Harris	Houston	4/18	LSU Alumni Gold
5	54.12		Cheris Fletcher	Southern Miss	5/16	C-USA Championships
6	54.92		Shaina Pelham	Tulane	4/18	LSU Alumni Gold
7	55.05		Brittany Washington	Rice	5/16	C-USA Championships
8	55.47		Candyce Cross	Houston	5/16	C-USA Championships
9	55.54		Terria Wheeler	Southern Miss	4/25	Golden Eagle Cl.
10	55.61		Ashley Wills	Tulsa	4/18	John McDonnell Inv.
11	55.83		Chante Sessoms	East Carolina	5/3	Duke Twilight
12	56.08		Crysta Swayzer	Houston	5/16	C-USA Championships
13	56.43		Aieshia Brooks	Tulane	4/18	LSU Alumni Gold
14	56.54		Sarah Lyons	Rice	3/21	TSU Relays
15	56.85	A	Vicki Walker	Rice	4/11	Tailwind Inv.
16	56.97		Ilyssa Pettigrew	SMU	3/21	Trojan Inv.
17	57.03	A	Kendra Chambers	UTEP	3/28	UTEP Springtime
18	57.04		Veronica Johnson	UAB	4/18	War Eagle Inv.
19	57.21		Ciera Johnson	Houston	4/18	LSU Alumni Gold
20	57.39		Keyona Neal	Memphis	5/16	C-USA Championships

Women 800m Run

1	2:06.60		Ilyssa Pettigrew	SMU	5/30	NCAA Mid-West Reg.
2	2:06.96		Shantile Blackburn	UCF	4/11	Miami Elite Inv.
3	2:08.25		Dawn Nagazina	Tulsa	4/18	John McDonnell Inv.
4	2:08.58		Lennie Waite	Rice	4/29	Rice Twilight
5	2:09.08		Alina Varpiotaite	UAB	4/11	Sea-Ray Relays
6	2:10.26		Vicki Walker	Rice	4/29	Rice Twilight
7	2:10.86		Tayler Rigsby	Tulsa	5/16	C-USA Championships
8	2:11.13		Sophie Peeters	Rice	5/16	C-USA Championships
9	2:11.73		Stephanie Aldea	Houston	5/2	Texas Inv.
10	2:12.04		Ciera Johnson	Houston	5/16	C-USA Championships
11	2:12.16		Hollie Brooks	East Carolina	5/16	C-USA Championships
12	2:12.86		Carley Dart	UCF	5/10	UCF Twilight
13	2:13.41		Keltie John	Rice	5/16	C-USA Championships
14	2:13.55		Kendal Hood	UAB	4/18	War Eagle Inv.
15	2:14.35		Rebecca Coady	Tulane	4/18	LSU Alumni Gold
16	2:14.37		Erica Hannemann	Houston	4/25	Brutus Hamilton Inv.

17	2:15.03	Bianca Le'Blanc	UAB	4/18	War Eagle Inv.
18	2:15.29	Clarissa Payton	Houston	4/29	Rice Twilight
19	2:15.48	Lauren Fayen	UAB	5/2	Ole Miss Inv.
20	2:15.82	Erin Gatling	Southern Miss	4/25	Golden Eagle Cl.

Women 1500m Run

1	4:16.09	Lennie Waite	Rice	4/18	Mt. SAC Relays
2	4:25.24	Nicole Mericle	Rice	4/18	Mt. SAC Relays
3	4:27.51	Britany Williams	Rice	4/18	Mt. SAC Relays
4	4:27.67	Callie Wells	Rice	4/4	Texas Relays
5	4:29.03	Keltie John	Rice	4/18	Mt. SAC Relays
6	4:29.46	Stephanie Aldea	Houston	4/25	Brutus Hamilton Inv.
7	4:32.01	A Jepchirchir Kigen	UTEP	3/28	UTEP Springtime
8	4:33.34	Silje Fjortoft	SMU	5/16	C-USA Championships
9	4:33.36	Becky Wade	Rice	4/29	Rice Twilight
10	4:33.61	Shantile Blackburn	UCF	5/10	UCF Twilight
11	4:33.86	Allison Pye	Rice	4/29	Rice Twilight
12	4:34.08	Alina Varpioitaite	UAB	4/18	War Eagle Inv.
13	4:35.40	Alex Becker	Tulsa	4/11	Tom Botts Inv.
14	4:36.04	Kendal Hood	UAB	5/2	Ole Miss Inv.
15	4:36.74	Sandra Lundburg	UAB	4/18	War Eagle Inv.
16	4:37.17	Melanie Cleland	Tulsa	4/18	John McDonnell Inv.
17	4:37.68	Dawn Nagazina	Tulsa	3/28	Bobby Lane Inv
18	4:38.15	Erica Hannemann	Houston	4/18	LSU Alumni Gold
19	4:39.07	Rebecca Coady	Tulane	4/18	LSU Alumni Gold
20	4:39.32	Marie Thompson	Rice	4/29	Rice Twilight

Women 3000m Steeplechase

1	9:50.84	Lennie Waite	Rice	6/13	NCAA Championships
2	9:56.73	Silje Fjortoft	SMU	3/27	Stanford Inv.
3	10:07.13	Nicole Mericle	Rice	4/18	Mt. SAC Relays
4	10:12.16	Becky Wade	Rice	5/30	NCAA Mid-West Reg.
5	10:37.54	Risper Kimaiyo	UTEP	5/16	C-USA Championships
6	10:49.85	Rebecca Coady	Tulane	4/30	Cole-Lancon Twilight
7	11:10.29	Jamie Rzepecki	UCF	4/11	Miami Elite Inv.
8	11:19.18	Rhiannon Johns	UAB	5/2	Ole Miss Inv.
9	11:26.27	Michaela Reynolds	Rice	3/28	Rice Bayou Classic
10	11:30.80	Kristina Vaughn	UAB	5/16	C-USA Championships
11	11:31.68	Erica Weitz	UCF	3/28	UCF Inv.
12	11:36.91	Samantha Lichtner	East Carolina	5/2	High Point Inv.
13	11:41.90	Zuna Portillo	Southern Miss	4/18	LSU Alumni Gold
14	12:12.75	Maryke Rossouw	Tulsa	4/18	John McDonnell Inv.
15	12:19.58	A Megan Chojnacki	UTEP	5/2	Don Kirby Inv.
16	12:26.36	Jasmine Trier	Houston	4/29	Rice Twilight
17	12:26.91	Megan Munoz	Houston	4/10	Mesa CC Inv.
18	13:12.1h	13:12.34 Ellen Kist	Marshall	4/17	Eastern KY Open

Women 5000m Run

1	15:55.23	Silje Fjortoft	SMU	4/18	Mt. SAC Relays
2	16:16.80	Alex Becker	Tulsa	5/30	NCAA Mid-West Reg.
3	16:20.95	Callie Wells	Rice	5/2	Payton Jordan Inv.
4	16:21.35	Allison Pye	Rice	4/18	Mt. SAC Relays
5	16:24.42	Britany Williams	Rice	5/2	Payton Jordan Inv.
6	16:27.77	Becky Wade	Rice	5/2	Payton Jordan Inv.
7	16:33.18	Brittany Copeland	East Carolina	4/25	Penn Relays
8	16:33.32	Kathya Garcia	UTEP	5/2	Payton Jordan Inv.

9	16:42.92	Rachel Forish	SMU	3/27	Stanford Inv.
10	16:44.64	Lennie Waite	Rice	5/16	C-USA Championships
11	16:50.80	Risper Kimaiyo	UTEP	5/16	C-USA Championships
12	16:51.34	Nicole Mericle	Rice	5/16	C-USA Championships
13	17:08.32	Melanie Cleland	Tulsa	4/25	Drake Relays
14	17:10.35	Sandra Lundburg	UAB	5/2	Ole Miss Inv.
15	17:12.26	Stephanie Gammon	UAB	5/16	C-USA Championships
16	17:19.94	Stephanie Aldea	Houston	4/11	Sun Angel Classic
17	17:30.42	Julia Whitrock	Tulane	4/18	LSU Alumni Gold
18	17:33.96	Tara Wilson	East Carolina	4/25	Penn Relays
19	17:34.10	Rhiannon Johns	UAB	5/16	C-USA Championships
20	17:37.69	Starla Garcia	Houston	4/25	Brutus Hamilton Inv.

Women 10,000m Run

1	33:44.63	Alex Becker	Tulsa	3/27	Stanford Inv.
2	33:49.45	Becky Wade	Rice	4/18	Mt. SAC Relays
3	35:43.67	Stephanie Gammon	UAB	5/16	C-USA Championships
4	36:16.50	Allison Pye	Rice	5/16	C-USA Championships
5	36:41.80	Rachel Forish	SMU	5/16	C-USA Championships
6	36:47.51	Rhiannon Johns	UAB	4/11	Sea-Ray Relays
7	37:37.08	Ocean Cohen	UCF	4/25	Penn Relays
8	37:48.31	Tara Wilson	East Carolina	5/16	C-USA Championships
9	38:03.16	Julia Whitrock	Tulane	5/16	C-USA Championships
10	38:31.53	Starla Garcia	Houston	5/16	C-USA Championships
11	39:59.41	Megan Munoz	Houston	5/16	C-USA Championships
12	40:19.50	Laura Englehutt	Tulsa	5/16	C-USA Championships
13	43:03.93	Emily Bailey	Marshall	5/16	C-USA Championships
14	43:46.52	Sarah Graesser	Tulsa	5/16	C-USA Championships

Women 100m Hurdles

1	12.88	Seun Adigun	Houston	5/30	NCAA Mid-West Reg.
2	13.03	Tiki James	UCF	5/30	NCAA East Reg.
3	13.27	Jackie Coward	UCF	5/16	C-USA Championships
4	13.51	Micaela Wimberly	UCF	5/16	C-USA Championships
5	13.60	Tayanna Simpson	Memphis	5/16	C-USA Championships
6	13.64	Lizzie Harris	UCF	5/16	C-USA Championships
	(13.70)	Harris	UCF	5/16	C-USA Championships)
7	13.71	Lucie Cincinatis	Rice	5/16	C-USA Championships
8	13.73	Timara McMillan	UAB	5/16	C-USA Championships
9	13.96	Samantha Hamilton	UAB	5/16	C-USA Championships
10	14.07	Breanna Jones	Marshall	5/16	C-USA Championships
11	14.15	Kimberly Stanford	Rice	5/2	Texas Inv.
12	14.23	Rachel Coaxum	Marshall	5/2	Jesse Owens Classic
13	14.25	Gayla Cloud	SMU	4/11	John Jacobs Inv.
14	14.29	Holland Thomas	Memphis	5/16	C-USA Championships
15	14.32	Ashley Bolling	UCF	3/28	UCF Inv.
16	14.63	Alex Gibbs	Rice	5/16	C-USA Championships
17	14.64	Alexis Duvaul	Marshall	5/16	C-USA Championships
18	14.81	Jaslyn Grullon	East Carolina	5/16	C-USA Championships
19	15.07	Bridget Ugoh	Rice	5/16	C-USA Championships
20	15.08	Kristin Smith	Marshall	3/21	Hurricane Inv

Women 400m Hurdles

1	58.71	April Montgomery	Tulsa	5/30	NCAA Mid-West Reg.
2	58.92	Lizzie Harris	UCF	4/4	Florida Relays
3	59.27	Jackie Coward	UCF	5/16	C-USA Championships

4	59.73	Zandria DeBowles	Tulane	4/18	LSU Alumni Gold
5	1:00.09	Gayla Cloud	SMU	5/30	NCAA Mid-West Reg.
6	1:00.46	Aisha-Maree Frazier	UCF	3/21	Black & Gold Chall.
7	1:01.06	Tayanna Simpson	Memphis	4/18	Memphis Inv.
8	1:01.34	Christina Chambers	UAB	4/11	Sea-Ray Relays
9	1:02.52	Nnenna Ejiesieme	SMU	4/18	Michael Johnson Cl.
10	1:02.54	Natalie Braddock	UCF	4/11	Miami Elite Inv.
11	1:02.62	Rolanda Bruce	Marshall	5/16	C-USA Championships
12	1:02.76	Lindsey Marshall	Houston	5/2	Texas Inv.
13	1:03.14	Holland Thomas	Memphis	5/16	C-USA Championships
14	1:03.34	Ebony Cuington	SMU	5/16	C-USA Championships
15	1:03.69	Chelsea Wells	SMU	4/18	Michael Johnson Cl.
16	1:04.09	Lucie Cincinatis	Rice	4/18	Texas Twilight
17	1:04.36	Sarah Omotayo	Southern Miss	5/16	C-USA Championships
18	1:04.38	Chasity Ross	UTEP	4/11	UTEP Inv.
19	1:05.08	Lauren DeHays	Marshall	4/4	Duke Inv.
19	1:05.08	Olinka Crusoe	UCF	4/11	Miami Elite Inv.

Women 4x100m Relay

1	43.72		Houston	5/30	NCAA Mid-West Reg.
2	44.68		UTEP	4/25	Drake Relays
3	45.22		UCF	3/21	Black & Gold Chall.
4	45.57		Southern Miss	3/14	Southern Miss Inv.
5	45.88		Rice	3/21	TSU Relays
6	46.05		Tulane	4/18	LSU Alumni Gold
7	46.67		SMU	4/18	Michael Johnson Cl.
8	46.79		Memphis	3/28	LSU Relays
9	47.41		Tulsa	5/16	C-USA Championships
10	47.77		UAB	5/16	C-USA Championships
11	48.49		East Carolina	3/21	Wake Forest Open
12	50.63		Marshall	4/17	Eastern KY Open

Women 4x400m Relay

1	3:37.44		Houston	4/4	Texas Relays
2	3:41.50		SMU	5/16	C-USA Championships
3	3:43.07		Tulsa	4/11	Tom Botts Inv.
4	3:44.26		Tulane	4/18	LSU Alumni Gold
5	3:44.49		Southern Miss	4/30	Cole-Lancon Twilight
6	3:45.15	A	UTEP	3/28	UTEP Springtime
7	3:45.79		UCF	4/4	Florida Relays
8	3:46.77		Rice	5/7	Rice All-Comers
9	3:48.14		East Carolina	5/16	C-USA Championships
10	3:49.96		UAB	5/16	C-USA Championships
11	3:51.73		Memphis	4/18	Memphis Inv.
12	3:59.61		Marshall	5/16	C-USA Championships

Women High Jump

1	1.81m	5-11.25 P	Lizzie Harris	UCF	5/16	C-USA Championships
2	1.80m	5-10.75	Viktoria Leks	SMU	4/18	Mt. SAC Relays
3	1.78m	5-10.00	Nora Mehl	UAB	4/11	Sea-Ray Relays
4	1.70m	5-07.00	Amanda Apodaca	UTEP	3/28	UTEP Springtime
4	1.70m	5-07.00	Laura Allred	Houston	4/18	LSU Alumni Gold
4	1.70m	5-07.00	Inger Froyesdal	Memphis	5/16	C-USA Championships
7	1.65m	5-05.00	Kristin Smith	Marshall	4/4	Duke Inv.
7	1.65m	5-05.00	Vivian Haynes	Memphis	5/16	C-USA Championships
7	1.65m	5-05.00	Valeria Moore	East Carolina	5/2	High Point Inv.

10	1.63m	5-04.25	Samantha Shields	UCF	5/16	C-USA Championships
11	1.62m	5-03.75	Erica Whitby	UAB	4/18	War Eagle Inv.
12	1.60m	5-03.00	Tiffany Gill	Rice	4/29	Rice Twilight
12	1.60m	5-03.00	Brianna Steel	Tulsa	4/18	John McDonnell Inv.
12	1.60m	5-03.00	Meghan Horne	East Carolina	4/4	Western Carolina
12	1.60m	5-03.00	Valerie Lindenmuth	SMU	4/18	Michael Johnson Cl.
16	1.58m	5-02.25	Taylor Conner	East Carolina	3/21	Wake Forest Open
17	1.57m	5-01.75	Eryka Morris	Memphis	5/16	C-USA Championships
17	1.57m	5-01.75	Sterling Cross	UAB	5/16	C-USA Championships
19	1.56m	5-01.25	Arielle Minor	Tulane	4/18	LSU Alumni Gold
20	1.55m	5-01.00	Kim Brown	Houston	5/16	C-USA Championships
20	1.55m	5-01.00	Kiri Kendall	Rice	5/16	C-USA Championships
20	1.55m	5-01.00	Andrea Jackson	Rice	5/7	Rice All-Comers
20	1.55m	5-01.00	Kelly Curtis	Tulane	5/16	C-USA Championships

Women Pole Vault

1	3.85m	12-07.50	Ariana Ince	Rice	4/4	Texas Relays
2	3.75m	12-03.50	Whitney Bolton	Memphis	4/18	Memphis Inv.
3	3.70m	12-01.50	Cleona Oliver	Rice	5/2	Texas Inv.
4	3.65m	11-11.75	Stephanie McDougal	East Carolina	5/16	C-USA Championships
5	3.55m	11-07.75	Shannan Arnold	Houston	4/11	Sun Angel Classic
5	3.55m	11-07.75	Caitlin Clancy	Tulsa	3/21	Tulsa Inv.
7	3.25m	10-08.00	Brittney McDermott	UCF	4/11	Miami Elite Inv.
8	3.20m	10-06.00	Brittany Brewster	Memphis	4/18	Memphis Inv.
9	2.92m	9-07.00	Peggy Keplinger	Tulane	3/14	Southern Miss Inv.
10	2.90m	9-06.25	Jackie Potter	UCF	5/10	UCF Twilight

Women Long Jump

1	6.90m	22-07.75	Blessing Okagbare	UTEP	5/16	C-USA Championships
	(6.86m)	(22-06.25)	(Okagbare)	(UTEP)	(4/11)	(UTEP Inv.)
2	6.60m	21-08.00	Tori Bowie	Southern Miss	5/16	C-USA Championships
	(6.30m)	(20-08.00)	(Bowie)	(Southern Miss)	(5/16)	(C-USA Championships)
3	6.42m	21-00.75	Ashley May	Southern Miss	5/16	C-USA Championships
	(6.01m)	(19-08.75)	(May)	(Southern Miss)	(4/4)	(Texas Relays)
4	6.28m	20-07.25	Dione Thomas	UCF	5/16	C-USA Championships
	(6.15m)	(20-02.25)	(Thomas)	(UCF)	(5/16)	(C-USA Championships)
5	6.26m	20-06.50	Shaunda McPherson	Houston	5/16	C-USA Championships
6	6.13m	20-01.50	Tai'shea Reese	Houston	4/18	LSU Alumni Gold
7	6.04m	19-09.75	Timara McMillan	UAB	5/16	C-USA Championships
8	6.03m	19-09.50	Dayo Ogunniyi	Houston	5/16	C-USA Championships
9	6.02m	19-09.00	Shannon Moran	Rice	5/16	C-USA Championships
10	5.96m	19-06.75	Jacquelyn Gilchrist	UCF	3/28	UCF Inv.
11	5.93m	19-05.50	Kyosha Yarbrough	Memphis	5/2	Ole Miss Inv.
12	5.91m	19-04.75	Inger Froyesdal	Memphis	5/16	C-USA Championships
13	5.83m	19-01.50	Deneen Kirk	Memphis	5/16	C-USA Championships
14	5.79m	19-00.00	Tiki James	UCF	5/16	C-USA Championships
15	5.76m	18-10.75	Natalie Braddock	UCF	5/16	C-USA Championships
16	5.70m	18-08.50	Kiri Kendall	Rice	3/21	TSU Relays
17	5.62m	18-05.25	Chante Sessoms	East Carolina	5/2	High Point Inv.
18	5.59m	18-04.25	Nora Mehl	UAB	5/16	C-USA Championships
19	5.51m	18-01.00	Kim Brown	Houston	5/16	C-USA Championships
20	5.50m	18-00.50	Raquelle Collins	Tulane	5/16	C-USA Championships

Women Triple Jump

1	13.73m	45-00.50	Blessing Okagbare	UTEP	5/16	C-USA Championships
2	13.03m	42-09.00	Inger Froyesdal	Memphis	5/16	C-USA Championships

3	13.25m	43-05.75	Dione Thomas	UCF	5/30	NCAA East Reg.
4	12.82m	42-00.75	Ashley May	Southern Miss	4/4	Texas Relays
5	12.66m	41-06.50	Nadirah Shakir	Houston	5/30	NCAA Mid-West Reg.
6	12.60m	41-04.35	Andrea Jackson	Marshall	5/30	NCAA East Reg.
7	12.56m	41-02.50	Jessica Cheeks	Southern Miss	5/16	C-USA Championships
8	12.54m	41-01.75	Samantha Hamilton	UAB	5/16	C-USA Championships
9	12.52m	41-01.00	Sarah Agara	Rice	3/21	TSU Relays
10	12.36m	40-06.75	Kyosha Yarbrough	Memphis	5/16	C-USA Championships
11	12.33m	40-05.50	Simona Costache	Southern Miss	5/16	C-USA Championships
12	12.15m	39-10.50	Alaysha Ford	Houston	4/18	LSU Alumni Gold
13	12.06m	39-07.00	Jenny Glover	Rice	3/21	TSU Relays
14	11.54m	37-10.50	Shannon Moran	Rice	3/21	TSU Relays
15	11.28m	37-00.25	Micaela Wimberly	UCF	3/28	UCF Inv.
16	10.99m	36-00.75	Rachel Coaxum	Marshall	3/21	Hurricane Inv
17	10.61m	34-09.75	Jaimie Brown	East Carolina	3/28	Raleigh Relays
18	9.69m	31-09.50	Chante Sessoms	East Carolina	4/4	Western Carolina

Women Shot Put

1	16.39m	53-09.25	Simone du Toit	SMU	5/30	NCAA Mid-West Reg.
2	15.49m	50-10.00	Sivan Aballi	Memphis	4/11	Ole Miss Inv.
3	15.36m	50-04.75	Marina Vojinovic	Memphis	5/16	C-USA Championships
4	15.10m	49-06.50	LaKendra Thames	UCF	5/16	C-USA Championships
5	15.03m	49-03.75	Kelsey Poljansek	UCF	4/4	Florida Relays
6	14.95m	49-00.75	Kiara Pulliam	Houston	5/7	Rice All-Comers
7	14.37m	47-01.75	Karmyn Clark	Memphis	5/16	C-USA Championships
8	14.12m	46-04.00	Kristin Sundsteigen	Memphis	5/16	C-USA Championships
9	13.99m	45-10.75	Charlotte Abrahamsen	Memphis	4/11	Ole Miss Inv.
10	13.66m	44-09.75	Alanna Owens	Memphis	5/16	C-USA Championships
11	13.56m	44-06.00	Charlissa Foster	Houston	4/29	Rice Twilight
12	13.49m	44-03.25	Terran Alexander	UTEP	5/16	C-USA Championships
13	13.19m	43-03.25	Danielle Eiler	East Carolina	4/11	Joe Hilton Inv.
14	13.12m	43-00.50	Ayla Gill	SMU	4/25	Sooner Inv.
15	13.03m	42-09.00	Brittany Brown	Rice	5/7	Rice All-Comers
15	13.03m	42-09.00	Jessica Francis	UCF	5/10	UCF Twilight
17	12.85m	42-02.00	Tina Robinson	Rice	4/29	Rice Twilight
18	12.47m	40-11.00	Amy Mueller	East Carolina	5/16	C-USA Championships
19	12.35m	40-06.25	Katie Dollinger	Rice	3/21	TSU Relays
19	12.35m	40-06.25	Raivyn Chancellor	Marshall	3/28	UCF Inv.

Women Discus

1	57.35m	188-02	Simone du Toit	SMU	4/30	Mean Green Twilight
2	51.86m	170-02	Kelsey Poljansek	UCF	4/23	Pumping Iron DT
3	51.73m	169-09	Christina Mueller	SMU	5/16	C-USA Championships
4	49.60m	162-09	LaKendra Thames	UCF	5/30	NCAA East Reg.
5	49.01m	160-09	Danielle Eiler	East Carolina	5/16	C-USA Championships
6	48.27m	158-04	Katarina Busljeta	Tulane	5/16	C-USA Championships
7	46.49m	152-06	Charlissa Foster	Houston	5/2	Texas Inv.
8	46.21m	151-07	Amanda Villanueva	Houston	4/10	Mesa CC Inv.
9	46.20m	151-07	Lauren Kuhner	SMU	4/30	Mean Green Twilight
10	45.94m	150-09	Raivyn Chancellor	Marshall	3/28	UCF Inv.
11	45.71m	150-00	Tina Robinson	Rice	5/2	Texas Inv.
12	45.66m	149-10	Sivan Aballi	Memphis	3/28	LSU Relays
13	45.28m	148-07	Jessica Francis	UCF	3/28	UCF Inv.
14	44.22m	145-01	Kim Kanala	East Carolina	5/3	Duke Twilight
15	43.75m	143-06	Kelsey Klein	Tulsa	5/9	Oklahoma Twilight

16	43.70m	143-04	Kristin Sundsteigen	Memphis	4/18	Memphis Inv.
17	43.68m	143-04	Brittany Brown	Rice	4/29	Rice Twilight
18	41.58m	136-05	Laura Macauley	UTEP	5/16	C-USA Championships
19	40.87m	134-01	Amanda Pulido	UTEP	3/28	UTEP Springtime
20	40.69m	133-06	Cara Wells	Southern Miss	4/25	Golden Eagle Cl.

Women Hammer

1	57.54m	188-09	Lauren Kuhner	SMU	4/25	Sooner Inv.
2	56.46m	185-03	Megan Lewis	East Carolina	5/16	C-USA Championships
3	56.05m	183-11	Charlene Grady	East Carolina	5/16	C-USA Championships
4	54.80m	179-09	Ayla Gill	SMU	3/28	Bobby Lane Inv
5	54.24m	177-11	Katarina Busljeta	Tulane	4/30	Cole-Lancon Twilight
6	53.67m	176-01	Terran Alexander	UTEP	5/16	C-USA Championships
7	53.49m	175-06	Kelsey Klein	Tulsa	5/16	C-USA Championships
8	52.14m	171-01	Kristin Sundsteigen	Memphis	4/18	Memphis Inv.
9	50.49m	165-08	Karmyn Clark	Memphis	5/16	C-USA Championships
10	50.40m	165-04	Angela Wigley	Memphis	4/18	Memphis Inv.
11	49.43m	162-02	Ashleigh Lee	East Carolina	5/3	Duke Twilight
12	49.41m	162-01	LaKendra Thames	UCF	5/10	UCF Twilight
13	49.31m	161-09	Kim Kanala	East Carolina	5/3	Duke Twilight
14	49.15m	161-03	Molly Grove	Marshall	5/16	C-USA Championships
15	49.14m	161-03	Katie Dollinger	Rice	5/16	C-USA Championships
16	48.24m	158-03	Tina Robinson	Rice	5/16	C-USA Championships
17	47.96m	157-04	Donisha Brown	East Carolina	5/3	Duke Twilight
18	47.41m	155-06	Rushae Collier	Rice	4/25	Golden Eagle Cl.
19	46.92m	153-11	Alanna Owens	Memphis	4/18	Memphis Inv.
20	46.37m	152-01	Brittany Brown	Rice	4/29	Rice Twilight

Women Javelin

1	55.30m	181-05	Anna Wessman	UTEP	6/13	NCAA Championships
2	48.23m	158-03	Brittani Williams	Houston	5/30	NCAA Mid-West Reg.
3	48.07m	157-08	Laura Macauley	UTEP	5/30	NCAA Mid-West Reg.
4	45.00m	147-08	Ana Ruzevic	Tulane	4/4	Florida Relays
5	44.36m	145-06	Charlotte Abrahamsen	Memphis	5/16	C-USA Championships
6	42.79m	140-05	Inger Froyesdal	Memphis	4/4	Joey Haines Inv
7	42.46m	139-04	Jessica Bussey	Southern Miss	4/11	USA Inv.
8	42.02m	137-10	Nicole Tozzi	East Carolina	5/16	C-USA Championships
9	40.90m	134-02	Terran Alexander	UTEP	3/28	UTEP Springtime
10	40.47m	132-09	Ariana Ince	Rice	5/7	Rice All-Comers
11	39.30m	128-11	Taylor Harris	East Carolina	5/16	C-USA Championships
12	38.71m	127-00	Kwema Phillander	Marshall	4/4	Duke Inv.
13	38.32m	125-09	Candace Burgard	Southern Miss	5/16	C-USA Championships
14	37.99m	124-08	Jessy Mahan	East Carolina	4/4	Western Carolina
15	37.64m	123-06	Sterling Cross	UAB	5/16	C-USA Championships
16	35.21m	115-06	Marina Vojinovic	Memphis	3/21	Rhodes Open
17	34.88m	114-05	Kelly Curtis	Tulane	5/16	C-USA Championships
18	33.19m	108-11	Deneen Kirk	Memphis	4/18	Memphis Inv.
19	33.02m	108-04	Arielle Minor	Tulane	4/18	LSU Alumni Gold
19	33.02m	108-04	April Downey	UCF	5/10	UCF Twilight

Women Heptathlon

1	4811		Nora Mehl	UAB	5/16	C-USA Championships
2	4764		Eryka Morris	Memphis	5/16	C-USA Championships
3	4752		Timara McMillan	UAB	5/16	C-USA Championships
4	4581		Deneen Kirk	Memphis	5/16	C-USA Championships
5	4544		Arielle Minor	Tulane	4/18	LSU Alumni Gold

6	4486	Natalie Braddock	UCF	5/16	C-USA Championships
7	4483	Brianna Steel	Tulsa	5/16	C-USA Championships
8	4296	Kim Brown	Houston	5/16	C-USA Championships
9	4223	Sterling Cross	UAB	5/16	C-USA Championships
10	4202	Desiree' Blow	Memphis	5/16	C-USA Championships
11	4172	Lauren DeHays	Marshall	5/16	C-USA Championships
12	4145	Andrea Jackson	Rice	5/16	C-USA Championships
13	4054	Britney Blodget	Rice	5/16	C-USA Championships
14	4035	Christina Chambers	UAB	4/18	War Eagle Inv.
15	4018	Kelly Curtis	Tulane	4/18	LSU Alumni Gold
16	3866	Samantha Shields	UCF	5/16	C-USA Championships
17	3775	Bridget Ugoh	Rice	5/16	C-USA Championships
18	3403	Morgan Bryant	Marshall	5/16	C-USA Championships