



**Cal Multi-Event Meet**  
**Wednesday-Thursday – March 29-30, 2006**  
**Edwards Stadium / Goldman Field - Berkeley, CA**

The University of California at Berkeley will host the 10<sup>th</sup> annual Cal multi-meet at Edwards Stadium/Goldman Field on March 29<sup>th</sup> and 30<sup>th</sup>, 2006. We hope to offer a quality multi-meet for our athletes at all levels. In order to make this meet successful, please submit legitimate marks there by allowing the games committee to place your athletes in the appropriate level of competition.

**Date:** Wednesday and Thursday – March 29 & 30, 2006

**Location:** Edwards Stadium/Goldman Field,  
University of California Berkeley Campus

**Meet Director:** Ed Miller, Assistant Coach (510) 642-1649

**Meet Coordinator:** Josh Flushman (510) 643-2587, [joshf@berkeley.edu](mailto:joshf@berkeley.edu)

**Groups:** 1 Dec  
1 Hept = 4,650 pts and below  
2 Hept = 4,650 pts +

<b>Start Times:</b>	Wednesday	Thursday
	Group 1 @ 9:00am	11:00am
	Decathlon @ 11:15am	10:00am
	Group 2 @ 11:30am	12:30am

**Rules:** NCAA rules apply

**Clerk of  
The Course:** Heat sheets will be posted. Athletes check in must take place 20 minutes prior to the event.

**Warm-up:** Warm-up will be permitted on the field but should not interfere with competition.

**Starting Heights:** The games committee will determine the starting heights after the entry deadline.

**Results:** Results will be posted after the conclusion of each event. Final results will be available at the completion of the meet and at [www.ezmeets.com](http://www.ezmeets.com).

- Facility:** Eight lane polyurethane track. All jumping and javelin areas are of the same material. 1/4" spikes permitted.
- Timing:** Finish Lynx
- Entries:** Email your entries to Josh Flushman ([joshf@berkeley.edu](mailto:joshf@berkeley.edu)) by Monday March 21, 2005. Please include best high jump & pole vault marks. Confirmation
- Entry Fee:** \$35.00 per athlete. Make checks payable to: UC Regents  
Send to: University of California, Berkeley, Track and Field  
Office c/o Josh Flushman, 77 Haas Pavilion # 4422,  
Berkeley, CA. 94720-4422.
- Weigh-Ins:** Weigh-Ins will take place between 8:00am and 11:00am on Wednesday, March 29<sup>th</sup>. Location inside the Edwards Track Stadium.
- Training & Medical:** Training facility and certified athletic trainers will be available. Please bring your own supplies.
- Awards:** Oakley Sunglasses for Group winners only
- Drinks & Food:** Fruit and drinks will be supplied during the competition.
- Confirm:** Accepted entries will be posted on [www.ezmeets.com](http://www.ezmeets.com) Monday, March 27<sup>th</sup>, 2006. Any questions should be directed to Josh Flushman at [joshf@berkeley.edu](mailto:joshf@berkeley.edu).