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Department of Athletics

University of Louisville  
Louisville, Kentucky 40292  
(502) 852-5732  
FAX: (502) 852-0816



Dear Cardinal team members:

Congratulations on your decision to attend the University of Louisville. I want to take this opportunity to welcome you to our University of Louisville Athletic Association family. You have joined a proud program, rich with tradition and history in the world of sports. You've become a member and key to our present and thrilling future.

You are here during a time of unprecedented growth by the University soon to become a Research I institution, building \$100 million worth of privately funded athletic facilities and adding 120 championship opportunities for female athletes. For those reasons and many others, I believe we are presenting to you one of the finest, most comprehensive collegiate experiences in the nation.

In return, I ask of you to hold tight to the highest of ideals and conduct as you represent the University of Louisville, our athletic staff, and your teammates when you act and when you speak.

It is a great honor and privilege to serve you as your Athletic Director. My door is always open to you as you journey through one of the greatest times in your life. Again, my most sincere congratulations on becoming a Louisville Cardinal and I look forward to getting to know you!

My very best,

A handwritten signature in black ink, appearing to read 'Tom Jurich'.

Tom Jurich  
Director of Athletics





# Welcome to U of L

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- Introduction to the Student-Athlete Handbook
- ULAA Mission Statement
- ULAA Administration
- Sports Directory
- Conference USA
- History of the University of Louisville

Welcome to U of L



## **Introduction**

The Student-Athlete Handbook has been developed for the exclusive use of the University of Louisville Athletic Association (ULAA). As student-athletes, you are expected to become familiar with the information provided in this handbook. This handbook was created with the student-athlete in mind, and it is our hope that it will serve as a guide to the many opportunities that you will experience as a student, and as an athlete.

We also encourage you to refer to the U of L Student Handbook and The Undergraduate Catalog for additional information on being a student at the University of Louisville.

## **The U of L Athletic Association Mission Statement**

Our mission is to support and counsel our student-athletes so they will maximize their potential at U of L and be successful in preparing for their future lives.

We will provide leadership for our student-athletes to inspire their achievement of the goals established in this mission statement. U of L's competitive athletics provide an outstanding leadership laboratory, and its high quality classroom instruction provides outstanding educational opportunities. It is our responsibility to assure that our student-athletes benefit from these educational and athletic experiences at U of L.

To help accomplish our mission, we provide superior services to our fans and donors, the primary financial resources that support our program. These services result in the best opportunities for our student-athletes to participate in well-supported, competitive programs that bring renewed spirit to our campus, our alumni, and the Louisville community.

## ULAA Administration



Director of Athletics  
• 852-5732

**Tom Jurich**



Associate Athletic Director for Compliance  
• 852-7728

**John Carnes**



Associate Athletic Director for Development  
• 852-5735

**Gary Friedman**



Senior Associate Athletic Director/  
Senior Women's Administrator  
• 852-0222

**Julie Hermann**



Associate Athletic Director for Internal Operations  
• 852-5833

**Kevin Miller**



Associate Athletic Director for Academic Services  
• 852-7940

**Marvin Mitchell**



Faculty Athletic Representative,  
Chair of Humanities  
• 852-7149

**Elaine Wise**



Assistant Athletic Director  
• 852-1680

**Ashley Armstrong**



Director of Olympic Sports Medicine  
• 852-5087

**Carole Banda**



Assistant Athletic Director for Operations and Tickets  
• 852-5863

**Brad Barber**



Assistant Athletic  
Director for  
Internal Affairs  
• 852-0125

**Rob Brawner**



Assistant Athletic  
Director for  
Licensing and  
Merchandising  
• 852-0814

**Pete Cautili**



Assistant Athletic  
Director for  
Business  
• 852-2411

**Alicia Clark**



Assistant Athletic  
Director for  
Customer  
Relations  
• 852-7248

**Betty Jackson**



Assistant Athletic  
Director for  
Media Relations/  
Sports Information  
Director  
• 852-6581

**Kenny Klein**



Assistant Athletic  
Director for  
Development  
• 852-0117

**Janet Lively**



Assistant Athletic  
Director for  
Varsity Sports  
and Student Life  
• 852-3776

**Jim McGhee**



Papa John's  
Cardinal Stadium  
Manager  
• 852-6581

**K.C. Scull**



CardsCARE  
Coordinator  
• 852-8872

**Lesley Drury**

## Head Coaches



Baseball  
• 852-0103

**Lelo Prado**



Men's Basketball  
• 852-6651

**Rick Pitino**



Women's  
Basketball  
• 852-7120

**Martin Clapp**



Field Hockey  
• 852-0215

**Pam Bustin**



Football  
• 852-6325

**John L. Smith**



Men's Golf  
• 852-0224

**Mark Crabtree**



Women's Golf  
• 852-1768

**Kelly Meyers**



Rowing  
• 852-7933

**Richard Ruggeri**



Men's Soccer  
• 852-0105

**Tony Colavecchia**



Women's Soccer  
• 852-0104

**Karen Ferguson**



Softball  
• 852-1782

**Sandy Pearsall**



Men's and  
Women's  
Swimming  
• 852-8848

**Sonya Porter**



Men's Tennis  
• 852-0217

**Rex Ecarma**



Women's Tennis  
• 852-3357

**Greg Davis**



Men's Track and  
Cross Country  
• 852-0106

**Gene Weis**



Women's Track and  
Cross Country  
• 852-0194

**Warren Bye**



Volleyball  
• 852-0218

**Leonid Yelin**



Spirit Coordinator  
• 852-3307

**Todd Sharp**



## Conference USA

In the world of intercollegiate sports, many considered the formation of Conference USA a bold move. Its formation occurred during a significant period of major conference realignment and restructuring of the NCAA. C-USA established a strong foundation while quickly earning a

reputation of successfully competing at the highest levels of intercollegiate athletics. Capitalizing on the strengths of its 15 distinguished and diverse universities, Conference USA has quickly emerged as one of the nation's top conferences.

### **A Proud History**

The conference unveiled its name, logo and commissioner on April 24, 1995 in Chicago. Mike Slive was named the first commissioner of Conference USA. Eleven of the institutions began athletic participation in 1995, while Houston joined competition in the fall of 1996. The league's headquarters were established in Chicago.

### **Promise in Expansion**

Conference USA added East Carolina (September, 1996) and the United States Military Academy (March, 1997) as football members. ECU began league competition in 1997; Army in 1998 and UAB began football play in 1999. The league added TCU and ECU (1999) for all sports and they began competition in 2001. South Florida starts C-USA football in 2003.

### **Competition**

Conference USA sponsors 19 sports - baseball, basketball, cross country, football, golf, soccer, tennis, and track and field (indoor and outdoor) for men and basketball, cross country, golf, soccer, softball, swimming, tennis, track and field (indoor and outdoor), and volleyball for women. The league's championship competition is enhanced by NCAA automatic bids in volleyball, men's and women's basketball, men's and

women's soccer, men's and women's tennis and baseball.

Conference sports compete in a single division, except for men's basketball, which currently competes in two. Charlotte, Cincinnati, DePaul, East Carolina, Louisville, Marquette, and Saint Louis comprise the American Division, while Houston, Memphis, South Florida, Southern Miss, TCU, Tulane and UAB make up the National Division.

### **Success on the Playing Field**

Conference USA performers have achieved great success in competition, placing the league among the top conferences in the nation.

### **Men's Basketball**

- Consistently rated as one of the top basketball leagues in the country
- 44 postseason teams (24 NCAA and 20 NIT)
- Strong fan support, drawing a record 1.9 million fans in 2001-02
- Among the nation's best in home attendance
- Two Elite Eight NCAA Tournament teams
- Highly Visible on national television throughout the year

### **Football**

- Began competition in 1996
- Rated among the top seven conferences in the nation
- 17 teams have earned bowl bids
- Member of the Bowl Championship Series
- Regular season champion goes to the AXA Liberty Bowl
- Bowl ties-ins with the GMAC Bowl, the Houston Bowl, the New Orleans Bowl and the new Hawai'i Bowl

## **Women's Basketball**

- 25 NCAA Tournament appearances
- 13 WNIT appearances
- One team in the NCAA Sweet 16

## **Volleyball**

- 20 NCAA appearances
- Two Sweet 16 appearances in 1996 and 1998.

In addition, 23 men's and women's soccer teams, 19 baseball teams and six softball teams have earned NCAA Tournament bids. Tulane made its first appearance at the College World Series in 2001. C-USA has also sent two men's soccer teams to the Final Four and two teams to the Women's College World Series. The league has also had three national champions in NCAA track and field competition and numerous NCAA individual and team competitors in golf, tennis and track and field. Overall, Conference USA teams and individuals have made more than 237 NCAA appearances.

## **Success Off the Field**

Among C-USA's 5,000 student-athletes, there are champions off the playing field as well. In seven years, 62 student-athletes earned national Verizon Academic All-America honors, while 134 were named All-District. In addition, more than 6,000 student-athletes have been named to the Commissioner's Honor Roll or received the Commissioner's Academic Medal, indicative of outstanding achievement in the classroom. The conference annually awards six postgraduate scholarships, along with the Sport Academic Award, Scholar Athletes of the Year and the Institutional Academic Excellence Award.

## **Conference USA on TV**

ESPN, Inc. and C-USA entered into an exclusive eight-year agreement, beginning with the 2001 season. The multi-faceted agreement, which incorporates ESPN, ESPN2, ESPN Regional Television, ABC Sports, ESPN.com and ESPN Classic, is highlighted by: ESPN/ESPN2's coverage of C-USA football featuring weeknight games; televising possible future C-USA Football Championship Games on ABC; men's basketball coverage; syndication and network rights for the conference's football and basketball coverage through ERT; continued exposure for women's basketball, along with volleyball, baseball, soccer and softball, as well as marketing rights.

## **Governance**

Along with the ACC, Big East, Big Ten, Big 12, Pac-10 and SEC, Conference USA is one of the seven conferences having significant representation in the NCAA governance structure. The Presidents of the member institutions serve as the league's Board of Directors. Dr. Joseph Steger of Cincinnati served as the chair for the first four years and was succeeded by Dr. J.H. Woodward of Charlotte.

## **Changes for the Millenium**

In May 2000, the league introduced a brand identity program, featuring a family of new marks that reflect the urban, progressive and bold nature of the C-USA brand. The new logos are part of a comprehensive marketing and promotional program designed to reinforce the conference's athletic and national emergence.



## History of U of L

This is an exciting time at the University of Louisville. As one of the nation's oldest metropolitan universities, U of L has made its mark in fields ranging from humanities to business, and from law to medicine.

The state-supported university is classified by the Carnegie Foundation as a Research II institution, ranking it among the top 9 percent of colleges and universities in terms of research. The university offers more than 200 degrees in 178 major fields of study.

In 1998, President John Shumaker announced his Challenge for Excellence, a

program designed to raise U of L to Research I status and to national prominence in selected fields. Capitalizing on U of L's strong reputation in areas such as medicine, engineering, and business, Shumaker has worked closely with Kentucky's governor and legislature to increase funding for key areas.

Already, the university has earned lofty national rankings for programs in entrepreneurship and in urban affairs. Its transplantation research program received international acclaim in 1999 after performing only the second successful hand transplant in the world. Its cutting-edge work in immunosuppression and treatment of many diseases could lead to breakthroughs that make transplants and

other procedures much less risky for patients.

The medical school also boasts nationally and internationally known programs in areas ranging from ophthalmology to cardiology.

U of L links closely with local companies and government to provide a real-world education for its students and much-needed services for the community. Its newly formed logistics and distribution institute will work closely with the United Parcel Service hub and other businesses in Louisville to improve delivery systems throughout the world. Its medical, dental, nursing and social work students provide health care and social services for thousands of people throughout Kentucky and Southern Indiana.

With its emphasis on entrepreneurial education, U of L's College of Business and Public Administration is helping its graduates start their own businesses. Its College of Education and Human Development works closely with Louisville area schools and others throughout the state to continue refining Kentucky's nationally acclaimed efforts to reform education in grades K through 12.

Its music school trains students for careers in teaching and performance, including spots in the internationally renowned Louisville Orchestra.

Its law school, one of the first in the nation to require pro bono work as part of its curriculum, competes with the nation's best. Its students have won several national competitions in recent years.

The university also emphasizes the undergraduate experience and the importance of undergraduate education. Its English department recently began a model program through which all its faculty, including instructors as well as endowed chairs, teach entry-level writing courses.

The quality of student life at U of L has been selected to be among the nation's best for metropolitan institutions.



# Student-Athlete Conduct

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- Team Travel
- Team Rules
- Alcohol Abuse
- Discrimination and Harassment
- Hazing and Initiations
- Gambling



**Student-Athlete Conduct**



## Student-Athlete Conduct

As a student-athlete at the University of Louisville, you are a representative of your team, the ULAA, and the University of Louisville. You are public figures on campus and in the community and are expected to conduct yourself in an appropriate manner. As a student-athlete you are expected to uphold the same standards of conduct that have been adopted by the University, as well as standards set forth by the Athletic Department and your head coach. Participation in athletics at the University of Louisville is not a right, but a privilege.

Any violation of state or federal law, the NCAA, Conference USA,

U of L, or individual team rules may result in temporary loss of practice or participation status, indefinite team suspension, reduction of athletics aid, or termination of scholarship assistance and dismissal from the team.

## Team Travel

Team travel conduct standards, such as; individual conduct, dress, and curfews, will be covered by each head coach. It is the responsibility of each student-athlete to make up any assignments or exams that may have been missed as a result of team travel.

The ULAA only pays for the transportation, room and board for

team travel. Phone calls, laundry, room service, pay television, movies, etc. WILL NOT be paid for by the ULAA. Incidentals should not be charged to student-athletes rooms.

### Team Rules

Each head coach is responsible for providing individual team rules at the beginning of each academic year. Team rules ensure that student-athletes shall at all times conduct themselves in a manner that reflects positively upon U of L.

### Alcohol Abuse

State law sets a minimum age for purchase and consumption of alcoholic beverages at age 21. Regardless of age, all student-athletes are prohibited from drinking alcoholic beverages when traveling with or representing their teams. Student-athletes are prohibited from consuming alcoholic beverages while attending athletic or athletically sponsored events. Reported violations will be investigated and appropriate actions will be taken.

Student-athletes who feel they may have an alcohol abuse problem should talk to their coach, their team trainer, and/or the University Counseling Center. All counseling is confidential.

## Discrimination and Harassment

As a student-athlete, you are a part of a community that supports both individual ethical integrity and community diversity. U of L does not condone harassment directed toward any person or group, students, employees, or visitors. As a member of the University community, you are to refrain from actions that intimidate, humiliate, or demean persons or groups, or that undermine their security or self-esteem. This includes behavior that denigrates others because of their race, ethnicity, ancestry, national origin, religion, gender, sexual orientation, age, physical or mental disabilities, mental retardation, and past/present history of a mental disorder.

Sexual harassment is defined as unwelcome sexual advances, requests for sexual favors and other verbal or physical conduct of a sexual nature when:

- Submission to such conduct is made either explicitly or implicitly a term or condition of an individual's employment, or participation in a university-sponsored education program or activity;
- Submission to or rejection of such conduct by an individual is used as the basis for employment or academic decisions affecting such individual; or

- Such conduct has the purpose or effect of unreasonably interfering with an individual's employment or academic performance or creating an intimidating, hostile or offensive working or educational environment.

You can find additional information on the University's sexual harassment policy on the internet at [www.louisville.edu](http://www.louisville.edu) or in the Student Handbook.

If you feel that you are being harassed or otherwise subjected to discrimination as detailed above, you are encouraged to consult the Office of Affirmative Action, 852-6538.

## Hazing and Initiations

Students, staff and faculty are prohibited from taking any action or creating any situation which recklessly or intentionally endangers mental or physical health or involves forced consumption of liquor or drugs for the purpose of initiation into or affiliation with any organization. Hazing is defined as intentional, knowing, or reckless act, occurring on or off campus of an educational institution, by one person alone or acting with others, directed against a student, that endangers the mental or physical health or safety of a student for the purpose of pledging, being initiated into, affiliating with, holding office in, or maintaining membership in any

organization whose members are or include students at an educational institution.

In an effort to encourage reporting of hazing incidents, the law grants immunity from civil or criminal liability to any person who reports a specific event in good faith and without malice. Furthermore, violating this policy may result in disciplinary action and may include dismissal from U of L.

Refer to the U of L Student Handbook for more information about the U of L policy on Hazing and Initiation Activities.

## Gambling

As a student-athlete:

- You are not eligible to compete if you knowingly provide information concerning intercollegiate athletic competition to individuals involved in organized gambling activities; solicit a bet on any intercollegiate team; accept a bet on any team representing the institution; or participate in any gambling activity that involves intercollegiate athletics, through a bookmaker, a parlay card or any other method employed by organized gambling (NCAA Bylaw 10.3);
- You are not eligible to compete if you have shown dishonesty in evading or violating NCAA regulations. (NCAA Bylaw 14.01.3);

- Report to your coach any attempt to secure information concerning situations which might alter the normal performance of your team;
- Don't accept any "free rides" from strangers, such as meals, presents, etc. You are required by both the athletic department and the NCAA to report any individual who offers gifts, money or favors in exchange for supplying information or for attempting to alter the outcome of any contest;
- Be aware of the legalities of gambling at an institutional and state level. Understand that the consequences at the University level may be expulsion and that the University will also assist with the enforcement of federal, state, and local anti-bribery laws;

- Don't accept any money from a "fan" for a game "well played";
- Don't attempt to sell your complimentary admissions to anyone;
- Don't discuss the condition or attitude of your team with anyone other than your teammates or coaches;
- You must compete with honesty and sportsmanship at all times so that you represent the honor and dignity of fair play (NCAA Bylaw 10.01.1).





# NCAA Compliance

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- **Agents**
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- **Involvement with Professional Teams**
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## NCAA Compliance Meetings

Prior to the first day of competition each year, the Office of Compliance will meet with each team to discuss NCAA rules and ULAA procedures. At this time, every student-athlete must complete and sign forms including; the NCAA Student-Athlete Eligibility Statement, the NCAA Drug Testing Consent Form, ULAA employment and automobile forms, and the U of L Drug Testing Consent Form.

Student-athletes are not permitted to participate in intercollegiate practice or competition unless he/she has participated in his/her team meeting or met individually with the Office of Compliance.

## NCAA Rules and Regulations

### Summary of NCAA Regulations- Division I

This summary of NCAA regulations contains information about your eligibility to compete in intercollegiate athletics. There are two



parts: PART I is for all student-athletes, and PART II is for new student-athletes only.

If you have questions, ask your compliance office or refer to the 2002-03 NCAA Division I Manual. The references in brackets after each summarized regulation show you where to find the regulation in the NCAA Division I Manual.

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### PART I: FOR ALL STUDENT ATHLETES

This part of the summary discusses ethical conduct, amateurism, financial aid, academic standards and other regulations concerning your eligibility for intercollegiate competition.

#### ■ Ethical conduct-All sports:

You must compete with honesty and sportsmanship at all times so that you represent the honor and dignity of fair play. [Bylaw 10.01.1]

You are **not eligible** to compete if you knowingly: provide information to individuals involved in organized gambling activities concerning intercollegiate athletics competition; solicit a bet on any intercollegiate team; accept a bet on any team representing the institution or participate in any gambling activity that involves intercollegiate athletics through a bookmaker, a parlay card or any other method employed by organized gambling. [Bylaw 10.3]

You are **not eligible** to compete if you knowingly participate in any gambling activity that involves intercollegiate or professional athletics, through a bookmaker parlay card or any other method employed by organized gambling. [Bylaw 10.3]

You are **not eligible** to compete if you have shown dishonesty in evading or violating NCAA regulations [Bylaw 14.01.3.3]

### ■ **Amateurism-All sports:**

You are **not eligible** for participation in a sport if you have ever:

- Taken pay, or the promise of pay, for competing in that sport;
- Agreed (orally or in writing) to compete in professional athletics in that sport;
- Played on any professional athletics team as defined by the NCAA in that sport; or
- Used your athletics skill for pay in any form in that sport. [Bylaw 12.1.1]

You are **not eligible** in a sport if you have ever accepted money, transportation or other benefits from an agent or agreed to have an agent market your athletics ability or reputation in that sport. [Bylaw 12.3]

You are **not eligible** in any sport if, after you become a student-athlete, you accept any pay for promoting a commercial product or service or allow your name or picture to be used for promoting a commercial product or service. [Bylaws 12.5.2.1 and 12.5.2.2]

### ■ **Financial aid-All sports:**

You are **not eligible** if you receive financial aid other than the financial aid that your institution distributes. However, it is permissible to receive:

- Money from anyone upon whom you are naturally or legally dependent;
- Financial aid that has been awarded to you on a basis other than athletics ability; or
- Financial aid from an entity outside your institution that meets the requirements specified in the NCAA Division I Manual. [Bylaw 15.01.3]

You must report to your institution any financial aid that you receive from a source other than your institution. However, you do not need to report financial aid received from anyone upon whom you are naturally or legally dependent.

### ■ **Employment earnings-All sports:**

During your first academic year at the certifying institution, the value of your employment earnings in combination with other financial aid included in your individual financial aid limit, may not exceed the value of a full grant-in-aid.

Subsequent to your first academic year in residence at the certifying institution, if you are academically eligible to compete, you may receive legitimate on- or off-campus employment earnings in

combination with other institutional financial aid (including athletics aid) up to the cost of the institution's full grant-in-aid plus \$2,000. Before beginning work, you must sign a statement specifying that the provisions of 15.2.6.1.1 have been met.

## **Academic standards- All sports:**

### **■ Eligibility for competition**

To be **eligible** to **compete**, you must:

- Have been admitted as a regular student seeking a baccalaureate degree according to the published entrance requirements of your institution;
- Be in good academic standing according to the standards of your institution; and
- Be enrolled in at least a minimum full-time program (not less than 12 semester or quarter hours) and maintain satisfactory progress toward a baccalaureate degree at your institution. [Bylaws 14.01.2, 14.1.5.1 and 14.1.6.2]

If you are enrolled in less than a full-time program, you are **eligible** to **compete** only if you are enrolled in the last term of your degree program and are carrying credits necessary to finish your degree. [Bylaw 14.1.6.2.1.3]

### **■ Eligibility for practice**

You are **eligible** to **practice** if you are enrolled in a minimum full-time program of studies leading to

a baccalaureate or equivalent degree as defined by the regulations of the certifying institution. [Bylaw 14.1.6.1]

You are **eligible** to **practice** between terms (i.e., during the official vacation period immediately preceding initial enrollment), provided you have been accepted by your institution for enrollment in a regular, full-time program of studies at the time of your initial participation, you were registered for a minimum full-time program of studies at the conclusion of the term immediately preceding the date of competition and in the case of a transfer student-athlete, you are no longer enrolled in your previous educational institution, and you are eligible under all institutional and NCAA requirements. [Bylaw 14.1.6.1.1]

You also are **eligible** to **practice** if you are enrolled in the final semester or quarter of a baccalaureate program while enrolled in less than a minimum full-time program of studies and your institution certifies that you are carrying (for credit) the courses necessary to complete the degree requirements, as determined by the faculty of the institution. [Bylaw 14.1.6.1.3]

You are **not eligible** to **practice** in a sport unless you are enrolled in at least a minimum full-time program of studies leading to a baccalaureate or equivalent degree. Your institution determines what is a minimum full-time

program to be eligible to practice. [Bylaw 14.1.6.1]

## ■ Continuing eligibility-

### All sports:

If you have transferred to your current institution midyear, or you have completed one academic year in residence at your current institution or used one season of eligibility in a sport at your current institution, your eligibility shall be determined by your academic record in existence at the beginning of the fall term of the regular academic year, and you must satisfy the following requirements for academic progress to be **eligible** to compete:

- You must have satisfactorily completed at least an average of 12 semester or quarter hours of academic credit each of the terms in each of the academic years in which you have been enrolled, or you must have satisfactorily completed 24 semester hours or 36 quarter hours of academic credit since the beginning of the previous fall term. If you are ineligible based on your record in existence at the beginning of the fall term, you may regain your eligibility at the beginning of any other regular term in that academic year by satisfactorily completing at least an average of 12 semester or quarter hours of academic credit during each of the terms in each of the academic years in which you have been enrolled, or by satisfactorily completing 24 semester or 36 quarter hours of academic credit during your school's preced-

ing regular two semesters or three quarters. [Bylaw 14.4.3.1]

- You must earn at least 75 percent of the semester or quarter hours required for satisfactory progress during the regular academic year. You may not earn more than 25 percent of the semester or quarter hours required for satisfactory progress during the summer or through correspondence courses taken during the 1993-94 academic year and thereafter. [Bylaw 14.4.3.1.3]
- You must choose a major that leads to a specific baccalaureate degree by the beginning of your third year of enrollment (This includes transfer students who have not yet completed an academic year in residence or utilized one season of eligibility in a sport at their current institution.) [Bylaw 14.4.3.1.4]
- If you are entering your third year of collegiate enrollment, you must have completed successfully at least 25 percent of the course requirements in your specific degree program, and you must present a cumulative minimum grade-point average (based upon a maximum of 4.000) that equals 90 percent of the cumulative minimum grade-point average required for graduation. [Bylaws 14.4.3.2.2 and 14.4.3.3.1]
- If you are entering your fourth year of collegiate enrollment, you must have completed successfully at least 50 percent of the course requirements in your specific

degree program, and you must present a cumulative minimum grade-point average (based upon a maximum of 4.000) that equals 95 percent of the cumulative minimum grade-point average required for graduation. [Bylaws 14.4.3.2.2 and 14.4.3.3.1]

- If you are entering your fifth year of collegiate enrollment, you must have completed successfully at least 75 percent of the course requirements in your specific degree program, and you must present a cumulative minimum grade-point average (based upon a maximum of 4.000) that equals 95 percent of the cumulative minimum grade-point average required for graduation. [Bylaws 14.4.3.2.2 and 14.4.3.3.1]

## ■ Freshmen

You are referred to as a qualifier and are eligible to practice and compete in your sport and to receive financial aid (institutional and athletically related) during your first academic year under Bylaw 14.02.9.1 if you:

- Graduate from high school;
- Attain a minimum high school grade point average of 2.00 in 13 core-curriculum courses as specified in Bylaw 14.3.1.1; and
- Achieve a corresponding sum ACT and SAT score as specified in Bylaw 14.3.1.1.1.

You are referred to as a partial qualifier if you fail to meet the criteria for a qualifier, but have graduated from high school and achieved a minimum grade-point

average of 2.525 in 13 core curriculum courses as specified in Bylaw 14.3.1.1; and achieved a minimum corresponding sum ACT of 67 or SAT score of 810.

As a partial qualifier:

- You may practice during your first academic year at your institution only at the institution's home practice facility.
- You will have three seasons of eligibility after your first academic year in residence. You may earn a fourth season of competition provided you receive a baccalaureate degree before beginning your fifth academic year of enrollment and you are within five years of your initial, full-time collegiate enrollment. [Bylaw 14.3.3]
- You may not compete in your sport during your first academic year in residence; you may receive institutional financial aid, including athletically related financial aid. [Bylaws 14.02.9.2 and 14.3.2.1.1]

You are referred to as a non-qualifier if you fail to meet the criteria above. In addition to being ineligible for practice and competition, the non-qualifier is not permitted to receive any institutional financial aid, except as stated below. [Bylaws 14.02.9.4 and 14.3.2.2.1]

As a nonqualifier:

- You are **eligible** to receive non-athletics financial aid based on need only, consistent with institu-

tional and conference regulations as a non-qualifier.

- You will have three seasons of eligibility after your first academic year in residence. [Bylaw 14.3.3]

#### ■ **Other regulations concerning eligibility-All sports:**

You are **not eligible** to participate in more than four seasons of intercollegiate competition, except for extensions that have been approved in accordance with NCAA legislation. [Bylaws 14.2 and 30.6.1]

You are **not eligible** if five calendar years have passed from the date you first registered as a full-time student at a collegiate institution and attended your first day of classes for that term, except for time spent in the armed services, on official church missions or with recognized foreign-aid services of the U.S. government [Bylaw 14.2.1]

You are **eligible** at an institution other than the institution from which you have received or satisfied the requirements for a baccalaureate degree or an equivalent degree, if you meet the conditions of the one-time transfer exception [Bylaw 14.5.5.3.11] and you have eligibility remaining as set forth in Bylaw 14.2.1.

You are **eligible** for championships, certified bowl games, or the National Invitation Tournament that occur within 60 days of the

date you complete the requirements for your degree. [Bylaw 14.1.7.3]

#### ■ **All sports other than basketball:**

You are **not eligible** in your sport for the remainder of the year and the next academic year if, during the academic year, you competed as a member of any outside team in any noncollegiate, amateur competition. You may compete outside of your declared playing season as a member of an outside team in any noncollegiate, amateur competition during any official vacation period published in your institution's catalog. Competing in the Olympic Games tryouts and competition and other specified national and international competition is permitted. [Bylaw 14.7.1.1 and 14.7.1.1.1]

- **Exception:** in men's and women's soccer, women's volleyball, field hockey and men's water polo, you may compete on outside amateur teams during the spring outside of the institution's playing and practice seasons provided such participation occurs no earlier than May 1, and the remaining provisions of Bylaw 14.7.1.1.2 are met.

#### ■ **All-star football and basketball only:**

You are **not eligible** if, after you completed your high-school eligibility in your sport and before your high-school graduation, you participated in more than two high-school all-star football or basketball games. [Bylaw 14.6]

### ■ **Basketball only:**

You are **not eligible** if, after you become a student-athlete, you participate in any organized basketball competition except while representing the institution in intercollegiate competition. Competing in the Olympic Games tryouts and competition and other specified national and international competition is permitted.

[Bylaw 14.7.5]

It is permissible to participate as a member of a basketball team in an NCAA-sanctioned event.

[Bylaw 14.7.5.2-(a)]

### ■ **Transfer students only:**

You are a transfer student if:

- The registrar or admissions officer from your former college certified that you were officially registered and enrolled at that college in any term in a minimum full-time load and you were present on the opening day of classes; or
- The director of athletics from your former college certified that you reported for the regular squad practice. [Bylaw 14.5.2]

If you are a transfer student from a four-year institution, you are **not eligible** during your first academic year in residence unless you meet the provisions of one of the exceptions specified in Bylaw 14.5.5.3 or 14.8.1.2.

If you are a transfer student from a two-year institution, you are **not eligible** during your first academic

year in residence at your new institution unless you meet the academic and residence requirements specified in Bylaw 14.5.4 or the exceptions specified in Bylaw 14.5.4.5.

If you transferred from a four-year college to a two-year college and then to your new institution, you are **not eligible** during your first academic year in residence at your new institution unless you meet the requirements specified in Bylaw 14.5.6.

### ■ **Drugs-All Sports:**

If the NCAA tests you for the banned drugs listed in Bylaw 31.2.3.1 and you test positive (consistent with NCAA drug-testing protocol), you will be **ineligible** to participate in regular season and postseason competition for one calendar year (i.e., 365 days) after your positive drug test, and you will be charged with the loss of a minimum of one season of competition in all sports.

If you test positive a second time for the use of any drug, other than a "street drug" as defined in Bylaw 31.2.3.1, you will lose all remaining regular-season and postseason eligibility in all sports.

If you test positive for the use of a "street drug" after being restored to eligibility, you shall be charged with the loss of one additional season of competition in all sports and also shall remain ineligible for regular-season and postseason

competition at least through the next calendar year.  
[Bylaw 18.4.1.5.1]

A policy adopted by the NCAA Executive Committee established that the penalty for missing a scheduled drug test is the same as the penalty for testing positive for the use of a banned drug. You will remain ineligible until you retest negative and your eligibility has been restored by the NCAA Student-Athlete Reinstatement Committee. [Bylaw 18.4.1.5.1]

### ■ **Non-NCAA athletics organization positive drug test- All sports:**

If you test positive for banned substances by a non-NCAA athletics organization, you must notify your director of athletics regarding the positive drug test. You also must permit the NCAA to test you for the banned drugs listed in Bylaw 31.2.3.1. If the result of the NCAA drug test is positive, you will lose all remaining eligibility during the season in which you tested positive and an additional season of competition.

The director of athletics must notify in writing the NCAA's director of sports sciences regarding a student-athlete's disclosure of a previous drug test administered by any other athletics organization.

If the student-athlete immediately transfers to a non-NCAA institution while eligible and competes in collegiate competition within the 365-day period at a non-NCAA

institution, the student-athlete will be ineligible for all NCAA regular-season and postseason competition until the student-athlete does not compete in collegiate competition for a 365-day period. Additionally, the student-athlete must retest negative (in accordance with the testing methods authorized by the Executive Committee) and request that eligibility be restored by the Academic/Eligibility/Compliance Cabinet.

This list is subject to change and the institution and student-athlete shall be held accountable for all banned drug classes on the current list. The list is located on the NCAA website ("<http://www.ncaa.org>") or may be obtained from the NCAA health and safety staff in Education Outreach.

## **PART II: FOR NEW STUDENT-ATHLETES**

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This part of the summary contains information about your recruitment, which is governed by Bylaw 13 of the NCAA Division I Manual.

### ■ **Recruitment Offers-All sports:**

You are not eligible if, before you enrolled at your institution, any staff member of your institution or any other representative of your institution's athletics interests offered to you, your relatives, or your friends any financial aid or

other benefits that NCAA legislation does not permit.

It is permissible for your summer employment to be arranged by the institution or for you to accept loans from a regular lending agency provided you did not receive the job or loan before the end of your senior year in high school [Bylaws 13.2.1, 13.2.4 and 13.2.5]

### ■ **Contacts-All sports:**

You are **not eligible** if any staff member of your institution:

- Contacted you, your relatives or your legal guardians in person off your institution's campus before you completed your junior year in high school (except for students at military academies) as described in Bylaw 13.1.1.1;
- Contacted you in person off your institution's campus more than the number of times specified in Bylaw 13.1.7; or
- Contacted you in person off your institution's campus outside the time periods specified in Bylaw 13.1.4 for the sports of football and basketball.

You are **not eligible** if, before you enrolled at your institution, a coach from your institution contacted you in person on or off your institution's campus while you were practicing or competing in football, basketball or softball outside the permissible contact periods. [Bylaw 13.1.8.2]

You are **not eligible** if any staff member of your institution contacted you, your relatives or your legal guardians in person on or off your institution's campus when you were not a qualifier and you were enrolled in your first year of a two-year college. [Bylaw 13.1.1.2]

You are **not eligible** if anyone other than a staff member of your institution contacted you, your relatives or your legal guardians in person on or off campus, to recruit you. You also are not eligible if you received recruiting letters or telephone calls from any representative or your institution's athletics interests. [Bylaw 13.1.8.2]

You are **not eligible** if, while you were being recruited, any staff member of your institution or any other representative of your institution's athletics interests, contacted you during the day or days of competition at the site of any athletics competition in which you were competing. It is permissible for such contact to occur (during the permissible period) after the competition if you are released by the appropriate high-school authority. [Bylaw 13.1.8.2]

(Note: For purposes of the sections above, contact means any face-to-face encounter between a prospect or the prospect's parent or legal guardian and an institutional staff member or athletics representative during which any dialogue occurs in excess of an exchange of a greeting. Any such

face-to-face encounter that is prearranged or that takes place on the grounds of the prospect's educational school, preparatory school, two-year college or all-star team shall be considered a contact, regardless of the conversation that occurs.") [Bylaw 13.02.3]

■ **Publicity-All sports:**

You are **not eligible** if, before you enrolled at your institution, your institution publicized any visit that you made to its campus. [Bylaw 13.11.4]

You are **not eligible** if, before you enrolled at your institution, you appeared on a radio or television program that involved a coach or another member of the staff of the athletics department at your institution. [Bylaw 13.11.3]

■ **Letter-of-Intent Signing:**

You are **not eligible** if a staff member of your institution was present while you were signing, at an off-campus site, a National Letter of Intent or an acceptance of a financial aid offer from your institution or your conference. [Bylaw 13.1.7.2]

■ **Source of funds-All sports:**

You are **not eligible** if any organization or group of people outside your institution spent money recruiting you, including entertaining, giving gifts or services and providing transportation to you or your relatives or friends. [Bylaw 13.15.4]

■ **Tryouts-All sports:**

You are **not eligible** if, after starting classes for the ninth grade, you displayed your abilities in any phase of any sport in a tryout conducted by or for your institution. [Bylaw 13.12.1]

■ **Football, basketball, volleyball and gymnastics only:**

You are **not eligible** if, after starting classes for the ninth grade, you participated in a high-school competition that was run in conjunction with a collegiate competition. [Bylaw 13.12.1.3]

■ **Basketball only:**

You are **not eligible** if a member of your institution's coaching staff participated in competition or in coaching activities involving a nonscholastic basketball team of which you were a member. [Bylaw 13.12.1.4]

■ **Sports camps**

You are **not eligible** if you were a winner of any athletics participation award in high school (includes ninth grade level), preparatory school or junior college and before you enrolled at your institution, the institution, members of its staff or a representative of its athletics interests employed, or gave you free or reduced admission to its sports camp or clinic. [Bylaw 13.13.1.5.1]

## ■ Visits, transportation and entertainment-All sports:

You are **not eligible** under Bylaw 13.7 if, before you enrolled at your institution, any of the following happened to you:

- Your institution paid for you to visit its campus more than once;
- Your one expense-paid visit to the campus lasted longer than 48 hours; or
- Your institution paid more than the actual round-trip cost by direct route between your home and the campus when you made your one expense-paid visit; or
- Your institution paid for you to visit during your first year in a junior college, and you were not a qualifier. [Bylaw 13.7.1.3.1]

You are **not eligible** if you accepted expense-paid visits to more than five NCAA member institutions or more than one expense-paid visit to one NCAA member institution. [Bylaws 13.7.1.1 and 13.7.1.2]

You are **not eligible** if, before you enrolled at your institution, your institution:

- Entertained you outside a 30-mile radius of the campus or [Bylaw 13.5.1]
- Entertained you excessively at any site. [Bylaw 13.5.2]

You are **not eligible** if your institution paid for you to visit its campus before the first day of classes of your senior year in high school. [Bylaw 13.7.1.2.2]

You are **not eligible** if your institution paid for you to visit its campus before you presented the institution with a score from a PSAT, SAT, PAT Plus, ACT taken on a national testing date under national testing conditions. (A foreign or learning-disabled prospective student-athlete who requires a special administration of the PSAT, SAT, PACT Plus, or ACT may present such a score upon the approval of the NCAA Division I Academics/Eligibility/Compliance Cabinet or the Division I Initial-Eligibility Waiver Committee) [Bylaw 13.7.1.2.3]

You are **not eligible** if, at any time that you were visiting your institution's campus at your own expense, your institution paid for anything more than the following:

- Three complimentary admissions, for you and those people who came with you, to an athletics event on campus in which your institution's team competed. [Bylaw 13.8.2.1]
- Transportation, when accompanied by a staff member, to see off-campus practice and competition sites and other institutional facilities located within a 30-mile radius of the campus. [Bylaw 13.6.3]

You are **not eligible** if, when you were being recruited, staff members of your institution or any representatives of its athletics interests paid the transportation costs for your relatives or friends to visit the campus or elsewhere. [Bylaw 13.6.2.8]

You are **not eligible** if, when you were being recruited, a staff member of your institution entertained your parents (or legal guardians) or spouse at any site other than the campus (or, on an official visit, within 30 miles of the institution's campus) or entertained your friends or other relatives at any site. [Bylaw 13.5.1]

You are **not eligible** if, when you were being recruited, your institution gave you complimentary admissions to more than one regular-season home game scheduled outside your institution's community or gave you more than three complimentary admissions to that one regular-season home game scheduled outside your institution's community. [Bylaw 13.8.2.2]

You are **not eligible** if, when you were being recruited, a staff member of your institution's athletics department spent money other than what was necessary for the staff member's (or representative's) personal expense during an off-campus visit with you. [Bylaw 13.15.2]

■ **Precollege or postgraduate expense-All sports:**

You are **not eligible if** your institution or any representative of its athletics interests offered you money, directly or indirectly, to pay for any part of your educational expenses or other expenses during any period of time before

you enrolled at your institution. This applies to your postgraduate education as well. [Bylaw 13.16.1]

The National Collegiate Athletic Association

### **Student Disability Insurance**

In accordance with NCAA legislation, an individual may borrow against his or her potential future earnings from an established, accredited financial institution exclusively for the purpose of purchasing insurance (with no cash surrender value) against a disabling injury or illness that would prevent the individual from pursuing a chosen career, provided an athletics representative of the University of Louisville as third party is not involved in arrangements for securing the loan. The student-athlete shall report all such transactions and shall file copies of the loan documents and insurance policy with the university. For more information, contact John Carns, 852-7728.

### **Walk-Ons**

"Walk-on" student-athletes are entitled to all the benefits of scholarship athletes, except athletic grant-in-aid awards and benefits arising from these awards. "Walk-on" student-athletes may receive the following benefits:

- Academic Advising assistance (e.g., tutoring, career counseling, etc.);
- Training room treatment for injuries occurring during practice or competition;
- Use of Strength and conditioning facilities;
- Pre- or post-game meal or snack incidental to participation;
- Referrals for permissible employment opportunities;
- Team travel and equipment use;
- Athletic Awards

Physical examinations for all "walk-ons" will be scheduled by the coaching staff. Proof of this examination and personal insurance coverage information must be on file before participating in conditioning or preseason workouts.

**"Walk-ons" must meet all NCAA academic requirements to be eligible for practice and competition.**

## Transfers

Every student who has ever attended a two- or four-year institution, even those who did not participate in athletics at a former institution, are considered transfers. The NCAA requires extensive documentation on a student-athlete who wishes to compete in athletics at a new institution (the certifying institution) prior to certification of

eligibility. Students must fill out the appropriate paperwork, and meet NCAA transfer requirements before being certified to practice or compete at U of L. For further information, contact the Office of Compliance.

## Transferring within Conference USA

A student choosing to transfer from U of L to another Conference USA institution is subject to two years in residence and will lose two years of eligibility at the certifying member institution prior to being eligible to represent the institution in competition. The Athletic Directors from both institutions can waive the intra-conference rule in all sports, except football and basketball. In the sports of football and basketball the transfer penalty can only be waived under special circumstances as determined by the Athletic Directors of the institutions involved, and the Commissioner of C-USA. Transfer exceptions under NCAA Bylaw 14.5.5 do not apply under this conference rule. NCAA regulations apply to practice and financial aid.

## Transferring from U of L

If you are interested in transferring to another institution, you should inform your coach. Before you are permitted to discuss transferring to a new school, you must first obtain written permission from the Office of Compliance at U of L.

If you or your parents contact another institution prior to receiving written notice, the other institution is obligated to contact U of L. The new school must receive written permission from the Athletic Director or the Office of Compliance before having further discussion with you.

NCAA regulations require transfers to meet one year of residency at the new institution prior to participating, unless you meet requirements for an NCAA transfer exception. The most common transfer exception is the one-time transfer; however, this exception cannot be used in the sports of football and basketball.

### One-Time Transfer Exception

In sports other than football, basketball, or men's ice hockey, it is possible under NCAA rules to receive a one-time exception to the one-year residency requirement under certain circumstances. In other words, you may be immediately eligible if all of the following conditions are met:

- You are a participant in a sport other than football, basketball, or men's ice hockey;
- You have not transferred previously from another four-year institution;
- You are in good academic standing and would be eligible if you returned to the University;
- The University certifies in writing

that there is no objection to the granting of an exception to the transfer residence requirement.

If you are not granted permission to discuss transfer possibilities with another institution, and are denied a "release" to waive the residence requirement, you can still transfer. However, you will be ineligible to compete or receive athletic aid in your first academic year of residence at the new institution. For more information, contact the Office of Compliance.

### Student-Athlete Employment

Student-athletes are **required** to contact the Office of Compliance prior to becoming employed during the academic year. Eligibility for employment and the amount student-athletes may earn during the year must be verified by the Office of Compliance to maintain NCAA eligibility. ULAA staff members may attempt to assist student-athletes with securing employment. Such contacts on behalf of student-athletes are made in compliance with departmental, as well as NCAA rules and regulations. Please be advised to inform the Office of Compliance if a ULAA staff member assists you with securing employment.

The NCAA mandates that:

- All scholarship student-athletes **must** report outside employment opportunities during the academic year with the Compliance Office in

as much as your employment earning may cause you or the institution to exceed maximum scholarship limits;

- All athletes may work during official vacation periods (i.e., Christmas break, Spring break, summer) with no limit on employment earnings.

The following criteria are applicable to all types of employment secured by student-athlete's:

- The work must be useful, and the rate of pay is to be commensurate with the duties performed;
- The hours paid must be the hours worked. Payment in advance of hours worked is not permitted;
- Transportation to work may only be accepted if transportation is available to all employees.

**All student-athletes must notify the Office of Compliance prior to securing employment during the academic year, otherwise, you may risk your eligibility.**

## Athletic Awards

Student-athletes may receive awards that recognize their contribution to the sports program. Student-athletes must meet all of the following criteria to receive an athletic award: 1) be in good academic standing; 2) eligible for athletic participation as defined by the NCAA; and 3) must have represented the University of Louisville at the time of competition.

All award nominations are recommended by your head coach, or group of coaches, and then approved by the Director of Athletics. Consideration is given to athletic performance, sportsmanship, and observance of rules, as well as other applicable criteria.

## Letter Awards

Every Head coach is permitted to make letter award nominations based on length of participation in varsity competition. The criteria for lettering in each varsity sport are established at the discretion of the head coach of that sport. Student-athletes will receive an award upon the recommendation of the head coach and approval by the Director of Athletics.

In order to receive an athletic award, student-athletes must be of amateur standing and eligible for athletic competition. Consideration for awards is given to athletic performance, sportsmanship and observance of rules. Letter awards are not presented during a red shirt year, as it is assumed that an additional year of eligibility will be awarded to earn a letter award. All awards given must comply with NCAA regulations regarding the type, number and value of awards. Letter awards may be withheld if you fail to replace equipment issued for practice, competition, or post-season conditioning.

## **Student-athletes will have the choice of the following awards:**

<b>1st, 2nd, and 3rd years</b>	Choice of jacket, garment bag, blanket, and watch (\$150 maximum value)
<b>4th year</b>	Ring (\$300 maximum value)
<b>Transfers</b>	Must graduate to qualify for ring after final season of competition. Otherwise, they can choose from other available awards.

### **Award Limitations**

The NCAA restricts awards that student-athletes may receive to items that can be personalized with the institution's insignia or letter, event specification or comparable identification. You may not receive a cash award or an award that can be negotiated for cash. Additionally, the NCAA has strict limitations regarding the dollar value of awards that you may accept, and who is permitted to offer an award.

As an underclassman (non-senior), the total number value of a single letter award may not exceed \$150 for each sport in which you participate. You may receive multiple awards in a sport, however, the total value cannot exceed \$150.

As a senior, multiple awards may be received if the total value of all participation awards given in a sport, during an academic year, does not exceed \$300.

Additional awards are also permissible, such as most improved player, etc. However, each additional award is limited to \$150.

Please be aware that accepting any gift or benefit that is not available to other students at the University, even if the offer is termed "an award", can jeopardize your amateur status. All gifts, benefits or "awards" from boosters and/or professional athletics associations are restricted by NCAA rules and regulations, and acceptance of such may jeopardize your eligibility. Check with the Office of Compliance before accepting any award that recognizes your athletic accomplishments, and is provided to you by anyone outside the University.

### **Complimentary Tickets**

The NCAA permits the University of Louisville the opportunity to provide student-athletes with four (4) complimentary admissions per contest (home and away).

This increases to six complimentary admissions for NCAA championships or bowl games. The complimentary admissions will be provided through a pass list located at the competition site. Only those individuals whom you designate will be admitted. Please inform your guests that a valid photo I.D. must be presented in order to obtain admission.

Student-athletes who wish to attend other Cardinal games or events that charge for admission may sign up for one (1) ticket in the Olga S. Peers Academic Center for Student-Athletes in the SAC. The list is submitted to the ticket office prior to game day, and a pass list will be created. Each athlete must show a picture ID and sign the list at the game. Student-athletes are then given a ticket stub and allowed to enter through the pass gate. Any violation of or attempt to defraud this policy will result in the termination of ticket privileges.

**Sale of Complimentary Admissions**

Neither student-athletes nor the people designated to receive complimentary admissions may receive payment from any source for these admissions and may not exchange or assign the tickets for any value. Receipt of payment by either party is considered an extra

benefit not available to the general student body and will render student-athletes ineligible for participation in intercollegiate athletics.

**Selling Tickets Above Face Value**

Student-athletes may not purchase tickets for any athletic event from the University of Louisville and then sell the tickets at a price greater than face value.

**Scalping tickets will result in student-athlete ineligibility.**

**Hosting a Prospective Student-Athlete**

When a prospective student-athlete visits the University on an official visit, you may be asked to serve as a host. The NCAA has strict rules and regulations that must be followed. As a student-athlete host, it is permissible to receive \$30 for each day you host the prospective student-athlete. For an additional student-athlete, you may receive \$15 a day. As a student host you should use the money for "actual and necessary" expenses (i.e., entertainment and snacks). Do not use the money for souvenirs (i.e., hats, T-shirts, or other logo items).

Each host will receive a written document outlining the applicable NCAA legislation. This document must be signed by the host indicating the host's understanding and acceptance of applicable NCAA recruiting legislation.

## Athletic Boosters

In accordance with NCAA rules and regulations, U of L is responsible for the control and conduct of its inter-collegiate athletics program. This responsibility includes accountability for the acts of "athletic representatives." An "athletic representative" is an individual who is a member of any of the various booster support groups or any individual who has made financial contributions to intercollegiate athletics or athletic boosters support organizations or an alum of the institution. Once an individual has been identified as an "athletic representative" he or she retains that identity forever and is governed by the same NCAA and University rules and regulations as athletic staff members.

In your contact with athletic representatives, you should adhere to the following rules and regulations that are established by the NCAA. Any violation of these rules could result in loss of eligibility. As an example, athletic representatives are **not permitted** to provide you or your family/friends with any of the following:

- A special discount, payment arrangement, or credit on purchases or services;
- A loan of money in any amount;
- A guarantee of bond;
- The purchase of a meal or service at commercial establishments; more than an occasional meal at a representative's home;
- Transportation to or from a summer job;
- A benefit connection with off-campus housing;
- Signing or co-signing a note with an outside agency to arrange a loan;
- Selling or giving your tickets to athletic, university or town events;
- Misrepresentation of date provided to the university;
- The use of personal property;
- Providing Christmas or birthday cards.

Student-athletes are **not permitted** to:

- accept athletic equipment, supplies, or clothing directly from a manufacturer or commercial enterprise;
- receive payment from any source for the complimentary admissions and may not exchange them for any item of value;
- use intercollegiate phones to make long distance phone calls or bill long distance to the University;
- use University or intercollegiate athletics copying machines; or
- have University or intercollegiate employees perform services such as typing papers/assignments.

## Agents

The University of Louisville strongly discourages student-athletes and their families from speaking with agents on the telephone or having any in-person contact with an agent until the student-athlete has exhausted his/her eligibility.

Any agent wishing to contact a student-athlete must register with the specific players association, the state of Kentucky, and the ULAA Office of Compliance. Any agent desiring to come to the University of Louisville's campus to meet with a student-athlete is required to check in with the Office of Compliance. They will be issued an identification badge to wear while on campus. Meeting with agents off of the University of Louisville's campus is strongly discouraged. At no time may a student-athlete receive tangible benefits from an agent nor enter into any agreement with an agent prior to the expiration of the student-athlete's eligibility.

The University of Louisville may institute legal action against any agent jeopardizing a student-athlete's eligibility due to violations of applicable NCAA Legislation. Any student-athlete wishing to discuss interviewing agent representation MUST notify John Carns, Associate Athletic Director, at 852-7728.

## Amateurism

Only an amateur student-athlete is eligible for intercollegiate athletic participation in a particular sport (NCAA Bylaw 12.01.1).

An individual loses amateur status and shall not be eligible for intercollegiate competition in a particular sport if the individual (NCAA Bylaw 12.1.1):

- Uses his or her athletics skill (directly or indirectly) for pay in any form in that sport;
- Accepts a promise of pay even if such pay is to be received following completion of intercollegiate athletics participation;
- Signs a contract or commitment of any kind to play professional athletics, regardless of its legal enforceability or any consideration received;
- Receives, directly or indirectly, a salary, reimbursement of expenses or any other form of financial assistance from a professional sports organization based upon athletics skill or participation, except as permitted by NCAA regulations;
- Competes on any professional athletics team and knows (or had reason to know) that the team is a professional athletics team (per NCAA Bylaw 12.02.5), even if no pay or remuneration for expenses was received;

- Enters into a professional draft or an agreement with an agent or other entity to negotiate a professional contract (NCAA Bylaw 12.2.4.2.1 for exception related to professional basketball draft).

## ■ Prohibited Forms of Pay

"Pay" as used above includes, but is not limited to, the following:

- Salary, Gratuity or Compensation. Any direct or indirect salary, gratuity or comparable compensation;
- Division or Split of Surplus. Any division or split of surplus (bonuses, game receipts, etc.);
- Educational Expenses not received from parents or legal guardians, unless otherwise permitted by NCAA regulations;
- Educational expenses from an outside sports team or organization that are based in any degree upon the recipient's athletics ability even if funds are given to the institution to administer to the recipient;
- Excessive or improper expenses, awards and benefits;
- Cash or the equivalent thereof (e.g., trust fund) as an award for participation in competition at any time, even if such award is permitted under rules governing an amateur, noncollegiate event in which the individual is competing;
- Expense incurred or awards received by an individual that are prohibited by the rules governing an amateur, noncollegiate event in which the individual is competing;
- Expenses received from an outside amateur sports team or organization in excess of actual and necessary travel, room and board expenses, apparel and equipment for competition and practice held in preparation for such competition;
- Payment to individual team members for unspecified or unitemized expenses beyond actual and necessary travel, room and board expenses for practice and competition;
- Actual and necessary expenses or other form of compensation to participate in athletics competition (while not representing an educational institution) from a sponsor other than an individual upon whom the athlete is naturally or legally dependent or the nonprofessional organization that is sponsoring the competition;
- Any payment, including actual and necessary expenses, conditioned on the individual's or team's place finish or performance or given on an incentive basis, or receipt of expenses in excess of the same reasonable amount for permissible expenses given to all participants involved in the competition;
- Preferential treatment, benefits or services because of the individual's athletics reputation or skill or pay-back potential as a professional athlete, unless such treatments, benefits or services are permitted under NCAA regulations;
- Participation for pay in competition that involves the use of overall athletics skill (e.g., "super-

stars" competition) constitutes a violation of NCAA amateur status and would render the individual ineligible for intercollegiate competition in all sports (NCAA Bylaw 12.1.1.1);

- A student who accepts pay in any form for participation in "road racing" is ineligible for intercollegiate competition in cross country or track.

### **Professional in Another Sport**

A professional athlete in one sport may represent a member institution in a different sport. However, the student-athlete cannot receive institutional financial aid in the second sport unless the student-athlete (NCAA Bylaw 12.1.4):

- Is no longer involved in professional athletics;
- Is not receiving any remuneration from a professional sports organization;
- Has no active contractual relationship with any professional athletics team.

### **Involvement with Professional Teams**

#### **■ Tryout Prior to Enrollment**

A student-athlete remains eligible in a sport even though, prior to enrollment in a collegiate institution, the student-athlete may have tried out

with a professional athletics team in a sport or received not more than one expense-paid visit from each professional team (or a combine including that team), provided such a visit did not exceed 48 hour and any payment or compensation in connection with the visit was not in excess of actual and necessary expenses. A self-financed tryout may be for any length of time (NCAA Bylaw 12.2.1.1).

#### **■ Tryout After Enrollment**

A student-athlete shall not try out with a professional athletics team in a sport or permit a professional athletics team to conduct medical examinations during any part of the academic year while enrolled in a collegiate institution as a regular student in at least a full time load, unless the student-athlete has exhausted eligibility in that sport. The student-athlete may try out with a professional organization in a sport during the summer or during the academic year while not a full-time student, provided the student-athlete does not receive any form of expenses or other compensation from the professional organization (NCAA Bylaw 12.2.1.2).

#### **■ Outside Competition Prohibited**

During a tryout, an individual may not take part in any outside competition (games or scrimmages) as a representative of a professional team (NCAA Bylaw 12.2.1.3).

### ■ Practice Without Competition

An individual may participate in practice sessions conducted by a professional team, provided such participation meets the requirements of NCAA legislation governing tryouts with professional athletics teams and the individual does not:

- receive any compensation for participation in the practice session;
- enter into any contract or agreement with a professional team or sports organization;
- take part in any outside competition (games or scrimmages) as a representative of a professional team.

### ■ Competitions Against Professionals

An individual may participate singly or as a member of an amateur team against professional athletes.

### ■ Competitions With Professionals

An individual shall not be eligible for intercollegiate athletics in a sport if the individual ever participated on a team and knew (or had reason to know) that the team was a professional team (per NCAA Bylaw 12.04) in that sport. However, an individual may compete on a tennis, golf, or two-person sand volleyball team with persons who are competing for cash or a comparable prize, provided the individual does not receive payment of any kind for such participation.

### ■ Professional Player as a Team Member

An individual may participate with a professional on a team, provided the professional is not being paid by a professional team or league to play as a member of that team (e.g., summer basketball league with teams composed of both professional and amateur athletes).

### ■ Amateur Professional Leagues

An individual may participate as a member of an amateur team in a league in which one or more of the teams are professional, provided the league is not a member of a recognized professional sports organization or is not directly supported or sponsored by a professional sports team or organization.

## Professional Drafts

### ■ Draft List

An individual loses amateur status in a particular sport when the individual asks to be placed on the draft list or supplemental draft list of a professional league in that sport, even though (NCAA Bylaw 12.2.4.2):

- The individual asks that his or her name be withdrawn from the draft list prior to the actual draft;
- The individual's name remains on the list but he or she is not drafted;

- The individual is drafted but does not sign an agreement with any professional athletics team.

The exception is the Professional Basketball Draft. A student-athlete in the sport of basketball may enter a professional league's draft one time during his or her collegiate career without jeopardizing eligibility in that sport, provided the student-athlete declares his or her intention to resume intercollegiate participation within 30 days after the draft. Also, the student-athlete may not enter into any written or oral agreement with an agent. The student-athlete's declaration of intent shall be in writing to the institution's Athletic Director (NCAA Bylaw 12.2.4.2.1).

### ■ Negotiations

An individual may request information about professional market value without affecting his or her amateur status. Further, the individual, his or her legal guardians or the institution's professional sports counseling panel may enter into negotiations with a professional sports organization without the loss of the individual's amateur status. An individual who retains the services of an agent shall lose amateur status (NCAA Bylaw 12.2.4.3)

### ■ Legal Counsel

Securing advice from a lawyer concerning a proposed professional sports contract shall not be considered contracting for

representation by an agent under this rule, unless the lawyer also represents the student-athlete in negotiations for such a contract (NCAA Bylaw 12.3.2).

### ■ Presence of Lawyer at Negotiations

A lawyer may not be present during discussions of a contract offer with a professional sports organization or have any direct contact (i.e., in person, by telephone or by mail) with a professional sports organization on behalf of the student-athlete. A lawyer's presence during such discussion is considered representation by an agent (NCAA Bylaw 13.3.2.1).



# Student-Athlete Financial Aid

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- Housing
- Board
- On/Off Campus Room and Board Stipends
- Summer School
- Fifth Year Aid
- NCAA Degree Completion Program
- U of L Charges Not Paid by the ULAA
- NCAA Special Assistance Fund



Student-Athlete Financial Aid

## Financial Aid

The NCAA, Conference USA, and the U of L regulations provide that grant-in-aid based on athletic ability may be awarded for only tuition, room, board and books necessary for your selected course of study, depending on the amount of the award.

A grant-in-aid is awarded and renewable on a year-by-year basis. Renewal and non-renewal notices will be mailed to the permanent home address (not local) of each athlete prior to July 1. Renewal awards must be signed by the athlete (Note: a parents signature is required if the student-athlete is a minor) and returned to the Office of Compliance. These forms will be forwarded to the Office of Financial Aid.

Varsity teams are provided with a specific number of grant-in-aid in accordance with budgetary restrictions and NCAA regulations. These grants are awarded by the University's Financial Aid Office upon recommendation of the Head Coach and approval of the Director of Athletics. Grant-in-aid is not reimbursement for services performed, but rather an aid for educational expenses.

To qualify for an athletics grant-in-aid student-athletes must meet the following requirements; 1) fulfill the University of Louisville admission requirements, and 2) meet and maintain the eligibility

requirements for athletics participation and financial aid established by the NCAA, C-USA, and U of L. The grant-in-aid will not be increased, reduced, or canceled during the period of its award on the basis of student-athlete's athletics ability, performance or contribution to the team's success, or because of illness or injury that prevents a student-athlete from participating in athletics, or for any athletic reasons.

Grant-in-aid amounts may be reduced immediately or canceled during the term of the award if the student-athlete becomes ineligible for intercollegiate competition (e.g., dropping below full time status=12 hours; providing false information on a University application, letter of intent, or financial aid agreement; engaging in serious misconduct that brings disciplinary action from U of L; behavior detrimental to U of L; or voluntarily withdrawing from the sport for personal reasons at any time.

Grant-in-aid amounts must be reduced or canceled if the student-athlete signs a professional sports contract for the sport, accepts money for playing in an athletics contest, agrees to be represented by an agent and accepts money, or receives other aid that causes him/her to exceed individual limits.

Student-athletes may be eligible for Federal, State and institutional financial aid, and can apply for non-athletic financial assistance through the Office of Financial Aid.

All financial aid from any source outside the Office of Financial Aid must be reported to the Office of Compliance, and Office of Financial Aid to verify whether the aid may be accepted by the student-athlete in accordance with NCAA regulations.

Student-athletes who receive room and board as a part of their financial aid package should note that this part of their package is considered taxable income by the Internal Revenue Service.

## Housing

The Housing and Residence Life Office houses undergraduate and graduate students on both the Belknap and the Health Sciences Center campuses. Both campuses have apartment and residence hall facilities. Applications require a deposit.

Student-athletes are subject to the same rules and regulations as the rest of the student body. You are expected to conduct yourself in a responsible manner in the residence halls, and will be held accountable for any property damages for negligence or abuse.

**Questions regarding housing should be addressed to the Office of Compliance.**

## Board

All athletic meal plans are through the University Food Services. Student-athletes with a full board scholarship will be provided with a meal plan. All incoming freshman who live on campus will be required to purchase the required University standard meal plan of \$700 per semester. For assistance with food plans and general information about University Food Services call 852-6715.

## On/Off Campus Room and Board Stipends

An off campus room and board stipend is provided to student-athletes receiving athletic aid for housing and meal expenses when they are living and/or eating off campus. In addition, those student-athletes who live on campus and receive an athletic aid award for housing and meals will receive a stipend. The stipend is provided in the form of a check. The checks are distributed by the Bursar's office (Houchens Bldg.) at the beginning of each month throughout each semester during the academic year.

Student-athletes must be financially and academically registered as determined by the institution prior to receiving an off-campus check. Student-athletes must

make sure they have an updated local mailing address with the Bursar's office (Houchens Bldg.) to avoid having checks sent to a prior mailing address or a permanent home address. Furthermore, if a student-athlete has any outstanding bills (i.e., parking tickets, late fees, etc.) the payment will be paid out of their monthly stipend. To verify the status of your account stop by the Office of Compliance.

### ■ International Student-Athletes

An international student-athlete who receives room and board as part of their financial aid package should note that this portion of their package is considered taxable income by the Internal Revenue Service and is required by the U.S. government.

## Summer School

ULAA financial assistance for summer school aid is not automatically funded and, if available, shall only be awarded with approval of the head coach and the Athletic Department to the Senior Staff Committee. Applications must be filled out with Athletic Academic Services. Each situation will be reviewed on a case-by-case basis. Summer school aid is a privilege, not a given. The following priorities are considered in awarding of summer school assistance:

- Student-athletes who need the hours to be eligible for fall competition;
- Fifth-year student-athletes who will graduate that summer;
- Fourth-year student-athletes who will graduate that summer;
- Student-athletes who will be eligible in the fall but need hours to stay on schedule for graduation.

Summer school aid **will not** be awarded to those who are making up classes that were avoided or dropped during the regular school year. Financial aid will be based upon the existing athletic department budget, the number of requests, the applying student-athletes previous award during the academic year, and the previous academic performance as evaluated by the academic counselor. The amount of aid available to the student-athlete will be granted at the equivalent value or less of the scholarship awarded during the previous academic year. Full financial awards will be on a limited basis.

Student-athletes who are receiving an athletic grant-in-aid and who have excessive absences in a course(s) during the previous fall and spring semester may be denied financial assistance for the summer session(s). Student-athletes dropping classes shall be responsible for the repayment of their award back to the athletic department and/or denied further summer school assistance.

**Note:** NCAA legislation requires students to get prior written approval by the appropriate academic officials at U of L prior to enrolling in summer school courses at another institution. Ask your academic counselor about the **visiting student letter**.

### Fifth Year Aid

ULAA financial assistance for fifth-year aid is **NOT** automatically funded and, if available, will be granted at the equivalent value or less of your award during the previous academic year. Student-athletes needing fifth-year aid to complete his/her degree must submit an application through your Athletic Academic Counselor and the ULAA to the Senior Staff Committee for approval.

All fifth-year aid is awarded on a semester-by-semester basis and students must make normal progress toward a degree in the first semester of the award. Student-athletes dropping classes shall be responsible for payment of their award back to the ULAA. Aid will not be granted for graduate, second baccalaureate or special certification purposes. Prerequisites for granting fifth-year aid are as follows: 2.0 or above GPA, 96 hours completed, 75% of degree completed, and satisfactory progress (24 credit hours completed) during your senior year.

All student-athletes who receive fifth-year aid are required to work 10 hours a week for the ULAA. Fifth year aid will not be granted beyond two semesters. NCAA rules stipulate that the five years of aid must be completed within six years of a student-athlete's initial enrollment. For more information, contact the Office of Compliance.

### NCAA Degree Completion Program

The NCAA has established a program to assist student-athletes who have exhausted their eligibility for institutional financial aid. Applicants must have completed eligibility for athletics-related aid (in five years) at a Division I member institution before application and must be within 30 semester hours of fulfilling their degree requirements. Recipients may be funded for a maximum of five part-time semesters or two full-time semesters. Part-time students receive tuition and an allowance for books; and full-time students receive grants equal to a full athletics grant at the institution. Applications are accepted in the fall and spring for the next academic year. For more information, contact the Office of Compliance.

## **NCAA Special Assistance Fund**

**A fund has been established by the NCAA to assist student-athletes with special financial needs. Those who may be eligible include:**

- Pell-eligible student-athletes (except nonqualifiers in their initial year of residence), including student-athletes who have exhausted their athletics eligibility or no longer are able to participate because of medical reasons;
- Student-athletes who are receiving countable, athletically-related financial aid, and who have demonstrated financial need as determined by the analysis conducted consistent with federal methodology used for all students of the institution;
- For all foreign student-athletes, an official foreign student-athlete advisory entity of the institution outside the athletics department must certify in writing that the student-athlete has financial need.

**You may use Special Assistance money for:**

- Cost of clothing and other essential expenses (not entertainment) up to \$500 for Pell-eligible student-athletes and full grant-in-aid student-athletes who demonstrate financial need;
- Cost of expendable academic course supplies (i.e., notebooks and pens) and rental of nonexpendable supplies (i.e., computer equipment and cameras) that are required for all students enrolled in the course;
- Medical and dental costs not covered by another insurance program (i.e., premiums for optional medical insurance, hearing aids, vision therapy and off-campus psychological counseling);
- Costs associated with student-athlete or family emergencies.

**Every student-athlete will have the opportunity to apply for this fund at the beginning of each academic year. For additional information regarding the qualifications and permissible uses for the Special Assistance Fund, contact the Office of Compliance.**

## **U of L Charges Not Paid by the ULAA**

Student-athletes on full grant-in-aid can expect his or her tuition, fees, required books, and room and board expenses to be covered by the ULAA. The following types of expenses are not covered by the ULAA and must be paid by you:

- Long distance phone charges made from your dorm (or anywhere else);
- Cost of treatment for injuries not sustained in practice or competition or injuries sustained during the summer (except injuries sustained in summer while conditioning under the supervision of U of L strength and conditioning personnel);

- "Consumable charges" (i.e., lab fees for breakage, non-required field trips, etc.);
- Library fines, parking fines or fines for damage to University property, including residence halls;
- Key deposits or the costs for lost student ID's;
- School supplies, dictionaries, reference books, pens, notebooks, paper, art supplies, calculators, etc.;
- Vehicle registration fees, parking stickers, and parking tickets;
- Administrative fines;
- Late registration charges;
- Non-required (i.e., "recommended") course textbooks.





# Student-Athlete Support Services

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### **Olga S. Peers Academic Center for Student-Athletes**

At the University of Louisville, athletic and academic excellence are inseparable goals for student-athletes. The university is committed to the academic success and graduation of all students participating in its athletic programs. The ULAA supports this commitment with extensive academic counseling services in an effort to maximize the success of every student-athlete.

Academic services are administered through facilities located on the second floor of the Swain Student Activities Center (SAC), in addition to Papa John's Cardinal

Stadium (PICS), and the athletic complex at the Kentucky Fair & Exposition Center (KFEC). Student-athletes may use these facilities for tutorial services, group study sessions, computer work, and individual academic preparation.

### **Tutorial Assistance**

Tutorial assistance is available to all student-athletes. Upon request, an individual tutor will be provided in any subject area. The request must be made to the academic counselor or to the tutorial coordinator. Every effort will be made to accommodate requests within 24 hours. In some

cases it may take additional time to secure an appropriate tutor, so it is important that you request a tutor as soon as a need arises.

## Rules for Receiving Tutoring Services

Tutorial assistance is a privilege, not a right. All student-athletes are responsible for abiding by the following rules:

- Treat the tutors with respect and expect the same in return.
- Exchange phone numbers and e-mail addresses with the tutor at the first tutor session.
- Do not cancel any tutoring appointments without first consulting with your counselor. If you need to cancel an appointment due to an emergency, you should:
  - \* contact your academic counselor or the tutorial coordinator before 8AM on the day of your appointment;
  - \* contact the training room when you are ill and have to miss a tutorial appointment;
  - \* contact your tutor to tell him/her of the cancellation and reschedule the next appointment.
- Come prepared for all tutoring sessions. Bring all books, materials and homework you will need for the session. If you don't come prepared, it will be considered a no show. This information will be sent to your coach and academic counselor.

- You should wait 30 minutes for each scheduled appointment with your tutor. If the tutor is late and fails to come, you should inform your academic counselor or the tutorial coordinator.

- All subject tutoring appointments will be for one hour/week. All additional appointments must receive prior approval from your academic counselor.

- If you are assigned to a study group you are required to attend all weekly appointments. Failure to attend this study group will result in a no show.

- **Unexcused Tutoring** -- No shows will be charged to the student-athlete's account. Tutorial Services will be withheld until the no-show charge has been paid.

- Coaches will be informed of all no shows or late cancellations and will administer the consequences. Continued no shows or late cancellations may result in a suspension of tutoring privileges.

- Tutor sessions are not substitutions for class attendance. If you do not attend class, you will not receive tutoring.

- Do not call your tutor at home after 10 PM or before 7 AM.

**If you have any questions about these rules, see your academic counselor or the tutorial coordinator.**



### **Learning Disability Services**

Student-athletes who have written documentation of a learning disability may be able to receive additional academic assistance. The Disability Resource Center provides services to learning disabled (LD) students at the University of Louisville. Through this department, students with documented LD's can receive accommodative assistance for their classes. These services include note-takers, extended testing time, books on tapes and readers for exams. If the student-athlete has documentation or suspects that he/she has a LD, the student-athlete should contact

his or her academic counselor in Athletic Academic Services.

### **Computer Services**

Computer labs for student-athletes are located in the Swain Student Activities Center (SAC), Papa John's Cardinal Stadium (PJCS), and KFEC. The labs contain personal computers, which feature a wide variety of software along with email and Internet access for completing class assignments and projects. Additionally, lab assistants are on duty to aid student-athletes at peak hours during the day and at night.

Fall and Spring lab hours are as follows:

SAC: 8:00 AM to 9:30 PM

KFEC: 8:00 AM to 5:00 PM

PJCS: 8:00 AM to 9:30 PM

**\*Hours are subject to change.**

The Academic Center also provides laptop computers for teams to check out when traveling for athletic competition. Additional computer labs are available on campus.

### Objective Based Study Hall

Academic Counselors, along with the Graduate Assistants, administer the objective based study hall program. The program requires that student-athletes manage their time and keep current on all assignments, tests, and quizzes. Objectives are set weekly according to class syllabi and instructor information. Academic Counselors have the responsibility of checking weekly proposed objectives to make sure they have been completed by each student-athlete.

### Academic Monitoring

Counselors check course progress on all student-athletes. This monitoring system allows the counseling staff to become aware of problems and provide the

assistance needed as quickly as possible. Your academic counselor will make every effort to contact you and discuss any academic problems that may exist. If an academic counselor contacts you, it is extremely important that you respond in a timely manner.

### Academic Athletic Records

The Academic Center staff maintains records of academic progress for all student-athletes. It is the responsibility of the student-athlete to become familiar with that record and at all times make satisfactory progress toward a degree as defined by the NCAA and the University of Louisville. University advisors and athletic academic counselors will make every attempt to provide effective guidance, **but the final responsibility for meeting academic requirements rests with you, the student-athlete.** Individual records are accessible to student-athletes during the normal office hours, but at no time may records be removed from the Olga S. Peers Academic Center.

## Registration for Classes

Each semester during early registration you must meet with your college academic advisor and your athletic academic counselor to plan your class schedule for the next semester.

You are required to meet with your college academic advisor until you have earned 24-30 degree-applicable credits and are in good standing. Your college academic advisor will help you determine what degree requirements you need to meet and will give you permission to register for the next term.

After meeting with your college academic advisor, you must schedule a meeting with your athletic academic counselor. He/she will help you with course selection and planning classes around practice and competitions. You will complete a registration worksheet with the course numbers you have selected. On the designated early registration day for athletes, you will touch-tone in your schedule.

When planning your schedule there are several guidelines that you should follow:

- **Make sure that you schedule classes around your specific practice schedule.** This allows the coaching staff to coordinate successful practice times for each team. (Certain other time

restrictions may apply to individual sports.)

- **Sign up for at least 15 hours per semester.\***

The NCAA requires that a student complete an average of 12 hours per semester. By taking 15 hours a semester, you will not only meet this requirement, but you can graduate in four years.

**\*SOME STUDENTS MAY BE RESTRICTED TO LESS THAN 15 HOURS**

No student-athlete is allowed to drop below 12 hours and continue to participate in U of L athletics according to NCAA regulations.

**At a rate of 12 hours per semester, it will take a student approximately 5 years to graduate. By passing 15 hours a semester a student could earn a master's degree in the same amount of time!**

- **Schedule Changes Dropping and Adding Courses During Scheduled Change Period**

During the designated days at the beginning of the semester, a student-athlete may add and/or drop a course or courses to his or her schedule **only** after consultation with the athletic academic counselor. During the regular semester, classes may be dropped and added during the first five days of classes. During the summer session the drop/add days vary depending on the length of the session.

## Withdrawing from a Class

Student-athletes must have prior approval from their athletic academic counselor and head coach prior to withdrawing from any class. Students are permitted to withdraw from a class(es) up to the first day of the 8th week of classes during the fall and spring semesters. The exact date will be listed in the schedule of courses. A grade of "W" will be assigned and will appear on your transcript. The withdraw date for the summer sessions will vary, based on the length of the session.

## Good Academic Standing

A 2.0 minimum GPA is required by the beginning of the third year of enrollment in order to compete.

Your college may require a higher GPA to be in good academic standing.

For example:  
School of Education ..... 2.25  
College of Business & Public ...  
Administration ..... 2.50

**It is your responsibility to know the GPA requirements for your college. Your academic standing in your college could affect your NCAA eligibility.**

## Textbook Policies

A student-athlete, who has been awarded books as part of their athletic grant-in-aid, may **only** receive **required** course related textbooks. Other supplies and equipment such as pens, paper, computer discs, etc. are not included. The ULAA will provide textbooks for scholarship athletes through the University Book Store located on the bottom floor of the Student Activities Center's (SAC) west wing.

At the beginning of each fall semester, student-athletes receiving a book scholarship are required to sign a book agreement stating the terms of the textbook policy.

## Book Distribution

- Once class schedules have been determined for the semester, student-athletes should go to the University Bookstore to obtain their books.
- Student-athletes should check in with Academic Services staff members outside the bookstore before going in.
- Student-athletes must have their student ID, class schedule and class syllabi to receive books.

- Once student-athletes have found their books, they must check out with the Academic Services staff located next to the designated register before proceeding to the register.

- Print your **full name** and **sport** and then **sign your name** on the receipts supplied by the cashier.

- If the campus bookstore does not have the text in stock, you need to see the book distribution manager in the Academic Center (SAC E202) for a voucher.

- Vouchers will be available through the third week of each semester only. If you need vouchers after this time frame, you will need to see Marvin Mitchell, Associate Athletics Director, E202 SAC.

- If you obtain books for a class that you subsequently drop, it is your responsibility to **immediately** return those books to the Academic Center (E202 SAC).

- If you are found to have received books in excess of the required text for your class, then you will not receive your book grant for the next semester, unless you pay the full price of those books.

- Student-athletes who have exhausted their eligibility and plan to return for the following semester must see John Carns, in the Office of Compliance, for approval to receive books.

every class session of each course for which you are registered. You must be prepared and be on time to each class.

### Class Absences Due to...

#### ■ Athletic Participation

Student-athletes will be provided a **"travel letter"** which follows the procedure outlined below in the University's official policy:

Although each college, school, or academic unit of the University of Louisville has its own regulations concerning class attendance, all Units hold students responsible for materials covered, lectures given, papers due, exams scheduled or other evaluative measures administered during a student's absence from class. The university requires student participation in the learning process, measurement of student progress, and the fulfillment of basic course requirements.

When a student's participation in a university-sanctioned event or activity requires him or her to be absent from a class during which an examination or other measurement of academic progress is scheduled, faculty are expected to provide the student an opportunity to be evaluated at another time or by a comparable alternative evaluation method, within a reasonable period of time prior to or after the absence. It is recommended that student make up missed exams within one week of the scheduled exam.

### Class Attendance Policies

Consistent class attendance is essential to academic success. It is your responsibility to attend

A university-sanctioned event shall be one in which a student represents the university to external constituencies in academic or extra-curricular activities. These include, but are not limited to, student government congresses, intercollegiate athletic and debate contests, music competitions, academic meetings and conferences. In order for any other event or category of events to be designated university-sanctioned, it must be approved in writing by the dean of the student's enrollment unit. A dean's decision not to designate an event as university-sanctioned may be appealed to the University Provost.

Official notice of a university-sanctioned event shall consist of a letter from the sponsoring unit or program to the faculty whose class(es) will be missed. If the event or class of events has not already been designated as university-sanctioned, the letter must be signed by the dean of the student's enrollment unit or her/his designee. The letter shall be considered binding only if it is delivered to and received by the faculty member a minimum of one week prior to the event or activity. The letter shall include the following data:

- Date(s) and location(s) of the event(s);
- Date of departure from campus and exact time when the student is expected to report for departure;

- Date of return to campus and exact time when the student will be expected to return to class.

U of L recognizes that educational experiences extend beyond the classroom and campus. Students are encouraged to participate in activities that provide opportunities for academic enrichment, experiential learning, and university service as ambassadors for the university. Faculty are urged to be as flexible as possible in providing alternative times or means for the evaluation of students who are acting as representatives of the university in an officially sanctioned activity that requires absence from class.

### ■ **Illness or Injury**

Student-athletes must contact the athletic trainer assigned to their team in the instance of class absence due to illness or injury. The athletic trainer may supply the student-athlete with a medical excuse form. The student-athlete is to take this form to his or her instructors.

### ■ **Emergencies**

Student-athletes should notify the academic services office if they must leave campus for any extended period of time because of hospitalization, injury, or personal problems. Your academic counselor will notify professors, but it is your responsibility to meet with professors to arrange for any make-up work that needs to be completed.

## Academic Terminology You Should Know

### ■ **Academic Retention Standards:**

Each college maintains its own standards with regard to GPA requirements for admission and graduation, as well as academic good standing, warning, probation and dismissal.

It is your responsibility to know your college and its standards. Refer to the catalog or your academic counselor if you have questions.

### ■ **Classification of students:**

Freshman ..... 0-29 hours  
Sophomore ..... 30-59 hours  
Junior ..... 60-89 hours  
Senior ..... 90+ hours

### ■ **Credit or Semester Hour:**

The unit of weight for each academic course. Most courses are 3 credit hour courses. Remember... you must be enrolled for at least 12 hours each semester and it takes 121-125 hours to graduate for most degrees.

### ■ **Grade Replacement Policy:**

Students may repeat courses for grade replacement up to 4 times. There may be certain restrictions, depending on your college. (See The Undergraduate Catalog)

### ■ **Incompletes:**

Professors can choose to give a student a grade of "I" for a deficiency in quantity, not quality, of work. Incompletes must be completed by the end of the next academic term. If it is not completed, the grade will change to an "F".

### ■ **Minimum "C" Courses:**

Some majors require that a minimum grade of "C" is needed to earn degree credit for the course, specifically the School of Education majors, and some Arts & Sciences majors.

### ■ **Prerequisite:**

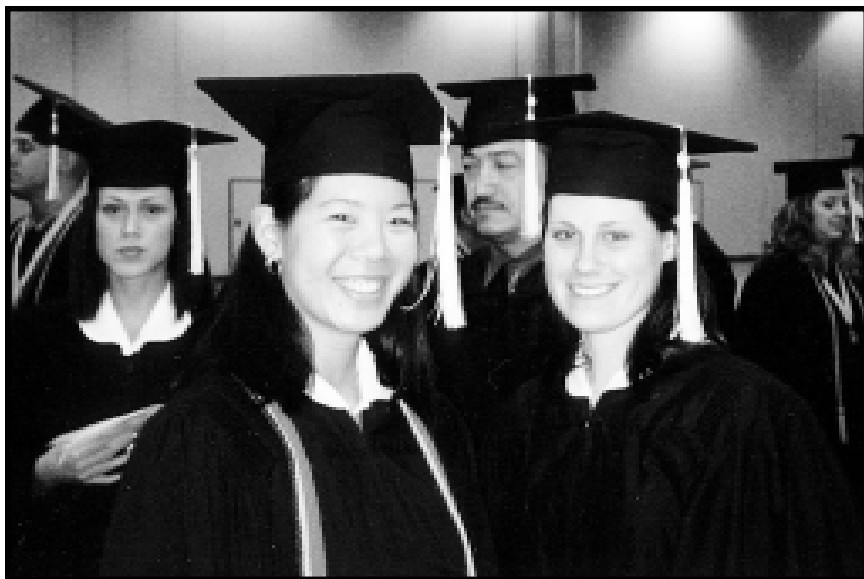
A prerequisite is a course which must be completed prior to enrollment in a higher course and/or degree program.

### ■ **Degree check:**

After a student has completed 90 credit hours, he/she must apply for a degree check in his or her college. This will allow the student to know exactly which courses are needed to graduate.

### ■ **Visiting student letter:**

Students must receive prior written approval from their academic unit, before taking summer school classes at another institution. NCAA legislation requires students to get prior approval by the appropriate academic officials of their certifying institution if courses taken during another institution's summer term are to be utilized in determining the student's



academic status (i.e., good academic standing and satisfactory progress). For more information on this, see your academic counselor.

### **Satisfactory Progress and Good Academic Standing; NCAA Academic Requirements**

The minimum guidelines defining satisfactory progress toward a degree and good academic standing for a student-athlete are as follows:

#### **■ Satisfactory Progress**

- Completion of 24 hours per year or an average of 12 hours for each semester enrolled. Courses must be applicable to a designated major or General Education requirements.
- 75% of satisfactory progress credits must be earned during the

regular academic year. A student-athlete shall not earn more than 25% of satisfactory progress credits during the summer sessions. Therefore, you must complete at least 18 hours of applicable credit during the fall and spring semesters and can use no more than 6 hours of credit from summer school for NCAA eligibility.

- Designation of major by fifth semester (junior year).
- By the **end** of each year listed below, a student-athlete must have completed the designated percentage of degree work:
  - Second (Sophomore) year **25%** of degree requirements
  - Third (Junior) year **50%** of degree requirements
  - Fourth (Senior) year **75%** of degree requirements

Deciding upon a major early in a student-athlete's academic career is crucial for continued eligibility and graduation in four years.

### Good Academic Standing

**Minimum required GPA:**

- 2.0 by the beginning of the third year (5th semester) of enrollment
- 2.0 by the beginning of the fourth year (7th semester) of enrollment
- 2.0 by the beginning of the fifth year (9th semester) of enrollment

**A 2.0 GPA is required for graduation from U of L. However, a higher GPA may be required for certain undergraduate programs.**

**WARNING:**  
**Failure to meet these standards can cause a student-athlete to be ineligible for competition. Academic ineligibility may result in the loss of athletic grant-in-aid.**

### Grading System

**Grade (Quality) Points & Grade Point Average (GPA)**

A grade (quality) point system based on all hours attempted at U of L is used to calculate a student's academic achievement. The following grade symbols are currently in use for all undergraduate courses:

- A- Excellent ..... 4 Quality Points
- B- Good ..... 3 Quality Points
- C- Average ..... 2 Quality Points
- D- Passing/Poor .... 1 Quality Point
- F- Not Passing ..... 0 Quality Points (Must repeat course to secure credit)

I\* Incomplete  
A grade of "I" is given for a deficiency in quantity, not quality, of work. \*Given at the discretion of the professor.

The following do not enter into the point system:

- W- Withdrew
- P- Passing (Earns hours)
- U- Unsatisfactory (Does not earn hours)

### Needed GPA Calculation

Procedure for Calculating Grades Necessary to Attain a Given Average at the End of the Current Semester

- On line 1 enter the total hours that will have been attempted at the end of the current semester (sum of hours attempted in previous semesters and those being attempted in current semester).

1. \_\_\_\_\_

- On line 2 enter the average required at the end of the current semester (1.80, 2.00, etc.) Multiply hours on line 1 by the average on line 2; enter the product on line 3.

2. \_\_\_\_\_

\* This is the number of quality points you need at the end of the current semester.

3. \_\_\_\_\_

- On line 4 enter the quality points you have earned prior to the current semester. Subtract line 4 from line 3; enter the difference on line 5.

4. \_\_\_\_\_

- This is the number of quality points that you must earn this semester.

5. \_\_\_\_\_

- On line 6 enter the number of hours being attempted in the current semester. Divide lines 5 by line 6; enter the quotient on line 7.

6. \_\_\_\_\_

- This is the grade point average you must earn on courses being taken now in order to attain the required average at the end of the current semester.

7. \_\_\_\_\_

**EXAMPLE:**

Student X has a current GPA of 1.33 figured on 33 attempted hours and the accumulation of 44 quality points. Since the GPA is below a 2.0, Student X will be on Academic Warning. The student is currently enrolled in 14 hours and wants to know what grade point average he or she must make this semester to get off probation.

1. 33 previous attempted hours  
+14 current hours  
47 total hours
2.  $\frac{44}{47}$  (minimum required GPA)
3. 94 therefore, 94 QP's are needed  
  
94 QP's needed for 2.0
4.  $\frac{94}{47}$  previously earned
5. 50/ QP's needed for this term
6. 14 divide # hours this term
7. 3.58 GPA will be necessary this term

**Calculating Your Grade Point Average**

COURSE	GRADE	CREDIT HOURS	QUALITY POINTS	TOTAL QP's
ENGL	B	3 x	3 =	9
BIOL	C	3 x	2 =	6
BIOL	F	1 x	0 =	0
MATH	D	3 x	1 =	3
PSYC	B	3 x	3 =	9
HLTH	A	2 x	4 =	8
EXSS	B	1 x	3 =	3
16 Hrs				38 QP's

A cumulative GPA is computed by dividing the total number of quality points earned by the number of hours attempted at U of L.  $38/16 = 2.375$  GPA

## Designation of Degree

The NCAA mandates that each student-athlete must designate a major degree of study by the beginning of the third year (5th semester) of enrollment. This declaration will be used in formulating satisfactory progress for anyone entering their fifth and subsequent semesters. For assistance in choosing a major, see your athletic academic counselor.

## Changing Your Major

If you are interested in changing your major you must first get approval from your athletic academic counselor. **Please note that a change in major may affect your eligibility.**

## How to Win in the Classroom

### ■ What is Education?

*Education is like an apprenticeship between student and teacher. Originally, the teacher provides example, direction, evaluation, and help.*

*However, as time goes on, students become more self-sufficient, more self-directed, and more self-critical. Finally, the student becomes teacher, his or her own teacher. The goal is to become your own teacher.*

From *How to Be a Successful Student*  
by Donald Martin

■ **The responsibility for academic success lies with you, the student-athlete.** You have the responsibility to ask for help when you are not doing well in a class. You have the responsibility to complete assignments on time. Ultimately, you have the responsibility to take control of your own learning process and to become an academic success.

## Tips for Academic Success

- Go to class **-every class-** Try missing practices and see what your coach thinks and says.
- Sit in the front of the classroom.
- Stay alert in class. Don't yawn or stare out the door or window.
- Be familiar with course requirements. **Read the SYLLABUS.**
- Get a notebook and keep all notes, handouts, and syllabi together.
- Record on a calendar all test and assignment due dates, scheduled competitions, and meetings and appointments.
- Keep up with reading assignments. Don't wait until the night before a test to begin your reading.
- Get to know at least one other person in each of your classes. They can help you if you have to miss a class for competition.

## Managing Your Time

With the heavy athletic demands you have, it is very important you manage your time wisely. Here are just a few tips to help you make efficient use of your time:

- Set aside a definite time for studying each day. This discourages procrastination and prevents work pileup.
- Make use of breaks between classes. Read over your notes at least three times as soon after class as possible. The information will "stick" better if you review while it is still fresh in your mind.
- If you are required to attend study hall, then make the most of that time.
- Don't cram for hours the night before a test; instead, distribute your studying in hour segments over several days.
- Keep up-to-date with course work. College terms start slowly. They gradually get busier and busier, reaching a peak at final exam time. Paper due dates usually fall at the end of the semester. If you do not plan well, you may find yourself trying to complete several term papers when you should be preparing for finals.
- It is very important to keep up with courses where material learned early in the course is needed to understand later information. Accounting, mathematics, and foreign language are among such courses.

## The Student/Professor Relationship

Most instructors are willing to help you any way they can as long as you show a willingness to do your part. Here are a few things to remember:

- Do not be afraid to talk to your professors.
- Ask for help and assistance on specific areas of study. Remember, teachers enjoy helping you learn. A student doing poorly who seeks a professor's help will rate higher in the professor's eyes than an indifferent student of any kind.
- Never say you need a grade, always state what you want to achieve from the course.

## Studying the Professor

Students should not only know their professors, but they should know as much about each professor's teaching techniques as possible.

- Class attendance and participation are usually viewed as genuine interest while absences indicate indifference. While some professors may not grade directly on the two, they may for example push a high "D" over the edge to a "C".
- Find someone who has had your instructor already and discuss the professor's testing style.

- What parts of the course does the professor like most and least? Any time a professor writes something on the board and/or repeats a point several times, take note. The information will likely appear on an exam.

### Notetaking Tips

- Do not try to write every word of lecture! Professors speak approximately 150 words per minute. Use your own particular style of shorthand, but be sure to write clearly.
- Look over the notes of the previous lecture to connect with the upcoming one.
- Always date your notes.
- Always record anything the instructor writes on the board.
- Listen carefully at the end of lectures for summaries, conclusions, or clues to test questions. Do not pack your books until the professor has finished talking.
- Fill in gaps right after class by asking another student or asking the professor.
- Rewrite class notes so that you have a second look at the material. This will provide you with the opportunity to recall information.

### Honoring Academic Achievement

**The following is a list of awards that can be achieved by student-athletes each academic year. For more information about how to receive these and other awards, see your athletic academic counselor.**

#### □ Programs for Conference USA Recognition:

##### **C-USA Commissioner's Honor Roll**

- awarded annually to student-athletes who earn a 3.0 cumulative GPA or above

##### **C-USA Commissioner's Academic Medal**

- awarded annually to student-athletes who earn a 3.75 cumulative GPA or above

##### **C-USA Scholar-Athlete of the Year**

- nominees must earn a 3.0 cumulative GPA or above. Athletic achievement and service are considered for this award.

##### **C-USA Post-Graduate Scholarship**

- based on nomination of one female and male per C-USA institution.

### Be Mentally Tough

**Just as athletes need to be mentally tough, so do students. It takes mental toughness, self-discipline, concentration, resiliency, and drive to be a good student. You have to use these skills every day.**

## ■ **Programs for University Recognition:**

**Dean's List** - awarded each semester, and based on college.

**Dean's Scholar** - awarded each semester, and based on college.

**AD Honor Roll** - awarded annually to student-athletes who earn a 3.0 semester GPA and minimum 6 hours attempted for a grade.

**Red & Black Student-Athlete Award** - awarded annually to student-athletes who earn a 3.25 or higher cumulative GPA.

**Ed Kallay Award** - awarded annually to one female and one male student-athlete from sports other than football or men's basketball with a grade point average of 2.5 or higher. Seniors are nominated for exemplifying the characteristics of leadership, exuberance for sport, devotion to U of L, commitment to community service, and dedication to excellence in their sport.

**Louisville Academic Scholarship** - based on application. Applicants must earn a 3.0 or higher cumulative GPA and earned 24 degree applicable hours.

## ■ **Programs for NCAA Recognition:**

**Postgraduate Scholarship** - scholarships are awarded annually to student-athletes who have excelled academically and athletically and who are in their last year of intercollegiate competition.

Nominees must have a minimum GPA of 3.00 and signified the intention to continue academic work as a graduate student at an academically accredited institution.

**Today's Top 8** - eight distinguished student-athletes are awarded annually for achievement in athletics, academics and leadership.

**Walter Byers Postgraduate Scholarship** - one male and one female from NCAA member institutions are awarded annually in recognition of outstanding academic achievement and potential for success in graduate study. Candidates are nominated, and must be seniors or have graduated and are completing their final year of athletics eligibility from their institution, and who have achieved a minimum GPA of 3.5 on a 4.00 scale while showing good character, leadership and citizenship.

**NCAA Ethnic Minority & Women's Enhancement Programs** - 12 scholarships are available annually to women and minorities entering their first semester of postgraduate studies in sports-administration or a related program assisting the applicant in obtaining a career in intercollegiate athletics.

## ■ **Other Academic Awards:**

**Arthur Ashe, Jr. Sports Scholar Award** - awarded annually and based on nomination.



## **Cardinal CHAMPS/ Life Skills Program**

The University of Louisville is proud to be participating in the CHAMPS/Life Skills Program (Challenging Athletes Minds for Personal Success) launched by the NCAA Foundation and the Division I-A Athletic Director's Association in 1994. At U of L this program is known as Cardinal Life Skills. This all-encompassing program wraps itself around the individual during his/her collegiate career and serves as a link between the student-athlete and the campus-wide opportunities they often have difficulty accessing due to their commitments as a student-athlete.

The goal of the program is to afford each student-athlete the opportunity to discover and develop his/her strengths, values, goals, and vision as an individual, focusing on the well being of the whole person, not just the student or the athlete. The Cardinal Life Skills Program consists of five commitments: academic excellence, personal development, community service, career development, and athletic excellence.

## **Mission Statement**

The mission of the Cardinal Life Skills Program in conjunction with established university systems, is committed to providing all student-athletes with programming to further enhance and develop the individual academically, athletically, and emotionally. The ULAA recognizes that student-athlete participation in intercollegiate athletics diminishes their opportunity to engage in other campus activities. Therefore, the Cardinal Life Skills network seeks to provide programs to continually prepare the student-athlete for life after college.

## **Academic Excellence Commitment**

This component of the Cardinal Life Skills Program focuses on the academic growth of the student-athlete leading to graduation.

The ULAA Olga S. Peers Academic Center for Student-Athletes assists each student-athlete in planning their academic career through a variety of services. Academic enrichment is offered through training in study skills, time management, academic integrity, and goal setting.



## Community Service Commitment

This commitment provides student-athletes a chance to engage in volunteer service to the campus and surrounding community.

U of L student-athletes have the unique opportunity to spend much of their time giving back to the surrounding community through the CardsCARE (Community Action Response Effort) program. Cardinal student-athletes, coaches, administrators, and staff members volunteer their time and talent with numerous organizations in an effort to assist

the community. The program has three main components:

- **CardsCARE Adopt- A-Charity** allows teams to adopt and provide services to a local charity of their choice;
- **CardsCARE Volunteer Program** serves as a venue for student-athletes, coaches, administrators, and staff members to request individual service hours;
- **CardsCARE Speakers Bureau** provides a special project that gives student-athletes a chance to educate local youth on subjects such as drug-free living and academic success.

A few examples of **CardsCARE** involvement include: American Heart Association Walk, Big Brothers/Big Sisters, Jefferson



County Public Schools, Jewish Hospital Visits, Kosair Hospital Visits, SPAVA, St. Anthony's Outreach Center, St. Joseph's Children's Home, St. Vincent De Paul Open Hands Kitchen, The Family Place, TOP Soccer, and Urban League Festival.

### **Career Development Commitment**

This portion of the program assists the student-athlete in setting career objectives and decision-making for life management.

The **Cardinal Career Network** affords every student-athlete the chance to participate in programs designed to assist them in making

successful career decisions. Throughout a student-athlete's collegiate career, the Cardinal Career Network and the University Career Center on campus encourage student-athletes to develop and pursue career and life goals through career awareness counseling, career workshops, internship information, and job placement assistance.

In addition, the **Cardinal Career Planner** has been created to assist student-athletes in their career development process. The **Shadows Program** provides student-athletes opportunities to observe day to day activities of employers in their specific career interests. Student-athletes interested in pursuing internship opportunities may also utilize

this program. The **Corporate Playbook** consists of resumes of graduating student-athletes and is designed for distribution to local, regional, and national companies. The personal development commitment supports the total well being of the student-athlete by providing education on leadership, emotional and physical wellness, decision-making, and overall well being.

The **Life After Sports (LAS)** program is designed to match qualifying male and female student-athletes who have exhausted the eligibility with business people in the community who hold similar fields of interest. This program provides student-athletes with the chance to learn from their mentor's professional experiences and expertise. The role of the mentor is to assist student-athletes with the transition from the collegiate classroom to the corporate boardroom.

### **Personal Development Commitment**

In an effort to educate student-athletes on the importance of this component in the early stages of their collegiate career, each individual is required to take the **Healthy Lifestyles class** as a freshman, where they receive vital information on topics ranging from athletic nutrition to alcohol and drug abuse. Continuing education occurs each semester, as all student-athletes have the opportunity to participate in

seminars and workshops. **Guest Speakers** from around the country are invited to U of L to talk with student-athletes about personal and social issues.

The **Performance Team** has been created to assist in the personal and athletic development of the Cardinal student-athlete. With the support of the most talented nutritionists, strength and conditioning coaches, physicians, sport psychologists and numerous other specialists, student-athletes and coaches have the opportunity to gather information to support a healthy lifestyle and achieve optimum athletic performance.

The **Student-Athlete Advisory Committee (SAAC)** is composed of student-athlete representatives from every team. This forum provides an occasion for members to voice their concerns on a wide range of issues that are important to the student-athlete population. Through their participation, SAAC members are afforded many responsibilities and opportunities, such as:

- promote communication between athletic's administration and student-athletes
- provide a voice for student-athletes
- encourage participation in community projects and campus organizations
- promote special events for student-athletes
- communicate information to teammates

- participate in opportunities to enhance leadership skills
- promote a positive student-athlete image

### **Athletic Excellence Commitment**

This commitment focuses on the development of athletic programs that are broad-based, equitable and dedicated to the well-being of the student-athlete.

The ULAA is dedicated to providing student-athletes with the best possible athletic experience. As a result, financial and facility enhancements have been made at all levels for each of the 21 sport programs to ensure that each team has the opportunity to compete at the highest level and that the University is in compliance with Title IX requirements.

### **Life Skills Advisory Team**

**Ashley Armstrong**

852-0863

**Lesley Drury**

852-8872

**Christine Simatacolos**

852-8871

**Bryan Hicks**

852-1446

**Susan Norsworthy**

852-2472

### **Senior Exit Interviews**

At the end of each student-athlete's eligibility, an exit interview is conducted by the designated sports supervisor, as required by the NCAA. The interview format was developed from questions deemed appropriate by the ULAA. These questions focus on the following areas: athletics experiences, conduct of coaches, financial aid issues, social experiences, academic services, time-management, and equity issues. The interview process is strictly confidential.

### **Media Relations**

As a member of a Louisville intercollegiate sports team, you should be aware that a great deal of attention is paid by the community to the University's athletics program. The public is extremely interested in athletics at U of L, and it is from these interested alumni and fans that the University receives much of its support for our athletics program.

As a student-athlete you have a responsibility to your coaches and your teammates to cooperate with the media whenever possible. Interacting with the media gives you the opportunity to develop communication skills, and promote your sport.



To provide the media with information, the Sports Information office requests that each student-athlete fill out a questionnaire at the beginning of each academic year. Any personal information you disclose may be released by the U of L Sports Information office.

### **Interviews**

Never agree to an interview unless arrangements have been coordinated through the U of L Sports Information office.

This policy will help avoid contact with unauthorized persons who may attempt to gain information for gambling or scouting purposes. The Sports Information office will

not give out your home phone number and strongly suggests that you do not either. The Sports Information office will let you know when to expect authorized contact from media and other related individuals.

### **Interviewing Tips for Student-Athletes**

- There is no such thing as "off the record."
- Never be a "no show."
- Be on time for scheduled interviews.
- Never say "No Comment" it usually implies suspicion or guilt. Just stay "I would rather not talk about it as this time."

- Always give proper credit to your teammates and coaches. Don't discuss teammates or coaches in a critical manner.

- Do not comment on the officiating of the game, as it can earn you a reprimand or suspension.

- Always be respectful of your opponents both before and after the game. Be a polite winner and a gracious loser.

- Ask a reporter to repeat a question that is not clear.

- Don't be afraid of silence. Think through every question that you are asked.

- Always keep direct eye contact.

- Don't say anything that you wouldn't want to see or hear in the next days newspaper or on a radio or television broadcast.

- Be aware of your use of hedges (i.e., uhm, like and you know) and avoid them. Avoid slang and technical terms.

## **Ladybirds, Cheerleaders, Cardinal Mascot and Band**

These Spirit Groups build enthusiasm and support for Cardinal athletic teams. The goals of these groups are to help generate moral support for our athletic teams, serve as ambassadors for the University, participate in the CardsCARE outreach program, and showcase their athleticism and leadership skills on the sidelines. They practice 16 to 20 hours a week, strive for high academic standards, and are very successful in competition. The Co-ed cheerleaders have dominated college cheerleading nationally by earning eight National Championships. The Ladybirds Dance Team is a three-time National Champion, the All-Girl Cheer Squad has two national titles and the Cardinal Bird Mascot has one national championship. Each of these has working squads that are nationally



recognized and respected for their success.

A tryout process is held in the month of April, in which the squad members are selected for the following academic year. The selections are based on their overall skill level, interview, academic performance, commitment and potential for contribution to the squad, university and the community.

The Cardinal Bird Mascot can be found at men's and women's athletics events generating crowd enthusiasm by leading the crowd in the traditional cheer of spelling of C-A-R-D-S! U of L's mascot is very popular in the community making appearances for different organizations. U of L fans of all ages love the Cardinal Bird.

The Cardinal Teams are lucky to have the Cardinal Marching Band and Pep Bands to make for a definite home field advantage. Their lively music and raucous cheering adds to U of L's tradition of big time college athletics. The playing of "Fight U of L" and "All Hail" never fails to get the crowds in the Cardinal Spirit. The Marching Band has served as the official band of the Kentucky Derby and there is rarely a dry eye in the house when either band plays "My Old Kentucky Home."

## Cardinal Athletic Fund (CAF)

Every time a Cardinal student-athlete serves an ace, slamdunks, scores a touchdown, belts a homerun, breaks a record, or scores a goal, that player has not done it alone. Behind the success of every student-athlete, there are over 7,500 Cardinal Athletic Fund members actively supporting Cardinal Athletic teams. CAF donors help provide for, and maintain scholarships, coaches, equipment, facilities, and academic services for our athletic teams. This "team behind the teams" has a strong desire to help the University provide a lasting, viable athletics program.



## The L-Club

The University of Louisville L-Club is organized within the CAF as an athletic support group. The L-Club is open for membership to all former Cardinal letter-winners as an avenue to provide opportunities to remain involved with U of L athletics. The benefits of being an L-Club member include football and basketball tickets with no annual donation, various social functions, an annual golf outing, admittance to the L-Club room at

Papa John's Cardinal Stadium, as well as mailings to keep up-to-date with Cardinal Athletics. The first five years of membership in the L-Club are complimentary in an effort to keep young, recent graduates involved.

**For more information on CAF or the L-Club, contact the Cardinal Athletic Fund Office at 852-5735.**



# Physical Welfare

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- **Sports Medicine**
- **Medical Facilities**
- **Treatment of Athletically Related Injuries**
- **Physical Examinations**
- **Insurance Coverage**
- **Medical Expenses**
- **Emergency Treatment**
- **Referrals**
- **Second Opinions**
- **Allied/Alternative Health Care**
- **Corrective Lenses**
- **Dental Care**
- **Prescriptions**
- **Equipment from Sports Medicine**
- **Daily Injury Reports to Coaches**
- **Summer Medical Expenses**
- **Drug Education**
- **NCAA Drug Testing Policy**
- **Drug Testing by the ULAA**
- **Use of Tobacco**
- **NCAA Banned Drug List**
- **Strength and Conditioning**
- **Equipment**
- **Locker Rooms**
- **Laundry Rooms**

**Physical Welfare**



## Sports Medicine

The athletic health care team at The University of Louisville consists of certified athletic trainers, the team physicians, and Jewish Hospital. The University of Louisville Sports Medicine Department is committed to providing the highest level of sports medicine care to the intercollegiate student-athlete.

The University of Louisville Sports Medicine Department delivers traditional athletic training and sports medicine services to the student-athletes of U of L. This includes but is not exclusive of first aid and emergency medicine; prevention, recognition, evaluation, care, rehabilitation, and

reconditioning of injuries and illnesses; and assisting with the nutritional and psychological needs of the student-athlete. These goals are accomplished through cooperation between the team physician, the athletic trainer and the student-athlete.

## Medical Facilities

### Hours of Operation:

- **Monday - Friday**

7:00 AM until all practices/contests are completed.

- **Saturday - Sunday**

by appointment only (unless otherwise specified by the athletic trainer.)

## **Treatment of Athletically Related Injuries**

During the academic year, an injured and/or ill student-athlete shall report the condition immediately. The supervising athletic trainer(s) and/or team physician shall document the condition on an injury-illness report that requests history, assessment, and a plan. The student-athlete shall be required to report directly to the athletic trainer daily for treatment and/or rehabilitation and/or follow-up medical treatment with a team physician on an appointment basis.

## **Physical Examinations**

At the beginning of the academic year, all student-athletes are required to have a physical examination by a U of L team physician(s) / U of L appointed physicians(s) before participation may begin including but not limited to individual workout.

## **Insurance Coverage**

The University of Louisville Athletic Association shall provide a secondary medical insurance policy for student-athletes. This policy requires that the ULAA to use the student-athlete's family or

personal insurance whenever possible. This excess medical policy covers the injured athlete and is an accident only policy. This policy does not cover illnesses including, but not limited to, pneumonia, spinal meningitis, appendicitis, and scarlet fever.

The ULAA shall assist in the payment of sports-related conditions that occur during the academic year. Sports-related conditions include traumatic internal injuries, musculoskeletal injuries, dermatological conditions caused by protective equipment, heat illness, traumatic dental injuries, and traumatic eye/ear injuries providing the student-athlete take proper documentation from the training room to all his/her appointments including, but not limited to, Jewish Hospital, diagnostic testing facilities, U of L team physicians, etc.

A medical insurance information/authorization form regarding family and/or personal medical insurance shall be sent to the parents of each student-athlete from the sports medicine department. This form shall be completed by the parents and/or student-athlete and returned to the athletic training staff. This form authorizes The ULAA to file a claim on the parent's and/or student-athlete's medical insurance policy in the event of an athletic injury and/or illness sustained or aggravated while participating in athletics. This form, a copy of the insurance card,

and a procedures expense statement form must be on file before a student-athlete is allowed to participate in his or her sport, and must be updated annually at the calendar year. If the personal insurance company changes or simply changes its address, please notify the sports medicine department as soon as possible.

### **Medical Expenses**

Expenses including medications and lab fees, from illnesses including, but not limited to, the flu, common cold, bronchitis, which can be cared for by the team physicians in their offices or in the training room will be assumed by The University of Louisville. The ULAA will seek reimbursement from the primary insurance.

Illnesses that cannot be cared for by the team physicians in their offices or in the training room will be the student-athletes financial responsibility.

In the event of an injury and/or illness that occurs to a student-athlete outside of athletics, i.e., intramural, personal and car accidents, unsupervised participation, unrelated illness, etc., the student athlete should report to the training room if it is a non-emergency situation for a doctor referral. However, if it is an emergency, report to Jewish Hospital for immediate care and

treatment. These conditions are usually non-athletic related and have not been caused or aggravated due to athletic participation: thus NCAA rules (16.4.2) and institutional policy prevent the ULAA from paying for any incurred expenses. The student-athlete must report the condition to the supervising athletic trainer by 8:00 a.m. the following day, so that the student-athlete's injury can be reported to the coach.

### **Emergency Treatment**

On a yearly basis, all student-athletes' emergency medical information is entered into Jewish Hospital's records system. The athlete is to contact a certified U of L athletic trainer prior to going to Jewish Hospital, unless it is life threatening.

If a student-athlete is under lawful age, the athletic trainer shall request that the parent or guardian complete an emergency medical treatment authorization. The form authorizes the sports medicine staff and/or coaching staff to secure any and all emergency treatment for the student-athlete in the event that the parent or guardian can not be reached; and further authorizes any hospital or dispensary, and attending physician and/or medical personnel to render any and all medical emergency care that may be deemed necessary.

## Referrals

In particular instances the team physicians shall delegate other physicians to assist or act on express authority. However, the team physicians shall be kept informed of all injuries and/or illness and have the final authority with regard to all medical disqualifications, treatment, medical hardships and return of the student-athlete to full participation.

## Second Opinions

The athletic trainer refers the student-athlete to a U of L team physician or U of L appointed specialist. If the student-athlete chooses to have a second opinion, a one-time-only office visit shall be covered provided prior approval from the athletic training staff was obtained. If the student-athlete chooses to have further care given by the second opinion physician outside the U of L appointed physician, all medical expenses incurred including, but not limited to, deductible(s), physician fees, rehabilitation services and fees, hospital fees, diagnostic testing, and post-op care will be the responsibility of the student-athlete and parent(s)/guardian(s).

In the event that a student-athlete chooses to have care given by a non-U of L appointed specialist all medical expenses incurred

including, but not limited to, deductible(s), physicians fees, rehabilitation services and fees, hospital fees, diagnostic testing, and post-op care will be the responsibility of the student-athlete and parent(s)/guardian(s). The student-athlete is responsible for providing the supervising athletic trainer and U of L team physicians with progress notes from the non-U of L appointed specialist. Furthermore, the U of L team physicians shall have the final authority with regard to all medical disqualifications, treatment, medical hardships due to the NCAA guidelines.

Medications for gynecological and dermatological problems will not be covered, as these are not athletic related injuries.

## Allied/Alternative Health Care

If the student-athlete receives care from any allied health professionals including, but not limited to, physiotherapist, reflexologist, kinesiologist, acupuncturists, chiropractors who are unauthorized by the sports medicine department or The University of Louisville team physicians, the University of Louisville, its agents, employees, trustees, officers, the University of Louisville Athletic Association, the University of Louisville Sports Medicine Department and the U of L team

physicians shall not assume any responsibility for this kind of treatment or any expenses or related expenses. Further, a student-athlete who seeks treatment from an unauthorized allied health professional may not return to participation until released by the University of Louisville team physicians. Failure to report unauthorized medical treatment may result in further injury for which the University of Louisville Sports Medicine Department and the ULAA will not be responsible and may result in suspension for further penalty at the University of Louisville's discretion.

### Corrective Lenses

Contact lenses or protective eyewear will be purchased for student-athletes who require visual correction for athletic participation. The student-athletes will need to speak to his/her supervising athletic trainer.

### Dental Care

Each student-athlete is responsible for his or her own dental care unless the need for such care is the result of an athletically related injury. Dental Injuries received during formal practice or competitions are covered. If a mouthpiece was provided for your sport, it must have been worn at the time of the injury if the department is to accept financial responsibility.

### Prescriptions

Medications for participation will only be paid for during the academic year (e.g., August-May) provided a U of L appointed physician writes the prescription. The student-athlete will present the prescription to U of L Athletic Association's designated pharmacy in order for the expenses to be charged to the athletic department. If the student-athlete submits the prescription to an unauthorized pharmacy, the ULAA will not pay for any of the incurred expenses.

Medications for illnesses during the summer will not be covered due to the NCAA guidelines.

Medications for gynecological and dermatological problems will not be covered, as these **are not** athletic related injuries.

### Equipment from Sports Medicine

A student-athlete receiving equipment, e.g., active ankles, knee protective braces, neoprene sleeves, crutches, slings, immobilizers, etc. for medical reasons shall be responsible for its return after the condition subsides. If the equipment is not returned, the student-athlete shall be billed for the equipment.

At the time of equipment check-out, the athletic trainer shall request that each football student-athlete complete a football helmet warning form that informs the participant that no helmet can prevent all head or neck injuries a player might receive while participating in football. The form warns the athlete not to use the helmet to butt, ram, or spear an opposing player. The use of the helmet in any manner just described is in violation of the football rules, and can result in severe head or neck injuries, paralysis, or death.

### **Daily Injury Reports to Coaches**

On a daily basis an injury/illness summary shall be submitted to the head coach from the athletic trainer to inform him/her of the name, condition, and level of participation for each injured and/or ill student-athlete.

### **Summer Medical Expenses**

Medical expenses are not covered during the summer, unless an injury occurs during activities that are designed to prepare the student for competition in the future and the student-athlete is under the supervision of U of L strength and conditioning personnel at the time of the injury (i.e., voluntary conditioning).

## **Drug Education**

During the first year of enrollment at U of L, each student-athlete will take a mandatory healthy lifestyles education course which provides information on illicit drug usage and alcohol awareness, as well as other dilemmas that students may face during their college experience. Specifically, the course will define NCAA and ULAA policies concerning drugs and alcohol as well as offer sessions regarding the disease of alcoholism, drug abuse and dependency, drug and alcohol problems unique to athletes and the legal aspects of drug and alcohol use. The course is designed to help the student-athlete become familiar with the scope of the problem, acquaint each student-athlete with the facilities and resources available, as well as make them aware of proper procedure should a substance abuse situation arise.

Should such a student issue arise, the ULAA has created a group of trained medical experts ranging in areas such as: alcohol abuse, drug abuse, eating disorders and nutrition. This group, known as the Performance Team, work to educate, assist, intervene, assess and treat various issues that student-athletes face today. The goal of the Performance Team is to work with the student, confidentially, appropriately, and effectively to help them continue on their journey toward academic and athletic success.

If you or someone you care about has a need for assistance, you may confidentially comment to the Director of Sports Medicine, your team trainer, or your strength coach for access and assistance into this system.



### **NCAA Drug Testing Policy**

Under NCAA regulations, any student-athlete involved in an NCAA championship (individual or team) or in a certified postseason football bowl game may be tested prior to, during, or after the event.

NCAA Bylaw 18.4.1.5 states that a student-athlete who tests positive (in accordance with the testing methods authorized by the Executive Committee) shall be charged with the loss of a minimum of one season of competition in all sports if the season of competition has not yet begun for the student-athlete or a minimum of the equivalent of one full season of competition in all sports if the student-athlete tests positive during his/her season of competition. The student-athlete shall remain ineligible for all regular season and postseason competi-

tion during the time period ending one calendar year (365 days) after the student-athlete's positive drug test, and until the student-athlete retests negative and the student-athlete's eligibility is restored by the Eligibility Committee.

If the student-athlete tests positive a second time for the use of any drug, other than a "street drug," as defined in 31.2.3.1, he/she will lose all remaining regular season and postseason eligibility in all sports. If the student-athlete tests positive for the use of a "street drug" after being restored eligibility, he/she shall be charged with the loss of a minimum of one additional season of competition in all sports and also shall remain ineligible for regular-season and postseason competition, at least through the next calendar year.

### **Drug Testing by ULAA**

The University of Louisville Athletic Association recognizes that alcohol/drug abuse is a problem in contemporary society. Alcohol/Drug abuse by athletes jeopardizes performance, is contrary to NCAA regulations and the athletic and academic expectations of the University of Louisville. Alcohol/Drugs affect performance, training and motivation by compromising the integrity of athletic competition, both individual and team ability. The use of alcohol/drugs poses the risk of injury or possible death to athletes

and long-term harm to their teammates and competitors. Drug use by the student-athlete damages the University and all student-athletes in the eyes of the public and can eliminate both the athlete and a team from NCAA post-season competition.

The University of Louisville Athletic Association recognizes that athletes are role models to many people. To address such issues, to assure compliance with NCAA requirements, to protect student-athletes from the risk of alcohol/drug abuse, and to protect student-athletes who do not use banned drugs from the stigma attached to drug users, the ULAA establishes a alcohol/drug education, testing and rehabilitation program with the following objectives:

- Provide a comprehensive drug abuse prevention and education program that will educate student athletes, student support persons and staff about the effects of illicit alcohol/drug use on physical, psychological and social aspects of life;
- Require drug screening of all student-athletes in accordance with the NCAA Constitution and Bylaws to detect usage of banned drugs;
- Provide screening, assessment and counseling on alcohol and drug use/abuse, when necessary;
- Protect the student-athlete's privacy by restricting disclosure of information to those who need to know.

At the beginning of each academic year, a member of the Athletic Training staff will meet with each team and provide all incoming student-athletes with a copy of the ULAA drug and alcohol education and testing program, its purposes, and implementation and sanctions. After receiving a copy of the ULAA policy and before engaging in competition, all student-athletes must sign a statement of understanding and consent. If the student athlete is under 18 years of age, the student-athlete's parents or legal guardian must sign for the student-athlete until the student reaches his/her eighteenth birthday.

Following the execution of the Consent Agreement, each student-athlete thereafter will be subject to unannounced, random testing for the presence of Banned Drugs/ Substances. The Medical Review Officer and Director of Sports Medicine will specify the determination of the frequency of testing.

Failure to participate in the drug/alcohol education programs (including drug/alcohol screening and any recommended follow-up) will result in loss of the privilege of participation by the student-athlete in any intercollegiate athletic program sponsored by the ULAA.

The Medical Review Officer and the Director of Sports Medicine shall develop and maintain selection procedure for administering frequent and unannounced drug screening test to student-

athletes. The Medical Review Officer, the Director of Sports Medicine and the athlete's head coach shall have authority to select specific student athletes to be tested, including any involved in injury or accident situations or other behaviors reasonably giving rise to concern regarding alcohol/drug abuse. Student-athletes may be tested on one or more occasions at any time while enrolled in the University on athletic scholarship or participating in intercollegiate athletics.

The testing procedure involves the collection of specimens of urine under observation of the athletic trainer. The collection of samples is executed in a manner to ensure confidentiality and to avoid misidentification. All laboratory testing shall be conducted under the auspices of an independent laboratory designated by the ULAA.

### **ULAA Positive Drug Test Consequences**

#### **■ First Offense:**

- Appropriate personnel including the Head Coach will be notified of positive test results.
- The student-athlete will be required to participate in professional counseling sessions.
- The student-athlete will be required to undergo frequent, unannounced drug testing.

#### **■ Second Offense:**

- Appropriate personnel including the Head Coach will be notified of positive test results.
- The Director of Athletics will also inform the University President.
- Appropriate personnel will review the entire case and may refer the student-athlete for comprehensive treatment.
- The student-athlete will be required to continue undergo frequent drug testing as long as deemed necessary by ULAA personnel as long as he/she remains a student-athlete at the U of L.

#### **■ Consequences for the first or second offense**

At the Athletic Director's discretion, a first or second offense may result in one or more of the following sanctions:

- Suspension ranging from temporary to permanent from athletic participation;
- Cancellation of all or part of any room and/or board provided by ULAA to the student-athlete;
- Cancellation of all or part of any grant-in-aid provided by the ULAA to the student-athlete; and
- Cancellation of all or part of any other benefits provided to the student-athlete by ULAA, including tuition, books and other fees.

#### **■ Third Offense:**

- Appropriate personnel including the Head Coach will be notified of positive test results.
- The Director of Athletics will also inform the University President.

- The student-athlete will be suspended from participation and referred to professional counseling.
- In the absence of unusual circumstances as determined by the University of Louisville Financial Aid Committee upon the recommendation of the head coach, Medical Review Officer and/or the Director of Sports Medicine after consultation of medical or counseling reports submitted by the student-athlete. The student-athlete will be subject to non-renewal of scholarship at the end of the academic year.

The student-athlete shall have the right to a hearing before this committee at which he or she can present evidence in his or her defense and challenge evidence and testimony against him or her. Notwithstanding any other provision of this policy, the team coach, Medical Review Officer, the Director of Sports Medicine and/or the Director of Athletics shall have the authority to suspend any student-athlete at any time from participation in intercollegiate athletics if, in the opinion of the Medical Review Officer or the Director of Sports Medicine, such participation would be dangerous or not in the best interest of the athlete or athletic department.

### ■ Student-Athlete's Responsibilities in Drug Testing

Each student-athlete is obligated to advise the Athletic Trainer prior to providing any urine sample of all medications, whether prescriptive or non-prescriptive, which the student-athlete is presently taking or has taken with the preceding

thirty-days (30), along with the medical reason therefore. In addition, the student-athlete may be required to further document, to the satisfaction of the Medical Review Officer and/or the Director of Sports Medicine the medical necessity for the medication being taken or previously taken by the student-athlete.

The failure of the student-athlete, required to undergo counseling, or to attend any required counseling session(s), whose absence is not excused by the Athletic Trainer, shall be treated as a separate violation of the ULAADep. The student-athlete as a result of his/her failure to attend any required counseling session(s) may have any of the aforementioned sanctions imposed on him/her.

### Use of Tobacco

The NCAA prohibits the use of tobacco products by student-athletes, coaches, and game officials during practice and competition. They will be disqualified for the remainder of the practice or competition if they are using tobacco products.

### NCAA Banned Drug List

The following is the list of Banned Drugs (Bylaw 31.2.3.1):

#### ■ Stimulants

amiphenazole, amphetamine, bemigrade, benzphetamine, bromantan, caffeine,

chlorphentermine, cocaine, cropro-pamide, crothetamide, diethylpropion, dimethylamphet-amine, doxapram, ephedrine, ethamivan, ethylamphetamine, fencamfamine, meclofenoxate, methamphetamine, methylpheni-date, nikethamide, pemoline, pentetrazol, phendimetrazine, phenmetrazine, phentermine, picrotoxine, pipradol, prolintane, strychnine, and related com-pounds \*

### ■ **Anabolic Agents**

anabolic steroids, androstenediol, androstenedione, boldenone, clostebol, dehydrochlormethyl-testosterone, dehydroepiand-rosterone (DHEA), dihydrotes-tosterone (DHT) dromostanolone, fluoxymesterone, mesterolone, methandienone, methenolone, methyltestosterone, nandrolone, norandrostenediol, norand-rostenedione, norethandrolone, oxymesterone, oxymetholone, stanozolol, testosterone, and related compounds \* Other anabolic agents; clenbuterol

### ■ **Diuretics**

acetazolamide, bendroflumethia-zide, benzthiazide, bumetanide, chlorothiazide, chlorthalidone, ethacrynic acid, flumethiazide, furosemide, hydrochlorothiazide, hydroflumethiazide, methyclothia-zide, metolazone, polythiazide, quinethazone, spironolactone, triamterene, trichlormethiazide, and related compounds \*

### ■ **Street Drugs**

heroin, marijuana, THC (tetra-hydrocannabinol)

### ■ **Peptide Hormones and Analogues**

chorionic gonadotrophin (HCG - human chorionic gonadotrophin), corticotrophin (ACTH), growth hormone (HGH, somatotrophin) All the respective releasing factors of the above-mentioned substances also are banned; erythropoietin (EPO), sermorelin

### ■ **Definitions of positive depends on the following:**

- For caffeine-if the concentration in urine exceeds 15 micrograms/ml.
- For testosterone-if the adminis-tration of testosterone or the use of any other manipulation has the result of increasing the ratio of the total concentration of testosterone to that of epitestosterone in the urine to greater than 6:1, unless there is evidence that this ratio is due to a physiological or pathologi-cal condition.
- For marijuana and THC-if the concentration in the urine of THC metabolite exceeds 15 nanograms/ml.

\* The term "related compounds" comprises substances that are included in the class by their pharmacological action and/or chemical structure. No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example.

**A copy of the NCAA Banned Drug list is available in all U of L training room facilities.**

## Strength and Conditioning

There are three weight rooms for U of L student-athletes which are located in the following facilities; the football complex at Papa John's Cardinal Stadium (PJCS), the basement of the Swain Student Activities Center (SAC), and the fairgrounds complex at the Kentucky Fair and Exposition Center (KFEC).

The philosophy of the strength and conditioning coaches is to provide each student-athlete with a comprehensive, annual strength and conditioning program to enhance athletic performance and prevent potential injuries. The program includes strength and power training, speed development, agility and plyometric sport specific functional training, flexibility, nutritional education and mental preparation techniques.

## Weight Room Rules

**The following weight room rules have been established for its users. If you are injured while lifting, please notify the strength and conditioning staff and the sports medicine staff.**

- Student-athletes are only permitted to use the weight room facilities during normal operational hours under the supervision of authorized personnel.
- Return all training equipment (i.e., weights, belts, bars, wraps and straps) to their appropriate spots when you are finished using them.
- When performing lifts, use spotters at all appropriate times.
- If you have an existing injury, you must notify both the sports medicine staff and the strength and conditioning staff to allow them to make appropriate changes to your training program.
- Chewing tobacco, gum, food, or drinks are not allowed in the weight room.
- No horseplay.
- Student-athletes are not allowed in the strength & conditioning staff offices (i.e., to use the phone, computer, or change the stereo) without permission.
- Every athlete must wear a shirt and shoes at all times. No one will be allowed to lift in street clothes. Cleats are not allowed in the weight room.
- No spitting on the walls, floor, or in the drinking fountain.
- No abusive or profane language.
- Student-athletes are responsible for returning their program cards to the appropriate location in the weight room.
- Report any broken equipment to your strength coach.
- Former athletes and guests must sign a waiver of liability form before using the equipment.



In the event of a disciplinary problem, a student-athlete will receive one verbal warning of an offense. Repeated misconduct will result in the student-athlete's dismissal from the facility. A meeting will follow this with the strength coach, a member of the coaching staff and the student-athlete to resolve the matter.

## Equipment

There are four equipment areas utilized by U of L Athletic Association: Kentucky Fair and Exposition Center, Papa John's Cardinal Stadium, Cardinal Park, and the Swain Student Activities Center. General hours of operation are 8 AM to 6 PM while classes are in session.

Student-athletes are not able to receive equipment until they have passed a pre-participatory physical examination, and been determined eligible to compete. It is the responsibility of the head coach to inform new student-athletes of the time and particular equipment room they will go to be issued equipment, and be informed of locker rooms and procedures.

Student-athletes will be provided enough equipment to get through the year of their competitive sport season. Student-athletes are responsible for any lost or stolen articles. Report lost or stolen equipment immediately to the Equipment Room. Athletic uniforms, warm ups, and other equipment which is issued, may only be used during official

athletic practices and events. This equipment is not intended for personal, everyday use. Any exceptions to this policy must be cleared by a head coach. Clothing items are laundered by equipment room personnel or a team manager. Student-athletes are responsible for getting their laundry in on time. Laundry is only done on a team basis.

### Laundry Rooms

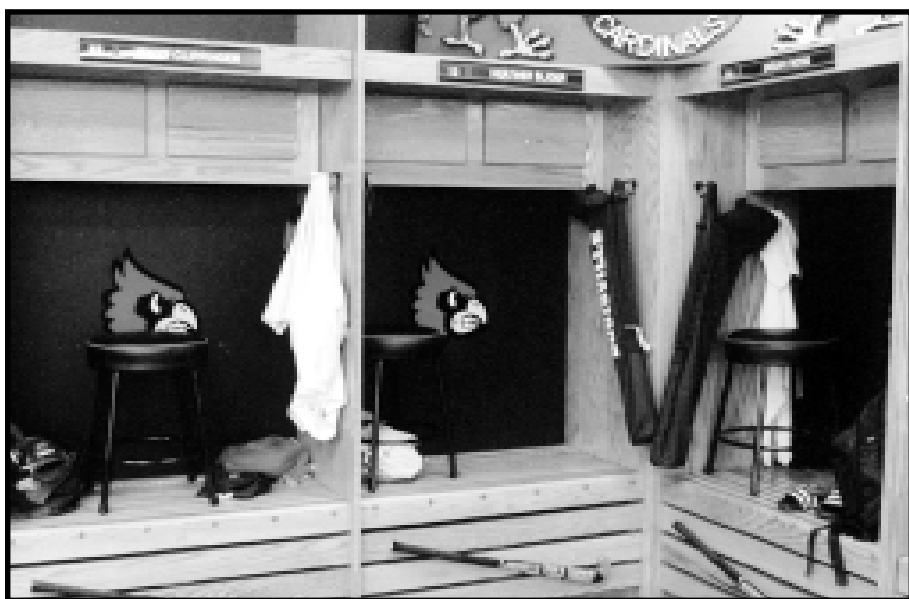
Arrangements for the cleaning and laundering of equipment are made by the equipment manager for each sport. Each student-athlete will be issued a laundry bag to be used for washing practice clothing. This will assure that clean practice clothes and uniforms will be available. Student-athletes are responsible for picking up equip-

ment before practice, and delivering it in their laundry bag to the designated laundry drop-off area after practice. No personal laundry will be washed through the equipment room facilities.

### Locker Rooms

Only U of L student-athletes and necessary Athletic Association staff members have access to locker room areas. Media personnel, friends, or relatives are not allowed in the locker rooms, without prior approval from the head coach.

Each student-athlete will be given an individual locker. All equipment issued must be kept secured in this locker. Locks are issued to you for this purpose and are to secure personal and University belongings. It is highly recom-



mended that personal valuables are left at home or securely locked in the locker.

Student-athletes are responsible for the security and cleanliness of their locker and the locker room. All trash, paper, tape, etc. should be placed in wastebaskets located in the locker rooms.



# University Services

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- **International Center**
- **Disability Resource Center**
- **Counseling Center**
- **The Women's Center**
- **Office of Minority Affairs**
- **Parking and Traffic Regulations**
- **Campus Shuttle**
- **Reference Guide**

## International Center

The International Center provides assistance to all international students with adapting to life on campus as well as in America, Kentucky and the city of Louisville. Most importantly, this is where students can learn more about the immigration requirements that they need to know before going home on vacation. I-20 forms **MUST** be signed at the International Center to reenter the U.S. after you've gone home. Also, check your visa status ahead of time.

All international student-athletes are encouraged to establish themselves with the International Center, Brodschi Hall, 852-6602.

## Disability Resource Center

The Disability Resource Center staff provides and coordinates support services for students with disabilities. The center is designed to provide students with disabilities the opportunity to pursue college goals through the use of technological and academic services. Located in 120 Robbins Hall, 852-6938, students with disabilities are encouraged to contact the center to establish eligibility for services and to discuss specific accommodation needs.

**Student-athletes are encouraged to see their academic counselor in the Olga S. Peers Academic Center for Student-Athletes (SAC/E202) for assistance if you have or suspect you may have a learning disability.**

## Counseling Center

The Counseling Center is available to enrolled students, and provides assistance in areas, such as: coping with anxiety, acquiring healthy coping skills, learning to communicate better, individual and group counseling. Counseling and referral services are confidential to the limits specified by law. The Center is located in the Student Health and Counseling Building, 852-6585.

## The Women's Center

The Women's Center works to build alliances with campus and community groups; to include women and men of all races, classes, ethnic origins, sexual orientations, and age groups; to design programs that encourage participation, including performances, discussions, exhibitions, and presentations; and to sponsor creative activities that contribute to public education, research, and policy development. The center is located in Gardiner Hall, 852-8976.

## Office of Minority Affairs

This office works to promote a welcoming and supportive environment for minorities, to facilitate communication and assist the effort of the offices of admissions, faculty and staff development, affirmative action, personnel services, student activities, student recruitment and retention, financial aid, and community relations; to assist minority students in resolving problems, in learning how to participate fully in University life, in using University programs and resources; to develop and coordinate cultural programs and activities for minority students, faculty and staff; and to provide minority perspective in policy decisions through appropriate channels. The office is located on 120 Brandeis St, 852-6656.

## Parking and Traffic Regulations

Any motor vehicle parked on University property, other than in paid meter spaces, or short term pay parking lots must display a valid University of Louisville parking permit or pass. The type of permit indicates the areas where the vehicle may be parked. Use of a motor vehicle on U of L property is a privilege, not a right, and is made available only under the policies established in the

University Motor Vehicle Rules and Parking Regulations currently in effect. Parking rules and regulations are published annually, issued with permits, and serve as guidelines for parking on campus. Any vehicle inhibiting traffic flow, hampering fire protection, parked illegally in a reserved or handicapped space, blocking handicap access, using a lost/stolen or forged/altered parking permit or has accumulated four or more unpaid parking citations is subject to immediate tow and impoundment.

### **THE PURCHASE OF A PARKING PERMIT DOES NOT GUARANTEE A PARKING SPOT.**

Students can buy parking permits, pay parking fines, and buy TARC tickets at the Parking Office, located in the Floyd Street Parking Structure.

## Campus Shuttle - FREE!

The Cardinal Shuttle is a service provided by TARC. The Cardinal Shuttle will pick up students from the parking lots east and south of Papa John's Cardinal Stadium (PJCS) and transport them to the Student Activities Center (SAC) on Floyd St. One stop will also be made on the southbound side of Floyd St. in front of the Thrust Theatre, and on the northbound side of Floyd St. just north of the Tennis Center.

## What do you need to ride the shuttle?

- A valid GREEN or PURPLE U of L parking permit.
- This will allow you to park in the designated parking lots at the stadium. Vehicles without a valid permit may receive a citation.
- Valid Student ID.

\*If you forget your ID, you will be charged 10 cents.

\*Purchase of a purple permit is mandatory for commuter students with fewer than 30 hours. The permit allows for parking at Papa John's Cardinal Stadium. Students can then ride the Cardinal Shuttle to campus.



## Campus and Athletic Resources

Admissions .....	852-6525
Bursar .....	852-6503
Academic Advising Offices-	
Arts and Sciences .....	852-5502
Business .....	852-7439
Education .....	852-5597
Engineering	
Speed Scientific .....	852-6100
Music .....	852-6907
Nursing .....	852-5368
Athletic Academic Services .....	852-6006
Cardinal Athletic Fund .....	852-7250
CardsCARE .....	852-8872
Career Center .....	852-6701
Counseling Center .....	852-6585
Escort Service .....	852-6111
Financial Aid .....	852-5511
Housing .....	852-6636
International Center .....	852-6602
Libraries-	
William F. Ekstrom .....	852-6745
Art, Schneider Hall .....	852-6741
Engineering .....	852-6297
Law School .....	852-6392
Music School .....	852-5659
Athletic Marketing & Development .....	852-7254
Parking & Traffic .....	852-6680
Postal Office .....	852-6699
Public Safety .....	852-6111
Residence status (in-state/out-of-state) .....	852-5813
Sports Information .....	852-6581
Sports Medicine .....	852-7122/0123
Athletic Ticket Office .....	852-5151
Transcripts .....	852-6522
ULAA .....	852-5732
University Information .....	852-5555
Women's Center .....	852-8976

# August 2002

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25 Cardinal Sports Welcome Back Dinner	26 Classes begin and last day to initially register	27	28	29	30 Last day to drop/add courses	31

# September 2002

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>Labor Day Holiday</i>	3	4	5	6	7
8	9	10	11	12	13 <i>Last day to apply for degree (Dec. 2002 grads)</i>	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

# October 2002

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 <i>Mid-term break</i>	15 <i>Mid-term break</i>	16	17 <i>Last day to withdraw</i>	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

# November 2002

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27 <i>Thanksgiving break</i>	28 <i>Thanksgiving break</i>	29 <i>Thanksgiving break</i>	30

# December 2002

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9 <i>Last day of classes</i>	10 <i>Reading Day</i>	11 <i>Final Exams</i>	12 <i>Final Exams</i>	13 <i>Final Exams</i>	14 <i>Final Exams</i>
15 <i>Final exams</i>	16 <i>Final exams</i>	17 <i>Final exams</i>	18	19 <i>Commencement</i>	20	21
22	23	24	25 <i>Winter Break</i>	26 <i>Winter Break</i>	27 <i>Winter Break</i>	28 <i>Winter Break</i>
29 <i>Winter Break</i>	30 <i>Winter Break</i>	31 <i>Winter Break</i>				

# January 2003

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 <i>Winter Break</i>	2 <i>Winter Break</i>	3 <i>Winter Break</i>	4 <i>Winter Break</i>
5 <i>Winter Break</i>	6 <i>Winter Break</i>	7 <i>Winter Break</i>	8 <i>Winter Break</i>	9 <i>Winter Break</i>	10 <i>Winter Break</i>	11 <i>Winter Break</i>
12 <i>Winter Break</i>	13 <i>Classes start and last day to initially register</i>	14	15	16	17	18
19	20 <i>Martin Luther King holiday</i>	21	22	23	24	25
26	27	28	29	30	31 <i>Last day to apply for degree (May 2003 grads)</i>	

# February 2003

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

# March 2003

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 <i>Last day to withdraw</i>	4	5	6	7	8
9	10	11	12	13	14	15
16	17 <i>Spring vacation</i>	18 <i>Spring vacation</i>	19 <i>Spring vacation</i>	20 <i>Spring vacation</i>	21 <i>Spring vacation</i>	22 <i>Spring vacation</i>
23	24	25	26	27	28	29
30	31					

# April 2003

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28 <i>Last day of classes</i>	29 <i>Reading day</i>	30 <i>Reading day</i>			

# May 2003

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<i>1</i> <i>Reading day</i>	<i>2</i> <i>Reading day</i>	<i>3</i>
<i>4</i>	<i>5</i> <i>Final exams</i>	<i>6</i> <i>Final exams</i>	<i>7</i> <i>Final exams</i>	<i>8</i> <i>Final exams</i>	<i>9</i> <i>Final exams</i>	<i>10</i> <i>Final exams</i> <i>Commencement</i>
<i>11</i>	<i>12</i>	<i>13</i>	<i>14</i>	<i>15</i>	<i>16</i>	<i>17</i>
<i>18</i>	<i>19</i>	<i>20</i>	<i>21</i>	<i>22</i>	<i>23</i>	<i>24</i>
<i>25</i>	<i>26</i>	<i>27</i>	<i>28</i>	<i>29</i>	<i>30</i>	<i>31</i>





# Notes

