

**ASU High Performance and Opportunity Meet
May 5, 2006 – Arkansas State University
ASU Track & Field Complex**

WOMEN'S RESULTS

3,000-METER RUN — 1. Emily Malinowski, Memphis, 10:23.37 (NEW STADIUM RECORD, old record was 11:03.62 by Stephanie Anaya, Arkansas State, 5-7-05). 2. Meghan Shinkwin, Memphis, 10:57.88. 3. Mary Claire Dake, Memphis, 11:23.70. 4. Becca McMahan, Unattached, 11:47.94. 5. Toshia Bauer, Arkansas State, 12:04.91. 6. Kimberly McVeigh, Memphis, 12:09.95. 6. Hayley Hames, Arkansas State, 12:35.95.

JAVELIN — 1. Ronnie Maglaughlin, Arkansas State, 129-10 (39.58). 2. Sandra Dzile, Arkansas-Little Rock, 128-7 (39.20). 3. Chen Edri, Memphis, 128-6 (39.16). 4. Brittney Leftwich, Arkansas State, 102-11 (31.38).

400-METER RELAY — 1. Arkansas State (Brittney Shaw, Dominique Dawson, Brittany Bell, Latavia Shores), 46.67 (NEW STADIUM RECORD, old record was 49.64 by Arkansas State, 5-7-05).

1500-METER RUN — 1. Katarina Lovantova, Arkansas-Little Rock, 4:54.34 (NEW STADIUM RECORD, old record was 5:03.97 by Candice James, Arkansas State, 5-7-05). 2. Katie Bartz, Arkansas-Little Rock, 4:55.19. 3. Candice James, Arkansas State, 5:06.23. 4. Tanya Maltseva, Arkansas-Little Rock, 5:23.65.

SHOT PUT — 1. Gail Lee, Memphis, 54-7 ½ (16.65), (NCAA REGIONAL QUALIFIER; NEW STADIUM RECORD, old record was 51-0, Gail Lee, Unattached, 5-7-05). 2. Susan King, Memphis, 49-8 ½ (15.15), (NCAA REGIONAL QUALIFIER). 3. Sivan Aballi, Memphis, 45-6 ¼ (13.87). 4. Brittney Leftwich, Arkansas State, 33-7 ¼ (10.24). 5. A. Cash, Arkansas-Little Rock, 31-10 (9.70). 6. Meghan Dean, 26-5 ½ (8.06).

LONG JUMP — 1. Dominique Dawson, Arkansas State, 19-9 (6.02), (NCAA REGIONAL QUALIFIER; NEW STADIUM RECORD, old record was 18-0 by Maria Majzik, Memphis, 5-7-05). 2. Maria Majzik, Memphis, 19-1 (5.82). 3. Eryka Morris, Memphis, 18-0 ½ (5.50). 4. Kristiina Alatalo, Arkansas State, 17-9 (5.41).

POLE VAULT — 1. Andrea Pickens, Unattached, 12-11.75 (3.96). 2. Sara Young, Arkansas State, 12-00.00 (3.66). 3. Jana Capps, Unattached, 11-05.75 (3.50). 4. Karen Pace, Arkansas State, 11-05.75 (3.50). 5. Whitney Bolton, Memphis, 11-05.75 (3.50).

100-METER DASH — 1. Latavia Shores, Arkansas State, 11.80 (NEW STADIUM RECORD, old record was 11.97 by Latavia Shores, Arkansas State, 5-7-05). 2. Iashundra Flake, Memphis, 11.92. 3. Pepper Foster, Arkansas-Little Rock, 11.96. 4. Brittany Bell, Arkansas State, 12.07. 5. Brittney Shaw, Arkansas State, 12.28. 6. Joseetta Brooks, Memphis, 12.33.

DISCUS — 1. Sivan Aballi, Memphis, 147-4 (44.90), (NEW STADIUM RECORD, old record was 142-8 by Sivan Aballi, Memphis, 5-7-05). 2. Susan King, Memphis, 142-2 (43.34). 3. Rebecca Gosnell, Arkansas-Little Rock, 123-3 (37.58). 4. A. Cash, Arkansas-Little Rock, 91-7 (27.92).

TRIPLE JUMP — 1. Kristiina Alatalo, Arkansas State, 37-7 ¾ (11.47). 2. Cassandra Harding, Memphis, 37-3 (11.35).

800-METER RUN — 1. Andrea Rumpza, Arkansas-Little Rock, 2:19.98. 2. Maggie Cox, Arkansas-Little Rock, 2:23.85. 3. Meghan Dean, Arkansas State, 2:48.55. 4. Andrea Coley, Arkansas-Little Rock, 2:48.69. 5. Ashley Stewart, Memphis, 3:13.60.

5,000-METER RUN — 1. Whitney Kerth, Arkansas-Little Rock, 19:01.40 (NEW STADIUM RECORD: First time run.)

HIGH JUMP — 1. Chen Edri, Memphis, 5-7 (1.70). 2. Lindsey Lavender, 5-1 ¾ (1.57). 3. Brittney Leftwich, Arkansas State, 5-1 ¾ (1.57). 4. Angela Patterson, Arkansas State, 4-11 ¾ (1.52). 5. Meghan Dean, Arkansas State, 4-9 ¾ (1.47).

200-METER DASH — 1. Brittany Bell, Arkansas State, 24.50 (NEW STADIUM RECORD: First time run). 2. Brittney Shaw, Arkansas State, 25.40.

MEN'S RESULTS

3,000-METER RUN — Runners did not finish.

LONG JUMP — 1. Shawn Aronson, Arkansas State, 24-3 (7.39), wind +1.1, (NCAA QUALIFIER). 2. James Lundberg, Arkansas-Little Rock, 24-0 $\frac{1}{4}$ (7.32), wind +0.8. 3. Darreal Beal, Arkansas State 23-6 $\frac{3}{4}$ (7.18), wind +0.9. 4. Avery Taylor, Arkansas-Little Rock, 23-3 $\frac{1}{4}$ (7.09), wind +1.0. 5. Brandon Windbush, Memphis, 23-2 (7.06), wind +1.4. 6. (TIE) B.J. Parish, Arkansas State, 22-2 $\frac{1}{4}$ (6.76), wind NWI. 6. Darren Carradine, Arkansas-Little Rock, 22-2 $\frac{1}{4}$, 6.76), wind +1.3. 8. Richard Swaby, Memphis, 21-2 $\frac{3}{4}$ (6.47), wind +1.2. 9. Matt Vining, Unattached, 20-9 $\frac{1}{4}$ (6.33), wind +1.2.

1500-METER RUN — 1. Peter Marston, Arkansas-Little Rock, 4:13.65. 2. Jerrod Fassler, Arkansas State, 4:32.58.

SHOT PUT — 1. J.D. Erickson, Memphis, 54-8 $\frac{3}{4}$ (16.68). 2. Isaiah Rucker, Arkansas State, 54-4 $\frac{3}{4}$ (16.58). 3. Norbi Gulyas, Memphis, 50-3 $\frac{1}{2}$ (15.33). 4. Jesse Williams, Arkansas State, 46-6 (14.17). 5. Gregg Norrid, Memphis, 45-8 (13.92). 6. B.J. Parish, Arkansas State, 41-1 $\frac{3}{4}$ (12.54). 7. Nathan Roop, Arkansas State, 40-6 $\frac{3}{4}$ (12.54).

400-METER RELAY — 1. Arkansas State (Corey Jackson, Jason Brooks, Kevin Chapin, Darren Toney), 41.07.(NEW STADIUM RECORD, old record was 42.90 by Arkansas State, 5-7-05).

110-METER HURDLES — 1. Kazmere Hill, Arkansas State, 14.84. 2. B.J. Parish, Arkansas State, 16.22.

TRIPLE JUMP — 1. Roy Harris, Arkansas State, 48-3 $\frac{1}{4}$ (14.71). 2. Brandon Windbush, Memphis, 45-9 $\frac{1}{4}$ (13.96).

800-METER RUN — 1. Courtney Green, Arkansas-Little Rock, 1:54.09 .(NEW STADIUM RECORD: First time run). 2. Nathan Mattox, Arkansas State, 1:56.80. 3. Ryan Garvin, Arkansas-Little Rock, 1:58.81.

100-METER RUN — 1. Darren Toney, Arkansas State, 10.53. 2. Jeremy Greenwood, Arkansas-Little Rock, 10.69. 3. Corey Jackson, Arkansas State, 10.71. 4. Romone Johnson, Arkansas State, 10.93. 5. James Johnson, Arkansas State, 10.96. 6. Darreal Beal, Arkansas State, 10.97.

400-METER DASH — 1. Kevin Chapin, Arkansas State, 48.68. 2. John Waldorf, Arkansas State, 52.81. 3. Michael Fields, Arkansas State, 53.09.

JAVELIN THROW — 1. Shane Brandford, Unattached, 196-6 (59.9) (NEW STADIUM RECORD, old record was 195-6 by Joe Cebulski, Unattached, 5-7-05). 2. Doug Trantham, Arkansas-Little Rock, 189-04 (57.7). 3. Joe Cebulski, Unattached, 171-9 (52.36). 4. Tyler Frazier, Memphis, 166-11 (50.88). 5. Matt Vining, Unattached, 158-9 (48.4). 6. Gregg Norrid, Memphis, 142-8 (43.48). 7. Mike Davis, Arkansas State, 129-4 (39.42). 8. Zach Richard, Arkansas State, 105-3 (32.08). 9. Sam Stout, Arkansas State, 94-5 (28.78).

5,000-METER RUN — 1. Vladimir Findra, Arkansas-Little Rock, 16:39.21 (NEW STADIUM RECORD: First time run). 2. David Wallis, Arkansas-Little Rock, 19:01.05.

200-METER DASH — 1. Jason Brooks, Arkansas State, 21.15 (NEW STADIUM RECORD: First time run). 2. Darren Toney, Arkansas State, 21.59. 3. Corey Jackson, Arkansas State, 21.68. 4. Niclas Hesselgren, Arkansas-Little Rock, 22.18. 5. B.J. Parish, Arkansas State, 22.68. 6. Michael Fields, Arkansas State, 22.77. 7. Matt Vining, Unattached, 22.87.

DISCUS: 1. Kirby Atkins, Unattached, 176-2 (53.70). 2. Jesse Williams, Arkansas State, 170-5 (51.94). 3. Norbi Gulyas, Memphis, 167-0 (50.90). 4. B.J. Parish, 138-0 (42.06). 5. Harding Zills, Unattached, 128-7 (39.20).

POLE VAULT— 1. Will Jones, Unattached, 16-6 (5.03). (TIE) 2. Brandon Banda, Unattached, 15-0 (4.57). 2. Jeremy Willis, Arkansas State, 15-0 (4.57). 4. Shane Aronson, Arkansas State, 14-0 (4.27). 5. Brian Prackett, Memphis, 14-0 (4.27). 6. Elliot Montesi, Memphis, 13-5 $\frac{3}{4}$ (4.11). 7. Sam Stout, Arkansas State, 12-11 $\frac{3}{4}$ (3.96).

1600-METER RELAY — 1. Arkansas State (Corey Jackson, Jerrod Fassler, John Waldorf, Jason Brooks), 3:24.83.

HIGH JUMP — 1. Shawn Aronson, Arkansas State, 6-4 (1.93).

HAMMER THROW — 1. Jonas Hesselgren, Arkansas-Little Rock, 165-8 (50.50).