



Mountain West Conference

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AIR FORCE MEN AND BYU WOMEN WIN MOUNTAIN WEST CONFERENCE MEN'S AND WOMEN'S CROSS COUNTRY CHAMPIONSHIPS

BYU's Kangogo and Mannova win individual titles

COLORADO SPRINGS, Colo. – The Air Force Academy and BYU captured the men's and women's team titles, respectively, at the 2003 Mountain West Conference Cross Country Championships Saturday at the University of New Mexico North Golf Course in Albuquerque, N.M. The ninth-ranked Falcons men's team finished with 37 points, edging out the No. 12 BYU men (41) by four points. The second-ranked Cougar women's squad finished with 19 points and were followed by Colorado State, with 62 points.

For the men, Air Force brought home its first conference title as members of the MWC, placing all five scoring runners in the top-12. Senior Ben Payne paced the Falcons with a second-place finish (24:31). Brian Dumm (24:52, fifth place), Mark Walter (25:02, seventh), Abe Wengel (25:16, 11th) and Chris Acs (25:21, 12th) rounded out the scoring for Air Force.

"Its always fun to win," said head coach Mark Stanforth. "We're happy with what we did, but we're looking forward to regionals and nationals. We've had a really good year, but this is the farthest apart we've been (time between first and fifth runner), so we need to tighten it up again."

No. 10 Colorado State claimed third-place with 53 points, followed by New Mexico in fourth (123 points), Wyoming in fifth (137) and Utah in sixth (173).

BYU's Kip Kangogo won the men's individual title for the second straight season, clocking in at 24:16.

On the women's side, BYU placed four runners in the top-five to claim its fifth straight women's crown. Senior Michaela Mannova paced the field with a time of 20:59, to claim the women's individual title. She was followed by junior Laura Turner (21:16) and sophomore Breanne Sandberg (21:20), who finished second and third, respectively. San Diego State's Marie Nilsson (21:53, fourth) and BYU's Lisa Antonelli (21:54, fifth) rounded out the top-five.

"We have a ways to go," said head coach Patrick Shane. "We're not on all cylinders. We left the defending champion home (Kassi Andersen), but fortunately we had enough depth to day to get the job done.

"It's always nice to win the conference championship," Shane continued. "It wasn't an issue (the change of venue). We are happy to be here, the weather was great and New Mexico did a great job of getting this ready with very short notice."

Air Force finished third with 106 points, while Utah (124) and New Mexico (141) finished fourth and fifth, respectively. San Diego State claimed sixth with 143 points, while Wyoming (159, seventh) and UNLV (234, eighth) rounded out the team finishes.

2003 Mountain West Conference Men's All-Conference Teams

First Team

Kip Kangogo, Jr., BYU
Ben Payne, Sr., Air Force
Austin Vigil, Sr., Colorado State
Bill Michel, Sr., Colorado State
Brian Dumm, Jr., Air Force
Josh Glaab, So., Colorado State
Mark Walter, So., Air Force

Second Team

Matt Adams, Jr., BYU
Bryan Lindsay, Jr., BYU
Nathan Robison, Jr., BYU
Abe Wengel, Jr., Air Force
Chris Acs, Sr., Air Force
Chad Durham, So., BYU
Nick Wilson, So., Air Force

2003 Mountain West Conference Men's Award Winners

Runner of the Year

Kip Kangogo, Jr., BYU

Freshman of the Year

Rich Nelson, BYU

Coach of the Year

Mark Stanforth, Air Force

2003 Mountain West Conference Women's All-Conference Teams

First Team

Michaela Mannova, Sr., BYU
Laura Turner, Jr., BYU
Breanne Sandberg, So., BYU
Marie Nilsson, Sr., San Diego State
Lisa Antonelli, Jr., BYU
Elise Greenwood, So., Utah
Sarah Gonzales, Sr., New Mexico

Second Team

Rena Williams, Jr., BYU
Katie Yemm, Sr. Colorado State
Michelle Carman, Jr., Colorado State
Katie Moon, Jr., BYU
Crystal Clark, Jr., Colorado State
Amber Harper, Fr., BYU
Colleen Blair, Jr., Colorado State

2003 Mountain West Conference Women's Award Winners

Runner of the Year

Michaela Mannova, Sr., BYU

Freshman of the Year

Amber Harper, BYU

Coach of the Year

Patrick Shane, BYU

8kteam
Men's 8k Team Results
 ***** TEAM SCORE *****

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1.	37	AFA	(25: 01 2: 05: 02)
=====			
1	2	PAYNE BEN	24: 31
2	5	DUMM BRIAN	24: 52
3	7	WALTER MARK	25: 02
4	11	WENGEL ABE	25: 16
5	12	ACS CHRIS	25: 21
6	(14)	WILSON NICK	25: 38
7	(15)	GOSSELIN JEFF	25: 42
2.	41	BYU	(25: 04 2: 05: 17)
=====			
1	1	KANGOGO KIP	24: 16
2	8	ADAMS MATT	25: 07
3	9	LINDSAY BRIAN	25: 10
4	10	ROBISON NATHAN	25: 11
5	13	DURHAM CHAD	25: 33
6	(16)	NELSON RICH	25: 49
7	(18)	KJERENGTRON LAR	25: 52
3.	53	CSU	(25: 21 2: 06: 41)
=====			
1	3	VIGIL AUSTIN	24: 42
2	4	MICHEL BILL	24: 49
3	6	GLAAB JOSH	24: 59
4	19	CIANCUILLI MATT	26: 02
5	21	DI GRAPPA PAUL	26: 09
6	(22)	PETTIT MATT	26: 23
7	(26)	MICHEL PAUL	26: 40
4.	123	UNM	(26: 37 2: 13: 01)
=====			
1	17	SEAN FLAHERTY	25: 51
2	23	VIGIL BRANDON	26: 30
3	25	ORTEGA JUAN	26: 34
4	28	MARTINEZ STEPHEN	27: 01
5	30	CLEM NATE	27: 05
6	(32)	BRATTON CHRIS	27: 10
7	(34)	DEASON MICHAEL	27: 26

Men's 8k Team Results
 ***** TEAM SCORE *****

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5.	137	WYO	(26: 49 2: 14: 03)
=====			
1	20	KNIGHT BRIAN	26: 03
2	24	DRIVER RAGAN	26: 31

8kteam

3	29	DELANEY JASON	27: 04
4	31	HARNISCH BRIAN	27: 09
5	33	CHEESEBROUGH KYLE	27: 16
6	(39)	THOMPSON JEREMY	28: 54
7	(40)	SANDERS JASON	29: 15

6. 173 UTAH (27: 43 2: 18: 33)

1	27	DAVIDSON JEFF	26: 49
2	35	HANSEN MATT	27: 33
3	36	ROONEY J. P.	28: 01
4	37	McKAY NICK	28: 03
5	38	GOLDHARDT TIM	28: 07

***** Men's 8k Results *****

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Place	TmPl	Name	School	8k	Pace
1	1	KANGOGO KIP	BYU	24:16	4:53
2	2	PAYNE BEN	AFA	24:31	4:56
3	3	VIGIL AUSTIN	CSU	24:42	4:59
4	4	MICHEL BILL	CSU	24:49	5:00
5	5	DUMM BRIAN	AFA	24:52	5:01
6	6	GLAAB JOSH	CSU	24:59	5:02
7	7	WALTER MARK	AFA	25:02	5:03
8	8	ADAMS MATT	BYU	25:07	5:04
9	9	LINDSAY BRIAN	BYU	25:10	5:04
10	10	ROBISON NATHAN	BYU	25:11	5:04
11	11	WENGEL ABE	AFA	25:16	5:05
12	12	ACS CHRIS	AFA	25:21	5:06
13	13	DURHAM CHAD	BYU	25:33	5:09
14	14	WILSON NICK	AFA	25:38	5:10
15	15	GOSSELIN JEFF	AFA	25:42	5:11
16	16	NELSON RICH	BYU	25:49	5:12
17		WILKINSON KALIB	AFA	25:50	5:12
18	17	SEAN FLAHERTY	UNM	25:51	5:12
19	18	KJERENGTROEN LAR	BYU	25:52	5:13
20	19	CIANCUILLI MATT	CSU	26:02	5:15
21	20	KNIGHT BRIAN	WYO	26:03	5:15
22	21	DI GRAPPA PAUL	CSU	26:09	5:16
23		McADAMS JOSH	BYU	26:13	5:17
24	22	PETTIT MATT	CSU	26:23	5:19
25		McCOMBS NICK	BYU	26:25	5:19
26	23	VIGIL BRANDON	UNM	26:30	5:20
27	24	DRIVER RAGAN	WYO	26:31	5:20
28	25	ORTEGA JUAN	UNM	26:34	5:21
29	26	MICHEL PAUL	CSU	26:40	5:22
30	27	DAVIDSON JEFF	UTAH	26:49	5:24
31		D'AMATO ANTHONY	AFA	26:58	5:26
32	28	MARTINEZ STEPHEN	UNM	27:01	5:26
33	29	DELANEY JASON	WYO	27:04	5:27
34	30	CLEM NATE	UNM	27:05	5:27
35	31	HARNISCH BRIAN	WYO	27:09	5:28
36	32	BRATTON CHRIS	UNM	27:10	5:28
37	33	CHEESEBROUGH KYLE	WYO	27:16	5:29
38	34	DEASON MICHAEL	UNM	27:26	5:32
39	35	HANSEN MATT	UTAH	27:33	5:33
40		KIRKPATRICK RYAN	CSU	27:51	5:37
41	36	ROONEY J. P.	UTAH	28:01	5:39
42		KATSUDA LEIGHTON	UNM	28:03	5:39
43	37	McKAY NICK	UTAH	28:03	5:39
44	38	GOLDHARDT TIM	UTAH	28:07	5:40
45		RODGERS CHRIS	UNM	28:13	5:41
46	39	THOMPSON JEREMY	WYO	28:54	5:49
47	40	SANDERS JASON	WYO	29:15	5:53

6kteam
 Women's 6k Team Results
 ***** TEAM SCORE *****

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1.	19	BYU	(21: 32 1: 47: 37)
=====			
1	1	MANNOVA MICHAELA	20: 59
2	2	TURNER LAURA	21: 16
3	3	SANBERG BREANNE	21: 20
4	5	ANTOELLI LISA	21: 54
5	8	WILLIAMS RENA	22: 08
6	(11)	MOON KATIE	22: 19
7	(13)	HARPER AMBER	22: 26
2.	62	CSU	(22: 32 1: 52: 36)
=====			
1	9	YEMM KATIE	22: 17
2	10	CARMAN MICHELLE	22: 19
3	12	CLARK CRYSTAL	22: 20
4	14	BLAIR COLLEEN	22: 41
5	17	FEEST NICOLE	22: 59
6	(19)	MACKAY SARAH	23: 04
7	(21)	KINTZLEY JENNIFER	23: 15
3.	106	AFA	(23: 14 1: 56: 06)
=====			
1	15	GROSE LINDSAY	22: 55
2	20	CHUMLEA ANNE	23: 12
3	22	ASPDEN VIVIAN	23: 17
4	24	CULP ASHLEY	23: 20
5	25	SNYDER ASHLEY	23: 22
6	(28)	McPHERSON KELLY	23: 32
7	(32)	PINCHAK ANDREA	23: 47
4.	124	UTAH	(23: 29 1: 57: 22)
=====			
1	6	GREENWOOD ELISE	21: 56
2	16	HAMMONS NELLIE	22: 57
3	30	BRUSCH JENNY	23: 44
4	33	HAERTEL JENNY	24: 04
5	39	DAVIDSON ANDREA	24: 41
6	(40)	GUSTAVSON JENNY	24: 43
7	(42)	MESERVEY SEASON	24: 46

Women's 6k Team Results
 ***** TEAM SCORE *****

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5.	141	UNM	(23: 40 1: 58: 18)
=====			
1	7	GONZALES SARAH	22: 03
2	26	TOSA JANICE	23: 27

6kteam

3	29	MURPHY TIMMIE	23: 38
4	34	LUCY RIANN	24: 09
5	45	GOSLING BROOKE	25: 01
6	(47)	GOMEZ MYRRIAH	25: 11
7	(54)	GALLEGOS JACQUELYNE	25: 59

6.	143	SDSU	(23: 44 1: 58: 36)
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1	4	NILSSON MARIE	21: 53
2	23	EDWARDS KYLIE	23: 18
3	35	BROWN ALLISON	24: 12
4	38	CUADRA CHRISTAL	24: 24
5	43	FAIRING CHRISTIAN	24: 49
6	(44)	CATES SARA	24: 55
7	(49)	FODOR TINA	25: 26

7.	159	WYO	(23: 58 1: 59: 48)
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1	18	THOMPSON JENNIFER	23: 00
2	27	KEAN NATALIE	23: 29
3	36	PEDERSEN ASHLEY	24: 15
4	37	HELMERICK ELENA	24: 19
5	41	MICHEL CHRISTINE	24: 45
6	(46)	BRAUNEIS KRISTIN	25: 04
7	(51)	REID EMERALD	25: 39

8.	234	UNLV	(25: 17 2: 06: 25)
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1	31	SUSZEK MICHELE	23: 47
2	48	LOUGHLIN SARAH	25: 16
3	50	WALSH HEATHER	25: 38
4	52	PIERCE ASHLEY	25: 50
5	53	HAMMOND ERIN	25: 54
6	(55)	SERRANO SAMANTHA	27: 48
7	(56)	MATUTE MONICA	28: 39

Women' s 6k

***** Women' s 6k Results *****

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Place	TmPl	Name	School	6k	Pace
1	1	MANNOVA MI CHAELA	BYU	20:59	5:38
2	2	TURNER LAURA	BYU	21:16	5:43
3	3	SANBERG BREANNE	BYU	21:20	5:44
4	4	NILSSON MARIE	SDSU	21:53	5:52
5	5	ANTOELLI LISA	BYU	21:54	5:53
6	6	GREENWOOD ELISE	UTAH	21:56	5:53
7	7	GONZALES SARAH	UNM	22:03	5:55
8	8	WILLIAMS RENA	BYU	22:08	5:57
9	9	YEMM KATIE	CSU	22:17	5:59
10	10	CARMAN MICHELLE	CSU	22:19	6:00
11	11	MOON KATIE	BYU	22:19	6:00
12	12	CLARK CRYSTAL	CSU	22:20	6:00
13	13	HARPER AMBER	BYU	22:26	6:01
14	14	BLAIR COLLEEN	CSU	22:41	6:05
15		LARSEN SUZANNA	BYU	22:53	6:09
16	15	GROSE LINDSAY	AFA	22:55	6:09
17	16	HAMMONS NELLIE	UTAH	22:57	6:10
18	17	FEEST NICOLE	CSU	22:59	6:10
19	18	THOMPSON JENNI FER	WYO	23:00	6:11
20	19	MACKAY SARAH	CSU	23:04	6:12
21	20	CHUMLEA ANNE	AFA	23:12	6:14
22	21	KINTZLEY JENNI FER	CSU	23:15	6:15
23	22	ASPDEN VIVIAN	AFA	23:17	6:15
24	23	EDWARDS KYLIE	SDSU	23:18	6:15
25	24	CULP ASHLEY	AFA	23:20	6:16
26	25	SNYDER ASHLEY	AFA	23:22	6:16
27	26	TOSA JANICE	UNM	23:27	6:18
28	27	KEAN NATALIE	WYO	23:29	6:18
29	28	McPHERSON KELLY	AFA	23:32	6:19
30	29	MURPHY TIMMIE	UNM	23:38	6:21
31	30	BRUSCH JENNY	UTAH	23:44	6:22
32	31	SUSZEK MICHELE	UNLV	23:47	6:23
33	32	PINCHAK ANDREA	AFA	23:47	6:23
34		BUSBY ANIKA	BYU	23:48	6:23
35		CATHERWOOD BETH	AFA	24:01	6:27
36	33	HAERTEL JENNY	UTAH	24:04	6:28
37	34	LUCY RIANN	UNM	24:09	6:29
38		YETZER REBEKAH	CSU	24:10	6:29
39	35	BROWN ALLISON	SDSU	24:12	6:30
40	36	PEDERSEN ASHLEY	WYO	24:15	6:31
41	37	HELMERICK ELENA	WYO	24:19	6:32
42	38	CUADRA CHRISTAL	SDSU	24:24	6:33
43	39	DAVIDSON ANDREA	UTAH	24:41	6:38
44	40	GUSTAVSON JENNY	UTAH	24:43	6:38
45	41	MICHEL CHRISTINE	WYO	24:45	6:39
46	42	MESERVEY SEASON	UTAH	24:46	6:39
47	43	FAIRING CHRISTIAN	SDSU	24:49	6:40
48	44	CATES SARA	SDSU	24:55	6:41
49	45	GOSLING BROOKE	UNM	25:01	6:43
50	46	BRAUNEIS KRISTIN	WYO	25:04	6:44

Women' s 6k

***** Women' s 6k Results *****

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Place	TmPl	Name	School	6k	Pace
51	47	GOMEZ MYRRIAH	UNM	25: 11	6: 46
52	48	LOUGHLIN SARAH	UNLV	25: 16	6: 47
53	49	FODOR TINA	SDSU	25: 26	6: 50
54		McGREGOR VALERIE	CSU	25: 37	6: 53
55	50	WALSH HEATHER	UNLV	25: 38	6: 53
56	51	REID EMERALD	WYO	25: 39	6: 53
57		DORSEY-SPITZ JENNA	AFA	25: 40	6: 53
58		TYSON CELESTE	SDSU	25: 41	6: 54
59	52	PIERCE ASHLEY	UNLV	25: 50	6: 56
60		FITZPATRICK ANGIE	SDSU	25: 50	6: 56
61	53	HAMMOND ERIN	UNLV	25: 54	6: 57
62	54	GALLEGOS JACQUELYNE	UNM	25: 59	6: 58
63		FUNSTON VENESSA	UNM	26: 23	7: 05
64		TAYLOR KRISTIN	UTAH	26: 53	7: 13
65	55	SERRANO SAMANTHA	UNLV	27: 48	7: 28
66	56	MATUTE MONICA	UNLV	28: 39	7: 42