

# 50TH ANNUAL NAIA MEN'S CROSS COUNTRY NATIONAL CHAMPIONSHIPS

November 19, 2005  
E.P. Tom Sawyer State Park  
Louisville, Kentucky



## 2005 PRESEASON RATING

Rank	2004 Final	School (Region)	1st Place Votes	Total Points
1	1	Virginia Intermont (XII)	7	175
2	3	Aquinas (Mich.) (VIII)		168
3	10	Southern Oregon (I)		157
4	4	Azusa Pacific (Calif.) (II)		156
5	13	British Columbia (I)		146
6	18	Malone (Ohio) (IX)		136
7	9	Concordia (Calif.) (II)		133
8	24	Southwestern (Kan.) (IV)		123
9	2	Simon Fraser (B.C.) (I)		119
10	19	Black Hills State (S.D.) (III)		107
11	5	Concordia (Neb.) (III)		93
11	11	MidAmerica Nazarene (Kan.) (V)		93
13	NR	Berry (Ga.) (XIII)		92
13	17	California State-San Marcos (II)		92
15	12	Lindenwood (Mo.) (V)		77
16	14	Cedarville (Ohio) (IX)		70
17	8	Eastern Oregon (I)		66
18	6	Cumberlands (Ky.) (XI)		55
19	7	Doane (Neb.) (III)		53
20	NR	Indiana Wesleyan (VIII)		42
21	NR	Westmont (Calif.) (II)		37
22	25	Shawnee State (Ohio) (IX)		21
23	NR	Oklahoma Christian (VI)		17
24	NR	Albertson (Idaho) (I)		13
25	NR	Huntington (Ind.) (VII)		12

## COACHES ASSOCIATION OFFICERS

### President

John Foss, Indiana Wesleyan University

### First Vice President

Tim Bauer, Siena Heights University (Mich.)

### Second Vice President

Ben Welch, Eastern Oregon University

### Secretary

Mike Collins, Lewis-Clark State College (Idaho)

### Past President

Kregg Einspahr, Concordia University (Neb.)

### Staff Liaison

Ruth Feldblum

## 2005 MEN'S CROSS COUNTRY QUALIFICATION PLAN

Total # of schools: 190

# denotes the institution sponsors the sport but does not participate in postseason play.

### REGION I

#### Cascade Collegiate Conference (10)

Albertson (Idaho)  
 Cascade (Ore.)  
 Concordia (Ore.)  
 Corban (Ore.)  
 Eastern Oregon  
 Evergreen State (Wash.)  
 Northwest (Wash.)  
 Oregon Tech  
 Southern Oregon  
 Warner Pacific (Ore.)  
**Independent (4)**  
 British Columbia  
 Lewis-Clark State (Idaho)  
 Simon Fraser (B.C.)  
 Westminster (Utah)

### REGION II

#### California Pacific Conference (6)

Bethany (Calif.)  
 California State-East Bay  
 Holy Names (Calif.)  
 Menlo (Calif.)  
 Pacific Union (Calif.)  
 William Jessup (Calif.)  
**Golden State Athletic Conference (9)**  
 Azusa Pacific (Calif.)  
 Biola (Calif.)  
 Concordia (Calif.)  
 Fresno Pacific (Calif.)  
 Point Loma Nazarene (Calif.)  
 San Diego Christian (Calif.)  
 The Master's (Calif.)  
 Vanguard (Calif.)  
 Westmont (Calif.)

#### Independent (2)

Alliant International (Calif.)  
 California State-San Marcos

### REGION III

#### Dakota Athletic Conference (6)

Black Hills State (S.D.)  
 Dakota State (S.D.)  
 Dickinson State (N.D.)  
 Jamestown (N.D.)  
 Minot State (N.D.)  
 South Dakota Tech

#### Great Plains Athletic Conference (13)

Briar Cliff (Iowa)  
 Concordia (Neb.)  
 Dakota Wesleyan (S.D.)  
 Dana (Neb.)  
 Doane (Neb.)  
 Dordt (Iowa)  
 Hastings (Neb.)  
 Midland Lutheran (Neb.)  
 Morningside (Iowa)  
 Mount Marty (S.D.)  
 # Nebraska Wesleyan  
 Northwestern (Iowa)  
 Sioux Falls (S.D.)

#### Independent (3)

# Northland (Wis.)  
 # Regina (SK)  
 St. Scholastica (Minn.)

### REGION IV

#### Kansas Collegiate Athletic Conference (7)

Bethany (Kan.)  
 Friends (Kan.)  
 McPherson (Kan.)  
 Ottawa (Kan.)  
 Southwestern (Kan.)  
 Sterling (Kan.)  
 Tabor (Kan.)

#### Midlands Collegiate Athletic Conference (6)

# Central Christian (Kan.)  
 Haskell Indian Nations (Kan.)  
 Newman (Kan.)  
 Oklahoma Wesleyan (Okla.)  
 Park (Mo.)  
 York (Neb.)

### REGION V

#### Heart Of America Athletic Conference (9)

Baker (Kan.)  
 Benedictine (Kan.)  
 Central Methodist (Mo.)  
 Evangel (Mo.)  
 Graceland (Iowa)  
 Lindenwood (Mo.)  
 MidAmerica Nazarene (Kan.)  
 Missouri Valley  
 William Jewell (Mo.)  
**Independent (5)**  
 Hannibal-LaGrange (Mo.)  
 McKendree (Ill.)  
 Missouri Baptist  
 # Quincy (Ill.)  
 William Woods (Mo.)

### REGION VI

#### Red River Athletic Conference (6)

Bacone (Okla.)  
 Huston-Tillotson (Texas)  
 Northwood (Texas)  
 Southwest (N.M.)  
 Texas A & M International  
 Texas-Permian Basin

#### Sooner Athletic Conference (6)

Northwestern Oklahoma  
 Oklahoma Baptist  
 Oklahoma Christian  
 Southern Nazarene (Okla.)  
 St. Gregory's (Okla.)  
 Wayland Baptist (Texas)

### REGION VII

#### Chicagoland Collegiate Athletic Conference (6)

# Cardinal Stritch (Wis.)  
 Illinois Tech  
 Olivet Nazarene (Ill.)  
 Robert Morris (Ill.)  
 St. Xavier (Ill.)  
 Trinity Christian (Ill.)

#### Independent (5)

Ashford (Iowa)  
 Grand View (Iowa)  
 Mount Mercy (Iowa)  
 St. Ambrose (Iowa)  
 William Penn (Iowa)

**REGION VIII****Mid-Central College Conference (9)**

Bethel (Ind.)  
 Goshen (Ind.)  
 Grace (Ind.)  
 Huntington (Ind.)  
 Indiana Wesleyan  
 Marian (Ind.)  
 Spring Arbor (Mich.)  
 St. Francis (Ind.)  
 Taylor (Ind.)

**Independent (5)**

Aquinas (Mich.)  
 # Concordia (Mich.)  
 Cornerstone (Mich.)  
 Madonna (Mich.)  
 Siena Heights (Mich.)

**REGION IX****American Midwest Conference (16)**

Cedarville (Ohio)  
 Daemen (N.Y.)  
 Geneva (Pa.)  
 Houghton (N.Y.)  
 Malone (Ohio)  
 Notre Dame (Ohio)  
 Ohio Dominican  
 Point Park (Pa.)  
 Rio Grande (Ohio)  
 Roberts Wesleyan (N.Y.)  
 Seton Hill (Pa.)  
 Shawnee State (Ohio)  
 St. Vincent (Pa.)  
 Tiffin (Ohio)  
 Walsh (Ohio)  
 Wilberforce (Ohio)  
**Independent (1)**  
 David N. Myers (Ohio)

**REGION X****Independent (5)**

# Delhi (N.Y.)  
 Lyndon State (Vt.)  
 Maine-Fort Kent  
 Maine-Machias  
 St. Joseph (Vt.)

**REGION XI****Mid-South Conference (6)**

Campbellsville (Ky.)  
 Cumberlands (Ky.)  
 Georgetown (Ky.)  
 Lambuth (Tenn.)  
 Lindsey Wilson (Ky.)  
 Pikeville (Ky.)

**Independent (3)**

Cumberland (Tenn.)  
 Lyon (Ark.)  
 Union (Tenn.)

**REGION XII****Appalachian Athletic Conference (10)**

Brevard (N.C.)  
 Bryan (Tenn.)  
 Covenant (Ga.)  
 King (Tenn.)  
 Milligan (Tenn.)  
 Montreat (N.C.)  
 Tennessee Wesleyan  
 Union (Ky.)  
 Virginia Interment  
 Virginia-Wise

**Kentucky Intercollegiate Athletic Conference (6)**

Alice Lloyd (Ky.)  
 Asbury (Ky.)  
 Berea (Ky.)  
 Bethel (Tenn.)  
 Mid-Continent (Ky.)  
 St. Louis Pharmacy (Mo.)  
**Independent (4)**  
 Allen (S.C.)  
 Morris (S.C.)  
 # Southern Virginia  
 Voorhees (S.C.)

**REGION XIII****Gulf Coast Athletic Conference (7)**

Belhaven (Miss.)  
 Dillard (La.)  
 Loyola (La.)  
 Southern-New Orleans (La.)  
 Spring Hill (Ala.)  
 Tougaloo (Miss.)  
 Xavier (La.)

**Southern States Athletic Conference (6)**

Berry (Ga.)  
 Faulkner (Ala.)  
 Georgia Southwestern  
 Lee (Tenn.)  
 Reinhardt (Ga.)  
 Southern Wesleyan (S.C.)

**REGION XIV****Florida Sun Conference (7)**

Embry-Riddle (Fla.)  
 Flagler (Fla.)  
 Florida Memorial  
 Savannah Art and Design (Ga.)  
 St. Thomas (Fla.)  
 Warner Southern (Fla.)  
 Webber International (Fla.)

**Independent (2)**

Edward Waters (Fla.)  
 Johnson & Wales (Fla.)

*28-team national championship plus individual qualifiers  
 13-14 region berths and 14-15 at-large berths*

*Note: Region X Champion must qualify through the Region IX tournament. If the Region X representative wins the Region IX tournament, Region IX will still receive an automatic berth.*

## 2004 NAIA MEN'S CROSS COUNTRY RECAP

### 49th Annual NAIA Men's Cross Country National Championships November 20, 2004 - E.P. Tom Sawyer State Park - Louisville, Kentucky

Virginia Intermont College won its first NAIA men's cross country national championship at the 2004 NAIA Cross Country National Championships held at E.P. Tom Sawyer Park in Louisville, Kentucky.

Virginia Intermont recorded a team score of 54 with Aquinas College (Mich.) earning second place with a score of 175. Virginia Intermont was paced by Fernando Cabada. Individual medalist honors went to Soimo Kiplaget of Lindenwood University (Mo.) who finished in a time of 24:17.20. Virginia Intermont coach Scott Simmons was named the 2004 NAIA Men's Cross Country Coach of the Year.

#### Team Results

1. Virginia Intermont .....	54	15. Cedarville (Ohio) .....	374
2. Aquinas (Mich.) .....	175	16. Malone (Ohio) .....	376
3. Lindenwood (Mo.) .....	213	17. Black Hills State (S.D.) .....	386
4. Simon Fraser (B.C.) .....	215	18. Shawnee State (Ohio) .....	399
5. Azusa Pacific (Calif.) .....	237	19. Concordia (Calif.) .....	427
6. British Columbia .....	248	20. St. Vincent (Pa.) .....	444
7. Eastern Oregon .....	250	21. Southwestern (Kan.) .....	450
8. Cal State-San Marcos .....	299	22. Jamestown (N.D.) .....	474
9. Concordia (Neb.) .....	336	23. Notre Dame de Namur (Calif.) .....	502
10. Doane (Neb.) .....	339	24. Oklahoma Baptist .....	512
11. MidAmerica Nazarene (Kan.) .....	353	25. Mary (N.D.) .....	546
12. Southern Oregon .....	356	26. Warner Pacific (Ore.) .....	580
13. Cumberland (Ky.) .....	364	27. Warner Southern (Fla.) .....	635
14. Berry (Ga.) .....	370	28. Illinois Tech .....	834

#### Individual Results

1 Soimo Kiplaget, Lindenwood (Mo.) .....	24:17.20	43 Chris Wright, Milligan (Tenn.) .....	25:56.80
2 Josephat Keino, Alliant International (Calif.) .....	24:25.65	44 Leo Foley, Aquinas (Mich.) .....	25:59.20
3 Fernando Cabada, Virginia Intermont .....	24:28.85	45 Jeff Symonds, British Columbia .....	25:59.25
4 Richard Mosley, Simon Fraser (B.C.) .....	24:32.65	46 Keith Longuski, Park (Mo.) .....	26:00.90
5 Brian Baker, Biola (Calif.) .....	24:41.65	47 Daniel Reid, Azusa Pacific (Calif.) .....	26:02.70
6 Eric Griffiths, Eastern Oregon .....	24:43.80	48 Michael Kuria, Marian (Ind.) .....	26:03.40
7 Corey Duquette, Virginia Intermont .....	24:51.10	49 Allen Wood, Jamestown (N.D.) .....	26:03.65
8 Alex McGladrey, Eastern Oregon .....	24:53.60	50 Brian Keilen, Aquinas (Mich.) .....	26:06.45
9 Denis-Bull Olinga, Missouri Baptist .....	25:00.30	51 Mike Veatch, Cumberland (Ky.) .....	26:07.45
10 Tom Humphries, Missouri Baptist .....	25:07.20	52 Raymundo Castillo, Alliant International (Calif.) .....	26:07.85
11 David Wambui, Simon Fraser (B.C.) .....	25:07.80	53 Caleb Tubei, MidAmerica Nazarene (Kan.) .....	26:08.50
12 Daniel Lyon, Cal State-San Marcos .....	25:12.80	54 Dylan Gant, Simon Fraser (B.C.) .....	26:09.00
13 Matthew Boyles, Rio Grande (Ohio) .....	25:15.50	55 Jazz Carreon, Southwestern (Kan.) .....	26:09.30
14 Bashir Hussain, Warner Southern (Fla.) .....	25:16.35	56 Ryan Pfeil, Southern Oregon .....	26:10.00
15 Francis Kioko, MidAmerica Nazarene (Kan.) .....	25:17.60	57 Chris Durkin, British Columbia .....	26:10.50
16 Leo Kormanik, Malone (Ohio) .....	25:20.10	58 Mudasar Haidat, Virginia Intermont .....	26:10.70
17 Zach Kintzley, Black Hills State (S.D.) .....	25:23.65	59 Curtis Wilson, Concordia (Neb.) .....	26:13.90
18 James Mousseau, Virginia Intermont .....	25:24.00	60 Shane Carlos, British Columbia .....	26:14.70
19 Andrew Walquist, Concordia (Neb.) .....	25:25.35	61 Maichal Glowacki, Lindenwood (Mo.) .....	26:16.60
20 Ian Schroeder, Eastern Oregon .....	25:26.00	62 Adam Honnold, Cumberland (Ky.) .....	26:17.10
21 Ondrej Puskar, Virginia Intermont .....	25:28.00	63 Dan Campbell, Cedarville (Ohio) .....	26:17.45
22 Kalen Abbott, Warner Pacific (Ore.) .....	25:28.15	64 Daniel Ellis, Oklahoma Baptist .....	26:18.00
23 David Cheromei, Virginia Intermont .....	25:29.80	65 Chris O'Neal, Cal State-San Marcos .....	26:19.95
24 Jesse Armijo, Cal State-San Marcos .....	25:30.65	66 James Hansen, Black Hills State (S.D.) .....	26:20.20
25 Tim Gachago, Azusa Pacific (Calif.) .....	25:31.30	67 Kevin Lindsey, Azusa Pacific (Calif.) .....	26:20.85
26 Sean Peterson, Southern Oregon .....	25:31.60	68 Bryan Straniero, Malone (Ohio) .....	26:21.50
27 Brian Ball, Biola (Calif.) .....	25:31.80	69 Travis Arment, Sioux Falls (S.D.) .....	26:22.45
28 Kenneth Bowling, Oklahoma Christian .....	25:32.00	70 Theron Stoltzfus, Oklahoma Baptist .....	26:23.05
29 Paul Vincent, Walsh (Ohio) .....	25:33.10	71 Chris Robertz, Aquinas (Mich.) .....	26:24.15
30 David Kawa, Berry (Ga.) .....	25:33.55	72 Josiah Melly, Cumberland (Ky.) .....	26:24.45
31 Timothy Black, St. Vincent (Pa.) .....	25:38.55	73 Joey Barnett, Mary (N.D.) .....	26:25.05
32 Matt Maxon, Dakota Wesleyan (S.D.) .....	25:43.90	74 Jeremy Koch, Concordia (Neb.) .....	26:25.35
33 Aaron Megazzi, Westmont (Calif.) .....	25:44.65	75 Johnny Clemons, Lee (Tenn.) .....	26:25.80
34 Julius Rono, Roberts Wesleyan (N.Y.) .....	25:46.60	76 Ben Krichko, Berry (Ga.) .....	26:26.75
35 Sam Malmberg, Doane (Neb.) .....	25:48.95	77 Mark Rowe, Campbellsville (Ky.) .....	26:27.00
36 Morgan Titus, British Columbia .....	25:50.70	78 Lance Vandenberg, Taylor (Ind.) .....	26:27.55
37 Nick Glimsdahl, Virginia Intermont .....	25:51.10	79 Chris Terry, Lindenwood (Mo.) .....	26:28.35
38 Nimrod Lelei, Wayland Baptist (Texas) .....	25:52.60	80 Dan Van Engen, Dordt (Iowa) .....	26:29.15
39 Josh Miller, Aquinas (Mich.) .....	25:53.40	81 Ryan Weber, Simon Fraser (B.C.) .....	26:29.60
40 Jeff Luehm, Aquinas (Mich.) .....	25:54.90	82 Luke Watkins, Black Hills State (S.D.) .....	26:30.30
41 Dan Miner, Lindenwood (Mo.) .....	25:55.95	83 Brett LeMaster, Shawnee State (Ohio) .....	26:31.00
42 Evans Onyare, MidAmerica Nazarene (Kan.) .....	25:56.75	84 Ryun Hess, Jamestown (N.D.) .....	26:31.95

85 Danny McClenahan, Doane (Neb.)	26:33.20	173 Matt Luevano, Concordia (Neb.)	27:34.50
86 Caleb Lynch, Azusa Pacific (Calif.)	26:33.95	174 Daniel Sipko, Eastern Oregon	27:34.80
87 Joel Maiyo, McKendree (Ill.)	26:34.35	175 Mike Aitken, Lindenwood (Mo.)	27:35.35
88 Douglas Swanson, Olivet Nazarene (Ill.)	26:34.40	176 Phil Hoffman, Cal State-San Marcos	27:35.55
89 Kevin Hall, Cedarville (Ohio)	26:34.55	177 Nathan Bowers, Milligan (Tenn.)	27:35.60
90 Brandon Lancaster, Campbellsville (Ky.)	26:35.30	178 David Christian, Warner Pacific (Ore.)	27:36.20
91 Jose Gonzalez, Notre Dame de Namur (Calif.)	26:35.40	179 Phillip Thompson, Union (Tenn.)	27:36.80
92 Peter Sherman, Azusa Pacific (Calif.)	26:35.50	180 Tim Irwin, Cal State-San Marcos	27:37.55
93 Jon Zehe, Southern Oregon	26:36.20	181 Jared Hansmeyer, Doane (Neb.)	27:37.60
94 David Flueckiger, Albertson (Idaho)	26:36.40	182 Mariusz Czarnomski, Mary (N.D.)	27:39.05
95 Ryan Robitaille, Lyndon State (Vt.)	26:37.00	183 David Matushak, Oklahoma Baptist	27:39.90
96 Micah Harding, Cedarville (Ohio)	26:37.50	184 Ray Taylor, William Jewell (Mo.)	27:40.70
97 Tut Mut, Concordia (Calif.)	26:37.90	185 Zachary Holbert, Berea (Ky.)	27:41.30
98 Mark Boswell, Graceland (Iowa)	26:38.70	186 Curtis Mortenson, Malone (Ohio)	27:41.45
99 Joe Makoutz, Jamestown (N.D.)	26:38.90	187 Daniel Joiner, Southwestern (Kan.)	27:41.80
100 Jorge Jabaz, Concordia (Calif.)	26:39.80	188 Justin Herbert, Cedarville (Ohio)	27:41.90
101 Justin Alexander, Southwestern (Kan.)	26:40.35	189 Brad Wells, Cumberland (Ky.)	27:42.50
102 Robin Witte, Doane (Neb.)	26:40.75	190 Dan Oh, Illinois Tech	27:42.55
103 Josh May, Aquinas (Mich.)	26:42.50	191 Matt Mosshart, Flagler (Fla.)	27:42.90
104 Scott LeMaster, Shawnee State (Ohio)	26:44.20	192 Jordan Turner, Reinhardt (Ga.)	27:43.70
105 Antony Kariuki, Marian (Ind.)	26:44.35	193 Jacob Hoone, St. Vincent (Pa.)	27:44.70
106 Nate Staatho, Aquinas (Mich.)	26:44.80	194 Brandon Thompson, Azusa Pacific (Calif.)	27:46.00
107 Peter Nyambui, Lindenwood (Mo.)	26:46.85	195 Michael Coates, Malone (Ohio)	27:48.40
108 Adam Lippold, Doane (Neb.)	26:48.05	196 Chris Jones, Cedarville (Ohio)	27:48.90
109 Mike Schmidt, Concordia (Calif.)	26:49.20	197 Brad Pierson, Jamestown (N.D.)	27:49.50
110 Russell Neff, Mary (N.D.)	26:51.00	198 Grabinger, Black Hills State (S.D.)	27:50.15
111 Erick Maldonado, Notre Dame de Namur (Calif.)	26:52.50	199 Cole Tunnell, Oklahoma Baptist	27:51.40
112 Larry Gardner, Shawnee State (Ohio)	26:53.20	200 Tyler Hopper, Albertson (Idaho)	27:51.80
113 Matthew Robson, St. Vincent (Pa.)	26:53.30	201 Brian Knowles, Minot State (N.D.)	27:51.85
114 Ryan Kienzle, Malone (Ohio)	26:54.35	202 Ryan McClay, Berry (Ga.)	27:53.35
115 Dirk Hollar, Shawnee State (Ohio)	26:54.50	203 David Walker, Shawnee State (Ohio)	27:53.85
116 Billy Barnum, Southwestern (Kan.)	26:54.75	204 Matt Cagigal, Loyola-New Orleans (La.)	27:55.55
117 Blake Jones, Shawnee State (Ohio)	26:54.80	205 Spengler Kaylon, Mount Mercy (Iowa)	27:56.20
118 Efen Tirado, Notre Dame de Namur (Calif.)	26:55.25	206 Kurt Rettig, Mary (N.D.)	27:57.15
119 Mike Alegria, Northwood (Texas)	26:56.00	207 Michael Kimuhu, MidAmerica Nazarene (Kan.)	27:57.30
120 Ben Shroyer, Cedarville (Ohio)	26:57.20	208 Kelly Parr, North Georgia	27:57.30
121 Luke Godleski, Berry (Ga.)	26:58.60	209 Anton Sousa, Lewis-Clark State (Idaho)	27:58.00
122 Jesse Bender, Point Park (Pa.)	26:58.85	210 Danny Dobra, Warner Pacific (Ore.)	27:58.70
123 Marco Venancio, Concordia (Calif.)	26:59.25	211 Anton Stupnitskiy, Warner Pacific (Ore.)	27:58.80
124 Nathan Sylvester, St. Vincent (Pa.)	26:59.60	212 Wendell Holmes, Illinois Tech	27:59.90
125 Josh Ego, Eastern Oregon	27:00.25	213 Emmanuel Isanda, Lindsey Wilson (Ky.)	28:01.40
126 Josh Peavy, Doane (Neb.)	27:00.85	214 Jose Martinez, Warner Southern (Fla.)	28:02.40
127 Brett Dettmering, Berry (Ga.)	27:01.60	215 Curtis Suver, Jamestown (N.D.)	28:03.50
128 Moses Chepkwony, Dickinson State (N.D.)	27:02.20	216 Troy Blackburn, Eastern Oregon	28:04.25
129 Chris Snyder, Azusa Pacific (Calif.)	27:02.90	217 Mehdi Taieb Brahim, Notre Dame de Namur (Calif.)	28:05.80
130 Tim Eisenga, Dordt (Iowa)	27:04.30	218 Curtis Huffman, Jamestown (N.D.)	28:06.65
131 Jeremiah Bias, Lyndon State (Vt.)	27:04.40	219 Kyle Rago, Olivet Nazarene (Ill.)	28:07.70
132 Matthew Pajak, St. Vincent (Pa.)	27:04.85	220 Nicholas Krause, St. Vincent (Pa.)	28:08.35
133 Bryan Pittman, Cedarville (Ohio)	27:05.20	221 Michael Nekuda, Black Hills State (S.D.)	28:09.20
134 Justin Gillette, Goshen (Ind.)	27:05.85	222 Jon Kawamoto, Simon Fraser (B.C.)	28:11.40
135 Patrick Chamberlain, Berry (Ga.)	27:06.20	223 Jose Cholula, Concordia (Calif.)	28:13.15
136 Ruben Mora, Notre Dame de Namur (Calif.)	27:06.85	224 Dylan Beddows, Dickinson State (N.D.)	28:15.90
137 Malcom Tipton, Cumberland (Ky.)	27:07.20	225 Aaron Conway, St. Vincent (Pa.)	28:17.10
138 Jace Getskow, Cal State-San Marcos	27:07.65	226 Rich Visser, Trinity Christian (Ill.)	28:17.35
139 Heath Trampe, Concordia (Neb.)	27:07.90	227 Andrae Harper, Southwestern (Kan.)	28:19.05
140 Geoff Webb, British Columbia	27:08.50	228 Laban Kemoi, Warner Southern (Fla.)	28:20.45
141 Marco Prado, Northwood (Texas)	27:08.70	229 Scott Becker, Southern Oregon	28:21.50
142 Medi Ahrari, Simon Fraser (B.C.)	27:08.90	230 Matt Solosabal, Lewis-Clark State (Idaho)	28:23.80
143 Simon Driver, Simon Fraser (B.C.)	27:09.35	231 Danny Mejia, Webber International (Fla.)	28:24.90
144 Juan Carrillo, Concordia (Calif.)	27:09.65	232 Josh Murray, Shawnee State (Ohio)	28:27.65
145 Andrew Cherry, Southwestern (Kan.)	27:10.05	233 Josh Gookins, St. Scholastica (Minn.)	28:33.60
146 Justin Baum, Malone (Ohio)	27:11.60	234 Michael Moser, Southwestern (Kan.)	28:37.45
147 Alden Woolcock, St. Thomas (Fla.)	27:12.00	235 Jacob Wright, Oklahoma Baptist	28:40.95
148 Joe Rath, Southern Oregon	27:12.50	236 Carl Roberts, Cumberland (Ky.)	28:42.35
149 Colin Johnston, Doane (Neb.)	27:13.00	237 Tom Francescangeli, Illinois Tech	28:45.30
150 Jeremiah Lepird, Hastings (Neb.)	27:15.90	238 Richard Bouckaert, Loyola-New Orleans (La.)	28:45.60
151 John Kaup, Dana (Neb.)	27:17.10	239 Carrington Chalwe, Warner Southern (Fla.)	28:49.90
152 Ryan Collins, Walsh (Ohio)	27:17.65	240 Chris Winter, Union (Tenn.)	28:52.60
153 Jack McAfee, Embry-Riddle (Fla.)	27:18.00	241 Josh Klimek, Evergreen State (Wash.)	28:53.40
154 Trevor Palmer, Southern Oregon	27:18.10	242 Andrew Soderberg, Jamestown (N.D.)	28:58.90
155 Matthew Schenk, Berea (Ky.)	27:18.70	243 Bo Red Bow, Black Hills State (S.D.)	28:59.95
156 Brandon Bertram, Black Hills State (S.D.)	27:18.90	244 Nathan Battershell, Oklahoma Baptist	29:03.55
157 Greg Howard, Malone (Ohio)	27:19.70	245 Fackson Nkandu, Warner Southern (Fla.)	29:03.90
158 Travis Sauer, William Penn (Iowa)	27:20.70	246 Alexander Babel, Illinois Tech	29:09.00
159 Austin Richmond, Webber International (Fla.)	27:21.80	247 Kyle Gillette, Southern Oregon	29:25.15
160 Brett Kapels, Concordia (Neb.)	27:23.40	248 Nate Gates, Illinois Tech	29:31.10
161 Tristen Simpson, British Columbia	27:24.35	249 Alex Dech, Southern Nazarene (Okla.)	29:33.55
162 Polo Mariscal, Cal State-San Marcos	27:24.95	250 Jon Krout, Warner Pacific (Ore.)	29:36.40
163 Jesus Chavez, Mary (N.D.)	27:25.60	251 Jake Peterson, Eastern Oregon	29:38.95
164 John Lovik, Warner Pacific (Ore.)	27:28.40	252 Benedict Liambila, Warner Pacific (Ore.)	29:53.50
165 Matt Haden, Concordia (Neb.)	27:29.25	253 Kevin Newhall, Berry (Ga.)	29:56.60
166 Sammy Subetgut, MidAmerica Nazarene (Kan.)	27:29.80	254 Kevin Schuttler, Warner Southern (Fla.)	30:01.35
167 Landon O'Banion, Cumberland (Ky.)	27:29.95	255 Josh Innis, MidAmerica Nazarene (Kan.)JR	30:09.10
168 Landon Willets, Oklahoma Baptist	27:30.35	256 Matt Rodriguez, Illinois Tech	30:12.30
169 Carlos Alvarado, Warner Southern (Fla.)	27:31.10	257 Pradeep Shenoy, Illinois Tech	30:41.60
170 Matt Hagenhoff, Lindenwood (Mo.)	27:33.45	258 Francois Maritz, Notre Dame de Namur (Calif.)	31:23.35
171 Nick Elson, British Columbia	27:33.95	259 Lance Wade, Notre Dame de Namur (Calif.)	33:04.50
172 Sean Cusick, South Dakota Tech	27:34.00		

## 2004 NAIA MEN'S CROSS COUNTRY ALL-AMERICANS

Kalen Abbott ..... Warner Pacific College (Ore.)  
 Jesse Armijo ..... Cal State University-San Marcos  
 Brian Baker ..... Biola University (Calif.)  
 Brian Ball ..... Biola University (Calif.)  
 Kenneth Bowling ..... Oklahoma Christian University  
 Matthew Boyles ..... University of Rio Grande (Ohio)  
 Fernando Cabada ..... Virginia Intermont College  
 David Cheromei ..... Virginia Intermont College  
 Corey Duquette ..... Virginia Intermont College  
 Tim Gachago ..... Azusa Pacific University(Calif.)  
 Eric Griffiths ..... Eastern Oregon University  
 Tom Humphries ..... Missouri Baptist University  
 Bashir Hussain ..... Warner Southern College (Fla.)  
 David Kawa ..... Berry College (Ga.)  
 Josephat Keino ..... Alliant International University (Calif.)

Soimo Kiplagat ..... Lindenwood University (Mo.)  
 Zach Kintzley ..... Black Hills State University (S.D.)  
 Francis Kioko ..... MidAmerica Nazarene University (Kan.)  
 Leo Kormanik ..... Malone College (Ohio)  
 Daniel Lyon ..... Cal State University-San Marcos  
 Alex McGladrey ..... Eastern Oregon University  
 Richard Mosley ..... Simon Fraser University (B.C.)  
 James Mousseau ..... Virginia Intermont College  
 Denis-Bull Olinga ..... Missouri Baptist University  
 Sean Peterson ..... Southern Oregon University  
 Ondrej Puskar ..... Virginia Intermont College  
 Ian Schroeder ..... Eastern Oregon University  
 Paul Vincent ..... Walsh University (Ohio)  
 Andrew Walquist ..... Concordia University (Neb.)  
 David Wambui ..... Simon Fraser University (B.C.)

## 2004 DAKTRONICS-NAIA MEN'S CROSS COUNTRY ALL-AMERICA SCHOLAR-ATHLETES

Kalen Abbott ..... Warner Pacific College (Ore.)  
 Jimmy Addison ..... Oregon Institute of Technology  
 Caleb Arnold ..... Shawnee State University (Ohio)  
 Joey Barnett ..... University of Mary (N.D.)  
 Billy Barnum ..... Southwestern College (Kan.)  
 Timothy Black ..... St. Vincent College (Pa.)  
 Steve Bontekoe ..... Lee University (Tenn.)  
 Scott Borchelt ..... Grace College (Ind.)  
 Mark Boswell ..... Graceland University (Iowa)  
 Adam Botma ..... Point Loma Nazarene University (Calif.)  
 Matthew Boyles ..... University of Rio Grande (Ohio)  
 Eric Brawner ..... Westmont College (Calif.)  
 Tim Brink ..... Concordia University (Calif.)  
 David Christian ..... Warner Pacific College (Ore.)  
 Brett Dettmering ..... Berry College (Ga.)  
 Daniel Ellis ..... Oklahoma Baptist University  
 Leo Foley ..... Aquinas College (Mich.)  
 Shawn Gallagher ..... Holy Names University (Calif.)  
 Bradley Gilders ..... University of Rio Grande (Ohio)  
 Eric Griffiths ..... Eastern Oregon University  
 Matt Haden ..... Concordia University (Neb.)  
 Benjamin Hall ..... Georgetown College (Ky.)  
 Jared Hansmeyer ..... Doane College (Neb.)  
 Matthew Hawkins ..... Spring Arbor University (Mich.)  
 David Hernandez ..... Biola University (Calif.)  
 Adam Hoogewind ..... Aquinas College (Mich.)  
 Kendall Horrocks ..... William Penn University (Iowa)  
 Colin Johnston ..... Doane College (Neb.)  
 Masanobu Kato ..... Lyndon State College (Vt.)  
 Alex Kennedy ..... Indiana Wesleyan University  
 Josh Klimek ..... The Evergreen State College (Wash.)  
 Daniel Lane ..... Spring Arbor University (Mich.)

Ian Latella ..... Dana College (Neb.)  
 Keith Longuski ..... Park University (Mo.)  
 Kenny Lozeau ..... Embry-Riddle University (Fla.)  
 Jeff Luehm ..... Aquinas College (Mich.)  
 Robert M. Wood ..... Hastings College (Neb.)  
 Sam Malmberg ..... Doane College (Neb.)  
 Andrew Marshall ..... Mount Marty College (S.D.)  
 Josh May ..... Aquinas College (Mich.)  
 Matthew Meyer ..... Vanguard University (Calif.)  
 Brad Miller ..... Cedarville University (Ohio)  
 Josh Miller ..... Aquinas College (Mich.)  
 Wade Miller ..... Oklahoma Christian University  
 Sospeter Mwangi ..... Pikeville College (Ky.)  
 Tom Nichols ..... Graceland University (Iowa)  
 Joel O'Hair ..... Wayland Baptist University (Texas)  
 Luke Oliver ..... Westmont College (Calif.)  
 Jon Perez ..... Fresno Pacific University (Calif.)  
 Larry Petry ..... Houghton College (N.Y.)  
 David Rotich ..... Spring Arbor University (Mich.)  
 Matthew Schenk ..... Berea College (Ky.)  
 Ian Schroeder ..... Eastern Oregon University  
 Matthew Solosabal ..... Lewis-Clark State College (Idaho)  
 Jerid Stoffel ..... Grace College (Ind.)  
 Doug Swanson ..... Olivet Nazarene University (Ill.)  
 Heath Trampe ..... Concordia University (Neb.)  
 Andrew Walquist ..... Concordia University (Neb.)  
 Martin White ..... York College (Neb.)  
 Curtis Wilson ..... Concordia University (Neb.)  
 Robin Witte ..... Doane College (Neb.)  
 Caleb Young ..... Hannibal-LaGrange College (Mo.)  
 Chad Young ..... Point Loma Nazarene University (Calif.)  
 David Youngman ..... Spring Arbor University (Mich.)

## 2004 NAIA MEN'S CROSS COUNTRY SCHOLAR TEAMS

### Aquinas College (Mich.)

Leo Foley  
 Brian Keilen  
 Jeff Luehm  
 Josh Miller  
 Josh May  
 Team GPA 3.70

### Doane College (Neb.)

Sam Malmberg  
 Robin Witte  
 Jared Hansmeyer  
 Danny McClenahan  
 Adam Lippold  
 Team GPA 3.62

### Illinois Institute of Technology

Alek Babel  
 Pradeep Shenoy  
 Nate Gates  
 Tom Francescangeli  
 Wendell Holmes  
 Team GPA 3.48

### Concordia University (Neb.)

Curtis Wilson  
 Andrew Walquist  
 Matt Haden  
 Heath Trampe  
 Jeremy Koch  
 Team GPA 3.69

### Eastern Oregon University

Joshua Ego  
 Eric Griffiths  
 Alex McGladrey  
 Jake Peterson  
 Ian Schroeder  
 Team GPA 3.30

### St. Vincent College (Pa.)

Timothy Black  
 Thaddeus Pajak  
 Nate Sylvester  
 Matt Robson  
 Nick Krause  
 Team GPA 3.53

## 2004 NAIA MEN'S CROSS COUNTRY RATINGS

## Preseason Rating - August 27, 2004

Rank	2003 Final	School (Region)	1st Place Votes	Total Points
1	5	Malone (Ohio) (IX)	4	170
2	2	California State-San Marcos (II)	1	163
3	7	Concordia (Neb.) (IV)	2	161
4	NR	Virginia Intermont (XII)		158
5	1	Eastern Oregon (I)		152
6	4	Simon Fraser (B.C.) (I)		138
7	10	Aquinas (Mich.) (VIII)		133
8	14	British Columbia (I)		116
9	13	Southwestern (Kan.) (IV)		114
10	NR	Alliant International (Calif.) (II)		105
11	8	Black Hills State (S.D.) (III)		102
12	15	Mary (N.D.) (III)		89
13	12	Concordia (Calif.) (II)		80
14	9	MidAmerica Nazarene (Kan.) (V)		68
15	25	Jamestown (N.D.) (III)		67
16	6	Azusa Pacific (Calif.) (II)		62
17	NR	Campbellsville (Ky.) (XI)		54
18	18	Cedarville (Ohio) (IX)		51
19	NR	Southern Oregon (I)		48
20	NR	Milligan (Tenn.) (XII)		41
21	19	Oklahoma Christian (VI)		36
22	NR	Warner Southern (Fla.) (XIV)		32
23	17	Berry (Ga.) (XIII)		30
24	NR	Warner Pacific (Ore.) (I)		24
25	3	Cumberland (Ky.) (XI)		21

## Others Receiving Votes:

Biola (Calif.) (II), 20; Indiana Wesleyan (VIII), 12; Lewis-Clark State (Idaho) (I), 8; Shawnee State (Ohio) (IX), 7; Doane (Neb.) (IV), 6; Oklahoma Baptist (VI), 4; St. Vincent (Pa.) (IX), 2; Huntington (Ind.) (VII), 1.

## Rating #1 - September 17, 2004

Rank	Pre Season	School (Region)	1st Place Votes	Total Points
1	1	Malone (Ohio) (IX)	5	169
2	6	Simon Fraser (B.C.) (I)	1	165
3	4	Virginia Intermont (XII)	1	161
4	16	Azusa Pacific (Calif.) (II)		156
5	7	Aquinas (Mich.) (VIII)		145
6	3	Concordia (Neb.) (IV)		140
7	13	Concordia (Calif.) (II)		137
8	9	Southwestern (Kan.) (IV)		123
9	2	California State-San Marcos (II)		122
10	11	Black Hills State (S.D.) (III)		114
11	23	Berry (Ga.) (XIII)		97
11	12	Mary (N.D.) (III)		97
13	NR	Lewis-Clark State (Idaho) (I)		79
14	NR	Biola (Calif.) (II)		75
15	NR	Lindenwood (Mo.) (V)		74
16	25	Cumberland (Ky.) (XI)		63
17	5	Eastern Oregon (I)		61
18	18	Cedarville (Ohio) (IX)		54
19	15	Jamestown (N.D.) (III)		45
20	22	Warner Southern (Fla.) (XIV)		44
21	21	Oklahoma Christian (VI)		41
22	20	Milligan (Tenn.) (XII)		29
23	10	Alliant International (Calif.) (II)		20
23	24	Warner Pacific (Ore.) (I)		20
25	NR	Oklahoma Baptist (VI)		10

## Others Receiving Votes:

Indiana Wesleyan (VIII), 9; Shawnee State (Ohio) (IX), 9; Campbellsville (Ky.) (XI), 7; Doane (Neb.) (IV), 6; Sioux Falls (S.D.) (III), 2; Geneva (Pa.) (IX), 1.

## Rating #2 - September 24, 2004

Rank	Last Week	School (Region)	1st Place Votes	Total Points
1	2	Simon Fraser (B.C.) (I)	4	172
2	1	Malone (Ohio) (IX)	2	165
3	17	Eastern Oregon (I)		156
4	4	Azusa Pacific (Calif.) (II)		154
5	3	Virginia Intermont (XII)	1	149
6	5	Aquinas (Mich.) (VIII)		134
7	6	Concordia (Neb.) (IV)		131
8	NR	British Columbia (I)		129
9	7	Concordia (Calif.) (II)		123
10	10	Black Hills State (S.D.) (III)		104
11	11	Mary (N.D.) (III)		95
11	NR	Southern Oregon (I)		95
13	9	California State-San Marcos (II)		80
14	25	Oklahoma Baptist (VI)		78
15	11	Berry (Ga.) (XIII)		76
16	NR	MidAmerica Nazarene (Kan.) (V)		64
17	15	Lindenwood (Mo.) (V)		60
18	NR	Doane (Neb.) (IV)		50
19	16	Cumberland (Ky.) (XI)		47
20	20	Warner Southern (Fla.) (XIV)		46
21	18	Cedarville (Ohio) (IX)		38
22	13	Lewis-Clark State (Idaho) (I)		36
23	19	Jamestown (N.D.) (III)		34
24	21	Oklahoma Christian (VI)		30
25	8	Southwestern (Kan.) (IV)		21

## Others Receiving Votes:

Milligan (Tenn.) (XII), 6; Campbellsville (Ky.) (XI), 1; Shawnee State (Ohio) (IX), 1.

## Rating #3 - October 1, 2004

Rank	Last Week	School (Region)	1st Place Votes	Total Points
1	5	Virginia Intermont (XII)	5	171
2	1	Simon Fraser (B.C.) (I)	1	169
3	2	Malone (Ohio) (IX)	1	158
4	3	Eastern Oregon (I)		154
5	4	Azusa Pacific (Calif.) (II)		147
6	6	Aquinas (Mich.) (VIII)		145
7	9	Concordia (Calif.) (II)		128
8	8	British Columbia (I)		124
9	11	Mary (N.D.) (III)		123
10	18	Doane (Neb.) (IV)		112
11	7	Concordia (Neb.) (IV)		102
12	11	Southern Oregon (I)		90
13	19	Cumberland (Ky.) (XI)		88
14	16	MidAmerica Nazarene (Kan.) (V)		82
15	10	Black Hills State (S.D.) (III)		74
16	15	Berry (Ga.) (XIII)		67
16	13	California State-San Marcos (II)		67
18	17	Lindenwood (Mo.) (V)		55
19	21	Cedarville (Ohio) (IX)		42
20	24	Oklahoma Christian (VI)		37
21	23	Jamestown (N.D.) (III)		33
22	20	Warner Southern (Fla.) (XIV)		24
23	22	Lewis-Clark State (Idaho) (I)		22
24	NR	Wayland Baptist (Texas) (VI)		14
25	NR	Graceland (Iowa) (V)		12
25	14	Oklahoma Baptist (VI)		12

## Others Receiving Votes:

Southwestern (Kan.) (IV), 11; Milligan (Tenn.) (XII), 9; Shawnee State (Ohio) (IX), 3.

**Rating #4 - October 8, 2004**

Rank	Last Week	School (Region)	1st Place Votes	Total Points
1	1	Virginia Intermont (XII)	5	173
2	2	Simon Fraser (B.C.) (I)	2	167
3	6	Aquinas (Mich.) (VIII)		158
4	5	Azusa Pacific (Calif.) (II)		153
5	4	Eastern Oregon (I)		145
6	3	Malone (Ohio) (IX)		135
7	9	Mary (N.D.) (III)		128
8	14	MidAmerica Nazarene (Kan.) (V)		122
9	7	Concordia (Calif.) (II)		121
10	13	Cumberland (Ky.) (XI)		110
11	11	Concordia (Neb.) (IV)		104
11	12	Southern Oregon (I)		104
13	18	Lindenwood (Mo.) (V)		88
14	10	Doane (Neb.) (IV)		84
15	16	Berry (Ga.) (XIII)		80
16	NR	Notre Dame de Namur (Calif.) (II)		58
17	15	Black Hills State (S.D.) (III)		56
17	19	Cedarville (Ohio) (IX)		56
19	8	British Columbia (I)		51
20	25	Oklahoma Baptist (VI)		50
21	24	Wayland Baptist (Texas) (VI)		37
22	21	Jamestown (N.D.) (III)		31
23	16	California State-San Marcos (II)		26
24	NR	Northwood (Texas) (VI)		12
25	NR	Warner Pacific (Ore.) (I)		9

**Others Receiving Votes:**

Milligan (Tenn.) (XII), 8; Lyndon State (Vt.) (X), 7; St. Vincent (Pa.) (IX), 1; Warner Southern (Fla.) (XIV), 1.

**Rating #5 - October 15, 2004**

Rank	Last Week	School (Region)	1st Place Votes	Total Points
1	1	Virginia Intermont (XII)	4	171
2	2	Simon Fraser (B.C.) (I)	3	168
3	3	Aquinas (Mich.) (VIII)		161
4	4	Azusa Pacific (Calif.) (II)		153
5	5	Eastern Oregon (I)		146
6	6	Malone (Ohio) (IX)		125
6	7	Mary (N.D.) (III)		125
8	9	Concordia (Calif.) (II)		122
9	8	MidAmerica Nazarene (Kan.) (V)		120
10	10	Cumberland (Ky.) (XI)		115
11	11	Concordia (Neb.) (IV)		107
12	11	Southern Oregon (I)		98
13	13	Lindenwood (Mo.) (V)		88
14	15	Berry (Ga.) (XIII)		86
14	14	Doane (Neb.) (IV)		86
16	17	Cedarville (Ohio) (IX)		54
17	23	California State-San Marcos (II)		53
17	22	Jamestown (N.D.) (III)		53
19	20	Oklahoma Baptist (VI)		52
20	19	British Columbia (I)		49
21	16	Notre Dame de Namur (Calif.) (II)		40
22	17	Black Hills State (S.D.) (III)		39
23	21	Wayland Baptist (Texas) (VI)		37
24	24	Northwood (Texas) (VI)		9
25	25	Warner Pacific (Ore.) (I)		6

**Others Receiving Votes:**

Indiana Wesleyan (VIII), 4; Warner Southern (Fla.) (XIV), 4; Lyndon State (Vt.) (X), 2; Lewis-Clark State (Idaho) (I), 1; Southwestern (Kan.) (IV), 1.

**Rating #6 - October 22, 2004**

Rank	Last Week	School (Region)	1st Place Votes	Total Points
1	1	Virginia Intermont (XII)	5	173
2	2	Simon Fraser (B.C.) (I)	2	170
3	4	Azusa Pacific (Calif.) (II)		158
4	3	Aquinas (Mich.) (VIII)		148
5	11	Concordia (Neb.) (IV)		147
6	5	Eastern Oregon (I)		145
7	6	Malone (Ohio) (IX)		128
8	14	Doane (Neb.) (IV)		125
9	8	Concordia (Calif.) (II)		122
10	10	Cumberland (Ky.) (XI)		102
11	14	Berry (Ga.) (XIII)		100
12	12	Southern Oregon (I)		94
13	13	Lindenwood (Mo.) (V)		92
14	6	Mary (N.D.) (III)		86
15	9	MidAmerica Nazarene (Kan.) (V)		81
16	17	California State-San Marcos (II)		74
17	20	British Columbia (I)		71
18	17	Jamestown (N.D.) (III)		52
19	22	Black Hills State (S.D.) (III)		41
20	19	Oklahoma Baptist (VI)		40
21	16	Cedarville (Ohio) (IX)		38
22	25	Warner Pacific (Ore.) (I)		27
23	21	Notre Dame de Namur (Calif.) (II)		21
24	NR	Southwestern (Kan.) (IV)		18
25	NR	Lyndon State (Vt.) (X)		16

**Others Receiving Votes:**

Warner Southern (Fla.) (XIV), 4; Missouri Baptist (V), 1; Wayland Baptist (Texas) (VI), 1.

**Rating #7 - October 29, 2004**

Rank	Last Week	School (Region)	1st Place Votes	Total Points
1	1	Virginia Intermont (XII)	7	175
2	2	Simon Fraser (B.C.) (I)		168
3	4	Aquinas (Mich.) (VIII)		161
4	3	Azusa Pacific (Calif.) (II)		154
5	5	Concordia (Neb.) (IV)		147
6	8	Doane (Neb.) (IV)		134
7	10	Cumberland (Ky.) (XI)		133
8	9	Concordia (Calif.) (II)		127
9	12	Southern Oregon (I)		116
10	13	Lindenwood (Mo.) (V)		108
11	17	British Columbia (I)		98
12	15	MidAmerica Nazarene (Kan.) (V)		91
13	21	Cedarville (Ohio) (IX)		81
13	18	Jamestown (N.D.) (III)		81
15	16	California State-San Marcos (II)		80
16	7	Malone (Ohio) (IX)		72
17	6	Eastern Oregon (I)		71
17	14	Mary (N.D.) (III)		71
19	19	Black Hills State (S.D.) (III)		41
20	25	Lyndon State (Vt.) (X)		29
21	20	Oklahoma Baptist (VI)		28
22	23	Notre Dame de Namur (Calif.) (II)		27
23	22	Warner Pacific (Ore.) (I)		26
24	NR	Shawnee State (Ohio) (IX)		19
24	24	Southwestern (Kan.) (IV)		19

**Others Receiving Votes:**

Berry (Ga.) (XIII), 9; Biola (Calif.) (II), 6; Lewis-Clark State (Idaho) (I), 1; Missouri Baptist (V), 1; Spring Arbor (Mich.) (VIII), 1.

**Final Rating - November 5, 2004**

Rank	Last Week	School (Region)	1st Place Votes	Total Points
1	1	Virginia Intermont (XII)	7	175
2	2	Simon Fraser (B.C.) (I)		168
3	3	Aquinas (Mich.) (VIII)		161
4	4	Azusa Pacific (Calif.) (II)		154
5	5	Concordia (Neb.) (IV)		147
6	7	Cumberland (Ky.) (XI)		135
7	6	Doane (Neb.) (IV)		129
8	17	Eastern Oregon (I)		123
9	8	Concordia (Calif.) (II)		121
10	9	Southern Oregon (I)		114
11	12	MidAmerica Nazarene (Kan.) (V)		107
12	10	Lindenwood (Mo.) (V)		97
13	11	British Columbia (I)		91
14	13	Cedarville (Ohio) (IX)		79
15	13	Jamestown (N.D.) (III)		78
16	17	Mary (N.D.) (III)		70
17	15	California State-San Marcos (II)		68
18	16	Malone (Ohio) (IX)		59
19	19	Black Hills State (S.D.) (III)		44
20	21	Oklahoma Baptist (VI)		36
21	20	Lyndon State (Vt.) (X)		35
22	22	Notre Dame de Namur (Calif.) (II)		25
23	23	Warner Pacific (Ore.) (I)		24
24	24	Southwestern (Kan.) (IV)		23
25	24	Shawnee State (Ohio) (IX)		9

**Others Receiving Votes:**

Berry (Ga.) (XIII), 1; Biola (Calif.) (II), 1; Missouri Baptist (V), 1.

**NAIA CROSS COUNTRY HALL OF FAME****Athletes**

1996	Marquerite (Skello) Babrowicz, Malone (Ohio)
1982	Tony Brien, Marymount (Kan.)
1989	Steven Ray Delano, Southwestern (Kan.)
1987	James Patrick Drews, Wisconsin-LaCrosse
1992	Denise Falzone-Schirm, Adams State (Colo.)
1996	Eric Fillinger, Cedarville (Ohio)
1992	Jeff Gantz, Malone (Ohio)
1991	Jim Hanson, Wisconsin-LaCrosse
1991	Joe Hanson, Wisconsin-LaCrosse
1994	Michelle Marter-Rahl, Wisconsin-Parkside
1997	Valerie Hilden, Pacific Lutheran (Wash.)
1982	Pat McMahon, Oklahoma Baptist
1986	Mike Nixon, Pittsburg State (Kan.)
1984	Thomas O'Riordan, Idaho State
1987	Patrick Porter, Adams State (Colo.)
1998	Rick Robirds, Adams State (Colo.)
1984	Dennis Savage, Westmont (Calif.)
1988	Wendell Paul Skelley, Malone (Ohio)
1994	Heather Sullivan, Puget Sound (Wash.)
1993	Fabin Trujillo, New Mexico Highlands
2005	Ira Wentworth, Malone (Ohio)
1984	Jack Weyer, Peru State (Neb.)
1983	Dean White, Doane (Neb.)

**Coaches**

1986	Keith Daniels, Wisconsin-Eau Claire
1987	Jack Hazen, Malone (Ohio)
1996	Diane Philipp, Hillsdale (Mich.)
1999	Russell Smelley, Westmont (Calif.)

**Meritorious Service**

1986	Wayne Dannehl, Wisconsin-Parkside
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## NAIA MEN'S CROSS COUNTRY CHAMPIONSHIP HISTORY

YEAR	SITE	CHAMPION	POINTS	RUNNER-UP	POINTS
1956	Omaha, Neb.	South Dakota State	71	Fort Hays State (Kan.)	68
1957	Omaha, Neb.	Howard Payne (Texas)	45	South Dakota State	64
1958	Omaha, Neb.	Emporia State (Kan.)	67	South Dakota State	73
1959	Omaha, Neb.	Emporia State (Kan.)	62	Kearney State (Neb.)	66
1960	Omaha, Neb.	Southern Illinois	37	Graceland (Iowa)	100
1961	Omaha, Neb.	Emporia State (Kan.)	73	Fort Hays State (Kan.)	75
1962	Omaha, Neb.	Emporia State (Kan.)	50	Fort Hays State (Kan.)	95
1963	Omaha, Neb.	Fort Hays State (Kan.)	53	Emporia State (Kan.)	69
1964	Omaha, Neb.	Howard Payne (Texas)	29	Fort Hays State (Kan.)	69
1965	Omaha, Neb.	Fort Hays State (Kan.)	42	Whitworth (Wash.)	117
1966	Omaha, Neb.	Eastern Michigan	126	Howard Payne (Texas)	155
1967	Omaha, Neb.	Eastern Michigan	85	St. Cloud State (Minn.)	88
1968	Oklahoma City, Okla.	Fort Hays State (Kan.)	106	Emporia State (Kan.)	110
1969	Oklahoma City, Okla.	Fort Hays State (Kan.)	102	Eastern Michigan	111
1970	Liberty, Mo.	Eastern Michigan	86	Fort Hays State (Kan.)	136
1971	Liberty, Mo.	Adams State (Colo.)	196	Eastern New Mexico	210
1972	Liberty, Mo.	Malone (Ohio)	92	Occidental (Calif.)	169
1973	Salina, Kan.	Eastern New Mexico	35	Malone (Ohio)	99
1974	Salina, Kan.	Eastern New Mexico	28	U.S. International (Calif.)	166
1975	Salina, Kan.	Edinboro State (Pa.)	97	Eastern New Mexico	144
1976	Kenosha, Wis.	Edinboro State (Pa.)	56	Adams State (Colo.)	103
1977	Kenosha, Wis.	Adams State (Colo.)	102	Saginaw Valley (Mich.)	133
1978	Kenosha, Wis.	Pembroke State (N.C.)	126	Saginaw Valley (Mich.)	147
1979	Kenosha, Wis.	Adams State (Colo.)	63	Wisconsin-La Crosse	123
1980	Salina, Kan.	Adams State (Colo.)	48	Malone (Ohio)	78
1981	Kenosha, Wis.	Adams State (Colo.)	76	Wisconsin-La Crosse	109
1982	Kenosha, Wis.	Simon Fraser (B.C.)	49	Saginaw Valley (Mich.)	167
1983	Kenosha, Wis.	Adams State (Colo.)	47	Wisconsin-La Crosse	95
1984	Kenosha, Wis.	Adams State (Colo.)	31	Wisconsin-La Crosse	97
1985	Kenosha, Wis.	Adams State (Colo.)	26	Wisconsin-La Crosse	105
1986	Kenosha, Wis.	Adams State (Colo.)	78	Western State (Colo.)	78
1987	Kenosha, Wis.	Adams State (Colo.)	21	New Mexico Highlands	171
1988	Kenosha, Wis.	Adams State (Colo.)	51	Western State (Colo.)	88
1989	Kenosha, Wis.	Adams State (Colo.)	39	Malone (Ohio)	53
1990	Kenosha, Wis.	Lubbock Christian (Texas)	33	Adams State (Colo.)	57
1991	Kenosha, Wis.	Lubbock Christian (Texas)	26	Adams State (Colo.)	42
1992	Kenosha, Wis.	Lubbock Christian (Texas)	33	Hillsdale (Mich.)	94
1993	Kenosha, Wis.	Lubbock Christian (Texas)	24	Simon Fraser (B.C.)	61
1994	Kenosha, Wis.	Lubbock Christian (Texas)	21	Hillsdale (Mich.)	120
1995	Kenosha, Wis.	Lubbock Christian (Texas)	17	Life (Ga.)	66
1996	Kenosha, Wis.	Lubbock Christian (Texas)	30	Life (Ga.)	79
1997	Kenosha, Wis.	Lubbock Christian (Texas)	40	Life (Ga.)	80
1998	Kenosha, Wis.	Life (Ga.)	41	Lindenwood (Mo.)	81
1999	Kenosha, Wis.	Life (Ga.)	25	McKendree (Ill.)	91
2000	Kenosha, Wis.	Life (Ga.)	99	Black Hills State (S.D.)	137
2001	Kenosha, Wis.	Life (Ga.)	84	Malone (Ohio)	118
2002	Kenosha, Wis.	Minot State (N.D.)	120	Eastern Oregon	144
2003	Louisville, Ky.	Minot State (N.D.)	162	Black Hills State (S.D.)	152
2004	Louisville, Ky.	Virginia Intermont	54	Aquinas (Mich.)	175

### Meet Records

**Four miles:** 19:53.6, Pat McMahon, Oklahoma Baptist, 1966  
**Five miles:** 23:40.0, John Mason, Fort Hays State (Kan.), 1968  
**8,000 meters:** 23:14.0, Silah Misoi, Life (Ga.), 1996  
**Best winning score:** 17, Lubbock Christian (Texas), 1995

**Largest margin of victory:** 150 points, Adams State (Colo.) (21), New Mexico Highlands (171), 1987  
**Smallest margin of victory:** 2 points, Emporia State (Kan.) (73), Fort Hays State (Kan.) (75), 1961

### All-Time Team Championships

Adams State (Colo.)	12
Lubbock Christian (Texas)	8
Emporia State (Kan.)	4
Fort Hays State (Kan.)	4
Life (Ga.)	4
Eastern Michigan	3
Eastern New Mexico	2
Edinboro State (Pa.)	2
Howard Payne (Texas)	2
Minot State (N.D.)	2

The following institutions each have one championship: Malone (Ohio); Pembroke State (N.C.); Simon Fraser (B.C.); South Dakota State; Southern Illinois, Virginia Intermont Western State (Colo.).

### All-Time Individual Championships

Adams State (Colo.)	8
Lubbock Christian (Texas)	6
Eastern New Mexico	4
Life (Ga.)	4
Emporia State (Kan.)	3
Fort Hays State (Kan.)	2
Oklahoma Baptist	2
Southwestern (Kan.)	2

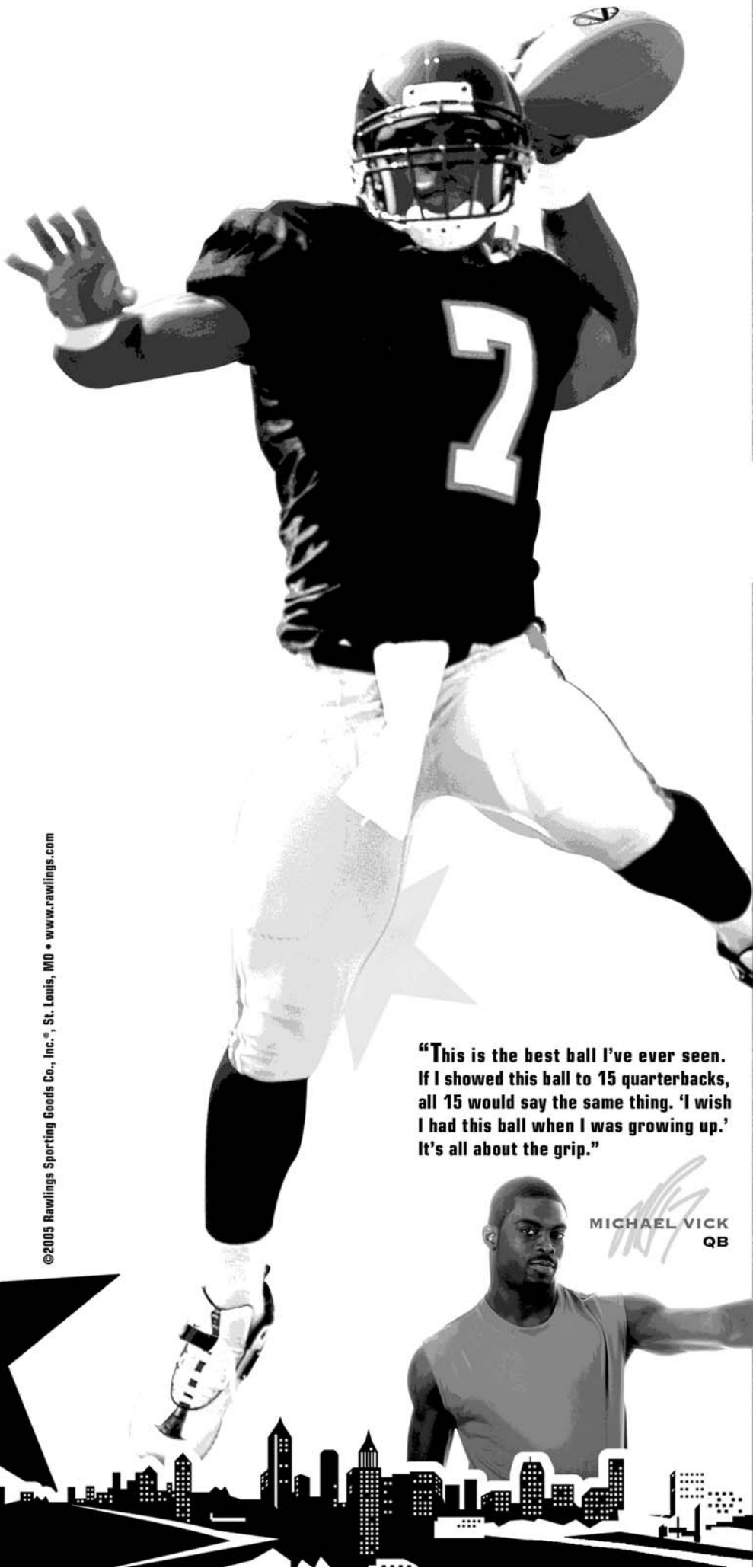
The following institutions each have one championship: Brevard (N.C.); British Columbia; Central Connecticut; Central Michigan; Edinboro State (Pa.); Idaho State; Lindenwood (Mo.); Malone (Ohio); Marymount (Kan.); McKendree (Ill.); Pembroke State (N.C.); Pittsburg State (Kan.); Redlands (Calif.); Simon Fraser (B.C.); South Dakota State; Southern Illinois; Southern Oregon; Taylor (Ind.).

## All-Time Individual Champions

1956	Ray Mation, Redlands (Calif.), 22:42.3	1981	Pat Porter, Adams State (Colo.), 24:55.0
1957	Don Brooksiek, South Dakota State, 21:00.8	1982	Steve Delano, Southwestern (Kan.), 25:01.0
1958	Ed Vander Heauval, Central Michigan, 20:55.6	1983	Steve Delano, Southwestern (Kan.), 24:44.0
1959	Tom O'Riordan, Idaho State, 20:55.6	1984	Mike Maraun, Simon Fraser (B.C.), 24:39.0
1960	Joe Thomas, Southern Illinois, 20:39.0	1985	Robbie Hipwood, Adams State (Colo.), 25:49.0
1961	Jim Keefe, Central Connecticut, 21:18.5	1986	Rick Robirds, Adams State (Colo.), 24:10.0
1962	Ireland Sloan, Emporia State (Kan.), 20:22.7	1987	Rick Robirds, Adams State (Colo.), 23:47.0
1963	John Camien, Emporia State (Kan.), 20:23.7	1988	Craig Dickson, Adams State (Colo.), 24:18.0
1964	John Camien, Emporia State (Kan.), 20:25.8	1989	Rick Robirds, Adams State (Colo.), 24:01.0
1965	Pat McMahon, Oklahoma Baptist, 20:28.3	1990	James Bungei, Lubbock Christian (Texas), 24:07.0
1966	Pat McMahon, Oklahoma Baptist, 19:53.6	1991	James Bungei, Lubbock Christian (Texas), 24:07.0
1967	John Mason, Fort Hays State (Kan.), 20:14.0	1992	James Bungei, Lubbock Christian (Texas), 24:52.0
1968	John Mason, Fort Hays State (Kan.), 23:40.0	1993	James Bungei, Lubbock Christian (Texas), 23:37.0
1969	Ralph Foote, Taylor (Ind.), 24:53.0	1994	Simeon Sawe, Lubbock Christian (Texas), 23:42.0
1970	Rex Maddaford, Eastern New Mexico, 25:29.4	1995	Simeon Sawe, Lubbock Christian (Texas), 24:22.0
1971	David Antognoli, Edinboro State (Pa.), 25:40.2	1996	Silah Misoi, Life (Ga.), 23:14.0
1972	Mike Nixon, Pittsburg State (Kan.), 24:29.4	1997	Sammy Nyamong, Life (Ga.), 25:53
1973	Tony Brien, Marymount (Kan.), 23:42.5	1998	Silah Misoi, Life (Ga.), 23:50.0
1974	Mike Boit, Eastern New Mexico, 23:45.0	1999	Silah Misoi, Life (Ga.), 23:31.0
1975	Mike Boit, Eastern New Mexico, 24:23.0	2000	Alexis Sharangabo, Brevard (N.C.), 25:02
1976	John Kebiro, Eastern New Mexico, 24:21.0	2001	Daniel Kibungei, Malone (Ohio), 24:17
1977	Garry Henry, Pembroke State (N.C.), 24:11.0	2002	Haregot Araya, McKendree (Ill.), 25:03
1978	Kelly Jensen, Southern Oregon, 25:07.0	2003	Jerry Ziak, British Columbia, 24:22.6
1979	Sam Montoya, Adams State (Colo.), 24:53.0	2004	Soimo Kiplagat, Lindenwood (Mo.), 24:17.20
1980	Pat Porter, Adams State (Colo.), 24:28.5		

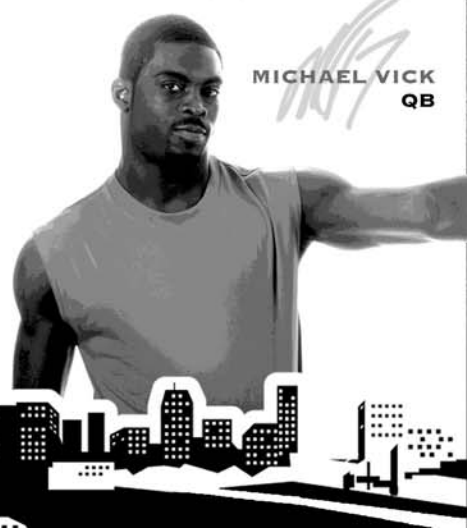
## Coach of the Year

1958	Fran Welch, Emporia State (Kan.)	1982	Zenon Smiechowski, Simon Fraser (B.C.)
1959	Fran Welch, Emporia State (Kan.)	1983	Joe Vigil, Adams State (Colo.)
1960	Lou Hertzog, Southern Illinois	1984	Joe Vigil, Adams State (Colo.)
1961	Fran Welch, Emporia State (Kan.)	1985	Joe Vigil, Adams State (Colo.)
1962	Fran Welch, Emporia State (Kan.)	1986	Joe Vigil, Adams State (Colo.)
1963	Alex Francis, Fort Hays State (Kan.)		Duane Vandenbusche, Western State (Colo.)
1964	J.H. Shelton, Howard Payne (Texas)	1987	Joe Vigil, Adams State (Colo.)
1965	Alex Francis, Fort Hays State (Kan.)	1988	Joe Vigil, Adams State (Colo.)
1966	Robert Parks, Eastern Michigan	1989	Jack Hazen, Malone (Ohio)
1967	Robert Parks, Eastern Michigan	1990	Joe Vigil, Adams State (Colo.)
1968	Alex Francis, Fort Hays State (Kan.)	1991	Darrel Price, Lubbock Christian (Texas)
1969	Alex Francis, Fort Hays State (Kan.)	1992	Darrel Price, Lubbock Christian (Texas)
1970	Robert Parks, Eastern Michigan	1993	Darrel Price, Lubbock Christian (Texas)
1971	Larry Jeffryes, Adams State (Colo.)	1994	Bill Lundberg, Hillsdale (Mich.)
1972	Jack Hazen, Malone (Ohio)	1995	Mike Spino, Life (Ga.)
1973	Bill Silverberg, Eastern New Mexico	1996	Jay Birmingham, Dana (Neb.)
1974	Bill Silverberg, Eastern New Mexico	1997	Danny Wilcoxsen, Lindsey Wilson (Ky.)
1975	Doug Watts, Edinboro State (Pa.)	1998	Clark Wille, Lindenwood (Mo.)
1976	Doug Watts, Edinboro State (Pa.)	1999	Dave Zittleman, Minot State (N.D.)
1977	Joe Vigil, Adams State (Colo.)	2000	Scott Walkinshaw, Black Hills State (S.D.)
1978	Ed Crain, Pembroke State (N.C.)	2001	Jack Hazen, Malone (Ohio)
1979	Joe Vigil, Adams State (Colo.)	2002	Scott Simmons, Minot State (N.D.)
1980	Joe Vigil, Adams State (Colo.)	2003	Scott Simmons, Minot State (N.D.)
1981	Joe Vigil, Adams State (Colo.)	2004	Scott Simmons, Virginia Intermont



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**MICHAEL VICK**  
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# 26TH ANNUAL NAIA WOMEN'S CROSS COUNTRY NATIONAL CHAMPIONSHIPS

November 19, 2005  
E.P. Tom Sawyer State Park  
Louisville, Kentucky



## 2005 PRESEASON RATING

Rank	2004 Final	School (Region)	1st Place Votes	Total Points
1	2	Simon Fraser (B.C.) (I)	7	175
2	4	British Columbia (I)		165
3	3	Malone (Ohio) (IX)		161
4	7	Concordia (Calif.) (II)		152
5	1	Concordia (Neb.) (III)		149
6	12	Olivet Nazarene (Ill.) (VII)		132
7	6	Azusa Pacific (Calif.) (II)		130
8	9	Indiana Wesleyan (VIII)		128
9	11	Cedarville (Ohio) (IX)		120
10	8	Siena Heights (Mich.) (VIII)		113
11	20	Eastern Oregon (I)		101
12	21	Black Hills State (S.D.) (III)		95
13	17	Northwest (Wash.) (I)		84
14	22	Aquinas (Mich.) (VIII)		76
15	5	Oklahoma Baptist (VI)		73
16	23	Lindenwood (Mo.) (V)		70
17	18	Point Loma Nazarene (Calif.) (II)		68
18	NR	Biola (Calif.) (II)		58
19	13	Lewis-Clark State (Idaho) (I)		57
20	10	Jamestown (N.D.) (III)		39
21	15	California State-San Marcos (II)		29
22	NR	MidAmerica Nazarene (Kan.) (V)		28
23	24	Spring Arbor (Mich.) (VIII)		23
24	14	Minot State (N.D.) (III)		16
25	NR	Westmont (Calif.) (II)		11

## COACHES ASSOCIATION OFFICERS

### President

John Foss, Indiana Wesleyan University

### First Vice President

Tim Bauer, Siena Heights University (Mich.)

### Second Vice President

Ben Welch, Eastern Oregon University

### Secretary

Mike Collins, Lewis-Clark State College (Idaho)

### Past President

Kregg Einspahr, Concordia University (Neb.)

### Staff Liaison

Ruth Feldblum

## 2004 WOMEN'S CROSS COUNTRY QUALIFICATION PLAN

Total # of schools: 198

# denotes the institution sponsors the sport but does not participate in postseason play.

### REGION I

#### **Cascade Collegiate Conference (10)**

Albertson (Idaho)  
 Cascade (Ore.)  
 Concordia (Ore.)  
 Corban (Ore.)  
 Eastern Oregon  
 Evergreen State (Wash.)  
 Northwest (Wash.)  
 Oregon Tech  
 Southern Oregon  
 Warner Pacific (Ore.)

#### **Independent (4)**

British Columbia  
 Lewis-Clark State (Idaho)  
 Simon Fraser (B.C.)  
 Westminster (Utah)

### REGION II

#### **California Pacific Conference (7)**

Bethany (Calif.)  
 California State-East Bay  
 Holy Names (Calif.)  
 Menlo (Calif.)  
 Mills (Calif.)  
 Pacific Union (Calif.)  
 William Jessup (Calif.)

#### **Golden State Athletic Conference (9)**

Azusa Pacific (Calif.)  
 Biola (Calif.)  
 Concordia (Calif.)  
 Fresno Pacific (Calif.)  
 Point Loma Nazarene (Calif.)  
 San Diego Christian (Calif.)  
 The Master's (Calif.)  
 Vanguard (Calif.)  
 Westmont (Calif.)

#### **Independent (2)**

Alliant International (Calif.)  
 California State-San Marcos

### REGION III

#### **Dakota Athletic Conference (6)**

Black Hills State (S.D.)  
 Dakota State (S.D.)  
 Dickinson State (N.D.)  
 Jamestown (N.D.)  
 Minot State (N.D.)  
 South Dakota Tech

#### **Great Plains Athletic Conference (13)**

Briar Cliff (Iowa)  
 Concordia (Neb.)  
 Dakota Wesleyan (S.D.)  
 Dana (Neb.)  
 Doane (Neb.)  
 Dordt (Iowa)  
 Hastings (Neb.)  
 Midland Lutheran (Neb.)  
 Morningside (Iowa)  
 Mount Marty (S.D.)  
 # Nebraska Wesleyan  
 Northwestern (Iowa)  
 Sioux Falls (S.D.)

#### **Independent (3)**

# Northland (Wis.)  
 # Regina (SK)  
 St. Scholastica (Minn.)

### REGION IV

#### **Kansas Collegiate Athletic Conference (8)**

Bethany (Kan.)  
 Friends (Kan.)  
 Kansas Wesleyan  
 McPherson (Kan.)  
 Ottawa (Kan.)  
 Southwestern (Kan.)  
 Sterling (Kan.)  
 Tabor (Kan.)

#### **Midlands Collegiate Athletic Conference (8)**

# Central Christian (Kan.)  
 Haskell Indian Nations (Kan.)  
 Newman (Kan.)  
 Oklahoma Wesleyan (Okla.)  
 Park (Mo.)  
 Peru State (Neb.)  
 St. Mary (Neb.)  
 York (Neb.)

### REGION V

#### **Heart Of America Athletic Conference (9)**

Baker (Kan.)  
 Benedictine (Kan.)  
 Central Methodist (Mo.)  
 Evangel (Mo.)  
 Graceland (Iowa)  
 Lindenwood (Mo.)  
 MidAmerica Nazarene (Kan.)  
 Missouri Valley  
 William Jewell (Mo.)  
**Independent (4)**  
 Hannibal-LaGrange (Mo.)  
 McKendree (Ill.)  
 Missouri Baptist  
 William Woods (Mo.)

### REGION VI

#### **Red River Athletic Conference (7)**

Bacone (Okla.)  
 Huston-Tillotson (Texas)  
 Langston (Okla.)  
 Northwood (Texas)  
 Southwest (N.M.)  
 Texas A & M International  
 Texas-Permian Basin

#### **Sooner Athletic Conference (6)**

Northwestern Oklahoma  
 Oklahoma Baptist  
 Oklahoma Christian  
 Southern Nazarene (Okla.)  
 St. Gregorys (Okla.)  
 Wayland Baptist (Texas)

### REGION VII

#### **Chicagoland Collegiate Athletic Conference (8)**

Calumet-St. Joseph (Ind.)  
 Cardinal Stritch (Wis.)  
 Illinois Tech  
 Olivet Nazarene (Ill.)  
 Robert Morris (Ill.)  
 St. Francis (Ill.)  
 St. Xavier (Ill.)  
 Trinity Christian (Ill.)

**Independent (5)**

Ashford (Iowa)  
 Grand View (Iowa)  
 Mount Mercy (Iowa)  
 St. Ambrose (Iowa)  
 William Penn (Iowa)

**REGION VIII****Mid-Central College Conference (9)**

Bethel (Ind.)  
 Goshen (Ind.)  
 Grace (Ind.)  
 Huntington (Ind.)  
 Indiana Wesleyan  
 Marian (Ind.)  
 Spring Arbor (Mich.)  
 St. Francis (Ind.)  
 Taylor (Ind.)

**Independent (6)**

Aquinas (Mich.)  
 # Concordia (Mich.)  
 Cornerstone (Mich.)  
 Madonna (Mich.)  
 Siena Heights (Mich.)  
 # Windsor (Ontario)

**REGION IX****American Mideast Conference (17)**

Cedarville (Ohio)  
 Daemen (N.Y.)  
 Geneva (Pa.)  
 Houghton (N.Y.)  
 Malone (Ohio)  
 Notre Dame (Ohio)  
 Ohio Dominican  
 Point Park (Pa.)  
 Rio Grande (Ohio)  
 Roberts Wesleyan (N.Y.)  
 Seton Hill (Pa.)  
 Shawnee State (Ohio)  
 St. Vincent (Pa.)  
 Tiffin (Ohio)  
 Ursuline (Ohio)  
 Walsh (Ohio)  
 Wilberforce (Ohio)

**Independent (1)**

David N. Myers (Ohio)

**REGION X****Independent (5)**

# Delhi (N.Y.)  
 Lyndon State (Vt.)  
 Maine-Fort Kent  
 Maine-Machias  
 St. Joseph (Vt.)

**REGION XI****Mid-South Conference (6)**

Campbellsville (Ky.)  
 Cumberlands (Ky.)  
 Georgetown (Ky.)  
 Lambuth (Tenn.)  
 Lindsey Wilson (Ky.)  
 Pikeville (Ky.)

**Independent (3)**

Cumberland (Tenn.)  
 Lyon (Ark.)  
 Union (Tenn.)

**REGION XII****Appalachian Athletic Conference (10)**

Brevard (N.C.)  
 Bryan (Tenn.)  
 Covenant (Ga.)  
 King (Tenn.)  
 Milligan (Tenn.)  
 Montreat (N.C.)  
 Tennessee Wesleyan  
 Union (Ky.)  
 Virginia Intermont  
 Virginia-Wise

**Kentucky Intercollegiate Athletic Conference (6)**

Alice Lloyd (Ky.)  
 Asbury (Ky.)  
 Berea (Ky.)  
 Bethel (Tenn.)  
 Mid-Continent (Ky.)  
 St. Louis Pharmacy (Mo.)

**Independent (4)**

Allen (S.C.)  
 Morris (S.C.)  
 # Southern Virginia  
 Voorhees (S.C.)

**REGION XIII****Gulf Coast Athletic Conference (7)**

Belhaven (Miss.)  
 Dillard (La.)  
 Loyola (La.)  
 Southern-New Orleans (La.)  
 Spring Hill (Ala.)  
 Tougaloo (Miss.)  
 Xavier (La.)

**Southern States Athletic Conference (6)**

Berry (Ga.)  
 Brenau (Ga.)  
 Georgia Southwestern  
 Lee (Tenn.)  
 Reinhardt (Ga.)  
 Southern Wesleyan (S.C.)

**REGION XIV****Florida Sun Conference (7)**

Embry-Riddle (Fla.)  
 Flagler (Fla.)  
 Florida Memorial  
 Savannah Art and Design (Ga.)  
 St. Thomas (Fla.)  
 Warner Southern (Fla.)  
 Webber (Fla.)

**Independent (2)**

Edward Waters (Fla.)  
 Johnson & Wales (Fla.)

*28-team national championship plus individual qualifiers  
 13-14 region berths and 14-15 at-larges*

*Note: Region X Champion must qualify through the Region IX tournament. If the Region X representative wins the Region IX tournament, Region IX will still receive an automatic berth.*

## 2003 NAIA WOMEN'S CROSS COUNTRY RECAP

### 25th Annual NAIA Women's Cross Country National Championships November 20, 2004 - E.P. Tom Sawyer State Park - Louisville, Kentucky

Simon Fraser University (B.C.) captured the women's crown for the second straight year at the 2004 NAIA Cross Country National Championships held at E.P. Tom Sawyer Park in Louisville, Kentucky.

The Clan won their seventh women's title by beating second place finisher Concordia University (Neb.) 95-129 points. Mirriam Kaumbia of Oklahoma Baptist took home the individual honors for the second straight year with a time of 16:53.70. Simon Fraser's head coach, Brit Townsend was named the 2004 NAIA Women's Cross Country Coach of the Year.

#### Team Results

1. Simon Fraser (B.C.)	95	15. Mary (N.D.)	374
2. Concordia (Neb.)	129	16. Eastern Oregon	403
3. British Columbia	161	17. Lewis-Clark (Idaho)	434
4. Malone (Ohio)	218	18. Roberts Wesleyan (N.Y.)	438
5. Azusa Pacific (Calif.)	247	19. Vanguard (Calif.)	453
6. Oklahoma Baptist	290	20. Northwest (Wash.)	469
7. Indiana Wesleyan	291	21. Point Loma Nazarene (Calif.)	472
8. Concordia (Calif.)	321	22. Aquinas (Mich.)	497
9. Cedarville (Ohio)	322	23. Lindenwood (Mo.)	517
10. Minot State (N.D.)	325	24. Milligan (Tenn.)	553
11. Siena Heights (Mich.)	359	25. Cumberland (Ky.)	579
11. Black Hills State (S.D.)	359	26. Warner Southern (Fla.)	597
13. Olivet Nazarene (Ill.)	363	27. MidAmerica Nazarene (Kan.)	648
14. Jamestown (N.D.)	365	28. Berry (Ga.)	658

#### Individual Results

1 Mirriam Kaumbia, Oklahoma Baptist	16:53.70	43 Jennifer Nikkila, Concordia (Neb.)	18:50.75
2 Evelina Slatinska, Central Methodist (Mo.)	17:42.50	44 Jackie Pirtle, Lindenwood (Mo.)	18:51.65
3 Julia Howard, Simon Fraser (B.C.)	17:43.60	45 Megan Pollock, Indiana Wesleyan	18:53.50
4 Brianna Carstensen, Azusa Pacific (Calif.)	17:48.00	46 Anne Venier, Siena Heights (Mich.)	18:54.00
5 Jenni Johnson, Cal State San Marcos	17:48.65	47 Katarina Urbanova, Minot State (N.D.)	18:54.40
6 Kristen Kolstad, Simon Fraser (B.C.)	17:50.00	48 Kelly Hanlon, Roberts Wesleyan (N.Y.)	18:55.60
7 Genny Binsfeld, Minot State (N.D.)	17:52.10	49 Amy Arnold, Malone (Ohio)	18:56.15
8 Lacey Watkins, Malone (Ohio)	18:02.65	50 Jessyca Barker, Eastern Oregon	18:57.35
9 Molly Engel, Concordia (Neb.)	18:08.20	51 Leah Belanger, Simon Fraser (B.C.)	18:58.00
10 Megan Lease, Milligan (Tenn.)	18:13.05	52 Crystal Hostetter, Black Hills State (S.D.)	18:59.15
11 Celia Ambery, British Columbia	18:16.00	53 Michelle Quinlan, Concordia (Neb.)	19:00.10
12 Petrana Petkova, Goshen (Ind.)	18:17.00	54 Kristin Carpenter, British Columbia	19:02.70
13 Hilary White, Savannah Art & Design (Ga.)	18:18.00	55 Liz Huipe, Vanguard (Calif.)	19:04.55
14 Christina Reyes, Cedarville (Ohio)	18:19.90	56 Jasmine Marks, Point Loma Nazarene (Calif.)	19:05.80
15 Joanna Genter, Malone (Ohio)	18:21.65	57 Laura York, Taylor (Ind.)	19:09.90
16 Tausha Kuzmic, Lewis-Clark (Idaho)	18:21.95	58 Kelly Waterman, Concordia (Neb.)	19:10.15
17 Natalie Perkins, Concordia (Calif.)	18:23.20	59 Beth Bisbee, Jamestown (N.D.)	19:11.05
18 Samantha Maat, Cedarville (Ohio)	18:24.60	60 Katie Alloway, Indiana Wesleyan	19:11.50
19 Lyudmila Anderson, MidAmerica Nazarene (Kan.)	18:25.65	61 Anetra Matthews, Texas A&M International	19:12.30
20 Vanessa Eckhardt, Concordia (Calif.)	18:25.90	62 Tiffany Ackerman, Mary (N.D.)	19:13.45
21 Meredith McGregor, Simon Fraser (B.C.)	18:27.35	63 Erica Batkiewicz, Olivet Nazarene (Ill.)	19:14.00
22 Jacquelyn Dibbern, Concordia (Neb.)	18:29.00	64 Kaitlin Harvey, Siena Heights (Mich.)	19:15.20
23 Erin Doak, Roberts Wesleyan (N.Y.)	18:31.20	65 Marissa Reeber, Azusa Pacific (Calif.)	19:15.55
24 Anna Stumbo, Westmont (Calif.)	18:32.35	66 Betsy Evans, Georgetown (Ky.)	19:15.90
25 Whitney Jacobsmeier, Azusa Pacific (Calif.)	18:32.85	67 Amber Flaig, Minot State (N.D.)	19:15.95
26 Tiffany Stilwater, Northwest (Wash.)	18:33.15	68 Anna Thibodo, Biola (Calif.)	19:16.10
27 Krishawna Parker, Siena Heights (Mich.)	18:33.40	69 Kara Watson, Indiana Wesleyan	19:18.55
28 Shannon Elmer, British Columbia	18:34.05	70 Kimmy Taylor, British Columbia	19:20.40
29 Jenny Thune, Vanguard (Calif.)	18:34.80	71 Jennifer Baker, Wayland Baptist (Texas)	19:21.70
30 Kristal Wolf, Mary (N.D.)	18:35.90	72 Sheena Murphy, British Columbia	19:23.80
31 Angi Axmann, Black Hills State (S.D.)	18:36.00	73 Cheri Ewert, Jamestown (N.D.)	19:24.25
32 Brittany Gomes, Biola (Calif.)	18:36.90	74 Kate Owen, Oklahoma Christian	19:24.50
33 Carmin Green, Olivet Nazarene (Ill.)	18:37.40	75 Anne Chepyator, Pikeville (Ky.)	19:25.20
34 Micah Dubbs, Concordia (Neb.)	18:37.60	76 Kristy Sullivan, Lindenwood (Mo.)	19:25.25
35 Heather McEwen, British Columbia	18:39.10	77 Brynn Cogdill, Southern Oregon	19:26.60
36 Irina Watkins, North Georgia	18:39.90	78 Michelle Bloom, Daemen (N.Y.)	19:27.30
37 AnneMarie Byrne, Cal State San Marcos	18:41.30	79 Sarah Johnston, St. Vincent (Pa.)	19:27.85
38 Krystal Williams, St. Mary (Neb.)	18:43.85	80 Justine Boulin, Simon Fraser (B.C.)	19:28.10
39 Kelsey Engstrom, Oklahoma Baptist	18:44.65	81 Samantha From, Point Loma Nazarene (Calif.)	19:28.30
40 Rebecca Johnstone, Simon Fraser (B.C.)	18:48.10	82 Izabela Luckiewicz, Berea (Ky.)	19:28.70
41 Kjerstein Bailey, Northwest (Wash.)	18:48.90	83 Amy Bricco, Oregon Tech	19:29.15
42 Christine Ingraham, Spring Arbor (Mich.)	18:49.45	84 Olivia Richart, Azusa Pacific (Calif.)	19:30.20

85 Nicole Akeroyd, British Columbia	19:30.50	172 Valerie Castelazo, Concordia (Calif.)	20:16.20
86 Amanda Cliff, Simon Fraser (B.C.)	19:31.20	173 Jamie Hahn, Black Hills State (S.D.)	20:16.40
87 Stephanie Colkitt, Eastern Oregon	19:32.70	174 Danielle Smith, Siena Heights (Mich.)	20:16.80
88 Holly Hobson, Concordia (Calif.)	19:33.50	175 Katie Musolf, Siena Heights (Mich.)	20:17.00
89 Michel Maurer, Jamestown (N.D.)	19:33.50	176 Star Emmert, Shawnee State (Ohio)	20:17.45
90 Chioko Nakasone, Dickinson State (N.D.)	19:33.75	177 Ashley Teran, Northwest (Wash.)	20:17.70
91 JoAnna Zammito, Warner Southern (Fla.)	19:34.60	178 Lisa Lewis, Lindenwood (Mo.)	20:18.20
92 Laura Bowman, Vanguard (Calif.)	19:35.40	179 Arabella Mueller, Embry-Riddle (Fla.)	20:18.50
93 Jenny Millis, Aquinas (Mich.)	19:35.90	180 Sarah Decker, Malone (Ohio)	20:19.35
94 Stacey Hoffman, Aquinas (Mich.)	19:36.30	181 Kristine Pearson, Bethel (Ind.)	20:20.15
95 Katie Bloomquist, Indiana Wesleyan	19:36.60	182 Erin Ellmaker, Jamestown (N.D.)	20:20.15
96 Melissa Schmidt, Mount Marty (S.D.)	19:37.20	183 Jessica Johnston, Eastern Oregon	20:20.80
97 Elizabeth Woodruff, Black Hills State (S.D.)	19:38.60	184 Amanda Knussman, Olivet Nazarene (Ill.)	20:21.35
98 Caity Schneider, Malone (Ohio)	19:38.90	185 April Homan, Lewis-Clark (Idaho)	20:21.70
99 Sarah Longmeyer, St. Mary (Neb.)	19:39.60	186 Emily Dircks, Minot State (N.D.)	20:22.20
100 Andrea Nations, Oregon Tech	19:39.65	187 Jennifer Roberts, Marian (Ind.)	20:22.50
101 Valerie Kunde, Aquinas (Mich.)	19:39.80	188 Melanie Schwarz, Robert Morris (Ill.)	20:23.10
102 Tara Opdahl, Jamestown (N.D.)	19:41.60	189 Amye Ellingson, Northwest (Wash.)	20:23.80
103 Katie Engstrom, Oklahoma Baptist	19:42.30	190 Molly Fisher, St. Ambrose (Iowa)	20:25.15
104 Marta Zimon, Milligan (Tenn.)	19:42.90	191 Ashley Timmer, Lee (Tenn.)	20:26.40
105 Simone Mulieri, Olivet Nazarene (Ill.)	19:43.20	192 Robin Deutsch, Mary (N.D.)	20:27.20
106 Elisabeth Hennip, Indiana Wesleyan	19:43.85	193 Shannon McKenzie, Lewis-Clark (Idaho)	20:28.40
107 Shawna Muchow, Eastern Oregon	19:44.40	194 Melanie Holmes, Jamestown (N.D.)	20:28.65
108 Taryn Joyce-Mendive, Lewis-Clark (Idaho)	19:44.60	195 Anna Garriott, Covenant (Ga.)	20:29.30
109 Becca Brock, Oklahoma Baptist	19:45.45	196 Irma Gonzalez, Vanguard (Calif.)	20:32.80
110 Talisa Bishop, Warner Southern (Fla.)	19:46.10	197 Kendra Karst, Black Hills State (S.D.)	20:33.45
111 Ashley Bucher, Indiana Wesleyan	19:47.00	198 Lianne Griffiths, Aquinas (Mich.)	20:34.00
112 Shannon Edwards, Albertson (Idaho)	19:47.35	199 Nicole Vullo, Brevard (N.C.)	20:34.50
113 Audra Bowling, Oklahoma Christian	19:47.50	200 Sarah Beck, Aquinas (Mich.)	20:35.05
114 Whitney Brainerd, Cumberland (Ky.)	19:48.85	201 Claudia Ochoa, Concordia (Calif.)	20:35.55
115 Rian Finney, Eastern Oregon	19:49.30	202 Savannah Brown, Lindenwood (Mo.)	20:36.65
116 Cortney Johansen, Doane (Neb.)	19:50.25	203 Laura Koob, Tennessee Wesleyan	20:37.30
117 Loren Reinke, Malone (Ohio)	19:50.90	204 Adina MEEKS, Mary (N.D.)	20:38.50
118 Emily Sutton, Berry (Ga.)	19:51.25	205 Laurie Cook, Berry (Ga.)	20:39.00
119 Kathy Scott, Cedarville (Ohio)	19:51.55	206 Jamie Lyle, MidAmerica Nazarene (Kan.)	20:39.30
120 Paula Stromme, Mary (N.D.)	19:51.85	207 Courtney Pitchford, Evangel (Mo.)	20:40.10
121 Janelle Campbell, Union (Tenn.)	19:52.60	208 Laurie Yarger, Flagler (Fla.)	20:40.65
122 Julie-Anne Bailey, Point Loma Nazarene (Calif.)	19:53.50	209 Jaime Watson, Minot State (N.D.)	20:42.60
123 Laurel Reed, Roberts Wesleyan (N.Y.)	19:53.55	210 Nicole Witovich, Eastern Oregon	20:43.95
124 Mary Kummerfeld, Northwestern (Iowa)	19:54.15	211 Stephanie Nicoll, MidAmerica Nazarene (Kan.)	20:44.55
125 Amy Hoving, Trinity Christian (Ill.)	19:54.80	212 Heather Collum, Mount Mercy (Iowa)	20:45.00
126 Julie Martz, Cedarville (Ohio)	19:55.20	213 Vicky Anderson, Minot State (N.D.)	20:45.15
127 Kamila Bocian, Lindsey Wilson (Ky.)	19:55.85	214 Mindy Harrell, Black Hills State (S.D.)	20:46.25
128 Cassie Knutson, Black Hills State (S.D.)	19:56.15	215 Jenny Ellis, Olivet Nazarene (Ill.)	20:47.60
129 Dawn Sell, Geneva (Pa.)	19:56.35	216 Jenny Jensen, Lewis-Clark (Idaho)	20:49.05
130 Laurelle Irvine, Minot State (N.D.)	19:56.80	217 Sarah Vinslauskis, Lindenwood (Mo.)	20:50.75
131 Carrie Armitage, Mary (N.D.)	19:57.15	218 Lisa Wojciakowski, Aquinas (Mich.)	20:51.20
132 Cheri Hoffmann, Olivet Nazarene (Ill.)	19:57.50	219 Renee Wageman, Northwest (Wash.)	20:52.65
133 Kelly Nelson, St. Scholastica (Minn.)	19:57.55	220 Eva Gordon, Berry (Ga.)	20:53.75
134 Kytia Ferrer, Oklahoma Baptist	19:57.90	221 Maire VanZandt, Siena Heights (Mich.)	20:56.05
135 Jessica Carpenter, Milligan (Tenn.)	19:58.00	222 Chandra Huckabay, Oklahoma Baptist	20:56.20
136 Christina Porter, Savannah Art & Design (Ga.)	19:58.65	223 Barb Davies, Cumberland (Ky.)	20:56.80
137 Doran Mabry, Berry (Ga.)	19:58.90	224 Deanna Sick, Point Loma Nazarene (Calif.)	20:56.85
138 Erica Johnson, Lewis-Clark (Idaho)	19:59.25	225 Diana Urrego, Warner Southern (Fla.)	20:57.25
139 Danielle Deines, Brevard (N.C.)	19:59.80	226 Becca Mielke, Eastern Oregon	20:57.50
140 Cynthia Bayona, Northwood (Texas)	20:00.30	227 Kelly Secord, Aquinas (Mich.)	20:59.90
141 Ashley Thomas, Malone (Ohio)	20:00.70	228 Angela Martin, Cumberland (Ky.)	21:01.50
142 Jeanelle Goonetille, Concordia (Calif.)	20:01.10	229 Emily Cleveland, Lee (Tenn.)	21:03.50
143 Stacy Kantola, St. Scholastica (Minn.)	20:01.20	230 Mary Erin Imwall, Loyola-New Orleans (La.)	21:04.10
144 Anne Dreyer, Doane (Neb.)	20:02.55	231 Becky Ament, Berry (Ga.)	21:05.10
145 Shelly Schnee, Cumberland (Ky.)	20:03.15	232 Megan McRae, Roberts Wesleyan (N.Y.)	21:08.90
146 Darrah HOCUM, Lewis-Clark (Idaho)	20:03.70	233 Lindsay Perry, MidAmerica Nazarene (Kan.)	21:11.80
147 Tabitha Knauer, Warner Southern (Fla.)	20:03.90	234 Jessica Chessum, Azusa Pacific (Calif.)	21:12.25
148 Diana Brickman, Trinity Christian (Ill.)	20:04.30	235 Amber Breuklander, MidAmerica Nazarene (Kan.)	21:17.65
149 Sara Batkiewicz, Olivet Nazarene (Ill.)	20:04.75	236 Jen Hinkley, Siena Heights (Mich.)	21:19.30
150 Janae Chapin, Azusa Pacific (Calif.)	20:05.10	237 Amanda Hayes, Cumberland (Ky.)	21:20.90
151 Christy Sumner, Cumberland (Ky.)	20:05.15	238 Shayla Long, MidAmerica Nazarene (Kan.)	21:22.05
152 Jessica Buchanan, Missouri Valley	20:06.25	239 Kim Cipura, Roberts Wesleyan (N.Y.)	21:24.10
153 Ivy Roe, Mary (N.D.)	20:06.30	240 Sarah Richardson, Point Loma Nazarene (Calif.)	21:27.75
154 Lauren Quinn, Point Loma Nazarene (Calif.)	20:06.55	241 Anabell Montes, Warner Southern (Fla.)	21:30.20
155 Katy Rader, Oklahoma Baptist	20:07.25	242 Bridget Lonsdale, Vanguard (Calif.)	21:31.90
156 Stephanie Guy, Flagler (Fla.)	20:07.50	243 Caitlin Ayers, Lindenwood (Mo.)	21:34.70
157 Leah Hempelmann, William Woods (Mo.)	20:07.80	244 Katie Grace, Point Loma Nazarene (Calif.)	21:39.25
158 Sheila Johnson, St. Scholastica (Minn.)	20:08.00	245 Janelle Rice, Roberts Wesleyan (N.Y.)	21:41.75
159 Sarah Bailey, Cedarville (Ohio)	20:08.15	246 Tyler Moss, Berry (Ga.)	21:45.90
160 Tanya Kanengietter, Concordia (Neb.)	20:08.40	247 Erika Fox, Milligan (Tenn.)	21:46.70
161 Kindra Buys, Southern Oregon	20:08.90	248 Christina Pruitt, Azusa Pacific (Calif.)	21:49.60
162 Katie Beaverson, William Woods (Mo.)	20:08.90	249 Lauren Nystrom, Lindenwood (Mo.)	21:52.10
163 Nikki Guck, Jamestown (N.D.)	20:09.40	250 Megan Allen, Milligan (Tenn.)	22:13.45
164 Melissa Mattner, Cedarville (Ohio)	20:09.75	251 Merline Charles, Warner Southern (Fla.)	22:21.80
165 Kelly Schnee, Cumberland (Ky.)	20:10.60	252 Joy Deaton, Berry (Ga.)	22:28.10
166 Jodi Veenkant, Indiana Wesleyan	20:12.05	253 Kortney Goulds, Milligan (Tenn.)	22:34.15
167 Amy Wicker, St. Scholastica (Minn.)	20:12.65	254 Amanda Reinhart, MidAmerica Nazarene (Kan.)	22:47.50
168 Audree Goodew, Cedarville (Ohio)	20:14.30	255 Brandy McNeal, Warner Southern (Fla.)	22:53.90
169 Dru McMillan, Dana (Neb.)	20:14.90	256 Bailey Carter, Milligan (Tenn.)	23:32.40
170 Juliann Spencer, Geneva (Pa.)	20:15.45	257 Kelli Ryan, Concordia (Calif.)	23:52.40
171 Jennifer Scribani, Roberts Wesleyan (N.Y.)	20:15.50	258 Allison Kunkel, Vanguard (Calif.)	24:38.85

## 2004 NAIA WOMEN'S CROSS COUNTRY ALL-AMERICANS

Celia Ambery .....	University British Columbia	Tausha Kuzmic .....	Lewis-Clark State College (Idaho)
Lyudmila Anderson .....	MidAmerica Nazarene University (Kan.)	Megan Lease .....	Milligan College (Tenn.)
Genevieve Binsfeld .....	Minot State University (N.D.)	Samantha Maat .....	Cedarville University (Ohio)
Brianna Carstensen .....	Azusa Pacific University (Calif.)	Meredith MacGregor .....	Simon Fraser University (B.C.)
Jacquelyn Dibbern .....	Concordia University (Neb.)	Krishawna Parker .....	Siena Heights University (Mich.)
Erin Doak .....	Roberts Wesleyan University (N.Y.)	Natalie Perkins .....	Concordia University (Calif.)
Vanessa Eckhardt .....	Concordia University (Calif.)	Petrana Petkova .....	Goshen College (Ind.)
Shannon Elmer .....	University of British Columbia	Christina Reyes .....	Cedarville University (Ohio)
Molly Engel .....	Concordia University (Neb.)	Evelina Slatinska .....	Central Methodist University (Mo.)
Joanna Genter .....	Malone College (Ohio)	Tiffany Stilwater .....	Northwest College (Wash.)
Julia Howard .....	Simon Fraser University (B.C.)	Anna Stumbo .....	Westmont College (Calif.)
Whitney Jacobsmeyer .....	Azusa Pacific University (Calif.)	Jenny Thune .....	Vanguard University (Calif.)
Jenni Johnson .....	Cal State University-San Marcos	Lacey Watkins .....	Malone College (Ohio)
Miriam Kaumba .....	Oklahoma Baptist University	Hilary White .....	Savannah College of Art and Design (Ga.)
Kristen Kolstad .....	Simon Fraser University (B.C.)	Kristal Wolf .....	University of Mary (N.D.)

## 2004 DAKTRONICS-NAIA WOMEN'S CROSS COUNTRY ALL-AMERICA SCHOLAR-ATHLETES

Kristyn Allen .....	Shawnee State University (Ohio)	Melissa Lehman .....	Goshen College (Ind.)
Katie Alloway .....	Indiana Wesleyan University	Megan Lewis .....	Aquinas College (Mich.)
Amy Ayers .....	Indiana Wesleyan University	Bridget Lonsdale .....	Vanguard University (Calif.)
Sarah Bailey .....	Cedarville University (Ohio)	Izabela Luckiewicz .....	Berea College (Ky.)
Sara Batkiewicz .....	Olivet Nazarene University (Ill.)	Melissa Mattner .....	Cedarville University (Ohio)
Hannah Becker .....	Houghton College (N.Y.)	Michel Maurer .....	Jamestown College (N.D.)
Alviola Bejleri .....	Lindsey Wilson College (Ky.)	Heather Maxwell .....	Briar Cliff University (Iowa)
Michelle Bloom .....	Daemen College (N.Y.)	Jennifer McKellar .....	Cedarville University (Ohio)
Katie Bloomquist .....	Ind. Wesleyan University	Dru McMillan .....	Dana College (Neb.)
Luci Boyle .....	Oregon Institute of Technology	Adina Meeks .....	University of Mary (N.D.)
Elizabeth Brase .....	Hastings College (Neb.)	Lizz Meier .....	Indiana Wesleyan University
Amy Bricco .....	Oregon Institute of Technology	Stephanie Miller .....	Indiana Wesleyan University
Hillary Buettner .....	Lewis-Clark State College (Idaho)	Jenny Millis .....	Aquinas College (Mich.)
Nicole Callan .....	Midland Lutheran College (Neb.)	Simone Mulieri .....	Olivet Nazarene University (Ill.)
Brianna Carstensen .....	Azusa Pacific University (Calif.)	Katie Musolf .....	Siena Heights University (Mich.)
Jean Cassandra .....	Loyola University (La.)	Andrea Nations .....	Oregon Institute of Technology
Emily Ciak .....	Seton Hill University (Pa.)	Kelly Nelson .....	College of St. Scholastica (Minn.)
Maggie Clayton .....	Fresno Pacific University (Calif.)	Stephanie Nicoll .....	MidAmerica Nazarene University (Kan.)
Emily Cleveland .....	Lee University (Tenn.)	Jennifer Nikkila .....	Concordia University (Neb.)
Stephanie Colkitt .....	Eastern Oregon University	Kari Olson .....	Taylor University (Ind.)
Christina Conrad .....	Taylor University (Ind.)	Tara Opdahl .....	Jamestown College (N.D.)
Laurie Cook .....	Berry College (Ga.)	Che Parson .....	Grace College (Ind.)
Cynthia Damisah .....	Biola University (Calif.)	Margaret Pelz .....	Cornerstone University (Mich.)
Danielle Deines .....	Brevard College (N.C.)	Natalie Perkins .....	Concordia University (Calif.)
Angie Delbrugge .....	Seton Hill University (Pa.)	Jessica Pero .....	Siena Heights University (Mich.)
Erin Doak .....	Roberts Wesleyan College (N.Y.)	Meg Peters .....	Spring Arbor University (Mich.)
Anne Dreyer .....	Doane College (Neb.)	Michelle Quinlan .....	Concordia University (Neb.)
Heather Eckart .....	Seton Hill University (Pa.)	Lauren Raetz .....	Illinois Institute of Technology
Amy Ellingson .....	Northwest University (Wash.)	Laurel Reed .....	Roberts Wesleyan College (N.Y.)
Ashleigh Eppens .....	Concordia University (Calif.)	Kara Richard .....	Geneva College (Pa.)
Betsy Evans .....	Georgetown College (Ky.)	Sarah Richardson .....	Point Loma Nazarene University (Calif.)
Jaime Finck .....	University of Sioux Falls (S.D.)	Melissa Schmidt .....	Mount Marty College (S.D.)
Amber Fischer .....	Dakota State University (S.D.)	Melanie Schwarz .....	Robert Morris College (Ill.)
Christine Geisreiter .....	Simon Fraser University (B.C.)	Jennifer Scribani .....	Roberts Wesleyan College (N.Y.)
Mary Gibson .....	Houghton College (N.Y.)	Dawn Sell .....	Geneva College (Pa.)
Brittany Gomes .....	Biola University (Calif.)	Deanna Sick .....	Point Loma Nazarene University (Calif.)
Katie Grace .....	Point Loma Nazarene University (Calif.)	Sarah Slade .....	Seton Hill University (Pa.)
Nikki Guck .....	Jamestown College (N.D.)	Juliann Spencer .....	Geneva College (Pa.)
Jennifer Henderson .....	Concordia University (Neb.)	Holly Stewart .....	Westmont College (Calif.)
Crystal Hostetter .....	Black Hills State University (S.D.)	Tiffany Stilwater .....	Northwest University (Wash.)
Jennifer Houck .....	College of St. Scholastica (Minn.)	Mallory Swan .....	Oregon Institute of Technology
Amy Hoving .....	Trinity Christian College (Ill.)	Renee Wageman .....	Northwest University (Wash.)
Sarah Johnston .....	St. Vincent College (Pa.)	Kelly Waterman .....	Concordia University (Neb.)
Angela Jost .....	Tabor College (Kan.)	Kara Watson .....	Indiana Wesleyan University
Kendra King .....	Graceland University (Iowa)	Amy Wicker .....	College of St. Scholastica (Minn.)
Leah Kooiker .....	Dordt College (Iowa)		
Mary Kummerfeld .....	Northwestern College (Iowa)		
Val Kunde .....	Aquinas College (Mich.)		
Liz Lamb .....	Spring Arbor University (Mich.)		

### 2004 NAIA WOMEN'S CROSS COUNTRY SCHOLAR TEAMS

<b>Roberts Wesleyan College (N.Y.)</b> Kim Cipura Erin Doak Megan McRae Laurel Reed Jennifer Scribani <b>Team GPA 3.82</b>	<b>Northwest University (Wash.)</b> Kjerstein Bailey Amye Ellingson Tiffany Stilwater Ashley Teran (Polakovic) Renee Wageman <b>Team GPA 3.67</b>	<b>Olivet Nazarene University (Ill.)</b> Erica Batkiewicz Sara Batkiewicz Jenny Ellis Carmin Green Simone Mulieri <b>Team GPA 3.58</b>	<b>Eastern Oregon University</b> Stephanie Colkitt Rian Finney Jessica Johnston Becca Mielke Shawna Muchow <b>Team GPA 3.39</b>
<b>Malone College (Ohio)</b> Laura Boatwright Sarah Decker Joanna Genter Loren Reineke Lacy Watkins <b>Team GPA 3.74</b>	<b>Point Loma Nazarene University (Calif.)</b> Katie Grace Jasmine Marks Lauren Quinn Sarah Richardson Deanna Sick <b>Team GPA 3.65</b>	<b>Concordia University (Calif.)</b> Valerie Castelazo Vanessa Eckhardt Jeanelle Goonetilleke  Natalie Perkins Kelli Ryan <b>Team GPA 3.46</b>	<b>Siena Heights University (Mich.)</b> Kaitlin Harvey Jennifer Hinckley Katie Musolf Marie VanZandt Anne Venier <b>Team GPA 3.35</b>
<b>Concordia University (Neb.)</b> Micah Dubbs Tanya Kanengieter Jennifer Nikkila Michelle Quinlan Kelly Waterman <b>Team GPA 3.73</b>	<b>Aquinas College (Mich.)</b> Sarah Beck Stacey Hoffman Val Kunde Jenny Millis Lisa Wojciakowski <b>Team GPA 3.66</b>	<b>Cumberland College (Ky.)</b> Barb Davies Angela Martin Kelly Schnee Shelly Schnee Christy Sumner <b>Team GPA 3.41</b>	<b>Berry College (Ga.)</b> Becky Ament Laurie Cook Joy Deaton Tyler Moss Emily Sutton <b>Team GPA 3.08</b>
<b>Jamestown College (N.D.)</b> Cheri Ewert Nikki Guck Melanie Holmes Michel Maurer Tara Opdahl <b>Team GPA 3.68</b>	<b>Indiana Wesleyan University</b> Katie Alloway Katie Bloomquist Megan Pollock Jodi Veenkant Kara Watson <b>Team GPA 3.58</b>	<b>Black Hills State University (S.D.)</b> Angi Axmann Crystal Hostetter Kendra Karst Cassie Knutson Liz Woodruff <b>Team GPA 3.40</b>	

### 2003 NAIA WOMEN'S CROSS COUNTRY RATINGS

#### Preseason Rating - August 27, 2004

Rank	2003 Final	School (Region)	1st Place Votes	Total Points
1	4	Simon Fraser (B.C.) (I)	7	175
2	3	Indiana Wesleyan (VIII)		164
3	7	British Columbia (I)		161
4	2	California State-San Marcos (II)		154
5	9	Black Hills State (S.D.) (III)		136
6	12	Concordia (Calif.) (II)		132
7	6	Malone (Ohio) (IX)		126
8	10	Oklahoma Baptist (VI)		125
9	7	Azusa Pacific (Calif.) (II)		116
10	1	Northwest (Wash.) (I)		110
11	5	Concordia (Neb.) (IV)		104
12	11	Lewis-Clark State (Idaho) (I)		90
13	19	Jamestown (N.D.) (III)		87
14	13	Minot State (N.D.) (III)		76
15	16	Point Loma Nazarene (Calif.) (II)		73
16	15	Roberts Wesleyan (N.Y.) (IX)		66
17	17	Biola (Calif.) (II)		63
18	NR	Olivet Nazarene (Ill.) (VII)		59
19	NR	Southern Oregon (I)		44
20	14	Cedarville (Ohio) (IX)		42
21	NR	Aquinas (Mich.) (VIII)		33
22	NR	Southern Nazarene (Okla.) (VI)		32
23	NR	Milligan (Tenn.) (XII)		26
24	20	Mary (N.D.) (III)		16
25	NR	Siena Heights (Mich.) (VIII)		14

Others Receiving Votes:

Sioux Falls (S.D.) (IV), 11; Vanguard (Calif.) (II), 9; Oklahoma Christian (VI), 8; Spring Arbor (Mich.) (VIII), 6; Cumberland (Ky.) (XI), 4; Northwood (Texas), 4; Taylor (Ind.) (VIII), 3; Huntington (Ind.) (VIII), 2; Union (Tenn.) (XI), 2; Benedictine (Kan.) (V), 1; Eastern Oregon (I), 1.

#### Rating #1 - September 17, 2004

Rank	Pre Season	School (Region)	1st Place Votes	Total Points
1	1	Simon Fraser (B.C.) (I)	7	175
2	2	Indiana Wesleyan (VIII)		168
3	7	Malone (Ohio) (IX)		157
4	6	Concordia (Calif.) (II)		156
5	5	Black Hills State (S.D.) (III)		142
6	9	Azusa Pacific (Calif.) (II)		135
7	11	Concordia (Neb.) (IV)		126
8	17	Biola (Calif.) (II)		121
9	20	Cedarville (Ohio) (IX)		116
10	12	Lewis-Clark State (Idaho) (I)		113
11	8	Oklahoma Baptist (VI)		101
12	13	Jamestown (N.D.) (III)		100
13	14	Minot State (N.D.) (III)		91
14	17	Olivet Nazarene (Ill.) (VII)		79
15	25	Siena Heights (Mich.) (VIII)		74
16	16	Roberts Wesleyan (N.Y.) (IX)		70
17	4	California State-San Marcos (II)		62
18	10	Northwest (Wash.) (I)		54
19	24	Mary (N.D.) (III)		53
20	21	Aquinas (Mich.) (VIII)		38
21	22	Southern Nazarene (Okla.) (VI)		36
22	15	Point Loma Nazarene (Calif.) (II)		33
23	NR	Oklahoma Christian (VI)		17
24	NR	Lindenwood (Mo.) (V)		14
25	23	Milligan (Tenn.) (XII)		9

Others Receiving Votes:

MidAmerica Nazarene (Kan.) (V), 8; Sioux Falls (S.D.) (IV), 8; Eastern Oregon (I), 7; Spring Arbor (Mich.) (VIII), 4; Taylor (Ind.) (VIII), 2; Vanguard (Calif.) (II), 2; Bethel (Ind.) (VIII), 1; Cumberland (Ky.) (XI), 1; Northwood (Texas), 1; Union (Ky.) (XII), 1.

**Rating #2 - September 24, 2004**

Rank	Last Week	School (Region)	1st Place Votes	Total Points
1	1	Simon Fraser (B.C.) (I)	7	175
2	NR	British Columbia (I)		159
3	7	Concordia (Neb.) (IV)		155
4	3	Malone (Ohio) (IX)		154
5	4	Concordia (Calif.) (II)		146
6	11	Oklahoma Baptist (VI)		143
7	2	Indiana Wesleyan (VIII)		139
8	6	Azusa Pacific (Calif.) (II)		121
9	10	Lewis-Clark State (Idaho) (I)		114
10	5	Black Hills State (S.D.) (III)		113
11	16	Roberts Wesleyan (N.Y.) (IX)		110
12	9	Cedarville (Ohio) (IX)		96
13	8	Biola (Calif.) (II)		86
14	12	Jamestown (N.D.) (III)		78
15	14	Olivet Nazarene (Ill.) (VII)		73
16	17	California State-San Marcos (II)		68
16	15	Siena Heights (Mich.) (VIII)		68
18	13	Minot State (N.D.) (III)		62
19	NR	Eastern Oregon (I)		46
20	19	Mary (N.D.) (III)		31
21	NR	Vanguard (Calif.) (II)		26
22	20	Aquinas (Mich.) (VIII)		25
23	24	Lindenwood (Mo.) (V)		24
24	NR	MidAmerica Nazarene (Kan.) (V)		15
24	18	Northwest (Wash.) (I)		15

**Others Receiving Votes:**

Westmont (Calif.) (II), 11; Southern Nazarene (Okla.) (VI), 10; Milligan (Tenn.) (XII), 4; Taylor (Ind.) (VIII), 3; Point Loma Nazarene (Calif.) (II), 2; Spring Arbor (Mich.) (VIII), 2; Oklahoma Christian (VI), 1.

**Rating #3 - October 1, 2004**

Rank	Last Week	School (Region)	1st Place Votes	Total Points
1	1	Simon Fraser (B.C.) (I)	7	175
2	3	Concordia (Neb.) (IV)		160
3	7	Indiana Wesleyan (VIII)		155
4	5	Concordia (Calif.) (II)		153
5	4	Malone (Ohio) (IX)		150
6	8	Azusa Pacific (Calif.) (II)		139
6	6	Oklahoma Baptist (VI)		139
8	2	British Columbia (I)		133
9	12	Cedarville (Ohio) (IX)		117
10	9	Lewis-Clark State (Idaho) (I)		106
11	14	Jamestown (N.D.) (III)		99
12	15	Olivet Nazarene (Ill.) (VII)		87
13	18	Minot State (N.D.) (III)		84
14	13	Biola (Calif.) (II)		79
15	22	Aquinas (Mich.) (VIII)		70
15	16	Siena Heights (Mich.) (VIII)		70
17	16	California State-San Marcos (II)		61
18	NR	Spring Arbor (Mich.) (VIII)		58
19	11	Roberts Wesleyan (N.Y.) (IX)		45
20	19	Eastern Oregon (I)		43
21	10	Black Hills State (S.D.) (III)		42
22	23	Lindenwood (Mo.) (V)		39
23	24	MidAmerica Nazarene (Kan.) (V)		22
24	20	Mary (N.D.) (III)		21
25	21	Vanguard (Calif.) (II)		10

**Others Receiving Votes:**

Southern Nazarene (Okla.) (VI), 8; Westmont (Calif.) (II), 6; Northwest (Wash.) (I), 2; Oklahoma Christian (VI), 2.

**Rating #4 - October 8, 2004**

Rank	Last Week	School (Region)	1st Place Votes	Total Points
1	1	Simon Fraser (B.C.) (I)	7	175
2	2	Concordia (Neb.) (IV)		166
3	4	Concordia (Calif.) (II)		157
4	3	Indiana Wesleyan (VIII)		153
5	5	Malone (Ohio) (IX)		151
6	6	Oklahoma Baptist (VI)		142
7	6	Azusa Pacific (Calif.) (II)		131
8	8	British Columbia (I)		129
9	9	Cedarville (Ohio) (IX)		118
10	12	Olivet Nazarene (Ill.) (VII)		102
11	11	Jamestown (N.D.) (III)		101
12	10	Lewis-Clark State (Idaho) (I)		99
13	15	Siena Heights (Mich.) (VIII)		94
14	13	Minot State (N.D.) (III)		81
15	15	Aquinas (Mich.) (VIII)		74
16	14	Biola (Calif.) (II)		69
17	21	Black Hills State (S.D.) (III)		61
18	19	Roberts Wesleyan (N.Y.) (IX)		51
19	18	Spring Arbor (Mich.) (VIII)		48
20	23	MidAmerica Nazarene (Kan.) (V)		45
21	17	California State-San Marcos (II)		34
22	NR	Southern Nazarene (Okla.) (VI)		24
23	NR	Northwest (Wash.) (I)		22
24	20	Eastern Oregon (I)		16
25	24	Mary (N.D.) (III)		15

**Others Receiving Votes:**

Lindenwood (Mo.) (V), 10; Berry (Ga.) (XIII), 5; Vanguard (Calif.) (II), 2.

**Rating #5 - October 15, 2004**

Rank	Last Week	School (Region)	1st Place Votes	Total Points
1	1	Simon Fraser (B.C.) (I)	7	175
2	2	Concordia (Neb.) (IV)		167
3	3	Concordia (Calif.) (II)		156
4	4	Indiana Wesleyan (VIII)		153
5	5	Malone (Ohio) (IX)		151
6	6	Oklahoma Baptist (VI)		142
7	7	Azusa Pacific (Calif.) (II)		130
7	8	British Columbia (I)		130
9	9	Cedarville (Ohio) (IX)		119
10	10	Olivet Nazarene (Ill.) (VII)		106
11	11	Jamestown (N.D.) (III)		103
12	13	Siena Heights (Mich.) (VIII)		93
13	12	Lewis-Clark State (Idaho) (I)		88
14	14	Minot State (N.D.) (III)		86
15	21	California State-San Marcos (II)		77
16	15	Aquinas (Mich.) (VIII)		70
17	17	Black Hills State (S.D.) (III)		54
18	19	Spring Arbor (Mich.) (VIII)		52
19	18	Roberts Wesleyan (N.Y.) (IX)		46
20	NR	Vanguard (Calif.) (II)		42
21	20	MidAmerica Nazarene (Kan.) (V)		41
22	NR	Berry (Ga.) (XIII)		20
23	23	Northwest (Wash.) (I)		18
23	22	Southern Nazarene (Okla.) (VI)		18
25	NR	Point Loma Nazarene (Calif.) (II)		14

**Others Receiving Votes:**

Mary (N.D.) (III), 12; Eastern Oregon (I), 6; Taylor (Ind.) (VIII), 6.

**Rating #6 - October 22, 2004**

Rank	Last Week	School (Region)	1st Place Votes	Total Points
1	1	Simon Fraser (B.C.) (I)	5	173
2	2	Concordia (Neb.) (IV)	2	170
3	5	Malone (Ohio) (IX)		154
4	6	Oklahoma Baptist (VI)		149
5	3	Concordia (Calif.) (II)		148
6	4	Indiana Wesleyan (VIII)		142
7	7	British Columbia (I)		135
8	7	Azusa Pacific (Calif.) (II)		131
9	9	Cedarville (Ohio) (IX)		116
10	11	Jamestown (N.D.) (III)		112
11	10	Olivet Nazarene (Ill.) (VII)		107
12	12	Siena Heights (Mich.) (VIII)		92
13	14	Minot State (N.D.) (III)		89
14	13	Lewis-Clark State (Idaho) (I)		85
15	15	California State-San Marcos (II)		74
16	NR	Mary (N.D.) (III)		72
17	23	Northwest (Wash.) (I)		63
18	16	Aquinas (Mich.) (VIII)		58
19	17	Black Hills State (S.D.) (III)		41
20	18	Spring Arbor (Mich.) (VIII)		35
21	19	Roberts Wesleyan (N.Y.) (IX)		30
22	NR	Eastern Oregon (I)		28
23	20	Vanguard (Calif.) (II)		24
24	NR	Lindenwood (Mo.) (V)		18
25	22	Berry (Ga.) (XIII)		15

**Others Receiving Votes:**

St. Scholastica (Minn.) (III), 9; Point Loma Nazarene (Calif.) (II), 4; Northwood (Texas), 1.

**Rating #7 - October 29, 2004**

Rank	Last Week	School (Region)	1st Place Votes	Total Points
1	1	Simon Fraser (B.C.) (I)	4	172
2	2	Concordia (Neb.) (IV)	3	171
3	3	Malone (Ohio) (IX)		159
4	4	Oklahoma Baptist (VI)		155
5	7	British Columbia (I)		147
6	8	Azusa Pacific (Calif.) (II)		131
7	5	Concordia (Calif.) (II)		123
7	6	Indiana Wesleyan (VIII)		123
9	12	Siena Heights (Mich.) (VIII)		119
10	9	Cedarville (Ohio) (IX)		116
11	10	Jamestown (N.D.) (III)		114
12	11	Olivet Nazarene (Ill.) (VII)		97
13	14	Lewis-Clark State (Idaho) (I)		91
14	13	Minot State (N.D.) (III)		86
15	15	California State-San Marcos (II)		76
16	16	Mary (N.D.) (III)		66
17	17	Northwest (Wash.) (I)		60
18	18	Aquinas (Mich.) (VIII)		59
19	22	Eastern Oregon (I)		49
20	19	Black Hills State (S.D.) (III)		35
21	20	Spring Arbor (Mich.) (VIII)		33
22	21	Roberts Wesleyan (N.Y.) (IX)		28
23	24	Lindenwood (Mo.) (V)		17
24	NR	Point Loma Nazarene (Calif.) (II)		16
25	23	Vanguard (Calif.) (II)		12

**Others Receiving Votes:**

St. Scholastica (Minn.) (III), 7; Cumberland (Ky.) (XI), 6; Taylor (Ind.) (VIII), 3; Berry (Ga.) (XIII), 2; Northwood (Texas), 1; Union (Tenn.) (XI), 1.

**Final Rating - November 5, 2004**

Rank	Last Week	School (Region)	1st Place Votes	Total Points
1	2	Concordia (Neb.) (IV)	4	172
2	1	Simon Fraser (B.C.) (I)	3	171
3	3	Malone (Ohio) (IX)		160
4	5	British Columbia (I)		151
5	4	Oklahoma Baptist (VI)		149
6	6	Azusa Pacific (Calif.) (II)		137
7	7	Concordia (Calif.) (II)		126
8	9	Siena Heights (Mich.) (VIII)		121
9	7	Indiana Wesleyan (VIII)		116
10	11	Jamestown (N.D.) (III)		112
11	10	Cedarville (Ohio) (IX)		111
12	12	Olivet Nazarene (Ill.) (VII)		110
13	13	Lewis-Clark State (Idaho) (I)		89
14	14	Minot State (N.D.) (III)		83
15	15	California State-San Marcos (II)		72
16	16	Mary (N.D.) (III)		65
17	17	Northwest (Wash.) (I)		63
18	24	Point Loma Nazarene (Calif.) (II)		60
19	22	Roberts Wesleyan (N.Y.) (IX)		56
20	19	Eastern Oregon (I)		43
21	20	Black Hills State (S.D.) (III)		29
22	18	Aquinas (Mich.) (VIII)		24
23	23	Lindenwood (Mo.) (V)		22
24	21	Spring Arbor (Mich.) (VIII)		14
25	25	Vanguard (Calif.) (II)		13

**Others Receiving Votes:**

St. Scholastica (Minn.) (III), 5; Cumberland (Ky.) (XI), 1.

## NAIA WOMEN'S CROSS COUNTRY CHAMPIONSHIP HISTORY

YEAR	SITE	CHAMPION	POINTS	RUNNER-UP	POINTS
1980	Salina, Kan.	Wisconsin-Parkside	52	Emporia State (Kan.)	100
1981	Kenosha, Wis.	Adams State (Colo.)	25	Berry (Ga.)	71
1982	Kenosha, Wis.	Marquette (Wis.)	48	Wisconsin-Eau Claire	109
1983	Kenosha, Wis.	Simon Fraser (B.C.)	58	Marquette (Wis.)	79
1984	Kenosha, Wis.	Wisconsin-Eau Claire	91	Portland (Ore.)	99
1985	Kenosha, Wis.	Portland (Ore.)	64	Wisconsin-Eau Claire	95
1986	Kenosha, Wis.	Wisconsin-Parkside	121	Emporia State (Kan.)	151
1987	Kenosha, Wis.	Simon Fraser (B.C.)	60	Adams State (Colo.)	169
1988	Kenosha, Wis.	Pacific Lutheran (Wash.)	44	Adams State (Colo.)	69
1989	Kenosha, Wis.	Adams State (Colo.)	79	Western State (Colo.)	132
1990	Kenosha, Wis.	Western State (Colo.)	58	Adams State (Colo.)	70
1991	Kenosha, Wis.	Adams State (Colo.)	66	Simon Fraser (B.C.)	87
1992	Kenosha, Wis.	Puget Sound (Wash.)	76	George Fox (Ore.)	111
1993	Kenosha, Wis.	Puget Sound (Wash.)	38	Doane (Neb.)	169
				Simon Fraser (B.C.)	169
1994	Kenosha, Wis.	Puget Sound (Wash.)	51	Simon Fraser (B.C.)	74
1995	Kenosha, Wis.	Puget Sound (Wash.)	82	Simon Fraser (B.C.)	91
1996	Kenosha, Wis.	Simon Fraser (B.C.)	75	Puget Sound (Wash.)	114
1997	Kenosha, Wis.	Simon Fraser (B.C.)	56	Puget Sound (Wash.)	118
1998	Kenosha, Wis.	Simon Fraser (B.C.)	22	Malone (Ohio)	146
1999	Kenosha, Wis.	Malone (Ohio)	77	Spring Arbor (Mich.)	160
2000	Kenosha, Wis.	Concordia (Calif.)	133	Concordia (Neb.)	188
2001	Kenosha, Wis.	Cedarville (Ohio)	147	Concordia (Neb.)	169
2002	Kenosha, Wis.	Northwest (Wash.)	77	Concordia (Neb.)	116
2003	Louisville, Ky.	Simon Fraser (B.C.)	93	Northwest (Wash.)	114
2004	Louisville, Ky.	Simon Fraser (B.C.)	95	Concordia (Neb.)	129

### Meet Records

**5,000 Meters:** 16:43, Emile Mondor, Simon Fraser (B.C.), 2002

**Best Winning Score:** 22 points, Simon Fraser (B.C.), 1998

**Largest Margin of Victory:** 131 points, Puget Sound (Wash.) (38), Simon Fraser (B.C.) (169), Doane (Neb.) (169), 1993

**Smallest Margin of Victory:** 8 points, Wisconsin-Eau Claire (91), Portland (Ore.) (99), 1984

### All-Time Team Championships

Simon Fraser (B.C.)	7
Puget Sound (Wash.)	4
Adams State (Colo.)	3
Wisconsin-Parkside	2

The following institutions each have one championship: Cedarville (Ohio); Malone (Ohio); Marquette (Wis.); Northwest (Wash.); Pacific Lutheran (Wash.); Portland (Ore.); Western State (Colo.); Wisconsin-Eau Claire.

### All-Time Individual Championships

Simon Fraser (B.C.)	11
Adams State (Colo.)	2
Oklahoma Baptist	2
Pacific Lutheran (Wash.)	2

The following institutions each have one championship: Biola (Calif.); Hillsdale (Mich.); Malone (Ohio); Marquette (Wis.); Puget Sound (Wash.); Wisconsin-Eau Claire; Wisconsin-Parkside.

### Coach of the Year

1980	Bob Lawson, Wisconsin-Parkside
1981	Rocky Light, Adams State (Colo.)
1982	Elliot Kramsky, Marquette (Wis.)
1983	Zenon Smiechowski, Simon Fraser (B.C.)
1984	Marv Allen, Wisconsin-Eau Claire
1985	Mike Johnson, Portland (Ore.)
1986	Mike DeWitt, Wisconsin-Parkside
1987	Zenon Smiechowski, Simon Fraser (B.C.)
1988	Brad Moore, Pacific Lutheran (Wash.)
1989	Damon Martin, Adams State (Colo.)
1990	Brad Moore, Pacific Lutheran (Wash.)
1991	Damon Martin, Adams State (Colo.)
1992	Wes Cook, George Fox (Ore.)
1993	Sam Ring, Puget Sound (Wash.)
1994	Mike Lonergan, Simon Fraser (B.C.)
1995	Russell Smelley, Westmont (Calif.)
1996	Zenon Smeichowski, Simon Fraser (B.C.)
1997	Ben Welch, Eastern Oregon
1998	Jack Hazen, Malone (Ohio)
1999	Kregg Einspahr, Concordia (Neb.)
2000	John Foss, Indiana Wesleyan
2001	Elvin King, Cedarville (Ohio)
2002	Bill Taylor, Northwest (Wash.)
2003	Brit Townsend, Simon Fraser (B.C.)
2004	Brit Townsend, Simon Fraser (B.C.)

### All-Time Individual Champions

1980	Wendy Burman, Wisconsin-Parkside, 17:54
1981	Mary Jaqua, Adams State (Colo.), 18:34
1982	Kate Webb, Marquette (Wis.), 17:41
1983	Cindy Grant, Simon Fraser (B.C.), 17:32
1984	Katie Somers, Wisconsin-Eau Claire, 17:36
1985	Val Hilden, Pacific Lutheran (Wash.), 18:53
1986	Gina Van Laar, Hillsdale (Mich.), 17:40
1987	Leah Pells, Simon Fraser (B.C.), 16:59
1988	Valerie Hilden, Pacific Lutheran (Wash.), 17:41
1989	Wanda Howlett, Puget Sound (Wash.), 17:55
1990	Sarah Howell, Simon Fraser (B.C.), 17:44
1991	Amy Giblin, Adams State (Colo.), 17:37
1992	Aundrea Bertoia, Simon Fraser (B.C.), 18:44
1993	Elizabeth Onyambu, Biola (Calif.), 17:35
1994	Cari Rampersad, Simon Fraser (B.C.), 17:51
1995	Cari Rampersad, Simon Fraser (B.C.), 18:02
1996	Cari Rampersad, Simon Fraser (B.C.), 17:14
1997	Heather deGeest, Simon Fraser (B.C.), 18:33
1998	Heather deGeest, Simon Fraser (B.C.), 17:06
1999	Melissa Clement, Simon Fraser (B.C.), 17:39
2000	Everlyne Lagat, Malone (Ohio), 18:01
2001	Emile Mondor, Simon Fraser (B.C.), 17:24
2002	Emile Mondor, Simon Fraser (B.C.), 16:43
2003	Miriam Kaumba, Oklahoma Baptist, 17:13.9
2004	Miriam Kaumba, Oklahoma Baptist, 16:53.70