

NATIONAL ASSOCIATION OF
INTERCOLLEGIATE ATHLETICS



Choices for Middle School Athletes **NAIA *Champions of Character***

*“One athlete of character will
improve a team. One team of
character will improve a school.
One school of character can
impact an entire community.”*

*Bruce E. Brown-
NAIA Special Presenter*

Choices for Middle School Athletes - NAIA *Champions of Character*

Teams can make a conscious choice to uphold the best of values.

Individual players can make choices that will define them as athletes.

Respect



Responsibility



Integrity



Servant Leadership



Sportsmanship



How an athlete shows *RESPECT*

Teachable Spirit

- Takes correction as a compliment
- Is eager to learn

Work Habits

- Commits to hard, productive work

Attentiveness

- Listens to coaches and teammates
- Concentrates on the task at hand

Pride

- Values the work and accomplishments of the team – is not arrogant

How an athlete shows *RESPONSIBILITY*

Academic Progress

- Turns in assignments on time
- Maintains academic eligibility

Accountability

- Accepts responsibility for outcomes
- Solves problems – does not make excuses
- Looks to self first when improvement is needed

Consistency

- Can be counted on by self and teammates

Discipline

- Exhibits self-control on and off the court
- Focuses attention and effort

Mental Toughness

- Nothing breaks spirit – stays enthusiastic, confident and positive

Determination

- Is a self-starter
- Recovers from mistakes quickly

How an athlete shows *INTEGRITY*

Integrity

- Tells the truth
- Keeps commitments
- Does not lie, cheat, or steal

Choices for Middle School Athletes - NAIA *Champions of Character*

“Character has always been important. But with changes in society today, it needs more reinforcement than ever before.”
John Wooden -
Legendary UCLA and NAIA
Teacher & Coach

How an athlete shows *SERVANT LEADERSHIP*

Selflessness

- Puts the team ahead of self in every decision
- Accepts and fulfills a role

Enthusiasm

- Plays for the love of the game
- Brings it every day

How an athlete shows *SPORTSMANSHIP*

Sportsmanship

- Exemplifies good (character) and doing right (actions) in sports
- Plays fair
- Reacts correctly, even when others do not

Bruce E. Brown - NAIA Special Presenter

Respect



Responsibility



Integrity



Servant Leadership



Sportsmanship



NATIONAL ASSOCIATION OF
INTERCOLLEGIATE ATHLETICS



Are you an ATHLETE?

RESPECT

TEACHABLE SPIRIT

1 2 3 4 5 6 7 8 9 10

WORK HABITS

1 2 3 4 5 6 7 8 9 10

ATTENTIVENESS

1 2 3 4 5 6 7 8 9 10

CONFIDENCE

1 2 3 4 5 6 7 8 9 10

PRIDE

1 2 3 4 5 6 7 8 9 10

RESPONSIBILITY

ACADEMIC

1 2 3 4 5 6 7 8 9 10

ACCOUNTABILITY

1 2 3 4 5 6 7 8 9 10

CONSISTENCY

1 2 3 4 5 6 7 8 9 10

DISCIPLINE

1 2 3 4 5 6 7 8 9 10

COMPETITIVE

1 2 3 4 5 6 7 8 9 10

MENTAL TOUGHNESS

1 2 3 4 5 6 7 8 9 10

DETERMINATION

1 2 3 4 5 6 7 8 9 10

INTEGRITY

INTEGRITY

1 2 3 4 5 6 7 8 9 10

SERVANT LEADERSHIP

SELFLESSNESS

1 2 3 4 5 6 7 8 9 10

ENTHUSIASM

1 2 3 4 5 6 7 8 9 10

SPORTSMANSHIP

SPORTSMANSHIP

1 2 3 4 5 6 7 8 9 10