

2004 Panther Cross Country



2004 UW-Milwaukee Cross Country Prospectus

Quick Facts

GENERAL INFORMATION

School	University of Wisconsin-Milwaukee
City/Zip	Milwaukee, Wis. 53201
Founded	1885
Enrollment	25,059
Nickname	Panthers
Colors	Black and Gold
Arena	Klotsche Center
Capacity	5,000
Affiliation	NCAA Division I
Conference	Horizon League
Chancellor	Dr. Carlos Santiago
Director of Athletics	Bud Haidet
Assoc. Athletic Director	Chuck Lang
Senior Women's Admin.	Deanna D'Abbraccio
Compliance Coordinator	Stephen Lautz
Faculty Representative	Rita Cheng
Academic Advisor	Tom Vollman
Ticket Manager	LeVar Ridgeway
Athletics Phone	414-229-5151
Ticket Phone	414-229-5886

CROSS COUNTRY COACHING STAFF

Head Coach	Pete Corfeld
Alma Mater/Year	Wisconsin-Milwaukee, 1986
Year at School	16th

TEAM INFORMATION

2003 League Finish	Women- 3rd, Men- 4th
2003 Regional Finish	Women- 30th, Men- 33rd
NCAA Qualifiers	N/A

SPORTS INFORMATION

Assistant SID/Cross Country Contact	Kevin Conway
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Sports Information Director	Kevin O'Connor
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Assistant SID	Bret Seymour
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Website	www.uwmpanthers.com

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2004 Rosters

WOMEN

Katie Anderson	Jr.	Eau Claire, Wis./Memorial
Teresa Braunreiter	Sr.	Milwaukee, Wis./DSHA
Anna Christian	Sr.	Horicon, Wis./Horicon
Tenia Fisher	Jr.	Milwaukee, Wis./King
Katherine Graves	Fr.	Albany, Wis./Albany
Kristina Gasser	So.	Mukwonago, Wis./Mukwonago
Angela Huebner	Fr.	Green Bay, Wis./Southwest
Griffin McNulty	Jr.	Johnsburg, Ill./Johnsburg
Kourtney Nault	So.	Pt. Washington, Wis./Pt. Washington
Holly Nearman	Fr.	Monroe, Wis./Monroe
Martha Root	So.	Oregon, Wis./Oregon
Sara Schumacher	Fr.	Racine, Wis./Park
Maggie Seed	So.	Oregon, Wis./Oregon
Katie Seep	Sr.	Reedsburg, Wis./Reedsburg
Christine Wampach	Jr.	St. Charles, Ill./St. Charles

MEN

Nick Bruskewitz	Jr.	Madison, Wis./LaFollette
Elliot Enright	Jr.	Madison, Wis./LaFollette
Justin Gorman	So.	River Valley, Wis./River Valley
Micah Hanthorn	Sr.	Cedarburg, Wis./Cedarburg
Bryan Hassemer	Sr.	Francis Creek, Wis./Mishicot
Nick Hawley	Fr.	Appleton, Wis./Hortonville
Jeremy Majors	So.	Morrow, Ga./Morrow
Josh Nygren	Jr.	Marinette, Wis./Marinette
Richard Pire	Fr.	Middleton, Wis./Middleton
Luis Salamanca	Fr.	Milwaukee, Wis./Bradley Tech
Adam Swanson	Jr.	Neenah, Wis./Neenah
Ben Uphoff	So.	New London, Wis./New London
Gabe Wagoner	Jr.	Peshtigo, Wis./Peshtigo
Joseph Wawrzyniak	Fr.	South Milwaukee, Wis./South Milwaukee
Nate Weiland	Jr.	Waunakee, Wis./Middleton

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The benefit of youth is, a year later, you have veterans. That is certainly the case with the University of Wisconsin-Milwaukee men's and women's cross country teams. Stocked with talented underclassmen, the Panthers will look to improve on a third-place finish by the women and fourth-place finish from the men.

Head coach Pete Corfeld has high hopes for his teams, especially considering the benchmarks of the 2003 season. For the UWM women, the third-place finish represented its highest since joining the league, matching the 2000 season. Milwaukee's men have become a model of consistency, taking fourth in each of the last five seasons.

"We had successful cross country seasons last year," Corfeld said. "We were pretty young last year. This season, with increased experience, we totally expect to build on our success. After such a year in 2003, we expect our results to be huge this year."

Women

Senior Anna Christian returns to lead the Panther women in 2004 after garnering a first-team All-Horizon League honor last season. She came on late in the season and established herself as one of UWM's top runners. Christian finished sixth and helped Milwaukee to a third-place finish, its highest since taking third in 2000.

"The thing with Anna is that she keeps getting better," Corfeld said. "She took sixth in the league last year and led the team to a third-place finish."

Engaging Christian in a friendly battle for top Black and Gold runner throughout last season was junior Katie Anderson. Anderson spent her sophomore season repeatedly among the top two runners.

"She continues to improve each season," Corfeld said about Anderson. "Her mile (5:03) and 800m (2:17) should help this year, as she should push for all-league honors this year."

Junior Christine Wampach bounced back from an injury-plagued 2002 for a solid campaign last year. She narrowly missed all-league consideration at the Horizon League Championships, turning in a 16th-place finish.

"Christine was solid last season after being hurt the previous year," Corfeld said. "Her 5:01 mile speed, combined with her distance base, should yield big dividends."

Junior Griffin McNulty enters the season, coming off a good showing at last year's regional meet. Corfeld is confident that

her 2003 finish, could lead to big things in '04.

"Griffin finished well at regionals last year, and that should give her great confidence for a breakout season," Corfeld said. "Her 800m speed (2:15) and strong base definitely help."

A pair of sophomores have also caught Corfeld's eye for a tremendous season in Kourtney Nault and Tenia Fisher.

"Kourtney loves running long and it shows," Corfeld said.

With the matter of Fisher, he believes 2003 was a sign of good things to come.

"She really proved to herself that she could run cross country, and do it well," Corfeld said. "She is the 800m indoor school-record record holder (2:12.04) and we are looking for her to have a breakout year."

"Tenia may be considered a sleeper, but when she does 'it', it will be big! If she shows her full talent she could be our top runner."

With such talented underclassmen, it is no surprise that Corfeld is high on a pair of freshman. Without the pressure to contribute right away, Angie Huebner and Holly Nearmann will have a chance to use 2004 to become accustomed with collegiate running. Both were members of the Wisconsin All-State Second Team as seniors.

"Angie and Holly are both very talented freshman," said Corfeld. "They each run long very well and could help the team in their first seasons."

Men

Junior Josh Nygren returns to pace the men's squad after earning second-team all-league honors last season with his 14th-place finish. Nygren was the top Panther finisher at each race he competed in 2003 and Corfeld is high on Nygren's potential.

"Josh is on course to be the best distance runner we've had here since (UWM Hall of Famer) Chad Zehms," Corfeld said, referring to UWM's 1995 league champion. "He was second-team all-conference last year and has emerged as a great leader."

Nygren will serve as team captain for a corps that has finished fourth at the league meet in five consecutive years.

With the departure of senior Andy Kivioja, sophomore Ben Uphoff may emerge as the team's number two runner. In his

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rookie campaign, Uphoff was consistently among the top four for Milwaukee, before falling back towards the end of the season.

“(Ben) had a rough first cross country season,” Corfeld said. “He bounced back to have a great track season, so we are expecting big things from here on out.”

Junior Nate Weiland returns to provide consistency and depth to the Panther lineup. A key contributor last season, Weiland was strongest on the 10k national meet courses. He completed his season with an 88th-place finish at the regional meet as the second UWM runner to cross the line.

“He had a solid year in 2003, and that led to a good indoor track season,” Corfeld said.

“With Nate, the longer the better. That makes him an asset for the regional.”

A pair of seniors will use 2004 season to complete their careers on a high note in Bryan Hassemer and Micah Hanthorn. The elder statesmen of the group, both runners have been very competitive for Milwaukee and have improved each year they have competed.

“Bryan and Micah are looking for giant final years,” Corfeld said. “With Bryan we have an athlete that has gotten better each year and is a good ‘team’ guy.”

A sophomore with tremendous upside is Justin Gorman. Last season was his first competing in cross country and Corfeld was happy with what he saw. Gorman has drawn comparison from Corfeld to Cory Peterson, who holds Panther marks in three different events.

“Last year was his first-ever cross country season and he showed great promise,” Corfeld said. “Justin could be a sleeper when it comes to crunch time. He is a great competitor; he knows how to win and he likes it.

Corfeld has never been one to rely on freshmen to count in their first year, rather having them gain experience as rookies. A pair of first-year athletes that have a chance to contribute this season are Nick Hawley and Joe Wawrzyniak. As high school seniors Hawley was second-team all-state, while Wawrzyniak was a conference champion and took third at the sectional meet despite a case of strep throat.

“I don’t like to depend on freshman, but Nick and Joe will

2004 Schedule

DATE	OPPONENT	LOCATION	TIME - W/M
9/4	UIC Invitational	Chicago, Ill.	10 AM/11 AM
9/18	Parkside Invitational	Kenosha, Wis.	12 PM/1 PM
9/25	Griak Invitational	Minneapolis, Minn.	12 PM/1 PM
10/16	Pre-National Invitational	Terre Haute, Ind.	TBA
10/30	Horizon League Championship	Kenosha, Wis.	11 AM/12 PM
11/13	Great Lakes Region IV	Terre Haute, Ind.	11 AM/12 PM
11/22	NCAA Championship	Terre Haute, Ind.	11 AM/12 PM

In 2004, UWM plays host to the Horizon League Cross Country Championships for the second time in team history. The event is scheduled for Saturday, Oct. 30, on the UW-Parkside campus in Kenosha, Wis. Women’s race begins at 11 a.m., while the men get underway at noon. Milwaukee last hosted the league meet in 1995.

have a chance to count,” Corfeld said. “Nick is a strong runner and handles a big work load well, while Joe is very talented and is getting comfortable with collegiate running.”

Furthering themselves at the Horizon League Championships may not need to totally rely on domination, as the Panthers have an ally in the cross country course at UW-Parkside, where the 2004 league meet is set to be held. This marks the second time UWM has hosted the event, after doing so in 1995.

“Hosting conference is a big deal, as we are running it on Parkside’s national course,” Corfeld said. “It is considered very selective, in that it’s hilly and wooded. The meet has been held on flat courses in recent years, while Parkside is considered a true cross country course.”

Milwaukee’s coach believes the terrain; combined with his runner’s knowledge of the course, play to their advantage.

“We are able to get on the course often, and our runners love hills,” Corfeld said. “This will definitely give us an advantage. It still won’t be easy, but I know we will dig really deep and give it our all. We are expecting a great team result win or not.

“This will take the best team effort we have ever produced, but I wouldn’t put it past this group. They support each other the best I have ever seen. After 25 years of coaching, that’s very satisfying.”

The Panthers have an opportunity to preview the course in competitive action Sept. 18, at the Parkside Invitational.

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2003 Schedule/Results

DATE	MEET	LOCATION	OUTCOME
8/30	UIC Invitational <i>Women (v. Chicago State- W, 15-50; v. St. Francis- W, 15-50; v. UIC- L, 24-32; v. Loyola- L, 15-50)</i> <i>Men (v. Chicago State- W, 19-44; v. UIC- L, 24-32; v. Loyola- L, 15-50)</i>	Chicago, Ill.	Women- 2-2, Men- 1-2
9/13	Purdue Invitational	West Lafayette, Ind.	W- 5th of 9 teams/M- 8th of 9 teams
9/26	Central Collegiate Championships	Kalamazoo, Mich.	W- 5th of 7 teams/M- 2nd of 7 teams
10/4	Lakefront Invitational	Chicago, Ill.	NTS
10/18	Pre-National Invitational	Cedar Falls, Iowa	W- 30th of 33 teams/M- 33rd of 35 teams
11/1	Horizon League Championships	Youngstown, Ohio	W- 3rd of 9 teams/M- 4th of 8 teams
11/15	Great Lakes Regional	Terre Haute, Ind.	W- 17th of 30 teams/M- 16th of 32 teams

Women's Individual Results

	8/30*	9/13	9/26	10/4	10/18^	11/1	11/15^
Katie Anderson	DNR	19:49 (23)	18:35 (11)	19:01 (72)	23:04 (156)	19:46 (17)	22:43 (82)
Teresa Braunreiter	12:52 (20)	DNR	21:06 (x)	21:14 (295)	DNR	22:20 (x)	DNR
Anna Christian	DNR	19:57 (30)	18:37 (40)	18:54 (61)	22:33 (122)	19:10 (6)	22:35 (72)
Tenia Fisher	12:48 (17)	DNR	19:44 (41)	20:14 (190)	DNR	20:16 (26)	23:39 (x)
Kris Gasser	12:59 (21)	DNR	20:27 (x)	DNR	DNR	21:06 (40)	DNR
Griffin McNulty	12:02 (11)	19:55 (27)	19:15 (34)	19:25 (110)	25:18 (x)	DNR	23:24 (x)
Natalie Miko	13:13 (23)	DNR	DNR	20:58 (257)	DNR	21:56 (x)	DNR
Kourtney Nault	12:21 (12)	19:58 (31)	18:58 (25)	18:42 (42)	24:05 (204)	19:54 (23)	22:56 (88)
Martha Root	DNR	DNR	DNR	22:19 (401)	DNR	DNR	DNR
Brittany Schoessow	12:36 (14)	21:25 (x)	19:51 (x)	19:58 (158)	24:36 (x)	21:18 (x)	DNR
Maggie Seed	12:33 (13)	20:58 (42)	21:18 (x)	DNR	DNR	DNR	DNR
Alison Shattuck	DNR	19:50 (24)	19:08 (33)	19:18 (95)	23:28 (182)	19:52 (21)	23:14 (109)
Christine Wampach	DNR	19:56 (28)	18:45 (17)	19:22 (103)	22:32 (121)	19:45 (16)	23:08 (104)

DNR - Did Not Run | * - Two Mile Course | ^ - 6,000m Course | All other courses 5,000m

Men's Individual Results

	8/30*	9/13	9/26	10/4	10/18^	11/1	11/15^
Nick Bruskewitz	DNR	DNR	DNR	27:27 (222)	DNR	28:43 (x)	DNR
Elliot Enright	21:54 (20)	DNR	DNR	DNR	DNR	DNR	DNR
Justin Gorman	22:29 (27)	DNR	DNR	27:25 (216)	DNR	27:46 (x)	DNR
Micah Hanthorn	DNR	27:34 (43)	26:18 (18)	26:35 (125)	26:40 (221)	27:17 (34)	33:21 (132)
Bryan Hassemer	DNR	28:23 (56)	26:13 (16)	DNR	26:03 (192)	26:55 (27)	33:00 (104)
Andy Kivioja	DNR	27:21 (38)	25:56 (8)	25:55 (58)	26:11 (201)	26:38 (20)	33:08 (116)
Byron Kowalski	21:31 (13)	29:25 (x)	DNR	27:03 (171)	27:19 (x)	26:58 (29)	33:54 (x)
Ryne Leuzinger	21:50 (18)	28:16 (54)	26:59 (26)	27:13 (189)	DNR	27:27 (x)	DNR
Josh Nygren	DNR	26:35 (25)	25:30 (4)	25:18 (26)	25:34 (158)	26:12 (14)	32:03 (66)
Jason Straka	22:47 (28)	DNR	28:01 (x)	27:18 (204)	DNR	28:16 (x)	DNR
Adam Swanson	22:24 (24)	DNR	28:00 (x)	27:50 (265)	DNR	DNR	DNR
Ben Uphoff	21:16 (9)	27:14 (35)	26:14 (17)	26:23 (100)	27:10 (x)	27:24 (37)	DNR
Gabe Wagoner	23:03 (29)	DNR	DNR	DNR	DNR	DNR	DNR
Nate Weiland	DNR	27:06 (33)	26:10 (14)	26:11 (78)	26:35 (218)	26:41 (22)	32:39 (88)

DNR - Did Not Run | * - 4.1 Mile Course | ^ - 10,000m Course | All other courses 8,000m