

**University of Maine
Sports Medicine**

**EMERGENCY PLAN
ALFOND ARENA**

Emergency Personnel: Certified athletic trainer and student athletic trainer(s) on site for practice and competition; additional sports medicine staff accessible from Alfond Athletic Training Room, or Kessock Sports Medicine Center in Memorial Gym. Coaches or strength and conditioning personnel may be available if no athletic trainers available.

Emergency Communication: A fixed telephone is located in the Alfond Athletic Training Room (south end of building, located in the Shawn Walsh Hockey Center) and 911 should be dialed. Another fixed telephone is available on the south end of the concourse level in the Alfond Operations Office.

Emergency Equipment: Supplies such as splints and spine board are located in the Alfond athletic training room. Additional emergency equipment is accessible from the UVAC ambulance. An Automated External Defibrillator (AED) may be on site with the athletic training staff. If no AED is on site, one will be with the UVAC ambulance.

Roles of First Responders

1. Immediate care of injured or ill student-athlete.
 - a. calm and reassure the victim
 - b. have one person stay with victim if possible
2. Activation of the emergency medical system (EMS)
 - a. Call 911
 - i. provide name
 - ii. location
 - iii. telephone number
 - iv. number of individuals injured
 - v. condition of injured
 - vi. first aid treatment provided
 - vii. specific directions (follow plan)
 - viii. other info as requested
 - b. BE THE LAST TO HANG UP
3. Emergency equipment retrieval (if necessary).
4. Designate individual to “flag down” EMS and direct to the scene
 - a. South Lower Level doors near Men’s Hockey Locker room
5. Scene Control: limit scene to first aid providers.

Direction of EMS to Scene

Follow Long Road past Memorial Gym and take the curve to the left. Proceed down hill towards College Ave. and turn right on access road towards Alfond Arena. Access is through blue doors straight ahead.