

**University of Maine
Sports Medicine**

**EMERGENCY PLAN FOR MEMORIAL GYM
Latti Fitness Center**

Emergency Personnel: Latti fitness center employees and coaches. Additional sports medicine staff available from nearby Kessock Sports Medicine Center.

Emergency Communication: A fixed telephone is located at the check-in desk in the fitness center and 911 should be dialed.

Emergency Equipment: Supplies such as vacuum splints and spine board are located in the nearby Kessock Sports Medicine Center. Additional emergency equipment is accessible from the UVAC ambulance. An Automated External Defibrillator (AED) is located in the hallway between the fieldhouse and the pit.

Roles of First Responders

1. Immediate care of injured or ill student-athlete.
 - a. calm and reassure the victim
 - b. have one person stay with victim if possible
2. Activation of the emergency medical system (EMS)
 - a. Call 911
 - i. provide name
 - ii. location
 - iii. telephone number
 - iv. number of individuals injured
 - v. condition of injured
 - vi. first aid treatment provided
 - vii. specific directions (follow plan)
 - viii. other info as requested
 - b. BE THE LAST TO HANG UP
3. Emergency equipment retrieval (if necessary).
4. Designate individual to “flag down” EMS and direct to the scene.
 - a. outside entrance doors to fitness center
5. Scene Control: limit scene to first aid providers.

Direction of EMS to Scene

Follow Long Road past the field house and turn right into parking area between Baseball Stadium and Field House. Proceed all the way to the end and turn right. Fitness center is accessed through blue doors straight ahead.