

**University of Maine
Sports Medicine**

**EMERGENCY PLAN
LENGYEL GYM & FIELDS**

Emergency Personnel: Certified athletic trainer and student athletic trainer(s) on site for practice and competition; additional sports medicine staff accessible from the Kessock Sports Medicine Center in Memorial Gym. Coaches or strength and conditioning personnel may be available if no athletic trainers are present.

Emergency Communication: If an athletic trainer is present, their cell phone should be used to call EMS by dialing **581-4040**. If a cell phone is not available use the emergency call box located on the east side of the building. or inside the building in the KPE office if open????

Emergency Equipment: Supplies such as splints and spine board are located in the Kessock Sports Medicine Center. Additional emergency equipment is accessible from the UVAC ambulance.

Roles of First Responders

1. Immediate care of injured or ill student-athlete.
 - a. calm and reassure the victim
 - b. have one person stay with victim if possible
2. Activation of the emergency medical system (EMS)
 - a. Call 911
 - i. provide name
 - ii. location
 - iii. telephone number
 - iv. number of individuals injured
 - v. condition of injured
 - vi. first aid treatment provided
 - vii. specific directions (follow plan)
 - viii. other info as requested
 - b. BE THE LAST TO HANG UP
3. Emergency equipment retrieval (if necessary).
4. Designate individual to “flag down” EMS and direct to the scene
 - a. Meet ambulance on Munson Road
5. Scene Control: limit scene to first aid providers.

Direction of EMS to Scene

Follow Long Road West to Munson Road. Go left on Munson and follow through campus. After it curves to the left, Lengyel Gym is located on the left just prior to College Ave.