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QUICK FACTS

Location.....	Annapolis, Md.
Founded.....	October 10, 1845
Enrollment.....	4,000
Nickname.....	Midshipmen, Mids
Colors.....	Navy Blue and Gold
Academy Website.....	www.usna.edu
Athletics Website.....	www.navyports.com

CROSS COUNTRY FACTS

Head Coach.....	Al Cantello
Alma Mater.....	La Salle 55
Office Phone.....	(410) 293-5574
Record at Navy (Years).....	232-64-1 (37)
Career Record (Years).....	Same
Home Course.....	USNA Cross Country Course
Courses Distance.....	8K
Officer Rep.....	Lt. David Coe, USN
Faculty Rep.....	Professor Daniel Masterson
2003 Dual Meet Record.....	0-1
Letterwinners Returning/Lost.....	3/4
Team Captain.....	MIDN I/C Barry Carmody

NAAA DIRECTORY

Superintendent.....	Vice Adm. Rodney P. Rempt, USN
Commandant.....	Capt. Joe Leidig, USN
Director of Athletics.....	Chet Gladchuk
Deputy Director of Athletics.....	Capt. Greg Cooper, USN
Senior Associate AD/External Relations.....	Eric Ruden
Senior Associate AD/Admissions and Academics.....	Dave Smalley
Associate AD/Business Affairs.....	Barbara Brozen
Assoc. AD/Marketing, Promotions & Corporate Relations.....	Boo Corrigan
Associate AD/Admissions and Special Projects.....	Dave Davis
Associate AD/Operations.....	Allan Heinze
Associate AD/Scheduling and Team Support.....	Carl Tamulevich
Assistant AD/Sports Performance.....	Mike Brass
Assistant AD/Senior Women's Administrator.....	Carla Criste
Assistant AD/NCAA Compliance and Eligibility.....	Loretta Lamar
Assistant AD/Maintenance and Grounds.....	Tom Schemmel
Assistant AD/Academic and Athletic Affairs.....	Kevin Sinnett
Assistant AD/Sports Information Director.....	Scott Strasemeier
Assistant AD/Business Affairs.....	Chauncey Winbush

SPORTS INFORMATION

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Associate Sports Information Director..... Stacie Michaud (8773)
Assistant Sports Information Director..... Justin Kischefsky (8772)
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Mobile.....(610) 716-3340

Director of Publications..... Kelli Sheesley (8782)
Photographer..... Phil Hoffmann
Web site..... www.navyports.com
Mailing Address..... Ricketts Hall, 566 Brownson Rd., Annapolis, MD 21402

2004 ROSTER

Name	Yr.	Hometown(High School)
Maksudal Ali	Jr.	Gaithersburg, Md. (Gaithersburg)
Jonathan Bach	Fr.	New York, N.Y. (Collegiate School)
Lucas Burke	Fr.	Bakersfield, Calif. (Stockdale)
Barry Carmody	Sr.	Elk Grove, Calif. (Jesuit)
Roscoe Carney	Sr.	Glendale, Ariz. (Mountain Ridge)
Adam Craig	So.	Commerce, Mich. (Lakeland)
Patrick Gahan	Fr.	Phoenix, Ariz. (Desert Vista)
Wade Gauthier	So.	Reading, Mass. (Reading Memorial)
Benjamin Kozy	Fr.	Houston, Texas (Jersey Village)
John Kress	Fr.	Colorado Springs, Col. (Liberty)
Jason Matta	Fr.	Bedford, N.H. (Manchester West)
Josh McCann	Sr.	Magnolia, Texas (Tomball)
Dan Naughton	So.	Long Beach, N.Y. (Kellenberg)
Michael Niemi	So.	Duluth, Minn. (Duluth Central)
John Olsen	Fr.	Staten Island, N.Y. (Curtis)
Ty Rose	Jr.	Germantown, Tenn. (Houston)
Joe Russo	Sr.	Hempstead, N.Y. (Kellenburg Memorial)
Jefferson Sarchione	Fr.	Alliance, Ohio (West Branch)
Jonathan Serrell	Fr.	Dallas, Texas (Plano West)
Joshua Sink	Jr.	Welcome, N.C. (North Davidson)
David Taveras	Sr.	Cape Coral, Fla. (Cypress Lake)
Ryan Whipple	Fr.	Kearney, Mo. (Kearney)

Head Coach: Al Cantello (37th season, La Salle '55)

Officer Representative: Lt. David Coe, USN

Faculty Representative: Professor Daniel Masterson

Captain: MIDN I/C Barry Carmody



HEAD COACH AL CANTELLO

42nd Year at Navy (37th as Head Coach) • LaSalle '55



Since Navy head coach Al Cantello's arrival at the Naval Academy 42 years ago, the Midshipmen have been one of the most consistent men's cross country programs, both regionally and nationally.

With a 232-64-1 career record in 36 seasons, Cantello has coached several standout runners during his years in Annapolis. Jon Clemens received All-America honors during the 1996 cross country season, while John Mentzer was named a 1997 All-

American in both indoor (5,000 meters) and outdoor (10,000 meters) track. Michael Ryan earned similar honors during the 1999 indoor track season for his 4:01.57 time in the mile, and Erik Schmidt took fifth place in the mile at the NCAA Indoor Championship in March 2003.

In addition, two of Navy's distance relay teams were ranked among the nation's top 15 during the 1999 outdoor campaign. The mile relay team of Eric Adams, John McNamara, Ryan Runge and Ryan was fourth in the nation, while the distance medley relay team of Adams, Torrance Chaplin, Karlton Holston and Ryan was nationally ranked, as well.

Last year's team captured second place at the Patriot League Championship and finished in sixth place at the NCAA Mid-Atlantic Region Championship.

As a result of his teams' successes, Cantello has been amply recognized, including being named the NCAA Mid-Atlantic Regional Coach of the Year three times (1984, 85 and 92). In 1997, the Naval Academy Alumni Association awarded Cantello the Distinguished Athletic Leadership Award for a coach or faculty member who did the most for the physical development of the Midshipmen in physical education. Cantello also received the inaugural Tom Hamilton Teaching/Coaching Award, as voted by his peers that same year.

From 1981-88, Cantello held a dual coaching role, guiding Navy's men's indoor and outdoor track squads while maintaining his cross country duties. As Navy's head track coach, Cantello led the Mids to a 67-9-1 dual meet record. During the

1986-87 academic year, his combined record in cross country, indoor and outdoor track was a remarkable 23-1.

Cantello's all-time head coaching record in cross country, indoor and outdoor track is 291-66-4, a winning percentage of better than 80 percent. Among his victories are 37 N-Stars, including 26 as the head coach of the cross country program—more than any other Navy mentor in one sport.

A 1955 graduate of La Salle,

Cantello was a two-time All-American in the javelin throw. He was enshrined as a charter member of La Salle's Hall of Athletes in 1961.

A former world-class competitor in the javelin, Cantello once held every national and international record in the event. In 1959, he set a world record in the javelin and competed for the U.S. Olympic



Team the following year in the 1960 Games in Rome. In 1964, *Sport* magazine named Cantello to its all-time track & field team and voted him the world's greatest competitor in the javelin.

Cantello and his wife, Jackie, are the parents of three adult children—Karla (42), Albert (37) and Karen (35).

THE CANTELLO FILE

Coaching Accomplishments

- Has coached three NCAA All-Americans in cross country.
- Named NCAA Mid-Atlantic Regional Coach of the Year three times (1984, 85 and 92).
- Received The Naval Academy Alumni Association's Distinguished Athletic Leadership Award in 1997.
- Awarded the inaugural Tom Hamilton Teaching/Coaching Award in 1997.
- Has won 37 combined N-Star victories as the head coach of the men's cross country and track and field programs.
- His 26 N-Star victories in cross country are the most in one sport for any coach in Navy history.

Hometown

- Norristown, PA

Education

- B.A., Education, LaSalle, 1955; M.A., Counseling, Bowie State, 1975

Family

- Jackie (wife); Karla and Karen (daughters); and Albert (son)

2004 OUTLOOK

"Traditionally, we're among the top teams in our region. We expect nothing less this year."

-Navy Head Coach Al Cantello

The Navy men's cross country team had a strong ending to the 2003 season and will look to carry that momentum into the 2004 campaign.

Head coach **Al Cantello**, who is entering his 37th season as the leader of the program, saw his Mids close out last season with a second-place finish at the Patriot League Championship and a sixth-place effort out of 27 teams at the NCAA Mid-Atlantic Regional.

We have a lot of experience and a lot of solid newcomers that will make up this year's team, Cantello said. I'm excited about what the season holds for us.

Several runners, including four letterwinners and three All-Patriot League honorees, return to form the nucleus of the 2004 squad, which has high hopes for the season.

Senior **Barry Carmody**, who earned First-Team All-Patriot League honors last season with a 10th-place finish at the league championship, will lead the team as the captain. Carmody was the top Navy runner in two meets and came across the finish line 33rd out of 184 competitors at the Mid-Atlantic Regional.

Barry defines the word commitment, Cantello said. If commitment were the only criteria, he would be near the top in the East.

A pair of juniors also return with all-conference honors. **Ty Rose** and **Joshua Sink** barely missed garnering first-team honors last season at the conference meet. Rose finished 11th and Sink followed in 12th. Both runners were the top Navy finisher in one meet each last season as

Sink placed second out of 87 runners at Purdue's Great American Legend's Race in Navy's lone first-place finish of the season, while Rose placed second in Navy's dual meet with Army.

This could and should be Ty's year, Cantello added. Josh has trained himself to challenge anybody. He should move up the ladder in the East.

Another runner to watch for is senior **Josh McCann**, who spent last season training as a triathlete. McCann will also lend experience and guidance to the team as he will serve as a captain for Navy's indoor track and field team this winter.

After a year off, Josh is ready to be a top-five runner, Cantello said. We welcome him back into the fold.

Two home meets, including a dual meet with Army, headline the schedule.

Navy will begin the season on the road in its first-two meets. The Mids open the season at the Mt. St. Mary's Invitational (Sept. 4) and then compete in the Indiana State Invitational a week later (Sept. 11). The Indiana State Invitational will also serve as a preview for the 2004 NCAA Championship (Nov. 22), with both being run in Terre Haute, Ind., at the LaVern Gibson Championship Cross Country Course.

The Mids return home, Saturday, Sept. 18, to play host to the Navy Invitational at the USNA Golf Course. However, Navy is back on the road the following two weeks when it competes in the Iona Invite (Sept. 25) and the Great American Festival (Oct. 2) in Raleigh, N.C.

After five straight weeks of competition, Navy will receive a week off before the Mids play host to Army in the Star Meet, Saturday, Oct. 16.

The Midshipmen will be back in action two weeks later on Oct. 30 when they compete in the Patriot League Championship at Bucknell. Navy will also compete in the NCAA Mid-Atlantic Regional at Penn State, Saturday, Nov. 13, for a chance to advance to the national championship.

The top-two teams from each of the nine regional championships qualify for the national meet. Teams and individual runners from schools failing to finish in the top two at regionals can also advance to the NCAA meet as at-large qualifiers.



Senior Barry Carmody will captain the 2004 Midshipmen.

RETURNING AWARD WINNERS

2003 All-Patriot League First Team (1)

Barry Carmody, 10th Place (25:51.8), Patriot League Championships

2003 All-Patriot League Second Team (2)

Ty Rose, 11th Place (25:52.7), Patriot League Championships

Joshua Sink, 12th Place (25:54.3), Patriot League Championships

2003 Patriot League Academic Honor Roll (1)

Barry Carmody, Mechanical Engineering (4.00 grade point average)

2003 Letterwinners (3)

Barry Carmody

Ty Rose

Joshua Sink



MIDSHIPMEN BIOS

BARRY CARMODY

TEAM CAPTAIN
SENIOR
ELK GROVE, CALIF.

Cantello on Carmody: Barry defines the word commitment. If commitment were the only criteria, he would be near the top in the East.

At Navy: Also runs middle distance as a member of the Navy track & field squad. **2003:** Earned First-Team All-Patriot League honors with a 10th-place finish at the league meet ... finished in 33rd place at the NCAA Mid-Atlantic Regional ... was the first Mid across the finish line in two of his six meets ... finished in second place at the Navy Invitational with a time of 25:13.00 ... snagged fifth place against Army ... finished in eighth place at the Great American Legends race at Purdue. **2002:** Posted a time of 24:45.45 against Army. **High School:** Attended Jesuit High School ... lettered twice in cross country and four times in track ... member of the California State Champion cross country team in 2000 ... as a senior, named first-team all-city and presented with the CIF Sportsmanship Award ... served as co-editor-in-chief of his school newspaper ... was a member of the National Honor Society. **Personal:** Son of Barry and Mary Carmody ... born on Dec. 3, 1982, in San Francisco, Calif. ... majoring in mechanical engineering.



JOSH MCCANN

SENIOR
MAGNOLIA, TEXAS

Cantello on McCann: After a year off he is ready to be a top-fiver. We welcome him back into the fold.

At Navy: Will serve as the captain of the 2005 indoor track team ... competed on the triathlon team last season ... had the fourth fastest time on the team in the 1,000 meters (2:31.27) as a sophomore in 2002. **High School:** Attended Tomball High School ... earned four letters in cross country and three in track ... finished third in the 1,600 meters at the Texas State Championship in 2000 ... placed 16th at the Texas State Cross Country Championship in 1999. **Personal:** Son of Ruth McCann ... born December 16, 1981, in Kalamazoo, Mich ... majoring in oceanography.

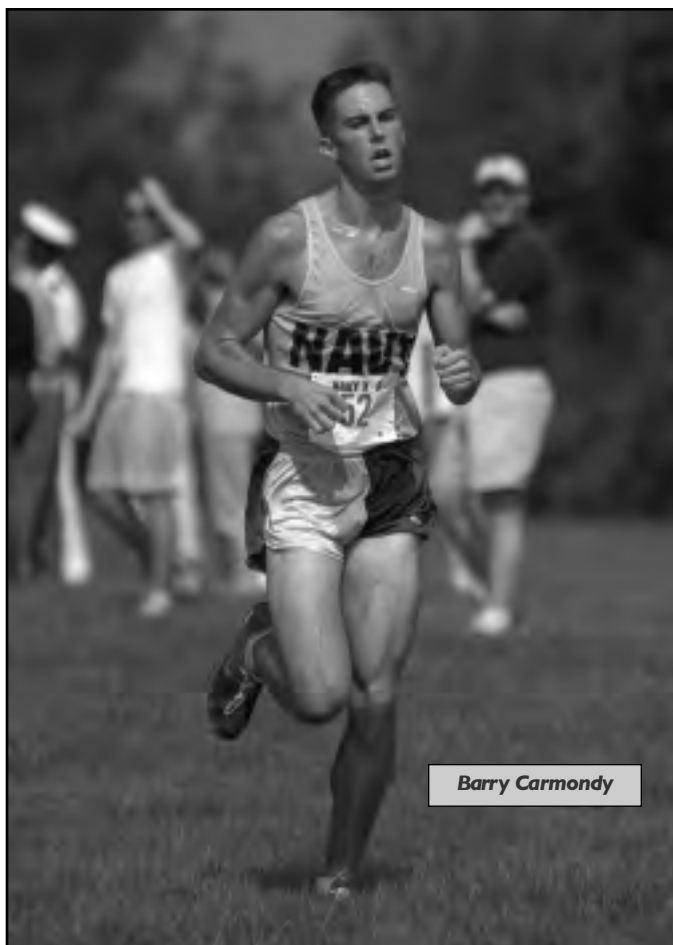


JOE RUSSO

SENIOR
HEMPSTEAD, N.Y.

Cantello on Russo: Joe is a senior and it is now or never.

2003: Recorded a time of 26:36.9 at the Patriot League Championship to help the Mids snag second place ... finished 22nd at the Navy Invitational with a time of 26:36.9. **2002:** Ran a 25:53.72 at the Navy Cross Country Invitational to finish in 24th place. **High School:** Attended Kellenberg Memorial High School ... a letterwinner in cross country and track ... captained both squads as a senior ... also earned all-city and all-league honors in both sports. **Personal:** Born April 1, 1983, in Mineola, N.Y. ... majoring in information technology systems management.



Barry Carmody



Joe Russo

DAVID TAVERAS**SENIOR**
CAPE CORAL, FLA.**Cantello on Taveras:** *David has made a commitment to being in the top-five this season.***2003:** Ran in three meets for the Mids ... posted a season-best time of 26:38.17 at the LaSalle Invitational en route to a fourth-place finish ... finished in 34th place at the Patriot League Championship with a time of 26:49.1 ... also competed at the Great American Legends Race. **High School:** Attended Cypress Lake High School ... lettered in cross country and track all-four years ... finished second at the state championship in cross country as a junior and third in his senior season ... served as co-captain of his cross country and track squads his senior year ... presented with the National Armed Forces Student-Athlete Award in 2001. **Personal:** Son of Priscilla Taveras and Glenys Collado ... born Oct. 7, 1983, in Mount Vernon, N.Y. ... majoring in history.Invitational ... also competed at the NCAA Mid-Atlantic Regional. **2002:** Finished in third place in the 1000 meter at the Heptagonal Championship with a time of 2:37.37 ... an NCAA Region II Qualifier in the 1500 meters after posting a 3:49.46 at the Princeton Invitational. **High School:** Attended North Davidson High School ... was a four-year letterwinner in cross country and track ... named all county and MVP of both teams each year. **Personal:** Son of Ron and Pam Sink ... born March 23, 1984, in Welcome, N.C. ... majoring in quantitative economics.**TY ROSE****JUNIOR**
GERMANTOWN, TENN.**Cantello on Rose:** *His teammates consider him one tough customer and have come to rely on him during races.***2003:** Earned Second-Team All-Patriot League honors after finishing in 11th place at the league meet ... took second place against Army as the first Mid to cross the finish line ... posted a seventh-place finish at the Navy Invitational with a time of 25:43.34 ... opened the season with a 10th-place showing at the Great American Legends Race at Purdue ... also competed at the NCAA Mid-Atlantic Regional. **2002:** Competed in three varsity meets as a freshman, including the NCAA Mid-Atlantic Regional Championship where he helped the Mids tie for fifth ... captured 24th place at the Fordham Invitational ... notched his season-best time at the Heptagonal Championship with a 26:22.20. **High School:** Attended Houston High School ... lettered three times in cross country and track ... was a member of the 2001 cross country squad that captured county, region and state championships ... also was a four-time letterman in wrestling. **Personal:** Son of Donald and Dee Rose ... born July 25, 1984, in Florence, Ala. ... majoring in history.

Ty Rose

JOSHUA SINK**JUNIOR**
WELCOME, N.C.**Cantello on Sink:** *Quiet and workman-like. He inspires his teammates. He should move up the ladder in the East after medaling in the 1,500 meters at the IC4A Championship last season.***2003:** Earned Second-Team All-Patriot League honors after finishing in 12th place at the league meet ... recorded a time of 25:29.3 to secure second place (out of 87 runners) at the Great American Legends Race to kick off the season ... bested that time in the home opener with a 25:27.48 to take fourth place at the Navy

Joshua Sink



ADAM CRAIG

SOPHOMORE
COMMERCE, MICH.

Cantello on Craig: We threw him to the wolves last year because we were so thin. However, he was planned for varsity action this year.

2003: Finished eighth (26:30.89) at the Seagull Invitational. **High School:** Was a letterwinner in cross country ... earned all-state honors in 2001 and 02 by finishing in 15th and 20th place, respectively, at the state championship ... served as team captain in 2002. **Personal:** Son of Lawrence and Jacqueline Craig ... born February 27, 1985, in Southfield, Mich. ... majoring in history.



DAN NAUGHTON

SOPHOMORE
LONG BEACH, N.Y.

Cantello on Naughton: Dan is coming off injuries as a freshman and has trained hard this summer and should be a big contributor to Navy's distance running tradition.

2003: Was the top-Navy finisher in two meets, at the Salisbury State Invitational and at the LaSalle Invitational ... finished with a time of 26:04.65 at Salisbury to take fourth place ... posted a time of 26:20.17 to finish in 10th place at LaSalle ... also ran at the Patriot League Championship. **High School:** Attended Kellenberg High School ... earned three letters in cross country and nine in track ... named to first-team all-state after winning the New York City Championship in his junior and senior seasons in cross country. **Personal:** Son of Thomas and Mary Naughton ... born Jan. 20, 1985, in Queens, N.Y. ... majoring in political science.



MICHAEL NIEMI

SOPHOMORE
DULUTH, MINN.

Cantello on Niemi: He had a great summer of work, which was coupled with a year of experience. An attitude of quiet determination is his mantra. We expect a big year from him.

2003: Finished 20th at the Seagull Invitational. **High School:** Attended Duluth Central High School ... earned two letters each in cross country and track ... named MVP of his cross country team in 2001 and 02, while earning the honor in track in 02 and 03 ... was an all-conference and all-state selection in track in 2003 ... all-conference selection in cross country in 2001 and 02 ... served as captain of the cross country team in 2002. **Personal:** Son of Gary and Janet Niemi ... born April 17, 1985, in Duluth, Minn. ... majoring in systems engineering.



JOHN OLSEN

FRESHMAN
STATEN ISLAND, N.Y.

Cantello on Olsen: How many impact plebes have I seen during my tenure? Only a handful. However, he could be one of those types. He has an untapped reservoir of grit and talent.

High School: Attended Curtis High School ... was a letterwinner in cross country ... won the Staten Island Cross Country championship in 2004. **Personal:** Son of John and Mary Olsen ... born Jan. 17, 1986, in Staten Island, N.Y.

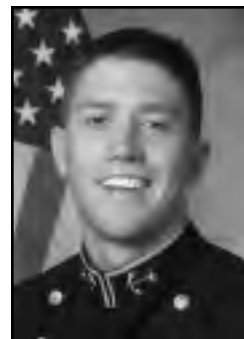


JONATHAN SERRELL

FRESHMAN
DALLAS, TEXAS

Cantello on Serrell: He has great high school credentials so he should make the leap into the top runners. His potential is unknown, but we'll find out early.

High School: Attended Plano West High School ... was a letterwinner in cross country, outdoor track and football ... served as the captain of his football team in 2000 and cross country team in 2003 ... named an all-state selection in cross country in 2003. **Personal:** Son of Charles and Brenda Serrell ... born April 7, 1985, in Charlotte, N.C.



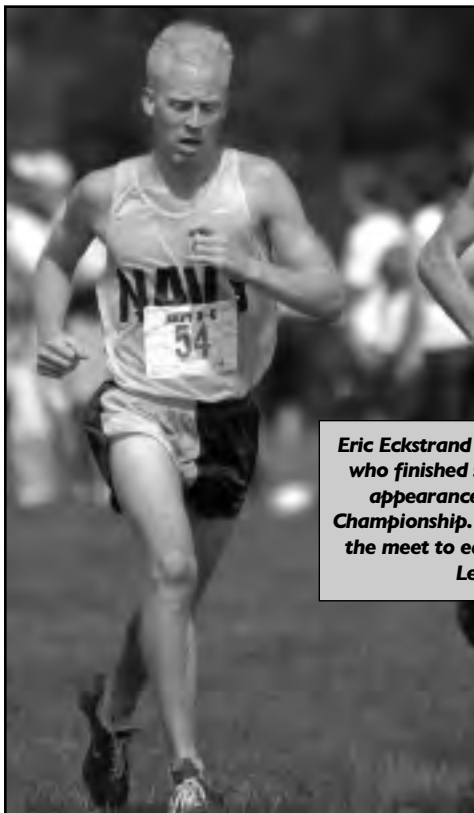
SEASON IN REVIEW

2003 RESULTS (0-1)

Date	Result	Meet/Opponent	Top Navy Finisher (Time, Overall Finish)
Aug. 30	3rd of 8 teams	at Salisbury State Invitational	Dan Naughton (26:04.65, 4th of 92)
Sept. 13	1st of 9 teams	at Great American Legends (Purdue)	Joshua Sink (25:29.3, 2nd of 87)
Sept. 20	2nd of 6 teams	Navy Invitational	Barry Carmody (25:13.00, 2nd of 53)
Sept. 26	10th of 22 teams	at Great American Cross Country Festival	Barry Carmody (26:26.6, 30th of 154)
Oct. 4	3rd of 6 teams	at La Salle Invitational	Dan Naughton (26:20.17, 10th of 55)
Oct. 17	L, 25-30	at Army	Ty Rose (26:14.33, 2nd of 24)
Nov. 1	2nd of 8 teams	at Patriot League Championship	Eric Eckstrand (25:41.90, 3rd of 89)
Nov. 15	6th of 27 teams	at Mid-Atlantic NCAA Regional	Erik Schmidt (31:18, 25th of 184)

SEASON NOTES

- Five different Navy runners posted a top-five finish during the season; including three with a minimum of 87 competitors in the field.
- Navy finished second out of eight teams in its inaugural appearance at the Patriot League Championship.
- Two Midshipmen earned first-team all-conference first-team honors by finishing in the top-10, including Eric Eckstrand and junior Barry Carmody.
- Three runners garnered second-team honors by finishing in the top-20, including sophomores Ty Rose and Joshua Sink and senior Erik Schmidt.
- Navy finished sixth of 27 teams at the NCAA Mid-Atlantic Regional Championship, marking the third-straight season and sixth in the last seven that it finished in the top-10 in the team standings.
- Navy's lone first-place finish of the season came against a nine-team field at the Great American Legends race hosted by Big Ten Conference-member Purdue.
- Academically, the Midshipmen enjoyed much success in the classroom. Three Navy runners were named to the Patriot League Academic Honor Roll with perfect 4.0 grade point averages (Barry Carmody, Eric Eckstrand and Kurt Russell). Navy had the most 4.0 GPA's of any school in the conference.
- The Midshipmen honored 1983 team captain and NASA Astronaut Cmdr. Willie McCool on November 1, 2003, with a memorial at the U.S. Naval Academy Cross Country Course. McCool and the entire S.S. Columbia crew perished on the ship, which came apart over Texas 15 minutes before its scheduled landing. The memorial, which coincided with the Class of 1983's 20-year reunion, was held at the spot where McCool would have been 15 minutes from the finish line on the day he set his best time of 24:27 in 1982.



Eric Eckstrand captained the 2003 Mids, who finished second in their inaugural appearance in the Patriot League Championship. Eckstrand finished third in the meet to earn First-Team All-Patriot League honors.

2003 SEASON AWARDS

All-Patriot League First-Team (2)

Eric Eckstrand, 3rd (25:41.9), Patriot League Championship
Barry Carmody, 10th (25:51.8), Patriot League Championship

All-Patriot League Second-Team (3)

Ty Rose, 11th (25:52.7), Patriot League Championship
Joshua Sink, 12th (25:54.3), Patriot League Championship
 Erik Schmidt, 14th (26:00.3), Patriot League Championship

Patriot League Academic Honor Roll (4)

Barry Carmody, Mechanical Engineering **GPA (4.0)**
 Eric Eckstrand, Computer Science **GPA (4.0)**
 Kurt Russell, Economics **GPA (4.0)**

Letterwinners (7)

Barry Carmody
 Eric Eckstrand
 Ben Glaser
Ty Rose
 Kurt Russell
 Erik Schmidt
Joshua Sink

Returnees in Bold

THE PATRIOT LEAGUE

The Patriot League is proud of its mission of promoting opportunities for "Today's Scholar-Athletes, Tomorrow's Leaders."

The League led NCAA Division I conferences in graduation rates for the fifth-straight year in 2003. Patriot League graduates consistently excel as professionals in their chosen fields and are contributors to the betterment of society.

Patriot League teams and scholar-athletes are also achieving triumphs and accolades on the intercollegiate fields of competition.

Consider some team successes in the last few years:

- Two Patriot League teams advanced to their respective NCAA Championship game in 2003-04 (Colgate football and Navy men's lacrosse);
- The Patriot League advanced three teams to an NCAA Championship Tournament twice in the last two years (2002 men's soccer and 2004 men's lacrosse);
- The Patriot League has advanced a team to the quarterfinal round of the NCAA Division I-AA Football Championship five of the last six years, including three wins each by Colgate and Lehigh.

Individual achievements have been similarly impressive:

- Army's Anita Allen will represent the U.S.A. in the modern pentathlon and Dan Browne will run in the marathon at the 2004 Olympics in Athens, Greece;
- Three-time PL Volleyball Player of the Year Karla Kucerkova of American won her second-straight CoSIDA Academic All-American of the Year award in 2003;
- Bucknell's Molly Creamer was a first-round draft pick, No. 10 overall, by the New York Liberty in the 2003 WNBA draft. She was one of a handful of former PL standouts playing professional basketball overseas in 2003-04;
- Navy's Richie Meade was named the national Coach of the Year in men's lacrosse while sophomore Matt Russell was a first-team All-American and national Goalie of the Year;
- Lafayette soccer standout Meghan Ramsey captured her second-straight ECAC-Robbins Scholar-Athlete award in 2004 and was awarded an NCAA post-graduate scholarship;
- Kevin Miller of Bucknell and Drew Bigna of Holy Cross were selected in the 2004 Major League Baseball June freeagent draft. It marks the sixth-straight year at least one Patriot League player was picked in the draft;
- A handful of men's soccer (Steve Fisher and Evan Bruno of Lehigh) and men's lacrosse (Army's Jeff Bryan along with Blaise Fletcher and Justin Sussman of Bucknell) players also were drafted or began professional playing careers this year;
- Navy's Billy Hurley capped his All-America collegiate golf career as the winner of the Byron Nelson Award and as a second-team CoSIDA Academic All-American.

The Patriot League's athletic success is achieved while remaining committed to its founding principle that student-athletes are academically representative of their class. Participation in athletics at Patriot League institutions is viewed as an important component of a well-rounded education.

The origins of Patriot League excellence date back to 1986 with the inception of a successful Division I-AA football conference. In 1990, the Patriot League expanded to an all-sports conference, now featuring 23 championship sports. Full League members include American, Army, Bucknell, Colgate, Holy Cross, Lafayette, Lehigh and Navy. Associate members include Fordham and Georgetown for football and Villanova in women's lacrosse.

These member institutions are among the oldest and most prestigious in the nation. Alumni from Patriot League colleges and universities have played a leadership role in the shaping of our country.

"The Patriot League — Today's Scholar-Athletes, Tomorrow's Leaders" is still the League's primary vision. However, the League is demonstrating annually that our student-athletes really can play.



Executive Director: Carolyn Schlie Femovich

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www.patriotleague.com

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COLLEGE OF THE HOLY CROSS
LAFAYETTE COLLEGE
LEHIGH UNIVERSITY
UNITED STATES MILITARY ACADEMY
UNITED STATES NAVAL ACADEMY



Jimmy Carter, the 39th President of the United States, is the only Naval Academy graduate to hold that office.

THE RECORD BOOK

TOP-25 NAVY TIMES AT VAN CORTLANDT PARK (N.Y.)

Pl.	Name	Time	Finish	Meet
1.	Ron Harris	.24:09.0	.1st	.Heps 1986
2.	Bill Kovack	.24:31.8	.7th	.Heps 1981
3.	Greg Keller	.24:33.0	.1st	.Heps 1991
4.	Claude Barron	.24:38.3	.9th	.IC4As 1976
5.	Steve Gilmore	.24:41.0	.12th	.IC4As 1973
6.	Jonathon Clemens	.24:42.3	.1st	.Heps 1996
7.	John Mentzer	.24:46.2	.2nd	.Heps 1996
8.	Tim Cummins	.24:46.5	.1st	.Heps 1976
9.	John Lawlor	.24:47.5	.1st	.Heps 1985
10.	Mark Donahue	.24:53.0	.2nd	.Heps 1980
11.	Ron Harris	.24:54.4	.3rd	.Heps 1985
	Bruce Frame	.24:54.4	.3rd	.Heps 1992
13.	Steve Gilmore	.24:55.0	.15th	.IC4As 1972
14.	Bill Kovack	.24:56.4	.1st	.vs. Colgate 1981
15.	Greg Keller	.25:00.0	.5th	.Heps 1990
	Richard Salazar	.25:00.0		.1970
17.	Bill McCormack	.25:01.9		.1981
18.	Chris Tipton	.25:02.2	.3rd	.Heps 1989
19.	Luis Molina	.25:11.7		.1992
20.	Todd Washbrun	.25:13.7	.9th	.Heps 1993
21.	Claude Barron	.25:14.0	.16th	.Heps 1976
22.	Jeffrey Leuenberger	.25:15.2	.11th	.Heps 1992
23.	Aaron Lanzel	.25:16.1	.15th	.Heps 2002
24.	Eric Eckstrand	.25:17.3	.16th	.Heps 2002
25.	Aaron Nichols	.25:18.0	.8th	.Iona 1999



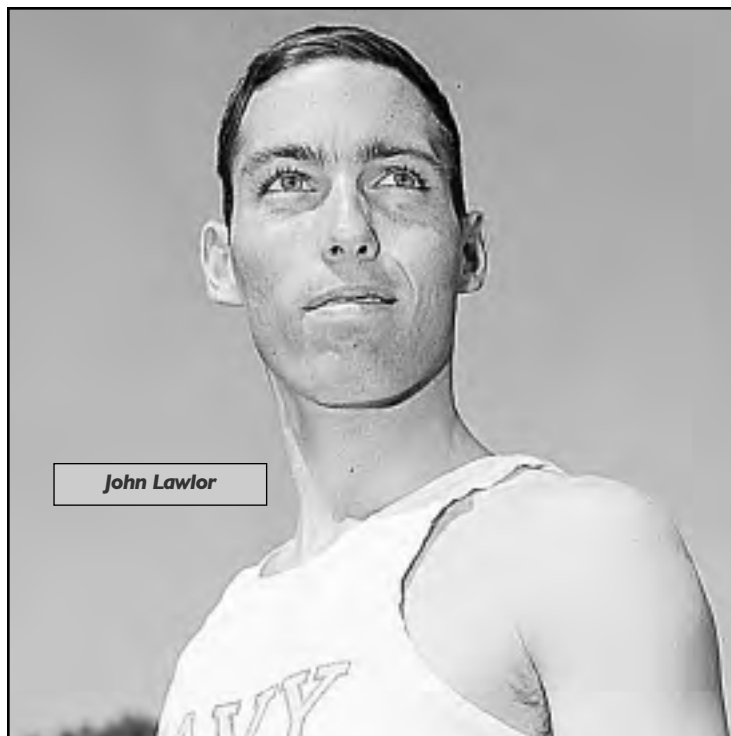
Ron Harris

NAVY'S MEN'S CROSS COUNTRY ALL-AMERICANS

Name	Year	Championship Site
John Lawlor	1966	Lawrence, Kan.
Ron Harris	1985	Milwaukee, Wis.
Greg Keller	1992	Bloomington, Ind.
Jon Clemens	1996	Tucson, Ariz.

CROSS COUNTRY ALL-AMERICANS IN TRACK

Name	Year	Events
James Dare	1968	Steeplechase
	1972	Steeplechase
Ron Harris	1987	3,000 and 5,000
Greg Keller	1992	Mile and Steeplechase
	1993	Mile and Steeplechase
Todd Washburn	1993	5,000 (Indoor) and 10,000 (Outdoor)
Jon Clemens	1997	3,000 and Steeplechase
John Mentzer	1997	5,000 (Indoor) and 10,000 (Outdoor)
	1998	10,000 (Outdoor)
Michael Ryan	1999	Mile



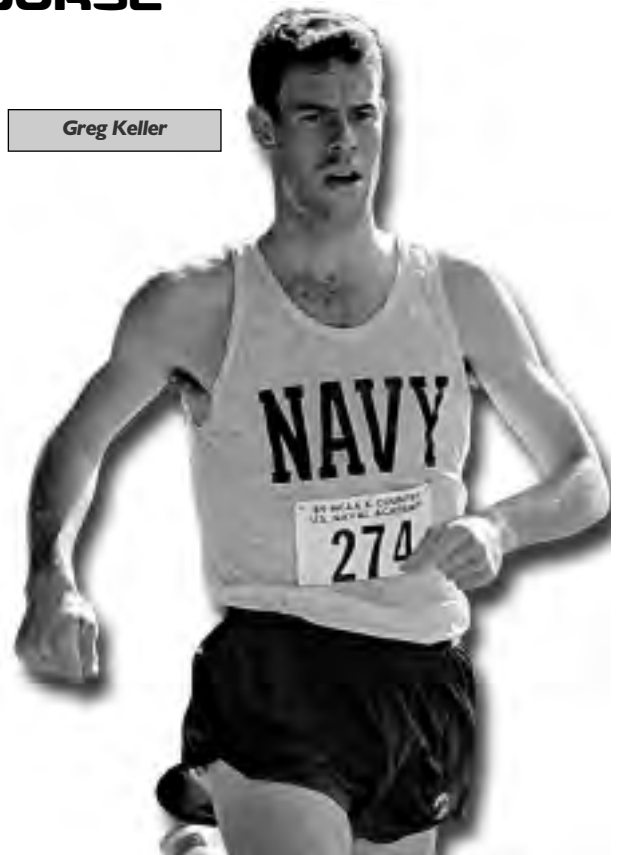
John Lawlor



The Naval Academy became a co-ed institution in 1976. Today, 15 percent of the 4,000-member Brigade are women.

TOP-25 TIMES AT THE USNA COURSE

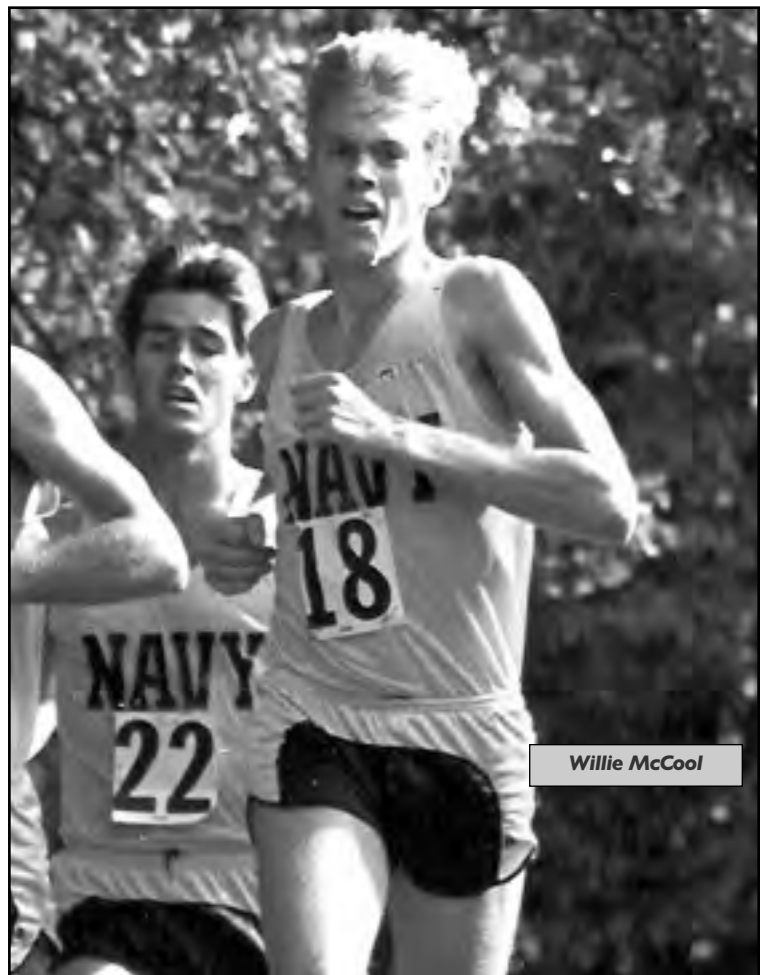
Pl.	Name	School	Time	Date
1.	Jim O'Connell	Syracuse	23:42.6	Oct. 2, 1982
2.	Ron Harris	Navy	23:47.8	Oct. 25, 1986
3.	Ron Harris	Navy	23:50.8	Oct. 19, 1985
4.	Sean Nicholl	Georgia	23:51.0	Sept. 28, 1985
5.	Hillary Tuwell	Richmond	23:56.4	Oct. 22, 1977
6.	Steve Holman	Georgetown	23:58.6	Oct. 6, 1990
7.	Tim Cummins	Navy	24:02.8	Oct. 14, 1978
8.	Kris Herdt	Virginia	24:04.1	Sept. 24, 1988
9.	Steve Holman	Georgetown	24:05.0	Oct. 12, 1991
10.	Alberto Salazar	Oregon	24:07.0	Sept. 22, 1979
	Mica Comstock	Army	24:07.0	Oct. 25, 1986
12.	Tyno Carter	Army	24:08.0	Oct. 25, 1986
13.	Steve Gilmore	Navy	24:09.5	Nov. 24, 1973
14.	Ron Harris	Navy	24:10.0	Sept. 28, 1985
15.	Dan Rincon	Maryland	24:11.0	Oct. 21, 1972
16.	Sosthenes Bitok	Richmond	24:11.4	Sept. 26, 1981
17.	Dan Rincon	Maryland	24:11.8	Oct. 21, 1972
18.	Greg Keller	Navy	24:12.0	Oct. 17, 1992
19.	Tim Barkdoll	Navy	24:12.4	Oct. 14, 1988
20.	Claude Barron	Navy	24:13.0	Oct. 30, 1976
	Tim Cummins	Navy	24:13.0	Oct. 30, 1976
	William McChesney	Oregon	24:13.0	Sept. 22, 1979
	Bill Kovach	Navy	24:13.0	Oct. 11, 1980
	Frank McConville	Georgetown	24:13.0	Oct. 2, 1982
25.	Greg Keller	Navy	24:13.8	Oct. 6, 1990



Greg Keller

TOP-26 NAVY TIMES AT THE USNA COURSE

Pl.	Name	Time	Year
1.	Ron Harris	23:47.8	1986
2.	Ron Harris	23:50.8	1985
3.	Tim Cummins	24:02.8	1978
4.	Steve Gilmore	24:09.5	1973
5.	Ron Harris	24:10.0	1985
6.	Greg Keller	24:12.0	1992
7.	Tim Barkdoll	24:12.4	1988
8.	Claude Barron	24:13.0	1976
	Tim Cummins	24:13.0	1976
	Bill Kovach	24:13.0	1980
11.	Greg Keller	24:13.8	1990
12.	Ron Harris	24:14.0	1985
13.	Ron Harris	24:16.0	1984
14.	Louis Poore	24:17.7	1985
15.	Greg Keller	24:20.0	1990
16.	Jeff Leuenberger	24:21.0	1993
	Mark Donahue	24:21.0	1980
18.	John Lesniak	24:22.0	1986
	Steve Gilmore	24:22.0	1972
20.	Bruce Frame	24:23.0	1992
21.	Sean Roskey	24:23.0	1982
22.	Greg Keller	24:24.4	1991
23.	Steve Giorgis	24:25.3	1974
	Bill Kovach	24:25.3	1981
25.	Claude Barron	24:26.0	1976
26.	Willie McCool	24:27.0	1982

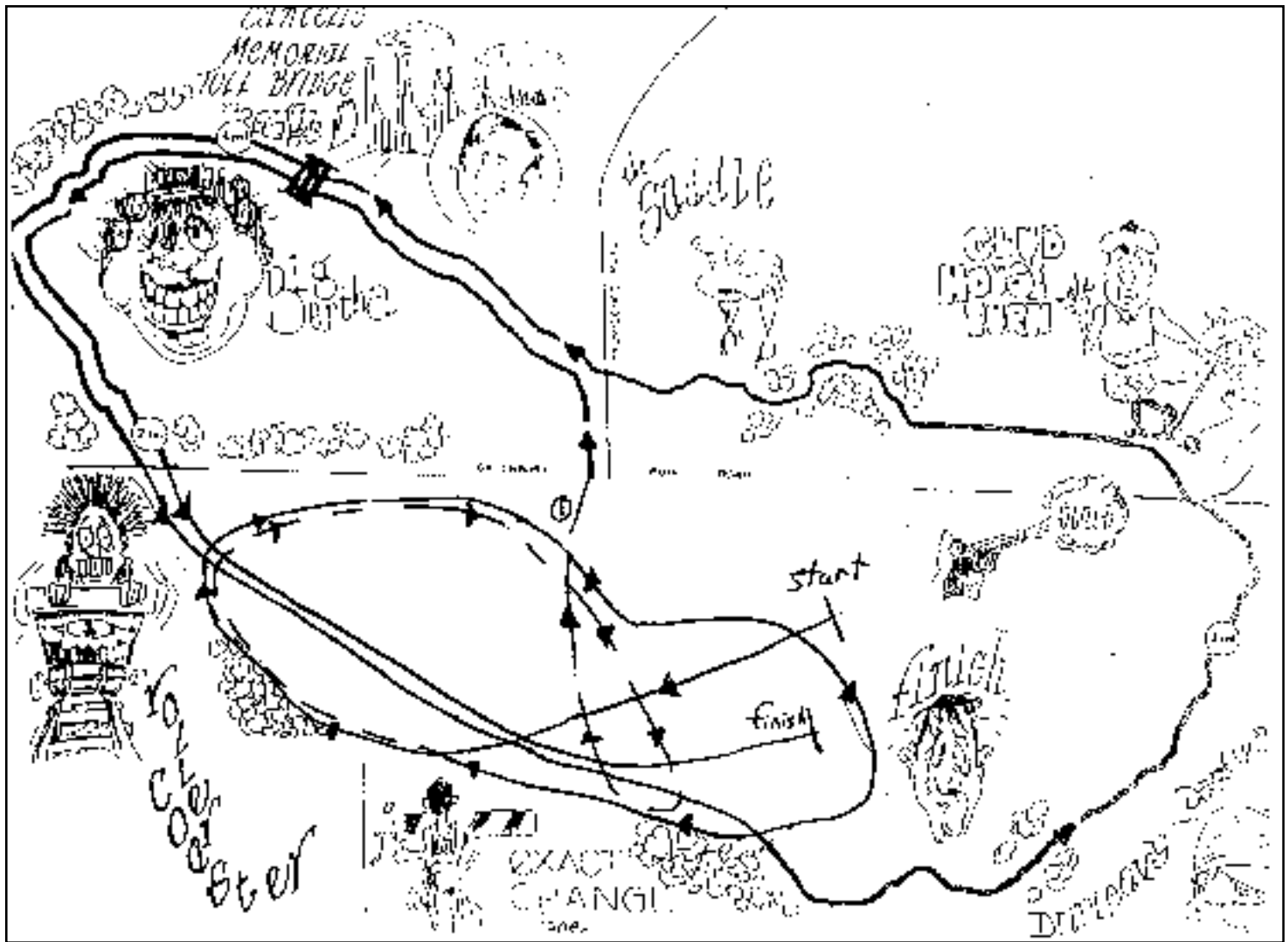


Willie McCool



Named for former Secretary of the Navy George Bancroft, Bancroft Hall is home for the entire Brigade of Midshipmen.

USNA Course Map



MIDSHIPMEN MEMORIAL

NAVAL ACADEMY CROSS COUNTRY COURSE

IN MEMORY OF MIDSHIPMEN
 ROBERT PACKOWSKI
 DONALD LACKEY
 WILLIAM DONOVAN
 ANDREW MYERS
 AUGUST 1989

THEY RAN AND COMPETED ON THESE CHALLENGING HILLS AND WINDING TRAILS AND THEIR PERSEVERANCE AND DILIGENCE NEVER WANED - THEIR LIVES EXEMPLIFIED THE COMPETITIVENESS OF GENERATIONS OF MIDSHIPMEN. MAY THIS COURSE CONTINUE TO SERVE THE ENDURING NAVAL ACADEMY SPIRIT WHICH IT REPRESENTS.

NAVAL ACADEMY ATHLETIC ASSOCIATION



The memorial is dedicated to the lives of the four Midshipmen listed on the plaque, who were killed in a car accident on August 13, 1989, on their way to Captain's Practice in Pennsylvania. The mound behind the memorial signifies the hills on the course and this fall, the team will plant four trees around the memorial in honor of the four Midshipmen.

Navy adopted its school colors of Navy Blue and Gold back in 1892. Prior to that each class at Navy had its own colors.



In Memoriam of Willie McCool

1982 Navy Men's Cross Country Captain

On Feb. 1, 2003, the Space Shuttle Columbia and its entire crew, including NASA Astronaut Cmdr. William C. McCool, was scheduled to land at 9:15 a.m. (ET) in Houston, Texas. The last audible transmission from Columbia before the tragedy occurred was received at 8:59 -- 16 minutes from the shuttle's scheduled landing.

The Midshipmen honored McCool, the 1983 cross country team captain, on Nov. 1, 2003, with a memorial at the U.S. Naval Academy Cross Country Course. The memorial, which coincided with the Class of 1983's 20-year reunion, was held at the spot where McCool would have been 16 minutes from the finish line on the day he set his best time of 24:27 in 1982.

A monument to honor McCool is in the planning stages and is being designed to inspire generations of Navy runners, who, like Willie, endured the resolute pursuit of being an exemplary Midshipman.

McCool, 41, was a former test pilot in the Navy and served that role for the STS-107 (Space Shuttle Columbia). He received a bachelor or science degree in applied science from the U.S. Naval Academy in 1983, a master of science degree from the University of Maryland in 1985, and a master of science degree in aeronautical engineering from the U.S. Naval Postgraduate School in 1992. McCool, as a member of the Blue Team, worked with the following experiments: European Space Agency (ESA) Advanced Respiratory Monitoring System (ARMS); ESA Biopack (eight experiments); Mediterranean Israeli Dust Experiment (MEIDEX); and the Physiology and Biochemistry Team (PhAB4) suite of experiments, which included Calcium Kinetics, Latent Virus Shedding, Protein Turnover and Renal Stone Risk. He was also responsible for maneuvering Columbia as part of several experiments mounted in the shuttle's payload bay.

Selected by NASA in April 1996, McCool was making his first space-flight.



UNITED STATES NAVAL ACADEMY

Secretary of the Navy George Bancroft laid the foundation for the Naval Academy when, in 1845, he established the Naval School at Fort Severn in Annapolis. Commander Franklin Buchanan served as the first Superintendent. His faculty consisted of four officers and three civilian professors. There were 50 students. Initially, the academic and professional instruction required five years—the first and last at Annapolis, with the intervening three at sea.

In 1850, the Naval School became the United States Naval Academy. The following year, the Academy adopted its current course of instruction which includes four consecutive years at Annapolis, with at-sea training provided during the summers.

The Naval Academy moved to Newport, R.I., during the Civil War. In 1865, it was re-established at Annapolis under the leadership of Vice Admiral David Dixon Porter. During these early years, the Academy was one of the few institutions of higher learning offering a sophisticated undergraduate course in technical education.

The late 19th century saw immense changes in naval technology with the conversion from sail-powered, wooden ships to steam-powered vessels of steel, which also resulted in rapid developments in naval weaponry and tactics. With the Spanish-American War in 1898, the United States became a world naval power, and early Naval Academy graduates like George Dewey and Alfred Thayer Mahan made significant contributions to our national heritage.

The new century saw the nation's undergraduate naval college grow in size and academic prowess. The Class of 1895 had produced 41 graduates. By World War I, there were nearly 200 graduates each year, along with 2,500 reserve officers who received their training at the Academy.

With the entry of the United States into World War I, courses were shortened to three years, a program which remained in effect until 1921.

Between the two world wars, the curriculum and training equipment were modernized to keep pace with rapid advances in the naval profession and American education. In 1930, the Association of American Universities accredited the Naval Academy, and in 1933, an act of Congress authorized the Naval Academy to confer the degree of bachelor of science on graduates, beginning with the Class of 1931. Congress authorized award of the degree to all living graduates in 1939. The Middle Atlantic States Association of Colleges and Secondary Schools first accredited the Academy in 1947.

During World War II, summer sessions were instituted and the course was again shortened to three years. As during World War I, reserve officers, along with reserve midshipmen, also trained at the Academy.

In 1963, the Academy initiated the Trident Scholar Program, under which a number of exceptional students are permitted to pursue independent research during the first class (senior) year.

The 1964-65 academic year saw the civilian positions of academic dean and dean of admissions established and far-reaching changes made to the curriculum. The number of required core courses was reduced and, for the first time, each midshipman was allowed to pursue academic areas of individual interest for minor or major. Additional changes, introduced in the 1969-70 academic year, now require every midshipman to complete a major.

In 1975, President Gerald R. Ford signed legislation authorizing admission of women to the service academies. The first women midshipmen entered the Academy in July 1976 and graduated with the Class of 1980.



**Vice Adm.
Rodney P. Rempt, USN**
Superintendent



Chet Gladchuk
Director of Athletics



Rear Admiral Alan B. Shepard, a 1944 graduate, was the first American in space on May 5, 1961.



MIDSHIPMEN LIFE

It all begins with fourth class year. From their first day at the Academy, the fourth class midshipmen, or plebes, undergo an intensive and unabated program of military training and indoctrination. Physical and mental demands on them and their time seem never-ending. But it all has a purpose: the development of leadership ability, motivation, moral strength, physical skills and stamina.

Plebe Summer is a time which most midshipmen will remember for many years. New midshipmen are kept constantly busy learning basic skills in seamanship, navigation and marksmanship. Their pride and company spirit are boosted through infantry drill, small arms training, sailing Navy yawls and cruising in yard patrol craft. Their competitive spirit and desire to win are developed in activities such as athletics, dress parades and seamanship.

Plebe Summer is highlighted in August during Parents' Weekend, when parents visit the Academy and witness the progress of their sons and daughters.

The arrival of the upperclassmen in mid-August heralds the beginning of the academic year. The plebes embark on a four-year course of study while plebe indoctrination continues.

September brings the excitement of football and other fall sports. During the football season, only selected units of the brigade travel to away games, but the entire brigade attends all home games and the annual fall classic, the Army-Navy game.

Commissioning Week, in May, brings the graduation of the first classmen and the end of plebe year. Plebes signify the end of the first year at the Academy by scaling the smooth granite sides of Herndon Monument to replace, at its summit, a plebe cap with an upperclass cover.

Between plebe and third class years, midshipmen get their first taste of life at sea and their introduction to the enlisted men whom they will lead when commissioned as officers. Joining ships around the world, midshipmen perform a host of shipboard duties including standing deck, gunnery, operations and engineering watches. Midshipmen also have their first opportunity to visit foreign countries and experience different cultures.

Third classmen begin work in their academic majors and assume more responsibility in the military regimen at the Academy. Less emphasis is placed on indoctrination, leaving more time for studies, sports and extracurricular activities. It's a welcome change from the rigors of plebe year.

During their third summer, midshipmen get their first training in four warfare specialties which comprise the naval service. They learn about submarines at New London, Conn.; surface warfare at Norfolk, Va.; naval aviation at Pensacola, Fla.; and the Marine Corps at Quantico, Va.

Second class midshipmen are assigned still additional military responsibilities. They are selected and trained to direct the Brigade of Midshipmen during absences of the first class. They are also assigned an important role in indoctrination of the new plebe class, which develops their leadership skills. In academics, the second class midshipmen enter increasingly advanced areas of study.

During their final year at the Academy, first class midshipmen complete the core curriculum and their academic majors' course requirements. Many undertake independent research projects, and some begin graduate-level studies at nearby universities. The first class midshipmen also take over the responsibilities for plebe indoctrination. They also lead the brigade at parades, formal ceremonies and daily formations. They are responsible for the conduct, military smartness and competitive records of their units. The skills which the first class midshipmen develop this



year will help them when they assume their leadership responsibilities in the Navy and Marine Corps following graduation.

One common denominator which binds the four years into a unit which will forever shape the life of an Academy graduate is the Honor Concept.

Established and administered by midshipmen, the Honor Concept is based on the principle that honorable individuals do not lie, cheat or steal. All midshipmen are expected to conduct their lives in accordance with the Honor Concept so that their decisions as midshipmen, naval officers and civilians reflect the highest levels of honorable conduct.

THE CURRICULUM

With the aid of academic and military advisors, midshipmen design their own blend of the curriculum's three elements:

- Courses providing the professional and leadership skills required in the naval service.
- "Core" requirements in engineering, social sciences, natural sciences and the humanities to ensure breadth in education.
- Completion of a major program in an academic subject chosen by each midshipman to develop individual interests and talents in depth.

The Naval Academy offers major programs in 18 subject areas: eight in engineering; six in sciences and mathematics, including computer science; and four in the humanities and social sciences. Seven of the engineering majors are accredited professionally by the Engineering Accreditation Commission of the Accreditation Board of Engineering and Technology.

Selected humanities and social science majors with excellent records are invited to enter the rigorous honors programs offered by the departments of Economics, English, History and Political Science.

Outstanding students also have the opportunity to engage in independent study and research during their senior year. Those selected as Trident Scholars carry a reduced formal course load so they can pursue a major research project and prepare a thesis. They are assisted by one or more faculty advisors who specialize in the field of study.

A number of first class midshipmen who complete academic requirements early are encouraged to enroll in graduate classes at area universities. This Voluntary Graduate Education Program gives them the chance to graduate and receive commissions with their classmates, finish their graduate studies locally and then go to their first assignments with a master's degree.

Commissioning Week consists of six days of parades, ceremonies and receptions to bring to an end four years of training.

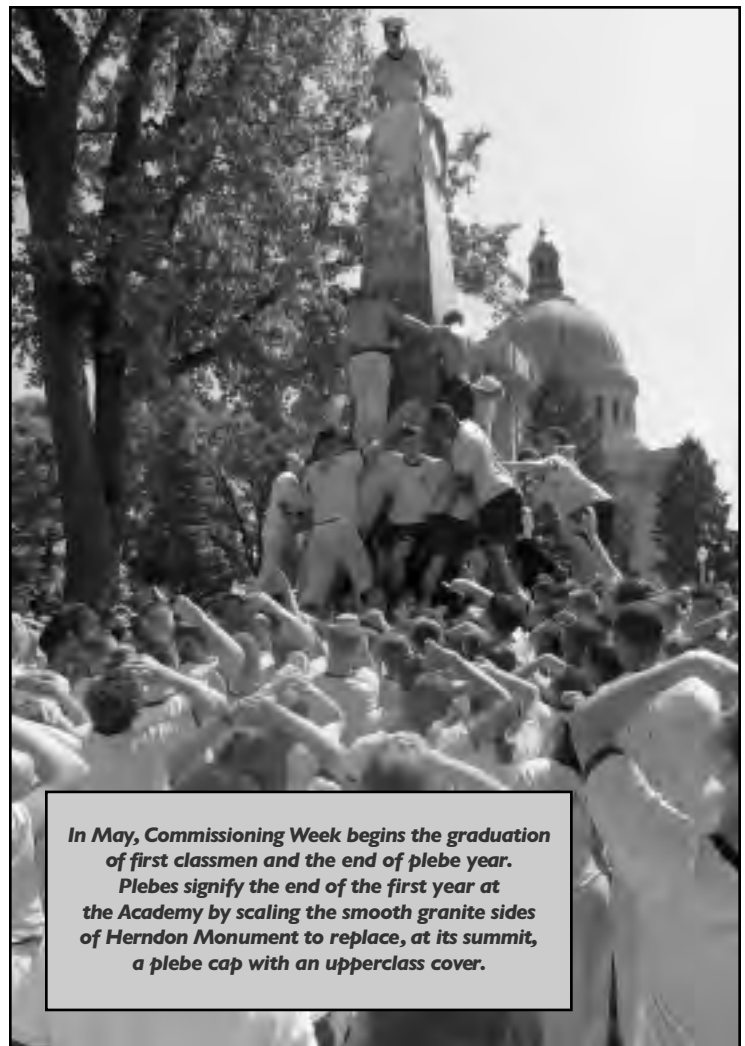


All midshipmen undertake professional military training, beginning on the first day of Plebe Summer and continuing through first class year. This includes classroom studies, drills and practical training at the Naval Academy and with Navy and Marine Corps units during summer programs. Navigation, seamanship, tactics, naval engineering, weapons, leadership and military law are among the areas studied. To advance and graduate, midshipmen must pass professional competency examinations covering general knowledge and subjects related to their service selection.

The Naval Academy's physical education program complements academic and professional development of midshipmen. Instruction and training aim to develop individual skills and competitive spirit, lifelong habits of physical fitness, and the capability to withstand physical hardship when necessary. All midshipmen must complete the four-year program which includes the Physical Readiness Test (twice annually), water survival, physical development, personal defense and lifetime carryover sports. Women participate in the same curriculum, including boxing, wrestling and judo.



The Blue Angels perform each year at the Naval Academy during Commissioning Week. Since 1946, when the squadron was formed, the team has flown for more than 337 million people around the world.



In May, Commissioning Week begins the graduation of first classmen and the end of plebe year. Plebes signify the end of the first year at the Academy by scaling the smooth granite sides of Herndon Monument to replace, at its summit, a plebe cap with an upperclass cover.

COMMISSIONING WEEK

Six days of parades, athletic events, colorful ceremonies, formal dances and receptions bring to a climax four years of challenging education and training.

One highlight of Commissioning Week is Color Parade. Each year, intra-brigade competition is conducted to determine which of the 30 companies stands highest overall on the basis of academics, intramural sports, professional drills and parade performance. During the parade, the color girl, who is selected by the Color Company commander, transfer the flags from the past Color Company to the new one.

The biggest social event of Commissioning Week is the ring dance for the second class midshipmen. An elegant formal affair, it is at this event that the midshipmen begin wearing their class rings.

First class midshipmen and their families attend the superintendent's garden party and reception, plus other social events. Athletic, academic and professional awards are presented in Alumni Hall. The evening before graduation, everyone is invited to attend the farewell ball.

On graduation day, friends and relatives gather with the midshipmen at Navy-Marine Corps Memorial Stadium. After the diplomas are presented and the oath of office is administered, the senior midshipman of the new first class leads three cheers for "those about to leave us." The graduates, led by the class president, reply with three cheers for "those we leave behind." On the last hooray of this cheer, the 1,000 graduates toss their midshipmen covers into the air. According to tradition, the honor of putting on the new Navy Ensign and Marine Corps Second Lieutenant shoulder devices is shared by mothers and Commissioning Week dates.

NAVAL ACADEMY FACTS

GO NAVY AND START THE ADVENTURE OF A LIFETIME.

At the United States Naval Academy, our students are challenged morally, mentally and physically like never before in their lives. Students come here because they yearn for a challenge and want to be part of something larger than themselves.

The Naval Academy is the undergraduate college of the Navy and Marine Corps. It is a four-year honor, integrity and leadership laboratory that uses a total-immersion program to blend academics, professional training, leadership experience, physical education, competitive sports and extracurricular activities.

We hire every one of our graduates. Upon graduation from USNA, a midshipman receives a commission as an Ensign in the United States Navy or as a 2nd Lieutenant in the United States Marine Corps, along with a Bachelor of Science (BS) degree in one of 19 different academic majors. From there, they are sent to high-tech 21st century assignments in aviation, submarines, warships or other exciting operational fields.

The Naval Academy midshipmen are given responsibility and leadership opportunities commensurate with their status within the Brigade. First class midshipmen, or seniors, run the day-to-day operation of the 4,000 men and women that constitute the Brigade of Midshipmen.

THE BRIGADE OF MIDSHIPMEN REPRESENTS THE BEST THIS NATION HAS TO OFFER:

- * The average SAT score is approximately 1300
- * 81 percent of the midshipmen attending the Naval Academy were in the top fifth of their high school class
- * 87 percent were varsity athletes in high school and 85 percent were letterwinners
- * 27 percent served as high school president or vice president

THE 2004 PRINCETON REVIEW RANKED THE NAVAL ACADEMY:

- * No. 5 for toughest to be accepted to
- * No. 7 for diversity
- * No. 7 for best community relations
- * No. 8 for best overall undergraduate academic experience.
- * No. 12 for accessibility of professors
- * No. 13 for smooth-operating administration

The 2004 edition of U.S. News and World Report's "America's Best Colleges" ranks the engineering program at the Naval Academy fourth in the nation, the Aerospace Engineering program fourth in the nation, the Civil Engineering program 11th in the nation, the Electrical Engineering program fifth in the nation and the Mechanical Engineering program ninth in the nation.

A third of the Brigade are varsity athletes and represent the Naval Academy in 30 NCAA Division I sports while carrying 18-21 credit hours of highly-technical engineering, science and math core curriculum.

Approximately 25 percent of Flag Officers in the Navy and and general officers in the Marine Corps were varsity athletes at USNA.

Eighty-five percent of Navy's NCAA Division I varsity athletes graduate in four years. The most recent national collegiate varsity athlete graduation rate is 62 percent in six years.

Midshipmen can choose from 21 men's and nine women's varsity sports in which to participate.

THE ROLL CALL OF VARSITY LETTERWINNERS AT THE NAVAL ACADEMY READS LIKE A VERITABLE WHO'S WHO IN AMERICAN HISTORY:

Rear Admiral Alan B. Shepard, the first American in space, was a member of the heavyweight crew team. Air Force General William Anders played soccer at the USNA before going on to be an astronaut. Admiral Stansfield Turner, former director of the Central Intelligence Agency, was a lineman on the football team. Admiral Arleigh Burke, a wrestler at the Academy, went on to be the Chief of Naval Operations. Rear Admiral Richard Byrd, a captain on the gymnastics team, was a famous polar explorer and World War II hero. Fleet Admiral Bull Halsey was also a football star at the Naval Academy. Other heroes on the athletic field include: 1960 Heisman Trophy winner Joe Bellino; 1963 Heisman Trophy winner, and NFL Hall of Famer Roger Staubach; David Robinson, who was the 1987 Collegiate Player of the Year, the 1995 NBA Player of the Year and won Olympic Gold Medals in 1992 and 1996 and Commander Willie McCool, a captain on the cross country team, who was an astronaut on the space shuttle Columbia's final voyage.



Cmdr. Willie McCool, the 1982 Navy men's cross country team captain, was one of seven NASA astronauts who perished in the space shuttle Columbia tragedy.

81 percent of the Brigade of Midshipmen were in the top fifth of their high school class.

BEAT ARMY!

CANTELLO YEAR-BY-YEAR RESULTS VS. ARMY (CROSS COUNTRY)

YEAR	RESULT	SCORE
1968	Won	26-29
1969	Won	19-44
1970	Lost	26-29
1971	Won	21-40
1972	Lost	21-34
1973	Won	17-46
1974	Won	20-43
1975	Won	25-36
1976	Won	26-29
1977	Won	24-37
1978	Did not compete	
1979	Won	16-47
1980	Won	15-50
1981	Won	15-49
1982	Won	15-50
1983	Won	15-50
1984	Won	15-50
1985	Won	21-36
1986	Won	26-30
1987	Lost	23-32
1988	Won	24-32
1989	Won	20-42
1990	Won	24-34
1991	Lost	20-41
1992	Won	19-37
1993	Lost	24-35
1994	Lost	20-38
1995	Tied	28-28

1996	Lost	21-37
1997	Won	27-31
1998	Won	20-41
1999	Won	22-41
2000	Won	23-36
2001	Won	25-30
2002	Won	15-46
2003	Lost	25-30

(TRACK AND FIELD)

1982 (Indoor)	Lost	70-66
1982 (Outdoor)	Won	97-66
1983 (Indoor)	Lost	69-67
1983 (Outdoor)	Won	103-60
1984 (Indoor)	Won	85-51
1984 (Outdoor)	Won	82-81
1985 (Indoor)	Lost	70.67-65.33
1985 (Outdoor)	Won	97-66
1986 (Indoor)	Won	96-40
1986 (Outdoor)	Won	83.5-79.5
1987 (Indoor)	Won	74-62
1987 (Outdoor)	Won	84-79
1988 (Indoor)	Won	85.33-50.67
1988 (Outdoor)	Won	92-71

TOTALS

Sport	W	L	T
Cross Country	26	8	1
Indoor Track	4	3	0
Outdoor Track	7	0	0
Totals	37	11	1

N-STAR SUCCESS



In the 36 years that Al Cantello has been the head coach at Navy, the men's cross country program has enjoyed a tremendous amount of success against Army.

Cantello has guided the program to a 26-8-1 record against the Black Knights, including a 6-1 mark in the last seven meetings in the series. The Mids ran off an impressive 13-straight wins against their service academy-foe from 1973-86. The Mids also recorded a perfect score of 15 for five consecutive years (1980-84) during the stretch. He has win streaks of at least three meets on four separate occasions and has never lost more than two straight to Army. The 26 N-Stars are the most at Navy for any coach in one sport.

Despite falling to Army in last season's meet, the Mids finished ahead of the Black Knights at the 2003 Patriot League Championship with a second-place finish.

Cantello also won 11 N-Stars as the head coach of the men's track and field program from 1982-87. He owned a perfect 7-0 mark against Army in outdoor track and won four of his final five indoor meets against the Black Knights after dropping the first two meetings in his career.



BEAT ARMY!

At the Naval Academy, beating Army is important. Plebes yell "Beat Army!" in Bancroft Hall, "Beat Army" is on every weight in the Naval Academy weight room and alums and fans alike scream "Beat Army!" at the end of Blue & Gold, the Naval Academy alma mater.

Thanks to an upgrade in facilities and improvements in the coaching and support staffs, the Mids have dominated the Black Knights over the past seven seasons, going 152-59-4 (.716), including an 108-40-4 (.724) mark in N-Star competition.

During the 2003-04 season, Navy athletic teams produced a 16-13 (.442) record against the Black Knights, including 13-9 (.591) in competition for the N-Star.

The football team brought the Commander-In-Chief's Trophy back to Annapolis following a 34-6 victory over Army. Led by a 152-yard, two touchdown performance from Kyle Eckel (right), Navy dominated on the ground, outgaining the Black Knights 359-83.

The men's soccer team earned its first N-Star since 1999 thanks to a goal in the 83rd minute by rookie Zach Pleis (below), his first-career goal.

For Navy's swimming program, it was the end of an era for women's coach Dick Purdy, while the birth of another for men's coach Bill Roberts. Purdy ended his 39-year coaching career (19 as the women's head coach) owning a 16-3 record over the Black Knights, including 15 straight. the 2003-04 season was no exception for Purdy, as he closed out his coaching career with a 163-137 win.

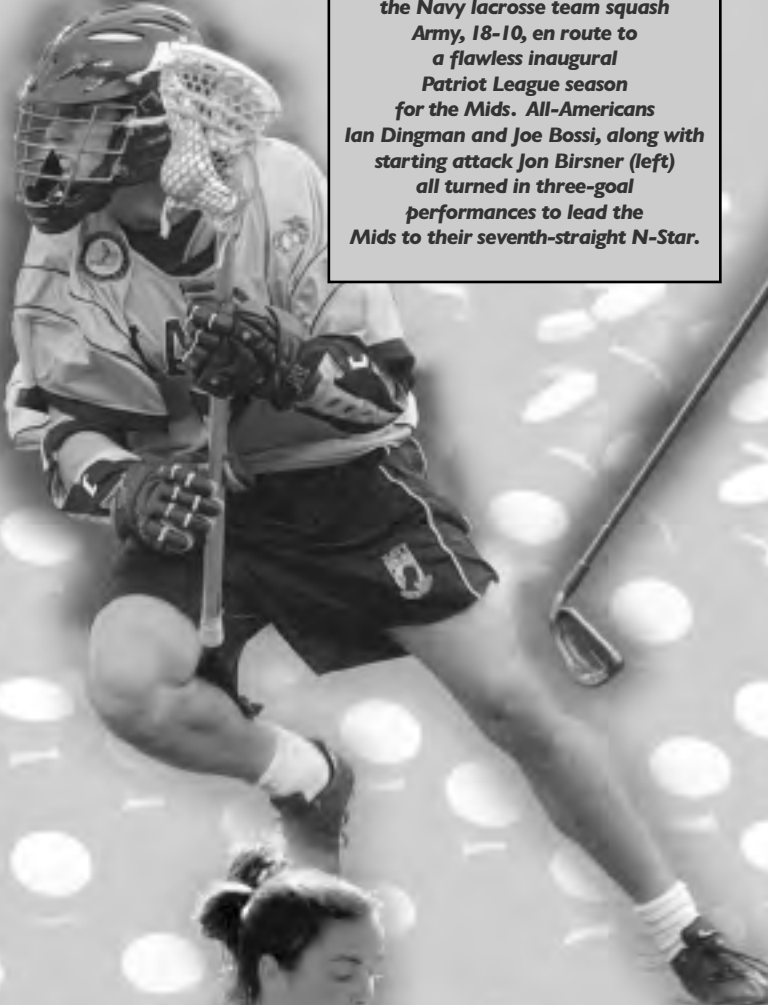
Roberts, meanwhile, earned a 151-92 win in his first Army-Navy meet as a head coach thanks to a pair of Lejeune Hall records and victories in eight events. Noah White (below center) set a Lejeune Hall, Army-Navy meet and Patriot League record, as well as an NCAA 'B' cut time in the 100 freestyle to lead the Mids to their third-consecutive win over their arch rival.

The Navy wrestling team won seven of the 10 bouts en route to winning its fourth-straight Star Meet last winter. The highlight of the meet was Pat Lukanich's (right) upset victory (6-5) over 157-pound Phillip Simpson who was ranked seventh in the nation. Head coach Bruce Burnett is 4-0 against Army and the Mids own a dominating 38-5-5 all-time series advantage.

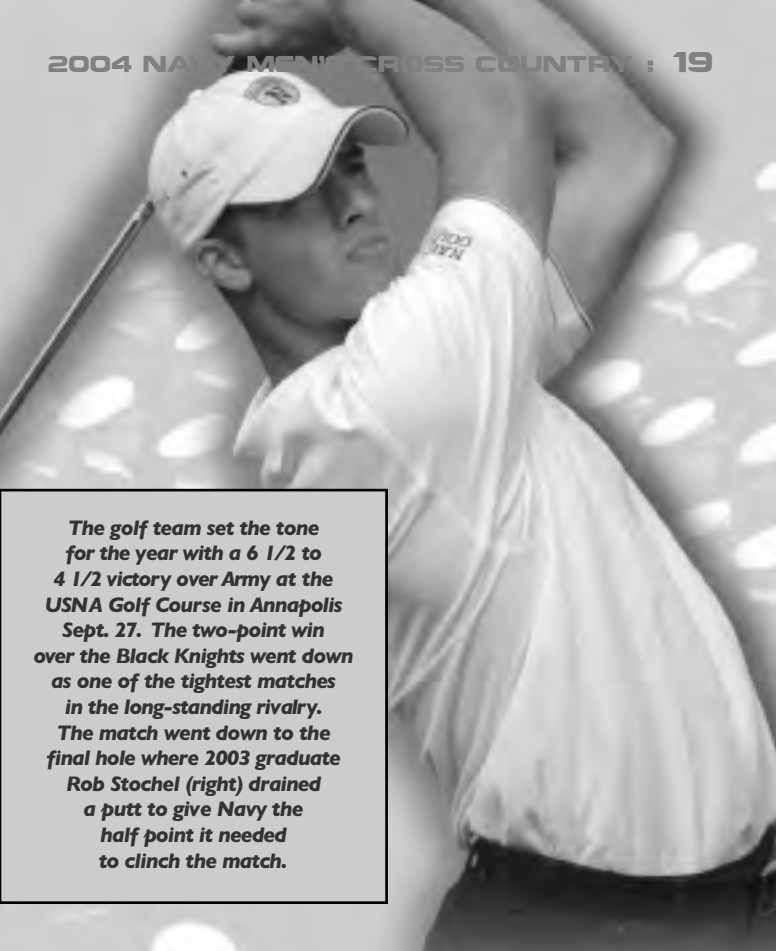
Navy leads the all-sports series with Army 815-615-37 (.568). During the last seven years, Navy is 152-59-4 (.716) vs. Army.



More than 7,000 fans crowded into Michie Stadium to watch the Navy lacrosse team squash Army, 18-10, en route to a flawless inaugural Patriot League season for the Mids. All-Americans Ian Dingman and Joe Bossi, along with starting attack Jon Birsner (left) all turned in three-goal performances to lead the Mids to their seventh-straight N-Star.



The golf team set the tone for the year with a 6 1/2 to 4 1/2 victory over Army at the USNA Golf Course in Annapolis Sept. 27. The two-point win over the Black Knights went down as one of the tightest matches in the long-standing rivalry. The match went down to the final hole where 2003 graduate Rob Stochel (right) drained a putt to give Navy the half point it needed to clinch the match.



MIDSHIPMEN IN THE COMMUNITY

One of the challenges we continue to face is helping our children understand the importance of education and helping them realize that lofty goals are attainable. With an increasing number of collegiate athletes dropping out of school early to pursue lucrative contracts in the professional arena, we are left with the question "who are our children's role models?"

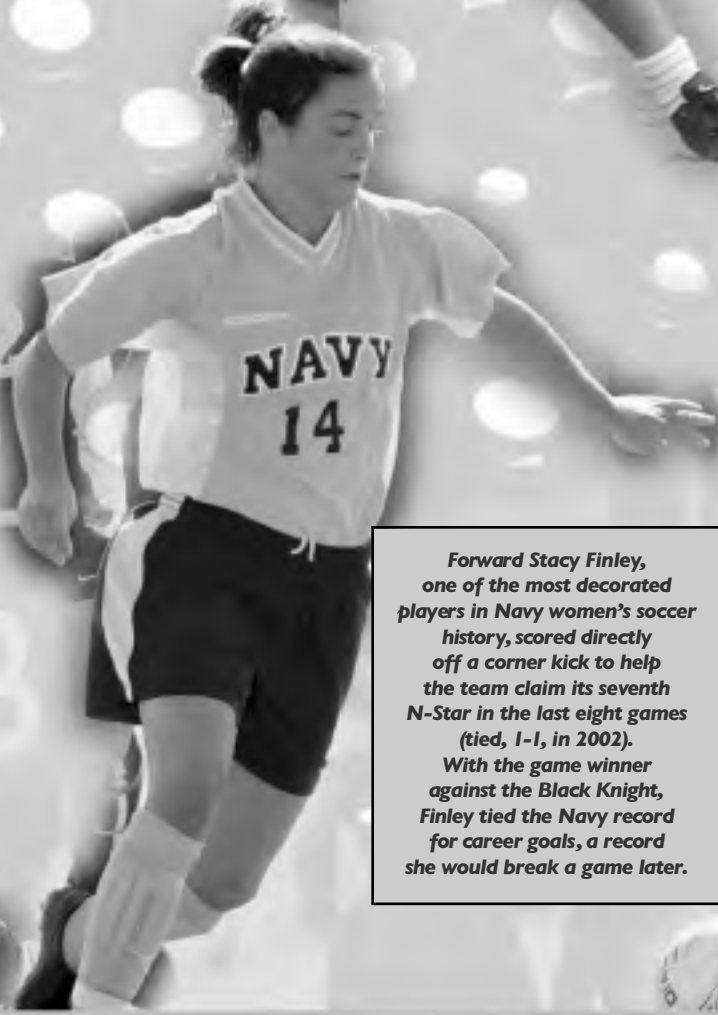
At the United States Naval Academy, the Midshipmen have to balance the rigorous requirements of education, athletics and basic military training. With Navy athletes competing at the Division I level, the demands of their sports heighten the importance of maintaining solid grades. Navy is one of the few Division I schools in which all athletes must meet stringent academic expectations. This is what makes our Midshipmen such tremendous role models, successfully maintaining that balance between athletics and academics at a highly competitive level.

The Naval Academy Athletic Association works with local schools to expose youth to the Midshipmen, with the hope of providing a lasting impression. Typically, in assembly style, the Midshipmen speak to the students about life at the Academy, the experiences of competing in Division I athletics and what they've

learned while at Navy, in addition to answering the multitude of questions that the students have.



Forward Stacy Finley, one of the most decorated players in Navy women's soccer history, scored directly off a corner kick to help the team claim its seventh N-Star in the last eight games (tied, 1-1, in 2002). With the game winner against the Black Knight, Finley tied the Navy record for career goals, a record she would break a game later.



Before Army-Navy competition in any sport, Tecumseh (pictured on right) receives a fresh coat of war paint.



NAVAL ACADEMY TRADITIONS

ANCHORS AWEIGH

"Anchors Aweigh" was written by Lt. Charles Zimmermann, Musical Director of the Naval Academy in 1906, with the lyrics provided by Alfred H. Miles of the Class of 1906, as a fight song for the 1907 graduating class instead of the usual class march Zimmermann had composed for previous classes. The song made its debut at the 1906 Army-Navy football game, and when the Midshipmen won the game, the song became traditional at this game. It gained national exposure in the 1920s and 1930s when it was heard on the radio and was in a number of popular movies. In 1997 a one-hour documentary on the history of Navy football, titled "Anchors Aweigh for Honor and Glory", was produced by NFL Films. The film was deemed a success by both critics and fans alike.

ANNAPOLIS

The capital of Maryland, Annapolis is the home of the Naval Academy. Annapolis is located 30 miles east of Washington, D.C. and 25 miles south of Baltimore.

BANCROFT HALL

Named after former Secretary of the Navy George Bancroft, the Hall is home for the entire Brigade of Midshipmen. It contains 1,873 midshipmen rooms, nearly five miles of corridors and about 33 acres of floor space, making it one of the largest single dormitories in the world. All of the basic facilities midshipmen need for daily living, and many for recreation, are found in the Hall.

BAND

The Navy's oldest continuing musical organization, the Naval Academy Band was formed in 1852 with 13 musicians. Now numbering 63 members, the band includes the wind ensembles, rock band, big band, woodwind and brass quintets, tuba and trombone quartets and the percussion ensemble. The band provides musical support to the Brigade of Midshipmen in parades and performances, and entertains members of the Academy family and civilian community throughout the year.

BILL THE GOAT

The first recorded use of a goat mascot for Navy athletic teams was in 1893 when an animal named El Cid (The Chief) was turned over to the Brigade by young officers of the USS New York. El Cid helped Navy to a 6-4 triumph over Army that year. Two cats, a dog, and a carrier pigeon have also enjoyed brief reigns as the Navy mascot, but goats have served without interruption since 1904.

Bill XXX is the 33rd goat mascot for the Academy and the 29th to carry the name Bill. He is taken care of by 15 goathandlers made up of five midshipmen from the first, second and third classes. The goathandlers undergo rigorous training prior to handling Bill on the field.

CO-ED

For many years, the Naval Academy was a male-only institution. But that changed when women were admitted in 1976. Today, 15 percent of the 4,000-member Brigade are women.

DISTINGUISHED GRADUATES

- ☆ 1 President of the United States
- ☆ 18 Members of Congress
- ☆ 4 state governors
- ☆ 4 Secretaries of the Navy
- ☆ 1 Secretary of the Air Force
- ☆ 3 Chairmen of the Joint Chiefs of Staff
- ☆ 2 Vice Chairmen of the Joint Chiefs of Staff
- ☆ 25 Chiefs of Naval Operations
- ☆ 8 Commandants of the Marine Corps
- ☆ 73 Medal of Honor winners
- ☆ 1 Nobel Prize winner
- ☆ 50 astronauts
- ☆ 33 Rhodes Scholars
- ☆ 10 Marshall Scholars

SCHOOL COLORS

Navy adopted Navy Blue and Gold as its colors back in 1892. At that time, each class at the Naval Academy had class colors. The Class of 1890 first used Navy Blue and Gold. In 1892, the minutes from the Naval Academy Auxiliary Athletic Association meeting reported, "The Committee reported favorable results of a conference with Naval Cadets as to the probability of adoption of Navy Blue and Gold as Academy colors."

NICKNAME

Navy's sports teams are referred to as the Midshipmen or Mids. The term "Middie" is inappropriate.



All midshipmen undertake professional military training, including classroom studies, drills and practical training.

