



Barry Carmody
Team Captain

Josh Sink



NAVY

2004 MEN'S CROSS COUNTRY

MEDIA GUIDE



2003 GRADUATE AARON LANZEL AND 2004 GRADUATE ERIK SCHMIDT
MADE THE 2004 TRACK AND FIELD OLYMPIC TRIALS

2004 SCHEDULE

Date	Opponent	Time
Sept. 4	at Mount St. Mary's Invitational	1 a.m.
Sept. 11	at Indiana State Invitational ☆	1 a.m.
Sept. 18	NAVY INVANTIONAL	11 a.m.
Sept. 25	at Iona Invitational ⊕	11 a.m.
Oct. 1	at Great American Festival ❖	TBA
Oct. 16	ARMY	11 a.m.
Oct. 30	at Patriot League Championship ❖	11 a.m.
Nov. 13	at NCAA Mid-Atlantic Regional ◆	11 a.m.
Nov. 22	at NCAA Championship ☆	11 a.m.

Home meets run at the USNA Cross Country Course
All times Eastern and subject to change

- ☆ Terre Haute, Ind.
- ⊕ New Rochelle, N.Y.
- ❖ Lewisburg, Pa.
- ◆ State College, Pa.



NAVY WAS ONE OF JUST THREE SCHOOLS
(ARKANSAS AND STANFORD) TO HAVE TWO
RUNNERS COMPETING IN THE FINALS OF THE 1,500 METERS
AT THE U.S. OLYMPIC TRIALS