

2000 Women's Outdoor Track and Field Results

FINAL RESULTS

- ¹ NCAA Automatic Qualifying Mark
² NCAA Provisional Qualifying Mark
³ School Record

Date	Meet	Rs.	Finish
3/18	49ers Classic	—	—
3/25	Irwin Belk Invitational	—	—
4/1	Raleigh Relays	—	—
4/8	Duke Invitational	—	—
4/15	UNC Charlotte Series	—	—
4/22	Virginia Tech Gobbler	—	—
4/29	Penn Relays	—	—
5/13	C-USA Championships	49	8th

100-METER DASH

Bernita Wells	12.18	P	Duke
Quanita Wells	12.30	P	49ers
Aisha Thomas	12.35	7th	Va. Tech
Bernita Wells	12.37	P	C-USA
Bernita Wells	12.39	P	49ers
Bernita Wells	12.45	9th	Va. Tech
Bernita Wells	12.49	5th	UNCC
Bernita Wells	12.52	6th	49ers
Quanita Wells	12.55	3rd	Belk
Bernita Wells	12.56	P	Raleigh
Quanita Wells	12.61	7th	49ers
Bernita Wells	12.62	4th	Belk
Kyle Overton	13.08	P	49ers
Kyle Overton	13.10	18th	Va. Tech
Kyle Overton	13.22	12th	Belk
Kawanna Skinner	13.28	P	49ers
Kawanna Skinner	13.35	D	Duke
Kyle Overton	13.49	6th	UNCC
Kawanna Skinner	13.64	P	Raleigh
Aisha Thomas	13.79	P	49ers
Shelly Ellison	14.41	P	49ers
Kawanna Skinner	SCR		Belk

200-METER DASH

Aisha Thomas	24.93	P	C-USA
Bernita Wells	25.12	D	Duke
Aisha Thomas	25.15	11th	Va. Tech
Bernita Wells	25.67	P	C-USA
Bernita Wells	25.79	9th	UNCC
Kenisha Smith	25.97	3rd	Belk
Monica Turner	26.06	21st	Va. Tech
Monique Brown	26.17	D	Duke
Bernita Wells	26.19	26th	Va. Tech
Bernita Wells	26.59	4th	Belk
Bernita Wells	26.65	P	49ers
Monica Turner	26.83	7th	Belk

Sabrina Lane	27.27	10th	UNCC
Kyle Overton	27.40	28th	Va. Tech
Kyle Overton	27.49	9th	Belk
Kyle Overton	27.58	D	Duke
Kyle Overton	27.63	11th	UNCC
Kawanna Skinner	28.59	11th	Belk
Kyle Overton	28.89	P	49ers
Tiana Graves	SCR		Belk

400-METER DASH

Aisha Thomas	57.28	P	C-USA
Aisha Thomas	57.64	4th	UNCC
Aisha Thomas	58.20	D	Duke
Aisha Thomas	58.20	P	Raleigh
Sabrina Lane	59.26	D	Duke
Sabrina Lane	59.54	7th	49ers
Sabrina Lane	59.81	5th	UNCC
Sabrina Lane	59.90	2nd	Belk
Sabrina Lane	1:01.02	P	C-USA
Sabrina Lane	1:01.06	P	49ers
Sabrina Lane	1:01.27	15th	Va. Tech
Sabrina Lane	1:01.36	P	Raleigh
Quanita Wells	1:03.99	18th	Va. Tech

800-METER RUN

Karin Levin	2:21.49	8th	49ers
Naomi Wendland	2:21.55	9th	49ers
Jen Taylor	2:23.03	11th	49ers

1,500-METER RUN

Jen Taylor	4:38.00	4th	Va. Tech
Jen Taylor	4:38.77	5th	C-USA
Jen Tylor	4:39.96	4th	UNCC
Naomi Wendland	4:41.20	35th	Duke
Naomi Wendland	4:42.33	5th	UNCC
Naomi Wendland	4:42.57	7th	Va. Tech
Naomi Wendland	4:42.58	6th	49ers
Jen Taylor	4:42.60	15th	Raleigh
Jen Taylor	4:44.06	8th	49ers
Karin Levin	4:49.64	16th	49ers
Lisa Ottens	5:01.12	25th	49ers
Lisa Ottens	5:10.90	12th	Belk
Liz Ranft	5:19.97	42nd	49ers
Hope Day	5:24.36	17th	Belk
Liz Ranft	5:24.60	18th	Belk
Hope Day	5:30.40	67th	Raleigh

3,000-METER RUN

Naomi Wendland	9:49.45	21st	Penn
Jen Taylor	9:50.31	2nd	C-USA
Jen Taylor	9:51.56	12th	Penn
Naomi Wendland	9:52.98	9th	Raleigh
Naomi Wendland	9:53.80	3rd	C-USA

Jen Taylor	10:03.31	12th	Duke
Lisa Ottens	10:50.92	3rd	UNCC
Lisa Ottens	10:55.92	46th	Raleigh
Lisa Ottens	10:56.40	11th	49ers
Lisa Ottens	11:10.51	7th	Va. Tech
Liz Ranft	11:27.98	6th	UNCC
Liz Ranft	11:29.80	53rd	Raleigh
Liz Ranft	11:33.82	21st	49ers
Liz Ranft	11:58.57	10th	Va. Tech

5,000-METER RUN

Naomi Wendland	17:18.86	2nd	C-USA
Liz Ranft	20:21.73	68th	Duke
Hope Day	21:33.19	72nd	Duke

100-METER HURDLES

Kenisha Smith	14.35	P	C-USA
Monique Brown	14.53	5th	Va. Tech
Monique Brown	14.54	P	C-USA
Kenisha Smith	14.62	D	Duke
Kenisha Smith	14.65	P	49ers
Monique Brown	14.67	P	49ers
Kenisha Smith	14.70	6th	Va. Tech
Monique Brown	14.70	2nd	UNCC
Kenisha Smith	14.72	1st	49ers
Rolanda Gabriel	14.75	P	49ers
Amber Reddick	14.83	P	49ers
Monique Brown	14.84	1st	Belk
Monica Turner	14.86	3rd	UNCC
Kenisha Smith	14.88	2nd	Belk
Rolanda Gabriel	15.01	7th	Va. Tech
Monica Turner	15.02	D	Duke
Kenisha Smith	15.07	P	Raleigh
Monique Brown	15.08	3rd	49ers
Amber Reddick	15.10	8th	Va. Tech
Monique Brown	15.15	P	Raleigh
Krystal Fowler	15.21	10th	Va. Tech
Kawanna Skinner	15.24	4th	UNCC
Kenisha Smith	15.28	5th	UNCC
Rolanda Gabriel	15.29	P	C-USA
Kawanna Skinner	15.37	D	Duke
Rolanda Gabriel	15.46	5th	49ers
Rolanda Gabriel	15.48	P	Raleigh
Kawanna Skinner	15.57	13th	Va. Tech
Amber Reddick	15.67	6th	49ers
Kawanna Skinner	16.08	5th	Belk
Kawanna Skinner	16.23	P	49ers
Krystal Fowler	16.38	9th	UNCC
Tiana Graves	SCR		Belk

400-METER HURDLES

Monique Brown	1:00.52 ³	P	C-USA
Monique Brown	1:02.56	1st	Belk
Monique Brown	1:03.13	14th	Duke
Monique Brown	1:03.55	P	Raleigh
Monique Brown	1:04.32	2nd	Va. Tech
Monique Brown	1:04.33	P	49ers

Monique Brown	1:05.19	P	49ers
Monique Brown	1:11.83	1st	UNCC

4x100-METER RELAY

UNC Charlotte	46.82 ³	7th	C-USA
(Thomas, Q. Wells, Reddick, B. Wells)			
UNC Charlotte	47.33	9th	Duke
UNC Charlotte	48.11	4th	Va. Tech
UNC Charlotte	48.26	P	Penn
UNC Charlotte	48.50	3rd	UNCC
UNC Charlotte	50.48	24th	Raleigh
(Smith, B. Wells, Q. Wells, Thomas)			
UNC Charlotte	FS		49ers

4x400-METER RELAY

UNC Charlotte	3:49.42 ³	6th	C-USA
(Thomas, Brown, Lane, Q. Wells)			
UNC Charlotte	3:54.01	12th	Raleigh
UNC Charlotte	3:55.27	P	Penn
UNC Charlotte	4:02.02	1st	UNCC
UNC Charlotte	4:02.27	2nd	49ers
UNC Charlotte	4:03.85	4th	Va. Tech

4x1,500-METER RELAY

UNC Charlotte	19:50.81	9th	Raleigh
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DISTANCE MEDLEY RELAY

UNC Charlotte	12:14.86 ³	15th	Duke
(Wendland, Q. Wells, Ottens, Taylor)			

HIGH JUMP

Monica Turner	1.52	4'11.75"	6th	Belk
Krystal Fowler	1.43	4'08.25"	2nd	UNCC
Tiana Graves	1.43	4'08.25"	10th	49ers
Tiana Graves	NH			C-USA

POLE VAULT

Monica Turner	NH			Duke
Monica Turner	NH			Raleigh

LONG JUMP

Monica Turner	5.73	18'09.75"	9th	C-USA
Monica Turner	5.50	18'00.50"	2nd	Belk
Amber Reddick	5.46	17'11.00"	5th	Va. Tech
Rolanda Gabriel	5.46	17'11.00"	2nd	49ers
Monica Turner	5.45	17'10.75"	7th	Va. Tech
Monica Turner	5.42	17'09.50"	3rd	49ers
Monica Turner	5.41	17'09.00"	1st	UNCC
Amber Reddick	5.29	17'04.25"	4th	49ers
Amber Reddick	5.24	17'02.25"	17th	C-USA
Rolanda Gabriel	5.11	16'09.25"	18th	C-USA
Amber Reddick	5.03	16'06.00"	3rd	UNCC
Kenisha Smith	4.98	16'04.25"	14th	Va. Tech
Tiana Graves	4.95	16'03.00"	4th	UNCC
Kawanna Skinner	4.86	15'11.50"	8th	Belk
Kiki Scott	4.86	15'11.50"	9th	49ers
Krystal Fowler	4.76	15'07.50"	5th	UNCC

Kenisha Smith	4.69	15'04.75"	6th	UNCC
Kawanna Skinner	4.67	15'04.00"	19th	Va. Tech
Kawanna Skinner	4.29	14'01.00"	18th	49ers
Rolanda Gabriel	ND			Raleigh
Monica Turner	ND			Raleigh
Tiana Graves	ND			Belk
Kawanna Skinner	FOUL			UNCC
Rolanda Gabriel	FOUL			UNCC

TRIPLE JUMP

Amber Reddick	12.27	3	40'03.25"	4th	C-USA
Amber Reddick	12.26		39'10.50"	6th	Penn
Amber Reddick	12.11		39'08.75"	8th	Duke
Rolanda Gabriel	11.64		38'02.25"	8th	C-USA
Amber Reddick	11.35		37'00.00"	2nd	UNCC
Amber Reddick	11.29		37'00.50"	3rd	49ers
Rolanda Gabriel	10.84		35'06.75"	8th	Va. Tech
Rolanda Gabriel	10.72		35'02.00"	24th	Penn
Amber Reddick	10.61		34'09.75"	11th	Va. Tech
Kiki Scott	9.88		32'05.00"	11th	49ers
Rolanda Gabriel	9.48		31'01.25"	13th	49ers
Rolanda Gabriel	ND				Raleigh
Amber Reddick	ND				Raleigh

SHOT PUT

Tara Clinding	13.20	3	43'03.75"	1st	49ers
Tara Clinding	13.14		43'01.50"	1st	Belk
Tara Clinding	12.99		42'07.50"	7th	Penn
Tara Clinding	12.89		42'03.50"	2nd	Va. Tech
Tara Clinding	12.34		40'06.00"	15th	Duke
Keisha Boggan	12.02		39'05.25"	3rd	49ers
Tara Clinding	11.98		39'03.75"	13th	C-USA
Keisha Boggan	11.50		37'08.75"	1st	UNCC
Keisha Boggan	10.88		35'08.50"	8th	Va. Tech
Monica Turner	10.56		34'07.75"	2nd	UNCC
Tara Clinding	10.54		34'07.00"	3rd	UNCC
Monica Turner	10.39		34'01.25"	6th	Belk
Krystal Fowler	10.16		33'04.00"	9th	Va. Tech
Tara Clinding	ND				Raleigh
Keisha Boggan	FOUL				C-USA
Keisha Boggan	FOUL				Duke

DISCUS THROW

Keisha Boggan	42.24	3	138'07"	7th	C-USA
Keisha Boggan	37.80		124'00"	3rd	49ers
Keisha Boggan	37.58		123'03"	1st	UNCC
Tara Clinding	36.40		119'05"	6th	49ers
Tara Clinding	33.56		110'01"	6th	Belk
Tara Clinding	32.54		106'09"	10th	Va. Tech
Tara Clinding	30.98		101'08"	2nd	UNCC
Keisha Boggan	ND				Va. Tech
Tara Clinding	ND				Duke
Tara Clinding	ND				Raleigh
Tara Clinding	FOUL				C-USA
Keisha Boggan	FOUL				Duke

JAVELIN THROW

Jenn Carcagente	38.38	3	125'11"	5th	C-USA
Jenn Carcagente	37.80		124'00"	3rd	49ers
Jenn Carcagente	36.41		119'05"	5th	Va. Tech
Jenn Carcagente	34.96		114'08"	3rd	Belk
Jenn Carcagente	34.70		113'10"	1st	UNCC
Tiana Graves	34.50		113'02"	8th	C-USA
Tiana Graves	31.58		103'07"	2nd	UNCC
Krystal Fowler	23.36		76'08"	7th	UNCC
Abby Ames	15.18		49'10"	9th	UNCC
Shannon Carney	12.48		40'11"	10th	UNCC
Shannon Carney	11.50		37'09"	21st	49ers
Tiana Graves	ND				Duke
Jenn Carcagente	ND				Raleigh
Tiana Graves	ND				Raleigh

HAMMER THROW

Tara Clinding	40.78	3	133'09"	13th	C-USA
Keisha Boggan	37.02		121'05"	3rd	UNCC
Tara Clinding	36.24		118'11"	4th	UNCC
Keisha Boggan	35.85		117'07"	15th	49ers
Keisha Boggan	35.51		116'06"	10th	Va. Tech
Tara Clinding	34.75		114'00"	12th	Va. Tech
Keisha Boggan	FOUL				C-USA
Tara Clinding	FOUL				49ers
Tara Clinding	ND				Raleigh

HEPTATHLON

Monica Turner	4355	3	7th	C-USA
Monica Turner	3770		2nd	49ers
Tiana Graves	3687		9th	C-USA
Tiana Graves	3105		4th	49ers
Kenisha Smith	2999		12th	C-USA
Kenisha Smith	2691		5th	49ers