

# VILLANOVA TRACK & FIELD

## AT THE 106<sup>TH</sup> RUNNING OF THE PENN RELAYS

**THURSDAY-SATURDAY, APRIL 27-29, 2000**

### WILDCAT QUICK FACTS

Location . . . . . Villanova, Pa.  
Founded . . . . . 1842  
Enrollment . . . . . 5,994  
Nickname . . . . . Wildcats  
Colors . . . . . Blue and White  
Conference . . . . . Big East  
Head Coach . . . . . Marcus O'Sullivan  
Associate Head Coach . . . . . Jim Tuppenny  
Assistant Coach . . . . . Gina Procaccio  
Assistant Coach . . . . . Anthony Williams  
Assistant Coach . . . . . George Reynolds  
Track Office Phone . . . . . (610) 519-4130  
Media Relations Contact . . . . . Dean Kenefick  
Media Relations Phone . . . . . (610) 519-4120  
Media Relations Fax . . . . . (610) 519-7323

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### PENN RELAY LINEUP

#### THURSDAY, APRIL 27, 2000

10:00 a.m.	Women's Discus	Sarah Hunt, Melinda Boykin Christine Heffernan
1:45 p.m.	Women's Shot Put	Melinda Boykin, Christine Heffernan
2:15 p.m.	Women's Hammer	Sarah Hunt
7:10 p.m.	Women's 5,000 meter run	Ann McGranahan

#### FRIDAY, APRIL 28, 2000

10:00 a.m.	Women's Triple Jump	Marlena Robinson
12:00 p.m.	Men's Shot Put	Mark Blattner
12:05 p.m.	Men's 4x100m relay	Dashan Sanders, Brian Powell, Antoine Johnson, Darnell Greene
12:55 p.m.	Men's DMR	Paul Carroll, Maulan Byron, Brian Anderson, Tom Parlapiano
2:05 p.m.	Women's 4x1500m Relay	Liz Awtrey, Kristen Nicolini, Carmen Douma, Carrie Tollefson
3:30 p.m.	Men's Long Jump	Jermaine Deans
3:35 p.m.	Women's 100m Hurdles	Charmaine Walker
4:50 p.m.	Men's 4x400 meter Relay	Maulan Byron, Mike Brown Gary Thau, Shaun Stanton

#### SATURDAY, APRIL 29, 2000

9:10 a.m.	Men's 400m Hurdles	Mike Brown
11:30 a.m.	Men's Javelin	Barry Flicker
1:40 p.m.	Women's DMR	Kristen Nicolini, Leashia Rahr Carmen Douma, Carrie Tollefson
3:35 p.m.	Women's 100m hurdle finals	
5:40 p.m.	Men's 4x400 finals	



# VILLANOVA TRACK & FIELD

## Wildcat Penn Relay Rosters

### VILLANOVA MEN'S TRACK & FIELD PENN RELAYS PARTICIPANTS

NAME	CL.	HOMETOWN/HIGH SCHOOL
Brian Anderson	Fr	Avon Lake, Ohio, Avon Lake
Mark Blattner	So	Phoenixville, Pa./ Phoenixville
Mike Brown	Sr	Mt. Holly, N.J./ Lenape
Maulan Byron	Jr	St. Vincent's West Indies/ St. Martins
Paul Carroll	Fr	Cork, Ireland/ North Monastery
Jermaine Deans	Sr	Kingston, Jamaica/ Jamaica College
Barry Flicker	Sr	Pottstown, Pa./ St. Pius
Antoine Johnson	So	Tuckahoe, N.Y./ Tuckahoe
Tom Parlapiano	Fr	Honeybrook, Pa./ St. Pius X
Brian Powell	So	Kennett Square, Pa./ Sudesianum
Dashan Sanders	Sr	Southington, Conn./ Southington
Shaun Stanton	Jr	Bronx, N.Y./ Iona Prep
Gary Thau	So	Flemington, N.J.

### VILLANOVA WOMEN'S TRACK & FIELD PENN RELAYS PARTICIPANTS

NAME	CL.	HOMETOWN/HIGH SCHOOL
Liz Awtrey	Fr	Burke, Va./ Robinson Secondary
Melinda Boykin	So	Bridgeton, N.J./ Bridgeton
Carmen Douma	Sr	Cambridge, Ontario/ woodland Christian
Sarah Hunt	Sr	Langhorne, Pa./ Neshaminy
Ann McGranahan	Jr	Pennsacola, Fla./ Pensacola
Kristen Nicolini	Sr	Annapolis, Md./ Annapolis
Leashia Rahr	Sr	Syracuse, N.Y./ Henniger
Marlena Robinson	Jr	Rochester, N.Y./ Brighton
Carrie Tollefson	Sr	Dawson, Minn./ Dawson-Boyd
Charmaine Walker	Jr	Plainfield, N.J./ Plainfield



## HEAD COACH MARCUS O'SULLIVAN

A new era in Villanova University Track & Field began on June 22, 1998 when Marcus O'Sullivan was named head coach of the Wildcat track & field program. O'Sullivan returns to the Main Line where he established himself as one of Villanova's all-time great distance runners during his collegiate career from 1980-84. O'Sullivan's appointment at Villanova rates as his first within the collegiate coaching ranks.

O'Sullivan arrives at Villanova with some lofty credentials. At the prestigious Millrose Games held at Madison Square Garden on Feb. 13, 1998, O'Sullivan ran a sub-4:00 mile for the 100th time in his illustrious career, becoming just the third runner in history to accomplish this feat. With 101 sub-4:00 miles to his credit, O'Sullivan ranks third all-time behind Steve Scott and John Walker.

In the fall of 1998, O'Sullivan started his coaching career in fine fashion as he led the Villanova women to the 1998 NCAA Cross Country National Championship, in addition to guiding the women's squad to the Big East title. For his efforts, O'Sullivan was named 1998 USTCA National Women's Cross Country Coach-of-the-Year and he and his assistants were named Big East Conference Women's Cross Country Staff of the Year.

This past winter, O'Sullivan led the Villanova women's team to the 2000 Big East indoor track & field championship as the Wildcats edged out Georgetown by 1/2 point to claim the title. O'Sullivan and his assistants were rewarded by earning Big East indoor track & field Coaching Staff of the Year. O'Sullivan was also named the Mid Atlantic track & field Coach of the Year.

Running under the guidance of the legendary Jumbo Elliott for one season and Charlie Jenkins for two years, O'Sullivan established himself as one of Villanova's all-time great performers garnering four varsity letters each in cross country, indoor track and outdoor track. Throughout his Main Line running career, O'Sullivan captured one NCAA indoor title, 10 Big East Conference indoor and outdoor titles, two IC4A indoor championships and six Penn Relay Carnival Championship of America watches. His NCAA indoor title came in 1983 when he ran the third leg on Villanova's Two Mile Relay which set a

national collegiate and NCAA indoor meet record of 7:32.28. During the 1984 NCAA Outdoor Championships, he tallied a second place finish in the 1500 meters in a time of 3:37.41.

At the IC4A Championships, O'Sullivan turned in some of his best collegiate performances. In 1983 and 1984, he recorded back-to-back titles in the indoor mile in times of 4:00.98 and 4:03.85 respectively. Also, in 1984, he claimed a second place finish in the IC4A Outdoor 1500m with a time of 3:40.83.

In Big East Conference Championships, O'Sullivan posted five first place finishes including the 1981 indoor 1500 meters, both the 1983 cross country crown and indoor 1500 meters and the indoor 1500 meters and outdoor 5000 meters in 1984. He also registered two second place finishes during the 1982 season in both the indoor 800 meters and the outdoor 1500 meters. At the 1981 Big East Conference Indoor Championships, O'Sullivan was named the meet's Most Outstanding Freshman Performer.

O'Sullivan also made his mark at the famous Penn Relay Carnival where he earned six Championship of America watches during his career. His shining moment at the Penn Relays came in 1984 when he ran a relay record 1500 meter split of 3:38.7 during the anchor leg of Villanova's 6000 meter relay squad that finished first in a national collegiate and meet record time of 14:52.81. In 1982, he ran the lead off leg on the Wildcats' 3200 meter relay that finished first in national collegiate and meet record 7:12.29.

Upon graduation from Villanova, O'Sullivan went on to enjoy an outstanding international career that included appearances in four Olympic Games for his native country of Ireland. He competed in the 800m and 1500m in Los Angeles in 1984, was a finalist in the 1500m in Seoul in 1988 and raced in the 1500m at Barcelona in 1992 and Atlanta in 1996. His career highlights include three World Indoor Championships in the 1500m in 1987, 1989 and 1993, as well as a world record in the indoor 1500m (3:35.4) in 1989. This 1500m time, along with his best indoor mile of 3:50.9, remain among the five-best performances ever in those events indoors.

O'Sullivan graduated from Villanova in 1984 with a degree in accounting and went on to earn his MBA from Villanova in 1989. After passing the CPA exam, O'Sullivan served as a part-time faculty member of the Villanova Marketing Department from 1992-93. O'Sullivan's wife, the former Mary Spinks, earned a nursing degree from Villanova in 1986. The couple has two children, Laura (11), and Christopher (8).



# VILLANOVA TRACK & FIELD

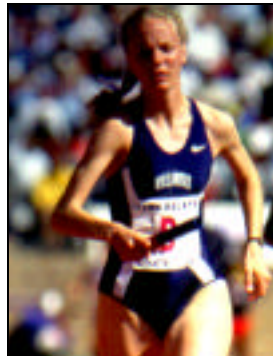
## Penn Relay History

### VILLANOVA CHAMPIONSHIP OF AMERICA WATCH WINNER LEADERS

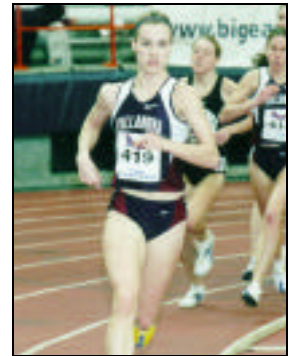
Totals include relay wins only.

<b>10</b>	Mark Belger, 1975-1978	<b>5</b>	Noel Carroll, 1963-1965 Hardge Davis, 1968-1970 * Cheri Goddard, 1990-1993 Tom Gregan, 1972-1975 John Hunter, 1980-1982 Brian McElroy, 1973-1974 Tom Sullivan, 1964-1965 Anthony Tufariello, 1979-1980
<b>9</b>	Eammon Coghlan, 1973-1976 Ron Delaney, 1956-1958 * Marty Liquori, 1969-1971 * Don Paige, 1978-1980		
<b>8</b>	Charles Jenkins, 1955-1957 Chris Mason, 1969-1971 Frank Murphy, 1967-1969 Ken Schappert, 1971-1973, 1975		
<b>7</b>	Michelle Bennett, 1988-1991 Kathy Franey, 1986-1990 Sydney Maree, 1979-1981 Dave Patrick, 1966-1968		
<b>6</b>	Ed Collymore, 1957-1959 * Michael England, 1979-1980, 1982 Vicki Huber, 1985-1989 Larry James, 1968-1970 Phil Kane, 1975-1977 Marcus O'Sullivan, 1980-1984 Sonia O'Sullivan, 1989-1991 Krestena Sullivan 1993-1997		

\* - Does not include Freshman 4x400m championship.



Carmen Douma



Carrie Tollefson

### CURRENT WILDCAT RUNNERS WITH PENN RELAY CHAMPIONSHIPS

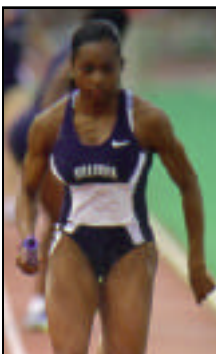
NAME	NUMBER	YEAR	EVENT(S)
Carmen Douma	2	1997	6000m relay, 3200m relay
Carrie Tollefson	1	1997	6000m relay
Leashia Rahr	1	1997	1600m relay (ECAC division)

### VILLANOVA TEAMS WITH THREE OR MORE WINS IN ONE YEAR

MEN'S	WOMEN'S
<b>5</b> 1978, 1970, 1969, 1968	<b>4</b> 1997, 1995, 1990, 1989
<b>4</b> 1980, 1979, 1964	
<b>3</b> 1982, 1977, 1976, 1973, 1971, 1961, 1958, 1957, 1956	

### VILLANOVA RELAY VICTORIES (By Event)

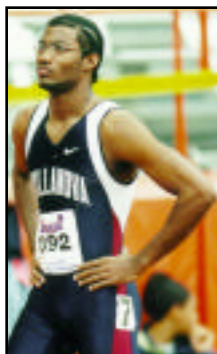
RACE	MEN'S	WOMEN'S
Distance Medley	21	9
4x1500m Relay	18	7
4x800m Relay	19	9
Sprint Medley	14	
4x400m Relay	12	
800m Relay	2	
Shuttle Relay	1	



Leashia Rahr



Kristen Nicolini



Mike Brown



# VILLANOVA TRACK & FIELD

## News & Notes

**PENN RELAY SUCCESS:** Since the Villanova women's track & field team began competing at the Penn Relays in 1979, the Wildcat women have won 25 Penn Relay plaques, which is the most by any women's team in the history of the meet. The Villanova women have won 21 times in the last 12 years, capturing 21 of the 35 races they have entered. From 1987-95, the Villanova women won at least one Championship of America race. Overall, the women have won seven of the last 10 4x1500m relay titles, seven of the last 12 4x800m titles and eight of the last 13 DMR championships. On the men's side, the Wildcats have won more relay titles than any other school with a total of 87. The Villanova men last won a Penn Relay Championship of America in 1993 (4x1500m Relay).

**CONCENTRATING ON TWO:** Over the years, Villanova has consistently entered teams in all three major relay events (4x800, 4x1500, DMR). However, due to a limited roster and lack of depth, the Villanova women will not compete in the 4x800 this year and instead will concentrate on the 4x1500 and the DMR. This is the second-straight year that the Villanova women have not participated in the 4x800 event. On the men's side, the Wildcats will only enter one event as they will run in Friday's DMR. Throughout their storied tradition at the Penn Relays, the Villanova men have won three or more relays 17 times, while the Wildcat women have claimed three or more relay championships on four occasions. The last time the men won three or more relays came in 1982 with the women accomplishing the feat as recently as 1997.

**CHANGE OF LUCK:** The Villanova women have been shutout the last two years at the Penn Relays. The last time the Villanova women went three years without claiming a Penn Relays Championship of America event was from 1980-83 when the Wildcats left the Franklin Field track empty handed.

**A LOOK BACK:** Last year at the Penn Relays, a short-handed and injury plagued Wildcat team ran in both the DMR and 4x1500m relay. The DMR team of **Carmen Douma, Leashia Rahr, Lony'e Johnson** and **Carrie Tollefson** finished sixth in a time of 11:10.87. Tulane won the event in 10:55.71. In the 4x1500, the Wildcat foursome of Kristine Jost, Carmen Douma, Kristen Nicolini and Carrie Tollefson also placed fourth in a time of 17:51.24. Wisconsin captured the race in 17:37.15. In 1998, an injury-plagued Villanova squad ran admirably but came up a bit short. Behind the inspired running of Douma, Villanova finished the 1998 relays with a second place finish and two third place efforts. Douma ran the anchor leg on all three relays. The Wildcat team of Tamiaka Grizzle, Johnson, Leashia Rahr and Douma ran 11:07.30 to finish narrowly behind Wisconsin who was timed in 11:06.88. In the 3200 meter relay, Douma, Grizzle and Johnson teamed with Nicolini to run 8:41.53 and finish third behind Georgetown (8:36.16) and Florida (8:38.78). In the 6000-meter relay, Ann McGranahan joined Grizzle, Nicolini and Douma to finish third in 18:00.63. Wisconsin won the event in 17:40.30, while Stanford was second in 17:48.52.

**DMR SUCCESS:** The Villanova women's distance medley relay team had a great deal of success in the 90's at the Penn Relays. The Wildcats captured this event five times last decade (1990, 1991, 1994, 1995, 1997) and nine times overall.

**ROOM OF CHAMPIONS:** You would be hard-pressed to find a more impressive dorm room than the one occupied by the All-American duo of **Carrie Tollefson** and **Carmen Douma**. Together, the pair have combined to win eight individual national championships, one NCAA team title and they have garnered All-American accolades 20 times. In addition, Tollefson and Douma have won 16 Big East Conference titles between them. At the Penn Relays, Douma and Tollefson have a total of three watches. In 1997, Douma was a member of both the DMR and 4x800 winning teams, while Tollefson also ran a leg on that 1997 DMR team.

**REIGNING CHAMPIONS:** **Carrie Tollefson** and **Carmen Douma** have made their marks as two of the greats in the storied tradition of Villanova women's track & field. At the 2000 NCAA indoor track & field championships, both Tollefson and Douma claimed NCAA championships. Tollefson defended her 3,000 meter indoor title with a time of 9:13.68, while Douma won the mile with a clocking of 4:39.91. At last year's NCAA outdoor championships, Tollefson captured both the 3,000 and 5,000 championships. The following is a breakdown of the accomplishments of both Tollefson and Douma

**CARRIE TOLLEFSON**

\*\* Five-time NCAA champion

\*\* 12-time All-American

\*\* Eight-time Big East champion

**CARMEN DOUMA**

\*\* Three-time NCAA champion

\*\* Eight-time All-American

\*\* Eight-time Big East champion

**ROOKIE DEBUT:** Freshman **Liz Awtrey** will be making her collegiate Penn Relay debut this week. Awtrey, a native of Burke Va., will be running the leadoff leg on Villanova's 4x1500 relay squad. Awtrey will join the veteran group of **Kristen Nicolini, Carmen Douma** and **Carrie Tollefson** on the relay squad. Tollefson and Nicolini are fifth-year seniors, while Douma is a fourth-year senior. Villanova's women's distance coach Gina Procaccio describes why she chose Awtrey by saying, "The reason I decided to put her on the 4x1500 relay team is that she's somebody who really comes through for us when we need her. She's someone I think I can depend on to give 100 percent every time." In February at the Big East indoor championships, Awtrey ran a personal best of 9:37.42 in the 3,000 meters to finish fifth, before competing twenty minutes later on the 4x800 meter relay team that placed second.

**EXPERIENCEDGROUP:** Of the eight spots occupied by Villanova runners on the DMR and 4x1500m relay team, seven are seniors who have competed at the Penn Relays before. The only non-senior in the group is freshman **Liz Awtrey**.

**WALL OF FAME:** **Ed Collymore** (class of '59) and the 1990 Villanova women's 4x1500 meter relay team will be inducted into the Penn Relay Carnival Wall of Fame. Induction ceremonies will take place on Saturday, April 29th. Collymore won six watches at the Penn Relays in his three varsity years at Villanova, including three in 1958 when he ran on a trio of record setting relay teams. The 1990 relay team of **Nnenna Lynch, Sonia O'Sullivan, Cheri Goddad** and **Kathy Franey** ran 17:18.10 which still rates as the collegiate record for this event.



# VILLANOVA TRACK & FIELD

## Penn Relays History

### MEN'S PENN RELAY CHAMPIONS

#### 1955

One mile relay 3:17.6 - Moran, Maliff, Heitman, Jenkins  
 Sprint medley relay 3:26.3 - Moran, Maliff, Heitman, Jenkins

#### 1956

One mile relay 3:11.9 - Sydnor, Simpson, Delany, Jenkin \*  
 Sprint medley relay 3:25.0 - Jenkins, Sydnor, Maliff, Delany  
 Distance medley relay 9:58.1 - Jenkins, Simpson, Breckenridge, Delany\*

#### 1957

One mile relay 3:12.7 - Collymore, Stead, Delany, Jenkins  
 Sprint medley relay 3:24.3 - Maliff, Peterson, Jenkins, Delany  
 Distance medley relay 10:10.7 - Collymore, Jenkins, Breckinridge, Delany

#### 1958

One mile relay 3:11.8 - Stead, Sydnor, Delany, Collymore\*  
 Sprint medley relay 3:22.5 - Collymore, Stead, Sydnor, Delany\*  
 Distance medley relay 9:55.3 - DeMaio, Collymore, Godesky, Delany\*

#### 1959

One mile relay 3:11.8 - Manion, Blackburn, Stead, Collymore

#### 1960

One mile relay 3:12.2 - Manion, DeAngelis, Raemore, Drayton

#### 1961

Shuttle hurdles relay 1:00.8 - Kerr, Coffill, Hammock, Pras  
 880y relay 1:24.8 - Manion, Drayton, Budd, Raemore  
 One mile relay 3:14.3 - Manion, DeAngelis, Raemore, Drayton

#### 1962

880y relay 1:25.0 - Nicastro, Drayton, Raemore, Budd  
 Distance medley relay 10:04.7 - Adams, Jackman, Hackett, Traynor  
 • Traynor was named most valuable athlete (MVA).

#### 1963

Sprint medley relay 3:20.1 - Webster, Hangey, Uzzle, Carroll\*

#### 1964

Sprint medley relay 3:23.4 - Koslowski, Horner, Uzzle, Carroll  
 Two mile relay 7:31.7 - Zwolak, Adams, Sullivan, Carroll  
 Distance medley relay 9:55.8 - Sullivan, Adams, Carroll, Zwolak  
 Four mile relay 16:50.7 - Hyland, Orr, Sullivan, Zwolak

#### 1965

Two mile relay 7:26.1 - Orr, Adams, Sullivan, Carroll\*  
 Four mile relay 16:39.4 - Hyland, Orr, Carroll, Sullivan\*  
 • Carroll was named the meet's MVA.

#### 1966

Two mile relay 7:39.3 - McCafferty, Nation, Hamilton, Patrick  
 Distance medley relay 9:46.4 - McCafferty, Heidelberger, Hamilton, Patrick\*  
 • Patrick was named the meet's MVA.

#### 1967

Distance medley relay 9:39.3 - Murphy, Heidelberger, Messenger, Patrick\*  
 Four mile relay 16:39.7 - Murphy, Donnelly, Messenger, Patrick

#### 1968

One mile relay 3:06.1 - Davis, Nitcher, Prince, James  
 Sprint medley relay 3:18.1 - James, Whitehead, Hall, Patrick  
 Two mile relay 7:21.8 - Nation, Messenger, Murphy, Patrick  
 Distance medley relay 9:37.9 - Hamilton, Whitehead, Murphy, Patrick\*  
 Four mile relay 16:27.4 - Hamilton, Donnelly, Messenger, Murphy\*  
 • Murphy was named the meet's MVA.

#### 1969

One mile relay 3:07.2 - Davis, O'Reilly, Hymann, James  
 Sprint medley relay 3:17.0 - James, Davis, Fender, Murphy\*  
 Two mile relay 7:20.1 - O'Reilly, Mason, Liquori, Murphy  
 Distance medley relay 9:38.2 - Mason, Hymann, Murphy, Liquori\*  
 Four mile relay 16:37.9 - Donnelly, Buerkle, Mason, Liquori

#### 1970

One mile relay 3:07.9 - Davis, Govan, Hymann, James  
 Sprint medley relay 3:19.0 - James, Davis, Hymann, O'Reilly  
 Two mile relay 7:28.1 - Smith, O'Reilly, Mason, Liquori  
 Distance medley relay 9:38.5 - Smith, Govan, Mason, Liquori  
 Four mile relay 16:40.2 - Wright, Buerkle, Mason, Liquori

#### 1971

Two mile relay 7:25.5 - Schappert, Wright, Mason, Liquori  
 Distance medley relay 9:44.1 - Smith, Govan, Mason, Liquori  
 Four mile relay 16:43.7 - Bouma, Nagy, Wright, Liquori

#### 1972

Distance medley relay 9:37.5 - Schappert, Govan, Gregan, Hartnett\*

#### 1973

Two mile relay 7:25.7 - Gregan, McElroy, Hartnett, Schappert  
 Distance medley relay 9:43.6 - McElroy, Garniewski, Schappert, Hartnett  
 Four mile relay 16:31.7 - Coghlan, McElroy, Schappert, Hartnett  
 • Hartnett was named the meet's MVA.

#### 1974

Distance medley relay 9:36.6 - McElroy, Eckman, Coghlan, Hartnett\*  
 Four mile relay 16:10.6 - Gregan, McElroy, Coughlan, Hartnett\*

#### 1975

Two mile relay 7:28.4 - Kane, Coghlan, Schappert, Belger  
 Distance medley relay 9:28.2 - Schappert, Eckman, Gregan, Coghlan\*\*  
 Four mile relay 16:27.4 - Belger, Schappert, Gregan, Coghlan  
 • Coghlan was named the meet's MVA.

#### 1976

3200m relay 7:18.0 - Mackay, Kane, Coghlan, Belger  
 Distance medley relay 9:28.8 - Belger, Eckman, Kane, Coghlan\*  
 6000m relay 15:03.0 - Troganowski, Mackay, Kane, Coghlan\*  
 • Coghlan was named the meet's MVA.

#### 1977

Sprint medley relay 3:15.3 - Dale, Brown, Harbour, Belger  
 3200m relay 7:16.3 - Fallon, Takacs, Kane, Belger\*  
 Distance medley relay 9:28.5 - Takacs, Bogue, Belger, Kane\*  
 • Belger was named the meet's MVA.

#### 1978

Sprint medley relay 3:14.7 - Dale, Brown, Graves, Belger  
 1600m relay 3:04.8 - Brown, Harbour, Bogue, Dale  
 3200m relay 7:17.8 - Burns, Tufariello, Paige, Belger  
 Distance medley relay 9:37.8 - Tufariello, Bogue, Belger, Paige  
 6000m relay 15:07.1 - Childs, Flynn, Burns, Paige  
 • Belger was named the meet's MVA.

#### 1979

Sprint medley relay 3:16.45 - Brown, Graves, Dale, Paige  
 3200m relay 7:20.3 - England, Korir, Tufariello, Paige  
 Distance medley relay 9:29.9 - England, Graves, Paige, Maree  
 6000m relay 14:59.35 - Childs, Burns, Korir, Maree



# VILLANOVA TRACK & FIELD

## Penn Relays History

### MEN'S CHAMPIONS CONTINUED

**1980**

Sprint medley relay 3:17.9 - Tufariello, Wilson, Young, Paige  
 3200m relay 7:18.28 - England, Maree, Hunter, Paige  
 Distance medley relay 9:24.2 - Paige, Tufariello, England, Maree  
 6000m relay 15:01.35 - Pinkowski, Childs, Korir, Maree  
 • Paige was named the meet's MVA.

**1981**

Distance medley relay 9:36.78 - Hunter, Young, O'Sullivan, Maree  
 6000m relay 15:01.96 - Lucks, O'Sullivan, Hunter, Maree  
 • Maree was named the meet's MVA.

**1982**

Sprint medley relay 3:16.84 - Young, Wilson, Adams, Marshall  
 3200m relay 7:12.29 - O'Sullivan, England, Hunter, Marshall\*\*  
 6000m relay 5:02.8 - England, O'Sullivan, Donoghue, Hunter

**1984**

3200m relay 7:15.7 - Davis, Borgese, O'Sullivan, Marshall  
 6000m relay 14:52.81 - O'Neill, O'Keefe, Keyworth, O'Sullivan

**1986**

1600m relay 3:03.88 - Davis, Valentine, Modibedi, Jenkins

**1989**

3200m relay 7:20.15 - Howe, Seeger, Harris, Rowbotham

**1991**

3200m relay 7:15.55 - O'Regan, Kelly, Seeger, Sumner

**1992**

3200m relay 7:21.93 - Watson, Kelly, Quintana, Sumner

**1993**

6000m relay 15:00.23 - Nason, Going, Sumner, Quintana  
 • Quintana was named Outstanding Male Performer.

**1998**

1600m relay 3:08.50 - (IC4A Division) Brown, Archer, Young, Byron

\* Meet record

\*\*National collegiate, meet, and VU record

### WOMEN'S PENN RELAY CHAMPIONS

**1979**

3200m relay 8:47.8 - Whitfield, Shea, Leddy, Lambelet

**1984**

Distance medley relay 10:53.97 - McGowan, McIntosh, Bradley, Searby

**1985**

3200m relay 8:27.57 - McGowan, Grant, Kehs, McIntosh

**1987**

Distance medley relay 10:55.46 - Procaccio, Halliday, Grant, Huber  
 • Huber was named the meet's MVA.

**1988**

3200m relay 8:25.25 - Franey, Huber, DiMuro, Halliday  
 Distance medley relay 10:48.38 - Franey, Bennett, Halliday, Huber\*

**1989**

3200m relay 8:28.83 - DiMuro, Huber, Certain, Bennett  
 Distance medley relay 10:53.37 - Franey, Bennett, DiMuro, Huber  
 6000m relay 17:22.58 - DiMuro, O'Sullivan, Franey, Huber\*\*\*  
 • Huber was named the meet's MVA.

**1990**

3200m relay 8:30.61 - Torelli, Bennett, O'Sullivan, Franey  
 Distance medley relay 10:49.81 - O'Sullivan, Bennett, Torelli, Franey  
 6000m relay 17:18.10 - Lynch, O'Sullivan, Goddard, Franey \*\*\*

**1991**

3200m relay 8:29.52 - Ruopoli, O'Sullivan, Torelli, Bennett  
 Distance medley relay 10:55.98 - Lynch, Bennett, Goddard, O'Sullivan

**1992**

6000m relay 17:43.33 - Gentile, Lynch, Fonshell, Goddard

**1993**

3200m relay 8:30.76 - Ruopoli, Woodward, Goddard, Hunte  
 6000m relay 17:51.51 - Spies, Zajac, Flowers, Goddard

**1994**

Distance medley relay 11:04.21 - Woodward, Staye, Hunte, Spies  
 6000m relay 17:37.51 - Zajac, Rhines, Molloy, Spies

**1995**

Distance medley relay 11:05.49 - Sullivan, Staye, Woodward, Spies  
 6000m relay 17:33.79 - Woodward, Sullivan, Rhines, Spies  
 3200m relay 8:31.99 - Malloy, Sullivan, Spies, Woodward

**1997**

Distance medley relay 10:57.97 - Marcinkevicuite, Walley, Grizzle, Sullivan  
 6000m relay 17:29.32 - Douma, Jost, Tollefson, Sullivan  
 3200m relay 8:27.66 - Marcinkevicuite, Grizzle, Douma, Sullivan  
 1600m relay 3:37.76 - (ECAC division only)  
 Davis, Rahr, Walley, Grizzle  
 • Krestena Sullivan named the meet's Most Valuable Female Athlete.

\*\*\*World Outdoor Best, Meet and VU Record