



Office of Athletic Compliance

NCAA Football Recruiting Rules and Information



Telephone Calls

- One call during the month of May (during your junior year).
- Additional calls may not be made until September 1 of your senior year.
- After September 1 you may receive one call per week outside of a contact period.
- Calls are unlimited during a contact period (six weeks in December/January).
- Calls at your own expense are permitted at any time.
- Toll-free or collect calls are permitted after July 1 following your junior year in high school.

Evaluations ~ That period of time when coaches can be involved in off-campus recruiting activities designed to assess the academic qualifications and playing ability of prospects. No contacts shall be made during this time.

- Two evaluations during the April 15-May 31 evaluation period (Four weeks are selected by Texas Tech – one academic and one athletic evaluation can occur).
- One evaluation during the fall evaluation period (September, October, November).

Contacts ~ A face-to-face encounter between a prospect and/or their family and coaching staff members.

- Coaches are limited to six in-person, off-campus recruiting contacts (including contact with family).
- One contact per prospect is permitted during each week of the contact period. All contacts occurring on the same day (12:01 a.m. to midnight) shall count as one contact.
- The head coach is permitted one contact.

Recruiting Materials

- You may receive recruiting materials from Texas Tech beginning September 1 of your junior year in high school. This includes general correspondence and email.
- You may have received questionnaires and camp brochures prior to your junior year.

Official Visits ~ An expense paid trip to visit campus.

- Every prospect is limited to five expense-paid visits. Not more than one to a single institution.
- Your first opportunity to visit is the opening day of classes your senior year in high school.
- You must present the institution with a transcript and a test score (PSAT, SAT, PLAN, ACT, PACT PLUS).
- Your visit must not last longer than 48 hours.
- Your parents or legal guardians must provide their own transportation unless they ride in a car with you.
- Upon arrival to campus, Texas Tech can pay for lodging and meals of your parents, legal guardians and/or spouse.
- You may receive three complimentary admissions to a Texas Tech home athletic event.

Unofficial Visits ~ A visit to Texas Tech at your own expense.

- You may visit Texas Tech at your own expense an unlimited number of times.
- You may receive three complimentary admissions to a Texas Tech home athletic event.
- You may only talk with the coaches on-campus.

If you have additional questions, please contact the Compliance Office at 806-742-3355.

